



Official Newsletter of the RANDOLPH ROADRUNNERS (AVA44)

Volume 2024 – August, 2024 No. 7
Next Meeting – 9/11/2024
A member of the American Volkssport
Association (AVA) & the International
Federation of Popular Sports (IVV)
The Public is always welcome

**Randolph Roadrunners
Volkssport Club**
A Walking Club Established 1980
PO Box 2744
Universal City, TX 78148-1744
Elected Officers

President:
Ellen Ott 210-723-8574

Vice President:
John Ives jbives@texas.net

Treasurer:
Pat Gunter 210-479-0805

Secretary:
Jill Troyer 830-237-6230

Committee Chairs

Membership:
Suzanne Markgraf 210-710-4842

Publicity:
Susan Alton daxkitten@aol.com

SALES: - OPEN-

Webmaster:
Randy Baker Randy826@gmail.com

Newsletter:
Audrey Vertucci – AudreyVe@gmail.com
210-861-5588

Year-round Events: Boerne
Pat Gunter 210-479-0805

**Year-round Events: DeZavala Daily Bread,
Broadway Daily Bread, Leon Creek,
Salado-1604, Land Bridge at Hardberger
Park, CrownRidge, Friedrich Park.**
Ellen Ott 210-723-8574

Year-round Events: Eisenhower Park
Susan Medlin 210-325-3523

Year-round Events: Schertz
Patricia Heller paheller001@gmail.com

Club Website:
www.randolphroadrunners.info

AVA Website: www.ava.org

TVA Website: www.walktexas.org

TVA President: Dave Roberts
Deputy SW Region: Susan Medlin
SWRD: Andy Thomas

Renewal Time

The following membership renewals are currently due:

March 1: Wayne Cume.

May 1: Stephen & Jacqueline Ackley, and Brenda Jackson.

June 1: Janice Connor, Dorothy Creswell, and William Hamilton.

July 1: Sue Bigbee, Patricia Gunter, Briana Martinez and Dorian Rosales

August 1: Patricia V. Lozano

September 1: Mia Conlon, Anita Oehmke, Andrea Rinella

To renew your RR membership, fill out the attached application or print it off our website:

www.RandolphRoadrunners.info and send it with \$4 for 1 year or \$10 for 3 years, to Suzanne Markgraf c/o: RR, PO Box 2744, Universal City, TX 78148. Lifetime Memberships are available for \$30 per person.

Welcome New Members!

David & Kay Anderson, San Antonio

The next RR club meeting will be held September 11 at 6:30 p.m.

Meetings are held the 2nd Wednesday of every month at the Universal City Public Library, 100 Northview Drive, Universal City, TX 78148. No meetings will be held in July and August.



From the Desk of the Pres--

First Friday: The First Friday walk is held each month starting at the AVA headquarters, 1008 S. Alamo Street, San Antonio, TX 78210. **Friday, September 6, 2024 is the next**

scheduled free 5K walk. From 3:00 to 7:00 p.m. you can register for the walk. *Questions? Call Ellen 210-723-8574*

Upcoming RR Events:

August 10 - Taco Cabana SunRise walk - Stone Oak Parkway.

September 21 - Southside Lions Park.

November 29 – Pearsall Park.

December 14 – Boerne Christmas Walk will be the last RR sponsored walk before the clubs merging. A pancake and sausage breakfast will be offered and a ceremony to celebrate merging the clubs is in the planning.



Sneakers/Tennis shoe

fundraiser: Ellen is still collecting gently used sneakers or tennis shoes for the AVA fundraiser Big Give. Bring to any RR meeting or walk event.



AVA Biennial Convention in Las Cruces, New Mexico The Real New Mexico 3 Cities, 3 States and 2 Countries

The 2025 AVA Biennial Convention will be held in Las Cruces, New Mexico. The dates, pending availability, will be Tuesday, April 29 – Friday, May 2. Added to these convention dates will be pre-convention events Saturday through Monday, April 26 – 28, and post-convention events Saturday and Sunday May 3 and 4. National Office staff, Convention Committee members, nation-wide volunteers, local volunteers and local visitors bureau representatives are working to provide a great event! Hold these dates. Registration and more information coming soon! Check the AVA website for convention updates or contact the convention committee at convention@ava.org.



Tales from the Trails – Crazy Horse Memorial walk

By: John Ives

Good day to everyone. Recently I was asked if I would travel 2500 miles (round trip) to do a walk. My obvious answer was YES, if it was special. Crazy Horse in South Dakota [Home of the Crazy Horse Memorial : Crazy Horse Memorial@](#)> met this criteria since it is only open to walk, twice a year. Of course, one may visit most of the year and there are van rides to the base and top of the mountain. Even if it is not in the cards to walk, it is worth the effort to visit Crazy Horse along with Mount Rushmore. The scenery is absolutely beautiful and there are many beautiful pictures available at the website and certainly walks in the surrounding states.

Initially I had thought about signing up with the AVA HQ bus to South Dakota. When this trip did not materialize, I thought about going on my own and researched routes along with making hotel reservations - Hotels.com.

As noted, the trip is long but certainly not impossible since we took the route to just east of Amarillo, through the panhandle of Oklahoma then through a corner of Colorado to room overnight in Holyoke, CO. We encountered some high winds, heavy rain and pea sized hail for about 40 minutes on the trip north. This bad weather certainly did not deter us but did slow us down as did some road construction (which is encountered virtually all year in many states).



We arrived the next day in Custer, SD where we stayed two nights. Custer is about 5 miles from Crazy Horse and about 25 miles from Mount Rushmore, (which we visited on Saturday afternoon). If you are so inclined there are three great seasonal walks in Rapid City, SD, if you have the time and energy. The Rapid City drive is about 35 or so miles each way where the food is great, and a Native American Old West Museum along with lifelike statues of the Presidents are on many downtown street corners.

On the morning of the walk (temperature in the low 40's) we arrived and registered then returned to the car awaiting the 8:00 AM start when it started raining very hard, then pea sized hail along with sleet pounded us for about 45 minutes. There was a brief discussion about not walking but we made our way over to the museum and watched a film about the Crazy Horse monument then wandered around the many old west exhibits. When we exited the museum, the sun was shining so we decided to walk the 5K route and the rating is 4C (definitely not for the faint of heart and you are reminded that you are about 6500 feet above sea level). The Black Hill Volkssport Association club www.bhva.org has done a terrific job in putting this walk together and it was an absolute pleasure to walk this route once more.



We ran into some regular walkers, from Buda, who are often seen in many San Antonio area walks; Bill and Sheila Kuschke.

We left Sunday morning on a roughly parallel route south through the Wind Cave National Park (lots of free roaming Bison and too many prairie dogs to count) to Amarillo then south through Lubbock (where we spent the night) to San Antonio. This time there were no issues with the weather

(although there were a few instances I thought we might be caught in a storm) and only a few construction delays.

ADDED: One of our Eagle eye readers pointed out (from my most recent tale from the trail regarding New Mexico) there is a walk that includes Carlsbad Caverns. See White's City – Carlsbad Caverns and its Online Start Box. I missed this in our initial travel research. *John Ives*



TEXAS VOLKSSPORT ASSOCIATION 2024 VOLKSSPORTING CLUBS OF SOUTHWEST TEXAS CALENDAR

Note: This is **NOT** an official document. Always verify events/dates on.ava.org or with the applicable club.

- August:**
- SAT/03 –
- SAT/10 – RRR, Taco Cabana
- SAT/17 – SAP – Leon Creek Greenway from Mainland trailhead (Y)
- SAT/24 – TTR, NorthStar Mall Walk
- SAT/31 –
- September:**
- SAT/07 – World Heritage Festival
- SAT/14 –HCV, TBD
- SAT/21 – RRR, Southside Lions Park
- SAT/28 – CRW
- SUN/29 – BHV, Crazy Horse, SD
- Club Abbreviations**
- ETT - East Texas Trekkers
- HCV – Hill Country Volkssportverein
- RRR – Randolph Roadrunners
- SAP – San Antonio Pathfinders
- TTR – Texas Trail Roundup
- TXW – Texas Wanderers
- VVF – Volkssportverein Friedrichsburg
- DTI – Dallas Trekkers

Texas Traditional Events for August & September, 2024: (Please check the AVA website for any changes or cancellations)

Aug 10th, 2024 for 1 day. SN 126997
5, 10km - Rated: 2A Start 6:30 – 8:30 am
Taco Cabana 19231 Stone Oak Parkway, San Antonio 78258
Walk is in lovely upscale neighborhoods This event is used as a fund raising opportunity. Tell the cashier that you are with the walkers and we will receive a portion of the

sale. <https://my.ava.org/find-an-event.php>

Sept 7th, 2024 for 1 day.

San Antonio, TX - World Heritage Festival Walk at Mission County Park
SN: 127301 – 2024 - 5, 10km
Walk starts at 7:30, last walker must start by 8 am. Cost is \$40 per walker.
This is annual fundraiser for the World Heritage Spanish Missions. Both 5 and 10 km routes go through Mission San Jose and Hot Wells. Enjoy the festival afterwards.

www.worldheritagefestival.org

Sep 28th, 2024 for 1 day. SN 127313


Austin, TX - Richard Moya Park Revisited. 10001 Burleson Rd. Austin TX. 78719 Start: 8:00 - 11:00 a.m.

Rating: 1A, Distance: 5, 10km


<https://my.ava.org/find-an-event.php>



2024 INDIVIDUAL DONOR CAMPAIGN - THE BIG GIVE, SEPTEMBER 18-19, 2024 Once a year the AVA hosts a giving campaign to support operations and help us close the funding gap. Funds are also used to support new initiatives like club banners, club multi-day events, marketing, programs, and technology development. Your support allows the national office to continue serving our clubs, members, and participants in the best way possible. There are new and exciting initiatives and events proposed for 2025 like a membership campaign, walk application, walk on the waves cruise, and an incredible convention in Las Cruces, New Mexico! Please consider donating and reaching out to others to support this utterly unique and wonderful organization that continues to strengthen our health, our friendships, and our communities.




AMERICA'S WALKING CLUB
ESTABLISHED 1976



WALKING WAVES WITH AVA

Inaugural Fundraising Cruise
1 - Pre-Cruise Walk
2 - ACE-T Walks Onboard
4-IVV Sanctioned Destination Walks
Group Rates, Free At Sea Promotion
Military Recognition onboard
10% Military Appreciation Discount
The National WWII Museum & More



Scan QR Code or go to myava.org at mcDaniel

NOV 15 - 22, 2025

7-DAY ON NORWEGIAN ESCAPE
Caribbean: Harvest Caye, Cozumel & Roatan
from New Orleans, Louisiana

INSIDE (IA) - \$1915.70 BALCONY (BA) - \$2372.12 CLUB BALCONY (MA) - \$2576.54
Solo and other cabins are available based on the deposit made.

5 PORTS OF CALL
New Orleans, Louisiana
Cozumel, Mexico
Harvest Caye, Belize
Roatán (Bay Islands), Honduras
Costa Maya, Mexico
New Orleans, Louisiana

A deposit of \$125 pp due by July 28, 2024
Final Payment due by July 1, 2025



American Volkssport Association Northeast Region "Hudson to Housatonic" Walking Weekend September 6-8, 2024
Friday, September 6: Hyde Park NY
Saturday, September 7: Walkway Over the Hudson, Hamlet of Highland NY

(across the Hudson River from Poughkeepsie)
Sunday, September 8: Kent Village Walk in Kent, CT

West Texas Trail Walkers - Susan Noonan, President

Due to the forest fires, the West Texas Trail Walkers have decided to cancel the October 2024 event. The Forestry Service has closed the trails we selected for the hikes and does not anticipate reopening them for six months. I have already canceled the sanctions at myava.org. This is a devastating event for the Ruidoso community.

Joshua Springs Park and Preserve – May 25, 2024.



At the start/finish with Robert Theis, Gerry Kamicka, Tina Bohnert and Joyne Davis.



Volkssporters from Kerrville along the walk trail.



Martin Callahan with Winston in the basket, Stephanie Knight with Dolly and Gayle Weinraub on the Lake observation deck with Ring Mountain visible behind them.



The Crazy Horse Volksmarch is the most popular organized hike in the United States (15,000 walkers in a record year). This family event is sponsored by the Black Hills Chapter of the American Volkssport Association (AVA) and hosted by Crazy Horse Memorial®.



The US Freedom Walk Festival is a world-class, noncompetitive, non-profit, international walking festival co-hosted by Arlington County, AVA America's Walking Club and the IML Walking Association.

Our mission is to promote walking as a fitness activity and to promote international understanding and friendships while showcasing the USA by walking through the monuments, memorials and parks of Arlington and Washington, DC. It is held Friday, Saturday and Sunday of the third week in October. It includes:

- Walk for the FreedomWalk Medal IML Trails from 6 to 14 miles (10 to 22 kilometers)
- AVA/IVV Welcome Walk 3 or 6 Miles (5, 10 Kilometers)
- One Bike Event
- One Swim Event

RANDOLPH ROADRUNNERS

PO Box 2744
 Universal City TX 78148-1744

RANDOLPH ROADRUNNERS APPLICATION
 PO Box 2744, Universal City TX 78148-1744

Please check applicable box (es):

Renewal New Member

Family member(s) included (see instructions below) DATE _____

Name _____

NEW MEMBER FEE: \$4.00 for 1 year _____ \$10.00 for three years _____

Address _____

This fee applies to the primary member. Additional family members require a \$2.00 fee per individual.

City _____ State _____ Zip code _____

RENEWAL FEE: \$4.00 for one year
 \$10.00 for three years

Telephone number _____

This renewal fee includes each family member who paid \$2.00 with the original application.

E-mail address _____

If the \$2.00 fee was not paid with the original application, add family members now by including \$2.00 for each person.

Family members _____

Lifetime membership for (1) one person is available for a \$30 fee.

Amount submitted \$ _____

AVA Volkssport Associate Yes No

Eager to serve as club officer _____ or committee chair _____