



Official Newsletter of the RANDOLPH ROADRUNNERS (AVA44)

Volume 2022 – November, 2022 No. 10
Next Meeting – 11/9/22
A member of the American Volkssport
Association (AVA) & the International
Federation of Popular Sports (IVV)
The Public is always welcome

**Randolph Roadrunners
Volkssport Club
A Walking Club Established 1980
PO Box 2744
Universal City, TX 78148-1744
Elected Officers**

President:

Ellen Ott 210-723-8574

Vice President:

John Ives jbives@texas.net

Treasurer:

Pat Gunter 210-479-0805

Secretary:

Jill Troyer 830-237-6230

Committee Chairs

Membership:

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Publicity:

Susan Alton daxkitten@aol.com

Sales: - OPEN-

Webmaster:

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Newsletter:

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210-861-5588

Year-round Events: Boerne

Pat Gunter 210-479-0805

**Year-round Events: DeZavala Daily Bread,
Broadway Daily Bread, Leon Creek,
Salado-1604, Land Bridge at Hardberger
Park, CrownRidge, Friedrich Park.**

Ellen Ott 210-723-8574

Year-round Events: Eisenhower Park

Susan Medlin 210-325-3523

Year-round Events: Schertz

Patricia Heller paheller001@gmail.com

Club Website:

www.randolphroadrunners.info

AVA Website: www.ava.org

TVA Website: www.walktexas.org

TVA President: Dave Roberts

Deputy SW Region: Andy Thomas

SWRD: Helen Hull

Renewal Time

The following membership renewals are currently due:

July 1: Erin Lunsford and Darlene Oner;

September 1: Nancy & Tony Paulson;

October 1: Perry Rawson, John & Jean King, Cheryl Thompson, Anna Maria Ruff, Louise Menchaca.

November 1: Claudette Barnett and Mary Quandt.

To renew your RR membership, fill out the attached application or print it off our website:

www.RandolphRoadrunners.info and send it with \$4 for 1 year or \$10 for 3 years, to Suzanne Markgraf c/o: RR, PO Box 2744, Universal City, TX 78148. **Remember:** Lifetime Memberships are available for \$30 per person.



Welcome New Member!

Donna Ramirez San Antonio

The next RR club meeting will be held November 9 at 6:30 p.m.

Meetings are held the 2nd Wednesday of every month at the Universal City Library, 100 Northview Drive, Universal City, TX 78148.



From the Desk of the Pres-- Upcoming events:

November 25 at Southside Lions Park is the black Friday opt-out walk. Hotdog lunch and corn hole competition. Opt outdoor day.

December 10, Boerne Christmas Walk Luther Hall at St. John's Lutheran Church. Pancake and sausage breakfast.



December 11 - Volkssport Christmas Party - 3630 Hunters Circle, San Antonio, 78230. From 4 p.m. to 8 p.m. All local clubs are invited. It's a pot luck dinner. Signup sheet - Pick your dish and let me know. Attendees are requested to bring a canned/boxed food item to donate to the local food bank.

2023:

January 7 walk starting at the Quarry Corner Bakery with one single Alamo Heights route.

February walk at Del Webb and this year's theme is Chocolate.

Olympiad – February 19-23

IML – February 24-26

The RR's will have the Saturday Check Point at Roosevelt Park all day for the IML. Please let me know if you can volunteer.

March 14, Tuesday, is Pi Day. A pseudo Pi day on Sunday March 12 will be held for those who work on Tuesdays. The walks will be Hardberger Park/Land Bridge with start in the Wal-Mart parking lot behind Starbucks.

OST Centennial - New Orleans - 23 -25 March 2023 for information, goggle OST100 centennial - there will be a sign up sheet so the committee knows how much food to have. The conference is free for the meals and lectures. There are 2 yrs in New Orleans. The schedule for the weekend is also on their web site. I have been to 4 of these conferences and Pat Gunter has been to 2 of them. They are well planned and very informative.



TEXAS VOLKSSPORT ASSOCIATION
November 11 - 13, 2022, [Meeting and Walks](#), Cooper Lake Park and Sulphur Springs, TX.

The TVA will hold its semiannual membership meeting in the meeting room of the Hampton Inn, 1202 Mockingbird Lane, Sulphur Springs, TX 75482 on Saturday November 12, 2022. In conjunction with the meeting, the Texas Wanderers will feature their east Texas year round events which are online start box (OSB) events. In person, physical start box registration will be available for all five events.

Friday, 11/11/22 – Cooper Lake Start Park, Doctors Creek Unit featured YRE. Register at Pelican Point day use area from 10 a.m. to 1 p.m.

Saturday, 11/12/22 – Sulphur Springs featured YRE. Register at Hampton Inn from 8 a.m. to 11 a.m. and drive a short distance to the walk start at the Hopkins County Courthouse.

Saturday, 11/12/22 – TVA meeting in meeting room at Hampton Inn at 1 p.m.

Sunday, 11/13/22 – Register for any of the 5 Texas Wanderers East Texas YREs (Cooper Lake State park, Sulphur Springs, Pittsburgh, Daingerfield State Park or Lake Bob Sandlin State park) at the Hampton Inn from 7:30 a.m. to 10 a.m. and drive to the event start point.

For additional info:
 Events – Gerry Kamicka,
geraldk726@aol.com
 Meeting- Dave Roberts,
dloberts@hotmail.com



AMERICA'S WALKING CLUB
 ESTABLISHED 1976
AVA OSB (Online Start Box) Smartphone Viewing Of OSB Walk Directions

IT Committee - Mike Green, Chair
 We all are anxiously awaiting the development of an AVA App to provide turn-by-turn directions (something like a car GPS does when directing us to a chosen location). Meanwhile, there is currently a free App available that will

help you to more conveniently use/view Online Start Box walk directions on your favorite mobile device (smartphone).

Liquid Mode - The free Adobe Acrobat Reader application (App), that you can download on your iPhone, iPad, or Android device, now supports a feature known as a “liquid mode.” Using the latest Adobe Acrobat Reader App to open/view an OSB directions PDF file, you may then choose to activate liquid mode (tap the tear drop icon at the top of the display). With liquid mode activated, the OSB directions file pdf, that is typically formatted for printing as an 8.5”x11” page, will be reformatted to fit on your device’s screen. (Note, depending on the processing speed of your device, it can take a moment for the reformatting to finish completely.) Then to view the entire PDF contents, you simply scroll (swipe) up and down. Also, in liquid mode the 2 column walk directions are formatted into a single column preserving the order of the original 2 column directions. You may also choose to increase the size of (zoom in) the displayed page to further enhance your view.

Note: Other PDF viewer Apps may also support this popular viewing feature.

Where is my downloaded directions PDF? - Smartphone users who manage to register and download OSB directions can lose track of the directions they just downloaded. Depending on the smartphone and Internet browser used when the OSB directions PDF file is originally downloaded, the PDF may or may not be displayed after the download is completed. Either way, one reliable way to arrange for later access to this PDF file is to email the PDF to yourself as a file attachment.

Sending yourself an email with an attached PDF - If the PDF is currently displayed by your browser, tap the “Share” icon to share the PDF via an email to yourself. If the PDF is not currently displayed, create a new email then choose the option to attach a file (Apple - a long tap in the body of the email displays a menu bar that includes a file attachment option, after

tapping the right arrow. Android/Gmail - tap the paperclip icon.) Upon activating the file attachment option, a file selection box will appear that lists files by their creation date, the most recent first. A recently downloaded OSB directions PDF file (having a file name of the form, Y####.pdf) should be near the top of the selection file list. Once the directions PDF is attached to the new email, send this email to yourself.

Then in your email inbox, you will have this email with the PDF file attached. Assuming the free Adobe Acrobat Reader App is installed, open this email, and then tap on the attached PDF file. Apple users should then tap on “Share” icon then tap the Adobe Acrobat Icon. Android/Gmail users should now be seeing an “Open with” screen, tap on Adobe Acrobat Icon. (More experienced Android/Gmail users may wish to configure their device to make the Adobe Acrobat Reader the default application for displaying PDFs.)

Warning - Continuously using a phone during a “lengthy” walk may exhaust the battery charge before the end of the walk. Consider carrying a battery-based phone charger to re-charge your phone along the way.



The 2023 Olympiad and IML TX Trail Roundup Olympiad Registration Continues!

You can still register for the 2023 IVV Olympiad and IML/Texas Trail Roundup Walking Festival. To register go to: Home - IVV Olympiad 2023. The host hotel, La Quinta, will be the event registration and packet pickup site.

Like Us On The Olympiad Facebook Page!

Please go to www.facebook.com/2023IVVOlympiadUSA and “like” us! Invite your volkssporting friends and fellow club members to like us. Help us build awareness and excitement as we move towards 2023! Look for the latest on the joint Olympiad/IML events and answers to questions you may have.

A Tale from the Trails –

By: Susan Alton –an excerpt taken from her *Travel Bug* blog

Crazy Horse 10 km Volksmarch Saturday, June 4, 2022

The morning of June 4th looked like a lovely time to hike to Crazy Horse Memorial's arm. It was a gorgeous, sunny day. The forecast showed scattered thunderstorms for the afternoon at 2 pm. We don't want to be on the mountain with thunderstorms, and the walk would be closed down if there is imminent thunder or lightning.

The start time for the Volksmarch was 8 am to 11 am and finish it by 3 pm. They expected 2,000 to 3,000 people. The only times you can hike to the arm for a \$3 walk fee are the AVA: America's Walking Club's walks in June and October. Any other time, you have to take a guided tour to the top which costs about \$100, the last time I checked. I invited the Escapees "AVA: America's Walking Club" Birds of a Feather group to join us for the walk at 9 am. It's not as crowded an hour after the start time. Bob and I waited until 9:10 am. No one from the Birds of a Feather group showed up to walk with us.

However, we did meet a couple from our home walking club in San Antonio who were there. We took off walking.



When you start on this 10 km hike, the trail dips down into a forested canyon and then climbs back out. It's very pretty. Once you come up out of the canyon, the views of Crazy Horse are, well, crazy impressive.

The views from the arm are amazing of the surrounding Black Hills scenery!



Here, you can see the outline of where the horse's head will be.

When we came out of the canyon, there was a checkpoint with water and snacks for sale by the Boy Scouts and Girl Scouts. I have to admit, you do use a lot of calories on the first part of the trail. A snack and a drink here is a great idea!



We have hiked around to the back side of the sculpture because that's where the roads are to the top. And, now, we're going to hike up to the arm.



At the top, a number of workers were present who talked to us about how they do the carving of the stone. Some of the workers are members of the family who own the property. They have been working on the mountain since they were little. In the foreground of the

photo below, you can see some of the saws they use.



A look at all the walkers on the arm.

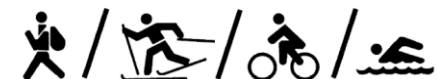
When we were about 1/4 mile from the finish, it started to sprinkle. It was 1 pm. By the time we got to the parking shuttle bus, it was raining a little more.

When we got back to our campground two miles away, we heard thunder. That meant they were clearing people off the mountain in case of lightning strikes. We're so happy we finished before the rain came.

We found out later that a number of people complained about having to leave before they finished the walk. The walk instructions are very clear that if there is thunder or lightning, everyone will have to leave the mountain for their safety. No refunds are given.



The Black Hills of South Dakota.



**Texas Traditional and
Featured Events for
November, 2022:** (Please check the AVA website for any changes or cancellations)

11/5/2022 - 11/5/2022 - Walk

Event Number: 121957

Event City: John Bunker Sands
Wetland - JBS Wetland Walk

Host Club: Dallas Trekkers, Inc.

More Details: [Click here for directions, ratings, etc.](#)

Club Website: www.dallastrekkers.org

11/5/2022 - 11/5/2022 - Walk
Event Number: 122944
Event City: New Braunfels -
 Headwaters at the Comal
Host Club: NB-Marsch-und
 Wandergruppe
More Details: [Click here for directions,
 ratings, etc.](#)
Club Website:
www.muw.walktexas.org

**November 11 - 13, 2022, Meeting
 and Walks,** Cooper Lake Park and
 Sulphur Springs, TX.



11/19/2022 - 11/19/2022 - Walk
Event Number: 123837
Event City: Seabrook - Miramar
Host Club: Houston Happy Hikers
More Details: [Click here for directions,
 ratings, etc.](#)
Club Website:
www.houstonhappyhikers.com

RANDOLPH ROADRUNNERS
 PO Box 2744
 Universal City TX 78148-1744

1/19/2022 - 11/19/2022 - Walk
Event Number: 123845
Event City: Austin - Onion Creek
 Neighborhood
Host Club: Colorado River Walkers
More Details: [Click here for directions,
 ratings, etc.](#)
Club Website:
www.coloradoriverwalkers.org/



11/25/2022 - 11/25/2022 - Walk
Event Number: 122199
Event City: San Antonio - Opt Outdoor
 Day Walk
Host Club: Randolph Roadrunners
More Details: [Click here for directions,
 ratings, etc.](#)
Club Website:
www.randolphroadrunners.info

11/26/2022 - 11/26/2022 - Walk
Event Number: 123885
Event City: Comfort - Christmas in
 Comfort
Host Club: Hill Country
 Volkssportverein
More Details: [Click here for directions,
 ratings, etc.](#)

11/27/2022 - 11/27/2022 - Walk
Event Number: 123774
Event City: VFW Post 76 - 8th
 Christmas Lights Evening Walk
Host Club: Texas Trail Roundup
More Details: [Click here for directions,
 ratings, etc.](#)
Write for more information to:
Club Website: texastrailroundup.org



RANDOLPH ROADRUNNERS APPLICATION PO Box 2744, Universal City TX 78148-1744			
Please check applicable box (es):			
<input type="checkbox"/> Renewal	<input type="checkbox"/> New Member	<input type="checkbox"/> Family member(s) included (see instructions below)	DATE _____
Name _____		NEW MEMBER FEE: \$4.00 for 1 \$10.00 for three years	
Address _____		This fee applies to the primary member. Additional family members require a \$2.00 fee per individual.	
City _____	State _____	Zip code _____	RENEWAL FEE: \$4.00 for one year \$10.00 for three years
Telephone number _____		This renewal fee includes each family member who paid \$2.00 with the original application.	
by _____		If the \$2.00 fee was not paid with the original application, add family members now including \$2.00 for each person.	
E-mail address _____		Lifetime membership for (1) one person is available for a \$30 fee.	
Family members _____		AVA Volkssport Associate <input type="checkbox"/> Yes <input type="checkbox"/> No	
Amount submitted \$ _____		Eager to serve as club officer _____ or committee chair _____	