



Volume 2012 - September No. 9  
 Next Meeting – September 18, 2012  
 Universal City Library, Universal City  
 A member of the American Volkssport  
 Association (AVA) & the International  
 Federation of Popular Sports (IVV)  
 The Public is always welcome

**Randolph Roadrunners  
 Volkssport Club**  
 A Walking Club Established 1980  
 PO Box 2744  
 Universal City, TX 78148-1744  
*Elected Officers*

*President*

**Ellen Ott 210-525-8574**

*Vice President*

**Pat Roberts 210-657-5814**

*Treasurer*

**Pat Gunter 210-479-0805**

*Secretary*

*Committee Chairs*

*Membership*

**Nancy Paulson 210-658-8324**

*Programs & Publicity*

**Ellen Ott 210-525-8574**

*Sales*

**Joanne Forinash 210-493-8543**

*Webmaster & Event Flyers*

**Randy Baker 210-369-9538**

*Newsletter*

**Audrey Vertucci – AudreyVe@aol.com  
 210-496-2197**

*Year-round Events, Boerne*

**Pat Gunter 210-479-0805**

*Year-round Events, Schertz*

**Tony Paulson 210-658-8324**

*Year-round Events, San Antonio*

**Carlen Forinash 210-493-8543**

*Seasonal Events, Abilene*

**Joanne Forinash 210-493-8543**

*Club Website*

[www.randolphroadrunners.info](http://www.randolphroadrunners.info)

*AVA Website*

[www.ava.org](http://www.ava.org)

*TVA Website*

[www.walktexas.org](http://www.walktexas.org)

*SW Regional Director*

**Bill Hamilton 830-285-7062**

**Houston, TX**

[sw\\_rd@ava.org](mailto:sw_rd@ava.org)

**Renewal Time**

The following membership renewals are currently due:  
**Kathy Carson, Janice Connor, Frank & Sylvia Hamilton, Raul & Susan Soto, Linda & Anna Townsend, Terri Bolton, Diane Duesterhoeft, Pat Gunter, Deanna Repp, Maggie Carswell, Darlene Oner and Mark & Cecilia Tyler.**

Please send in your renewal fees now.

We value your membership. To renew your membership, fill out the renewal application attached or print one from the following website address:

[www.RandolphRoadrunners.info](http://www.RandolphRoadrunners.info)

and send it with your fees to Nancy Paulson c/o the club address.

**Did You Know?**

The RR club colors are:

Yellow – sunshine

Green – land and forests

Blue – sky and water

All relating to the out of doors where we walk, swim and bike.

The club patch is 4” and the background is the State of Texas with the number 14 overlaid with the Taj Mahal, a Randolph AFB landmark, and superimposed with the emblematic Roadrunner.

Roman numerals depict the charter year and the AVA club #44 is shown on the base of the landmark. All the club colors are represented on the patch.

**Kudos to the following**

**Walkers:** (taken from the August/Sept. TAW)

Events:

- |      |                |
|------|----------------|
| 10   | John Ives      |
| 10   | Susan Ives     |
| 125  | Pat Roberts    |
| 175  | Caryl Swann    |
| 800  | Jerrold Rehmar |
| 3300 | Pat Gunter     |
| 3700 | Bill Radigan   |



Photos by Rob O'Neal.com

**Tails from the Trails**

*By: Ellen Ott*

Key West, a seasonal walk sponsored by the Dairyland Walkers, was a blend of the old and the new.

Key West is the southern most city in the continental United States and in 1890 was the largest city in Florida. Piracy was the main activity around Key West before the Navy established a base here in 1823. Millions were earned by lifting people and cargo off shipwrecks along the reef and by the 1850's Key West was the wealthiest per capita city in the U.S.

The Key West walk meandered through neighborhoods lined with beautiful blooming trees and plants. It passed the Harry S. Truman Little White House Museum, which was the 33rd president's favorite holiday spot between 1946 and 1952. It also passed the Audubon House and Tropical Gardens, the Oldest House also known as the Wreckers Museum and Ernest Hemingway's Home and Museum where one could pat the famed six toed felines.

The walk continued to the buoy-shaped monument which marked the southern most point of the continental U.S. From here Cuba is only 90 miles away. A paved sidewalk paralleled the beach where we passed more gardens and memorials.

There was an optional 4 km to Fort Zachary Taylor. This fort was

completed in 1866 and played important roles in the Civil War and the Spanish - American War.

With the humidity in the mid 90's we thought it more prudent to bypass the optional route for a cold libation at Willie T's. Mike stopped at the original Margaritaville where he claimed he did not have a drink!

A block from the pier that leads back to the ship is the Mel Fisher Maritime Heritage Museum where half of our group stopped. Mel Fisher was an American treasure hunter whose company found the remains of several ship wrecks in Florida waters to include the famed Atocha.\*

Other than the heat and humidity, this is a great walk. However, if one wants to do this event they have to plan ahead since it is a remote registration.

\* see Ellen for more information

## From the Desk of the Pres-

The next RR club meeting will be held at the Universal City Public Library on September 18<sup>th</sup>.

Regarding the IT website survey, I will have copies at the September meeting for everyone to fill out.



## Announcing the New AVA Centurion Achievement Challenge -

Experts everywhere are touting the health benefits of regular exercise. But, regular is the operative word. At AVA we believe this means consistently participating in Volkssport walks and other events. Beginning January 1, 2013, we are introducing the new Centurion Achievement Challenge to encourage and recognize those who make a special, serious commitment to the "Fitness" aspect of our Fun Fitness Friendship slogan.

The rules may seem a little daunting at first, but it is really very simple: participate in 100 events in a single calendar year. AVA will recognize your accomplishment with a distinctive patch and other cool gear that demonstrates to the world that you are a Volkssport Centurion. A lifetime of fitness begins with a single stride. Come on, you can do this!

Go to the AVA website at <http://www.ava.org/Centurion/Centurion.htm> to fill out the registration form.



**Fun, Fitness, Friendship**

### NEC MEETING

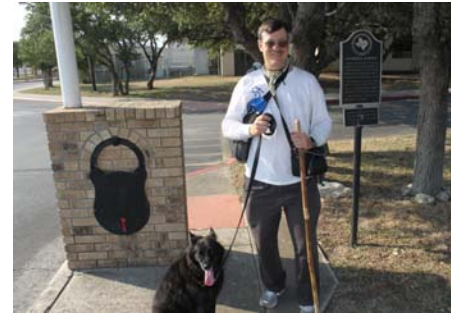
The next NEC meeting will be held on Friday and Saturday, January 18 & 19, 2013 in the San Antonio, Texas area. Detail will follow.

### 18th AVA BIENNIAL CONVENTION

"Footloose in Florida" is coming to the 18th AVA Biennial Convention in April 2013. Fitness...by walking from Florida's west to east coast on beaches, natural lands and cities; Fun... by seeing new places and learning new walk processes plus parties and socials; Friendship... by seeing old friends and meeting new ones at socials and on the trail. Registration packages will be available about 1 October for participants to select a range of options for walks, seminars, socials, transportation, and convention souvenirs. There will be additional TAW articles coming in the next three issues so look for "HOW to be Footloose in Florida." Information on room registrations at the Marriott and convention volunteer sign up are on the [www.ava.org](http://www.ava.org) main page of the AVA website.



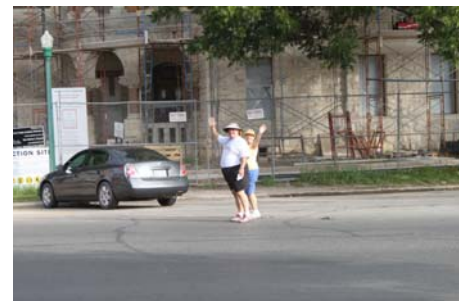
Mike Hermes, Ellen Ott, Pat Roberts & Joanne Forinash staffing the start point at the RR's Summer YRE Broadway Daily Bread Bakery on DeZavala, 8/11/12.



Martin Callahan & Indie at Locke Hill School gate - RR's DeZavala YRE, 8/11/12



Walkers passing mural painted on the antique wall showing the first German settlers arriving in Texas who eventually settled New Braunfels at the TVA New Braunfels Railroad Museum walk 8/4/12



Herb Laing & Ellen Ott passing the court house at the TVA New Braunfels Railroad Museum walk 8/4/12



Audrey Vertucci & Suzanne Markgraf in front of the covered pavilion mural at the Summer Crownridge Canyon Natural area YRE walk 7/28/12.





Officers of the TVA meeting at the covered pavilion after the Summer Crownridge Canyon Natural area YRE walk 7/28/12.

**\*All photos in this newsletter are courtesy of Martin Callahan.**

### **Coming Texas Events:**

9/1/2012 - 9/1/2012 - Walk

**Event Number:** 93203 10 km/5 km

**Start:** Castroville Chamber of Commerce Office (Park at Houston Square.)

**Event City:** Castroville - Castroville's 9th Annual Volksmarch

**Host Club:** Castroville Chamber of Commerce

**Event Website:** [www.castroville.com](http://www.castroville.com)

**More Details:** [Click here for directions, ratings, etc.](#)

**Write for more information to:**

1115 Angelo Street

Castroville, TX 78009

**Contact:** Ashlee Bates, (830) 538 - 3142

**E-Mail:** [ashlee@castroville.com](mailto:ashlee@castroville.com)

9/8/2012 - 9/8/2012 - Walk

**Event Number:** 93017 5 km/10 km

**Start:** Crescent Bend Nature Park

**Event City:** Schertz - Walk in Urban Nature

**Host Club:** Selma Pathfinders

**More Details:** [Click here for directions, ratings, etc.](#)

**Write for more information to:**

17314 Springhill Dr

San Antonio, TX 78232

**Contact:** Phyllis Eagan, (210) 496 - 1402

**E-Mail:** [papre1947@yahoo.com](mailto:papre1947@yahoo.com)

**Club Website:**

[www.selmapathfinders.com](http://www.selmapathfinders.com)

9/15/2012 - 9/15/2012 - Walk

**Event Number:** 93005 +10 km/6 km

**Start:** Northwest Hills United Methodist Church

**Event City:** Austin - Northwest Hills Walk

**Host Club:** Colorado River Walkers

**More Details:** [Click here for directions, ratings, etc.](#)

**Write for more information to:**

P.O. Box 13051

Austin, TX 78711-3051

**Contact:** Sam Harris, (512) 828 - 1229

**E-Mail:** [jaltex@sbcglobal.net](mailto:jaltex@sbcglobal.net)

**Club Website:**

[www.coloradoriverwalkers.org/](http://www.coloradoriverwalkers.org/)

9/15/2012 - 9/15/2012 - Walk

**Event Number:** 93449 10 km/5 km

**Start:** Bob Jones Nature Center

**Event City:** Southlake - Bob Jones Nature Center in Southlake, TX

**Host Club:** Tarrant County Walkers

**Event Website:**

[www.walktx.org/TarrantCountyWalkers](http://www.walktx.org/TarrantCountyWalkers)

**More Details:** [Click here for directions, ratings, etc.](#)

**Write for more information to:**

P. O. Box 100325

Fort Worth, TX 76185

**Contact:** Susan Fine, (817) 925 - 5447

**E-Mail:** [finesusan@sbcglobal.net](mailto:finesusan@sbcglobal.net)

**Club Website:**

[www.walktx.org/TarrantCountyWalkers](http://www.walktx.org/TarrantCountyWalkers)

9/22/2012 - 9/22/2012 - Walk

**Event Number:** 92993 10 km/5 km

**Start:** Texas Lions Camp

**Event City:** Kerrville - Texas Lions Camp

**Host Club:** Kerrville Trailblazers

**Event Website:**

[www.walktx.org/Kerrville Trailblazers](http://www.walktx.org/KerrvilleTrailblazers)  
**More Details:** [Click here for directions, ratings, etc.](#)

**Write for more information to:**

310 Circles Ave

Kerrville, Texas 78028

**Contact:** Edna Platte, (830) 257-2185

**E-Mail:** [platte@ktc.com](mailto:platte@ktc.com)

**Club Website:**

[www.walktx.org/KerrvilleTrailblazers/](http://www.walktx.org/KerrvilleTrailblazers/)

9/22/2012 - 9/22/2012 - Walk

**Event Number:** 93046 10 km/5 km

**Start:** Historic Performing Arts Center

**Event City:** McKinney

**Host Club:** Dallas Trekkers, Inc.

**Event Website:**

[www.DallasTrekkers.org](http://www.DallasTrekkers.org)

**More Details:** [Click here for directions, ratings, etc.](#)

**Write for more information to:**

P.O. Box 743813, Dallas, Tx 75374

**Contact:** Linda McDonald, (972) 877 - 4845

**E-Mail:** [lsmcdon@gmail.com](mailto:lsmcdon@gmail.com)

**Club Website:** [www.dallastrekkers.org](http://www.dallastrekkers.org)

9/22/2012 - 9/22/2012 - Walk

**Event Number:** 93331 10 km/ 6km

**Start:** Hickory Hollow Restaurant

**Event City:** Houston - Buffalo Bayou

**Host Club:** Houston Happy Hikers

**Event Website:**

[www.houstonhappyhikers.com](http://www.houstonhappyhikers.com)

**More Details:** [Click here for directions, ratings, etc.](#)

**Write for more information to:**

P. O. Box 101, Orchard, TX 77464

**Contact:** Catherine Kellner, (979) 478 - 6203

**EMail:**

[hkhpresident@houstonhappyhikers.org](mailto:hkhpresident@houstonhappyhikers.org)

**Club Website:**

[www.houstonhappyhikers.com](http://www.houstonhappyhikers.com)

9/29/2012 - 9/29/2012 - Walk

**Event Number:** 92942 11km/6km

**Start:** Zuehl's Hall @ Rio Cibolo Ranch

**Event City:** Zuehl - ZZZzzzzee Walk

**Host Club:** LoneStar Walkers

**More Details:** [Click here for directions, ratings, etc.](#)

**Write for more information to:**

27727 Ramblewood

San Antonio, TX 78261

**Contact:** Heinz Johnson, (830) 980 - 5723

**E-Mail:** [heinzjh@gvtc.com](mailto:heinzjh@gvtc.com)

9/29/2012 - 9/29/2012 - Boating

**Event Number:** 92943 1500m

**Start:** Zuehl's Hall @ Rio Cibolo Ranch

**Event City:** Zuehl - ZZZzzzzee Boat

**Host Club:** LoneStar Walkers

**More Details:** [Click here for directions, ratings, etc.](#)

**Write for more information to:**

27727 Ramblewood

San Antonio, Tx 78261-2013

**Contact:** Heinz Johnson, (830) 980 - 5723

**E-Mail:** [heinzjh@gvtc.com](mailto:heinzjh@gvtc.com)

9/29/2012 - 9/29/2012 - Walk

**Event Number:** 93043 10 km/5 km

**Start:** Kit McConnico Park, 903 Old Moffett Road

**Event City:** Lufkin - Kit McConnico Park

**Host Club:** East Texas Trekkers

**Event Website:**

[www.WalkTexas.org/EastTexasTrekks](http://www.WalkTexas.org/EastTexasTrekks)

More Details: [Click here for directions, ratings, etc.](#)

**Write for more information to:**

2334 Saharah, Garland, Tx 75044

**Contact:** Helen Hull, (972) 530 - 1026

**E-Mail:** [helenthehun@yahoo.com](mailto:helenthehun@yahoo.com)

**Club Website:**

[www.Walktx.org/EastTexasTrekks/](http://www.Walktx.org/EastTexasTrekks/)

**RANDOLPH ROADRUNNERS**

PO Box 2744

Universal City TX **78148-1744**

**RANDOLPH ROADRUNNERS APPLICATION**

PO Box 2744, Universal City TX 78148-1744

Please check applicable box (es):

Renewal                       New Member                       Family member(s) included (see instructions below) DATE \_\_\_\_\_

Name \_\_\_\_\_

**NEW MEMBER FEE:** \$4.00 for 1 year  
\$10.00 for three years

Address \_\_\_\_\_  
Apt No. \_\_\_\_\_

This fee applies to the primary member. Additional family members require a \$2.00 fee per individual.

City \_\_\_\_\_ State \_\_\_\_\_ Zip code \_\_\_\_\_

**RENEWAL FEE:** \$4.00 for one year  
\$10.00 for three years

Telephone number \_\_\_\_\_

This renewal fee includes each family member who paid \$2.00 with the original application. If the \$2.00 fee was not paid with the original application, add family members now by including \$2.00 for each person.

E-mail address \_\_\_\_\_

**Lifetime membership for (1) one person is available for a \$30 fee.**

Family members \_\_\_\_\_

AVA Volkssport Associate     Yes     No

Amount submitted \$ \_\_\_\_\_

Eager to serve as club officer \_\_\_\_\_ or committee chair \_\_\_\_\_