



Official Newsletter of the RANDOLPH ROADRUNNERS (AVA44)

Volume 2012 – November No. 11
 Next Meeting – November 20, 2012
 Universal City Library, Universal City
 A member of the American Volkssport
 Association (AVA) & the International
 Federation of Popular Sports (IVV)
 The Public is always welcome

**Randolph Roadrunners
 Volkssport Club**
 A Walking Club Established 1980
 PO Box 2744
 Universal City, TX 78148-1744
Elected Officers

President
Ellen Ott 210-525-8574
Vice President
Pat Roberts 210-657-5814
Treasurer
Pat Gunter 210-479-0805
Secretary

Committee Chairs

Membership
Nancy Paulson 210-658-8324
Programs & Publicity
Ellen Ott 210-525-8574
Sales
Joanne Forinash 210-493-8543
Webmaster & Event Flyers
Randy Baker 210-369-9538
Newsletter
Audrey Vertucci – AudreyVe@aol.com
 210-496-2197

Year-round Events, Boerne
Pat Gunter 210-479-0805
Year-round Events, Schertz
Tony Paulson 210-658-8324
Year-round Events, San Antonio
Carlen Forinash 210-493-8543
Year-round Events, Abilene
Joanne Forinash 210-493-8543

Club Website

www.randolphroadrunners.info

AVA Website

www.ava.org

TVA Website

www.walktexas.org

SW Regional Director

Bill Hamilton 830-285-7062
 Houston, TX
sw_rd@ava.org

Renewal Time

The following membership renewals are currently due:
Kim Carrell, Sharyl Madison, Terri Bolton, Diane Duesterhoeft, Deanna Repp, Craig Holguin, Mark & Cecilia Tyler, Clarence & Dianne Johnson Thomas & Betty Arbaugh, Mary Miller & Travis Perez and Anne White. Please send in your renewal fees now. We value your membership. To renew your membership, fill out the renewal application attached or print one from the following website address: www.RandolphRoadrunners.info and send it with your fees to Nancy Paulson c/o the club address.

Welcome New Members!

Ted Cieslak San Antonio
 Leanne Blackburn New Braunfels
 Carrie Blackburn Universal City
 Laurie Taylor Garden Ridge



Garden Ridge/Forest Waters Walk Event

The Garden Ridge walk on 10/20/12 had 127 walkers and perfect walking weather.

Many thanks to all the volunteers who came out and worked the event. You are appreciated! "Thank You" to: Rick White, Bill Radigan, Ellen Ott, Mike Hermes, Pat Gunter, Darlene Oner, Totsy Miller, Tony & Nancy Paulson, Pat Roberts, Joanne & Carlen Forinash, Caryl Swan, Carol Shaner, Deanna Repp, Brenda Flowers, Audrey & Taylor Vertucci and Robert Markgraf.

*Suzanne Markgraf,
 Event Coordinator*

**Our AVA clubs in SW Texas
 Name Codes & Numbers**

- ODD BTC Oddsports Club #789
- CVC Castroville Volkssport Club #939
- CRW Colorado River Walkers #77
- HCV Hill Country Volkssportverein #23
- KVT Kerrville Trailblazers #106
- LSW LoneStar Walkers #944
- NBW NB Marsch-und Wandergruppe #36
- RRR Randolph Roadrunners #44
- SMR San Marcos River Walkers #411
- SPF Selma pathfinders #88
- TXW Texas Wanderers #6
- TNT Trinity Trekkers #200
- VVF Volkssportverein Fredericksburg #1
- TVA Texas Volkssport Association AAA-TX



Paul Cieslak (directions in hand) at the zenith of the Capital Crest Trail in Portland OR.

Tales from the Trails-

By Ted Cieslak

In late September, I had the pleasure of visiting the Pacific Northwest (which I have done often in the past). The trip was ostensibly scheduled for the purpose of visiting my brother Paul (don't tell him, but it's actually just an excuse to do some great walks), who

lives in Portland, Oregon, and timed so as to coincide with Portland's fabulous Polish Festival (a heaping plateful of pierogies makes for great carbo-loading prior to hitting the Volksmarch trail).

Portland is, perhaps, the epicenter of Volkssporting in this country, with 35 year-round events in Portland proper, dozens more in its suburbs, and countless hundreds throughout the Pacific Northwest. Each time I travel there, I find myself conflicted over the myriad choices. During the course of this particular visit, I was able to participate in 5 different walks, each a unique adventure.

We started with Vancouver, Washington, a beautiful walk in a small city with great parks and wonderful restaurants. Much of the latter half of the walk takes you through historic Fort Vancouver near the bank of the Columbia River overlooking Portland. The fort factored large in the settling of the Oregon Territory and boasts incredibly-well-preserved Officers' Quarters on tree-lined streets, as well as one of the first airstrips in the nation. We stopped at the Pearson Air Museum there and viewed, among many other historic aircraft, the Red Baron's Fokker Tri-plane.

The following day, we chose a rural walk in Washougal WA. The route meandered, in its entirety, through Steigerwald Lake National Wildlife Refuge. The refuge, along the north bank of the Columbia River upstream from urban Portland, was a quiet respite from the bustle of the city.

After spending a few days in Portland, I dragged my wife on a business trip to Coeur d'Alene, Idaho, routing her through the brushfire-induced haze of Central Washington in order to stop in the little town of Quincy. The motivation there, of course, lay in obtaining the penultimate "Q" in my A-to-Z book (I had recently been in Xenia, Ohio, and a week after returning back home from Portland, completed the hat-trick in Zuehl).

The following morning (while my wife slept in, taking advantage of the luxurious Coeur d'Alene Resort), I treated myself to one of my all-time-favorite walks, along the shores of Lake Coeur d'Alene, traversing some bucolic

city parks and strolling through the historic campus of North Idaho College. Finally, it was back to Portland for more time with family and one more walk. We allowed Paul to choose this one and my legs are still suffering from his selection. The 12-km Council Crest Trail basically consisted of 6 km straight uphill to the crest of the mountains overlooking Portland, followed by 6 km straight down. The spectacular view was well worth it, though. Moreover, I was able to snag my final "Mural" on the walk. Five walks in six days made for a fruitful trip in terms of Volkssporting. But perhaps the more significant achievement was in enlisting Paul, his wife, and his 6 kids (as well as my kid sister) in Volkssporting. They have all taken up the sport with relish-- 9 new AVA event participants. Now if I could only convince my wife to get out there on the trail.

From the Desk of the Pres-

The next RR club meeting will be held at the Universal City Public Library at 7 p.m. on November 20th.

The next RR walk event is the annual RR Boerne Christmas walk on December 8, 2012.

Trinity University-2 walks Jan. 5, 2013
DelWebb-2 walks & a bike Feb. 9, 2013

There will be NO RR club meeting for the month of December in lieu of the RR annual "Holiday Party." This year the party will be held at Pam's Patio Kitchen, 11826 Wurzbach Rd., SAT 78230 on 18 December at 6pm. The gift for the "Chinese Auction" should not be more than \$15. Dessert will be supplied by the club.

The restaurant holds 70 so let's fill it up! All club members are encouraged to come to share in the holiday spirit!

F.Y.I. – *The Louisiana State Capital Walk*

2012 – Seasonal

2013 - YRE

Start: at the Belle of Baton Rouge Casino & Hotel

Special Programs:

Honoring Law Enforcement
Main Street
State Capital

Murals & WPA

\$3 for the breakfast special every day until 10:30 a.m.

Sponsor: Virginia Vagabonds of Hampton, VA

See Joanne Forinash for the new long-sleeved RR white T-shirts with the AVA logo and the RR logo on the front (just like our 30th anniversary short sleeve T-shirts!)



Priscilla & AVA President, Heinz Johnson work the start point, Zuehl Rio Cibolo Ranch Walk.



Rick White & Doug Eide at the entrance/exit to Rio Cibolo Ranch.



Left to right, Joanne Forinash, Linda Goodman & Carlen Forinash - Kerrville Lions Camp Walk.



Martin Callahan, Indie & Doug Eide at the 1st checkpoint – Lions Camp Walk.



Audrey Vertucci & Suzanne Markgraf at entrance to the Crescent Bend Nature Park walk.



Left to right, Pat Gunter, Charliene Hooker, Phyllis Eagan & Clara Plizga working the registration table at Crescent Bend Nature Park walk.



Left to right, Michael Marke, Patricia Heller, and Robert Theis next to the Zion Evangelical Lutheran Church, organized in 1852, built in 1939, at the Castroville walk.



SW Regional Director, Bill Hamilton and Charliene Hooker working the finish table at the Castroville Chamber of Commerce building located in the Jean Merian Hüscirca 1851 at the Castroville walk.

***All photos are courtesy of Martin Callahan.**



Fun, Fitness, Friendship

Coming Texas Events:

11/3/2012 - 11/4/2012 - Walk
Event Number: 93570 10 km/5 km
Start: Schlitterbahn Employee Cafe
Event City: New Braunfels - Wurstfest Walk
Host Club: NB Marsch-und Wandergruppe
More Details: [Click here for directions, ratings, etc.](#)
Write for more information to:
 746 SHADY HOLLOW
 NEW BRAUNFELS, TX 78132
Contact: MARLIN BRENDSEL, (830) 226 - 7035
E-Mail: mbrendsel@hotmail.com
Club Website:
www.muw.walktexas.org

11/10/2012 - 11/10/2012 - Walk
Event Number: 94355 10km / 5 km
Start: Walnut Hill Recreation Center parking lot.
Event City: Dallas - Royal Character Walk
Host Club: Dallas Trekkers, Inc.
Event Website:
www.dallastrekkers.org
More Details: [Click here for directions, ratings, etc.](#)
Write for more information to:
 3321 Dartmoor, Dallas, Tx 75229
Contact: Helen Bateman, (214) 732 - 3419
E-Mail: hbateman@me.com
Club Website: www.dallastrekkers.org

11/10/2012 - 11/10/2012 - Walk
Event Number: 94981 10 km/6 km
Start: run wild sports
Event City: San Antonio - Walk into History in East San Antonio
Host Club: Selma Pathfinders
More Details: [Click here for directions, ratings, etc.](#)
Write for more information to:
 17314 Springhill Dr
 San Antonio, Tx 78232
Contact: Phyllis Eagan, (210) 496 - 1402
E-Mail: papre1947@yahoo.com
Club Website:
www.selmapathfinders.com

11/17/2012 - 11/17/2012 - Walk
Event Number: 93117 10km/5km
Start: Brookshires Food Store

Event City: Glen Rose - Glen Rose/Paluxy River Walk
Host Club: Hood County Hummers
Event Website: www.walktx.org/hoodcountyhummers/
More Details: [Click here for directions, ratings, etc.](#)
Write for more information to:
 PO Box 154116
 Irving, Tx 75015
Contact: Bruce Bartlett, (972) 567 - 3278
E-Mail: bbartlet@airmail.net
Club Website:
www.walktx.org/HoodCountyHummers/

11/17/2012 - 11/17/2012 - Walk
Event Number: 93122 10 km/5 km
Start: Mary Moore Searight Park, pavilion adjacent to parking lot
Event City: Austin - Slaughter Creek Walk
Host Club: Colorado River Walkers
Event Website:
More Details: [Click here for directions, ratings, etc.](#)
Write for more information to:
 P.O. Box 13051, Austin, TX 78711
Contact: Mary Zeitler, (512) 345 - 5337
E-Mail: mzeitler@austin.rr.com
Club Website:
www.coloradoriverwalkers.org/

11/17/2012 - 11/17/2012 - Walk
Event Number: 94592 10 km/ 5 km
Start: Miramar Park and Pool Pavilion
Event City: Seabrook - Seabrook Walk
Host Club: Houston Happy Hikers
Event Website:
houstonhappyhikers.com
More Details: [Click here for directions, ratings, etc.](#)
Write for more information to:
 P. O. Box 101, Orchard, Tx 77464
Contact: Catherine Kellner, (979) 478 - 6203
EMAIL:
hphpresident@houstonhappyhikers.org
Club Website:
www.houstonhappyhikers.com

HAPPY THANKSGIVING!



RANDOLPH ROADRUNNERS
PO Box 2744
Universal City TX **78148-1744**

RANDOLPH ROADRUNNERS APPLICATION
PO Box 2744, Universal City TX 78148-1744

Please check applicable box (es):

Renewal New Member Family member(s) included (see instructions below) DATE _____

Name _____

NEW MEMBER FEE: \$4.00 for 1 year
\$10.00 for three years

Address _____
Apt No. _____

This fee applies to the primary member. Additional family members require a \$2.00 fee per individual.

City _____ State _____ Zip code _____

RENEWAL FEE: \$4.00 for one year
\$10.00 for three years

Telephone number _____

This renewal fee includes each family member who paid \$2.00 with the original application. If the \$2.00 fee was not paid with the original application, add family members now by including \$2.00 for each person.

E-mail address _____

Lifetime membership for (1) one person is available for a \$30 fee.

Family members _____

AVA Volkssport Associate Yes No

Amount submitted \$ _____

Eager to serve as club officer _____ or committee chair _____