



Volume 2011 No. 3
Next Meeting – March 15, 2011
7:00 p.m., Universal City Library
100 Northview Drive, Universal City
A member of the American Volkssport
Association (AVA) & the International
Federation of Popular Sports (IVV)
The Public is always welcome

**Randolph Roadrunners
Volkssport Club
A Walking Club Established 1980
PO Box 2744
Universal City, TX 78148-1744
Elected Officers**

President

Ellen Ott 210-525-8574

Vice President

Pat Roberts 210-657-5814

Treasurer

Pat Gunter 210-479-0805

Secretary

Dana Stokes 210-566-3573

Committee Chairs

Membership

Nancy Paulson 210-658-8324

Programs

Ellen Ott 210-525-8574

Publicity

Alan & Gloria Mick 210-659-5402

Sales

Joanne Forinash 210-493-8543

Webmaster

Randy Baker 210-369-9538

Newsletter

Audrey Vertucci – AudreyVe@aol.com
210-496-2197

Year-round Events, Boerne

Pat Gunter 210-479-0805

Year-round Events, Universal City

Tony Paulson 210-658-8324

Year-round Events, San Antonio

Carlen Forinash 210-493-8543

Seasonal Events, Abilene

Joanne Forinash 210-493-8543

Club Website

www.randolphroadrunners.info

Event Information

1-800-830-WALK

TVA Website

www.walktexas.org

SW Regional Director

Heinz Johnson 830-980-5723

San Antonio, TX

swrd@gvtc.com

Renewal Time

The following membership renewals are currently due:

Corinne Gaudio, Daniel Essel, Wanda Stephens, Betty Halsell, Carol & Gary Ulmer, Victor Ritter, Ed Olson, Ron & Joyce Noble/Sheldon, Angela Onkels, Jean Geary, Franz Ley, Sherri Prejean, Mariann Stratton, Sally & Dan Theus, Elaine Adams, the Aldersea family, Judy Dalmolin, Terry Forinash, Jonathan Gaddy, Irma Gutierrez, Dr. Sean Habina, Gale Haradon, Dan Higgins, Suzy Krisak, Karen Mann, Suzy Mudge, Olga Samaniego-Martinez, the Smith family, Gerda Van Impelen, Mervin Buss, The Lindsey family, Michael & Carolyn Travis and Sandra Wilkinson.

Please send in your renewal fees now. We value your membership. To renew your membership, fill out the renewal application attached or print one from the following website address: www.RandolphRoadrunners.info and send it with your fees to Nancy Paulson c/o the club address.

Welcome, New Members!

Jennifer Angell	San Antonio
Mary G. Tibbs	San Antonio
Gloria M. Hernandez	San Antonio
Jenee Gonzales	San Antonio
Ginny Graygor	San Antonio
John & Betty Dupre	San Antonio

From the Desk of the Pres.--

The next RR club meeting will be held at the Universal City Library, 100 Northview Drive. Our next meeting is scheduled for 3/15/11 at 7:00 P.M. We meet on the third (3rd) Tuesday of each month.

It was decided at the TVA meeting on February 5th that the TVA will have a booth at the AVA convention in June, 2011.

Don't forget the Reunion walks on March 5 & 6th are going to be held in Walburg north of Georgetown.

I'm going to start a new column for the newsletter; "Tales from the Trails." I have the first Tale written on the way home from the FloraBama walks. All RR members are encouraged to submit their "Tales" and share their experiences and fun walks with the rest of our club. Let's hear from you!

The Workers walk for volunteers working at Leon Valley March 12th walk event will be at 1pm on March 11th starting at the Leon Valley Library. The route will be marked.

Ellen

St. Mary's University Neighborhood Walk Event

Dear Volunteer Event Staff,
Thank you so much to each and every one of you for your assistance with the St. Mary's University Neighborhood Walk!

Your time, expertise and dedicated assistance made the event successful. The myriad tasks that are required to conduct an event could not have been done without your help. Each of you played an important role and you are special people that can always be counted on to do an outstanding job.

We were blessed with great weather. We had 171 participants and 8 new walker packets were sold. We heard positive comments about the walk, and that is due to your dedicated service in helping to make this event successful.

I really want to thank everyone for stepping up to provide extra assistance during Heinz's unanticipated absence. Several of you stayed for an extended time at the event, and I thank you. I want to recognize Ellen Ott for assistance in providing several volunteers. I am indebted to Bill Radigan for re-checking the routes, for getting the materials from Heinz for the event, for setting up the checkpoints, for

patrolling the route, and for efficiently guiding take down.

And I am indebted to Heinz Johnson for his guidance and his meticulous attention to detail which provided us with a detailed road map to help us almost seamlessly carry out this event.

Again, even if I haven't named each of you individually, I am deeply grateful to each of you for the important role you each had in making this event so successful!

Thank you, thank you, thank you!

Diane Duesterhoeft

"Y" Walk in Yoakum?

Heinz and I would like to thank all the workers for the great day we had in Yoakum on 12 February. The weather was perfect, the start/finish area could not have been any better and the hospitality was superb. There were 115 participants with 13 free walkers. Joe Pena, the owner of Fat Albert's said he has never run out of pulled pork so early in the day; usually it's later in the evening!

A huge "thank you" to all the workers who put forth the great effort to get to Yoakum: Pat Gunter, Darlene Oner, Carol Shaner, Marta and Reuben Knape, Priscilla Johnson, Herb Laing, Joanne and Carlen Forinash, Bill Hamilton, Charlene Hooker, Tom and Linda Elms, Don and Bilita VanCleave, Jane and Bill Radigan, Rick White, Larry Cook and Mike Hermes.

There were walkers from the Dallas and Houston areas plus a couple who used to walk with the Shiner Half Moon club from Edna.

Thanks to all of you for putting a smile on my face.

Ellen

RE: "Y" Walk in Yoakum?

Please pass on to the organizers that I loved the walk in Yoakum. The written instructions were easy to understand and I saw a lot of churches I did not know existed. They did a fantastic job!

Carole Merle

Tales from the Trails

When planning the trip to the Florabama walks sponsored by the Georgia Walkers and the Capital City Wanderers in Orange Beach, Alabama over President's weekend, it seemed

overwhelming when I realized there were more walks, bikes and swims down the road sponsored by the Pensacola club that same weekend.

On Friday evening the Pensacola club sponsored a bbq dinner with a Mardi Gras theme. The meet and greet on Saturday evening was hosted by the Florabama clubs with great door prizes and friendly southern hospitality. Roadrunner Priscilla Johnson won a wonderful assortment of Georgia products and southern cook books. At the meet and greet it was reported that 258 individuals from 26 states, Canada and Germany had registered. All the weekend activities seemed well organized, registration was easy, there was a good variety of walks, acquaintances were renewed and new friends were made with the hope of seeing each other in June at the AVA convention in Des Moines. Other Roadrunners spotted on the trails were Don and Bilita Van Cleave and Bill and Jane Radigan.

Ellen

Stone Oak Update

The Stone Oak Neighborhood Walk in good old San Antonio, Texas, YRE Y1891, is alive and well again. The walk box lost during the renovation has been replaced. Only the name of the cafe has changed from Lighthouse Coffee and Cafe to VILLAGE COFFEE AND CAFE. The address and location are the same as before as shown in the Starting Point. The hours are: 8am to 3pm on Sunday and 7am to 5pm Monday thru Saturday. Enjoy the walk, the breakfast or the salad bar at the cafe, and have a piece of their delicious pies--you deserve it. Call me if you have any questions at 210-493-8543.

Carlen Forinash

Top 10 Walks in the USA for 2010 By Wendy Bumgardner, *About.com*

1. St. Mary's City, Maryland. This walk is a newcomer to our top ten list. It explores Historic St. Mary's City, an 800-acre outdoor living history museum and the site of Maryland's first capital. Half of the walk is through the woods and on natural paths along the St. Mary's River. See the reconstructed State House of 1676, archaeological excavations and the Godiah Spray Tobacco Plantation. At the waterfront,

there is a replica of the square-rigged Maryland Dove, which (along with the Ark), brought the first settlers and supplies from England. The walk is only open April 1 through October 31. [Sanction Y1620]

[2011 Walk Details](#)

[Walks Sponsored by the Freestate](#)

[Happy Wanderers](#)

[Find Walks in Maryland](#)

2. Point Lobos, Carmel, California

This walk has been on the top ten list often in the past 10 years. The natural trail around the Point Lobos Reserve offers breathtaking views of Carmel Bay and the Big Sur coastline. You can spot frolicking sea otters, scuba divers, and -- in season -- gray whales spouting. However, be warned that almost every green shrub, sprout and hedge in the park is, in fact, [poison oak](#). If you are sensitive, I suggest using a [poison oak blocking lotion](#) before the walk and a good scrub with a poison oak scrub afterward. [Sanction Y0445]

[Walk Details 2011](#)

[Walks Sponsored the South Bay](#)

[Striders](#)

[Find Walks in California](#)

3. Silver Falls, Oregon. This classic Northwest hike is in a canyon with nine waterfalls, including three that you can walk behind. You get the full flavor of the Northwest with tall timber, lush fern and the sparkling stream that creates the waterfalls. This walk is only open mid-April through mid-November. Wear trail shoes or boots, and bring a hiking stick, as the trail can be narrow and slippery. [Sanction Y0171]

[Walk Details 2011](#)

[Walks Sponsored by the Silverton](#)

[Walkabouts](#)

[Find Walks in Oregon](#)

4. Mt. Rainier National Park, Washington - Skyline Trail. Take a hike in Paradise, or rather, around Paradise Inn at the 7000 foot level of the tallest mountain in the Cascades Range. It is an extreme walk, rated difficult, wear hiking shoes and carry water. Your camera is bound to run out of either film or memory as you take in the glaciers and wildflowers. This walk is only open July 1 through September 30 and you must mail in your registration in advance to receive the map and directions. [Sanction Y0835]

[Walk Details](#)

[Walks Sponsored by the Four-Plus](#)

[Foolhardy Folks](#)

[Find Walks in Washington State](#)

5. San Antonio, Texas – Riverwalk

This route is simply fun and you'll have earned your burrito and margarita by the end of it. The route meanders along Paseo del Rio or Riverwalk, through the King William District, La Villita, HemisFair Park, Institute of Texan Cultures and Menger Hotel. Walkers also pass the San Antonio war memorials and through Mission San Antonio De Valero, better known as "The Alamo." [Sanction Y0055]

[Walk Details 2011](#)

[Walks Sponsored by the Texas](#)

[Wanderers](#)

[Find Walks in Texas](#)

6. Annapolis, Maryland Walk. This walk is packed with history and history in the making. It includes the State House, the Governor's house, the US Naval Academy, historic downtown Annapolis and its dock area. I remember it as one of the best walks in the area. Bring a photo ID to enter the State House and Naval Academy.

[Sanction YR0264]

[Walk Details 2011](#)

[Walks Sponsored by the Annapolis](#)

[Amblers](#)

[Find Walks in Maryland](#)

7. Grand Canyon, Arizona. The grandest walk in the continental United States takes you along the south rim of the Grand Canyon, through Grand Canyon Village. There is an alternate trail to Yavapai Point for more breathtaking views. Lowlanders should take it easy -- the elevation is 7,000 feet, although the route itself is fairly level. Registration for Volkssport credit is in Flagstaff.[Sanction Y1376] To forgo credit, see the maps at [NPS Grand Canyon Day Hiking](#)

[Walk Details](#)

[Walks Sponsored by the Tucson](#)

[Volkssport Klub](#)

[Find Walks in Arizona](#)

8. Sanibel Island Lighthouse, Florida

What could be more relaxing than strolling the beach to a historic lighthouse, searching for sea shells by the seashore? Walkers agreed that this was worth the trip. [Sanction YO521].

[Walk Details](#)

[Walks Sponsored by the Meandering](#)

[Manatees](#)

[Find Walks in Florida](#)

9. Bryce Canyon National Park, Utah

This stunning walk is open April through October. The 11 kilometers combine the Queens Garden Trail, the Wall Street Trail, and the Peek-a-boo Loop. It is "all views, all the time" as you hike through the hoodoos and rock formations. The walk is rated most difficult due to hills and altitude. It is at 8000 feet altitude, and weather can be extremely hot or extremely cold. Registration for this walk is three hours away in Ivans, Utah -- or you can register ahead of time with the club.

[Sanction Y1626] Or, to do it yourself,

see the [NPS Bryce Canyon Hiking Page](#)

[Walk Details 2011](#)

[Walks Sponsored by Gadabout](#)

[Find Walks in Utah](#)

[Photos of Bryce Canyon Trails |](#)

[Visiting Bryce Canyon](#)

10. Chicago, Illinois – Lakefront.

Get the full flavor of the Chicago Lakefront with this great walk that starts at the Chicago Cultural Center. This trail takes you to the Chicago Loop, Northwestern University, Museum of Natural History, Shedd Aquarium, Buckingham Fountain, Navy Pier, Museum of Contemporary Art, along Michigan Avenue's Magnificent Mile and along beautiful Lake Michigan.

[Sanction Y0783]

[Walk Details 2011](#)

[Walks Sponsored by the Windy City](#)

[Wanderers](#)

[Find Walks in Illinois](#)



Pat Gunter, Tony Paulson & Darlene Oner @IVV Credit & free walker table - St. Mary's University Neighborhood Walk



Martin Callahan & Indie at St. Mary's University Building



Don & Bilita VanCleave with Amber, Rusty, Shadow and Indie at Woodlawn Lake-St. Mary's University Neighborhood Walk



Joanne & Carlen Forinash at Sales Table @St. Mary's University Walk



Charlotte Kahl @OST Table – St. Mary's University Walk



Phyllis Eagan in front of the Manda School building (where the TVA meeting was held on Feb. 5th) at the TVA - New Sweden walk



Priscilla and Heinz Johnson working at the finish table New Sweden walk



Martin Callahan and Indie stop for a picture on the way up to the first check point at the New Sweden Evangelical Lutheran Church.



Reuben and Marta Knape working the first check point New Sweden TVA Walk

***All photos are courtesy of Martin Callahan**

Coming Texas Events:

3/5/2011 - 3/6/2011 - Walk
Event Number: 89829 12km/5km

Start: Walburg German Restaurant @ H.Y. Doering Co.

Event City: Walburg - TVA Reunion Walk #1

Event Number: 89888 10km/5km

Start: Walburg German Restaurant @ H.Y. Doering Co.

Event City: Walburg - TVA Reunion Walk #2

Host Club: Texas Volkssport Assn.

Event Website: www.walktexas.org

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

PO Box 700946

San Antonio, TX 78270

Contact: Phyllis Eagan, (210) 496 - 1402

E-Mail: milchene@juno.com OR papre1947@yahoo.com

Club Website: walktexas.org

3/12/2011 - 3/12/2011 - Walk

Event Number: 87450 10km/5km

Start: Leon Valley Library

Event City: Leon Valley - Leon Valley Trade & Market Days

Host Club: Randolph Roadrunners

Event Website:

randolphroadrunners.info

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

11906 Pepperidge

San Antonio, Tx 78213

Contact: Ellen Ott, (210) 723 - 8574

E-Mail: ellenott@sbcglobal.net

Club Website:

www.randolphroadrunners.info

3/12/2011 - 3/12/2011 - Walk

Event Number: 89698 10km/5km

Start: Market Street

Event City: Allen

Host Club: Plano Walking Club

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

4221 Whistler Dr, Plano, TX 75093

Contact: Maggie Cole, (469) 233 - 0161

E-Mail: maggiec01@verizon.net

Club Website:

www.walktx.org/planowalkingclub

3/19/2011 - 3/20/2011 - Walk

Event Number: 89811 10km/5km

(6.2mi/3.1mi)

Start: Wimberley Community Center

Event City: Wimberley - Wimberley Spring Walk

Host Club: NB Marsch-und

Wandergruppe

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

746 Shady Hollow

New Braunfels, TX 78132

Contact: Marlin Brendsel, (830) 226 - 7035

E-Mail: mbrendsel@hotmail.com

Club Website:

www.muw.walktexas.org

3/19/2011 - 3/20/2011 - Walk

Event Number: 89708 10km/5km

Start: Refectory Terrace

Event City: Meridian State Park

Host Club: Star Trekkers of Irving

Event Website: www.StarTrekks.org

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

2828 Game Lake Drive

Irving, Tx 75060

Contact: Gunhilt Money, (972) 986 - 5086

E-Mail: www.startrekkers.org

Club Website: www.startrekkers.org

3/19/2011 - 3/20/2011 - Walk

Event Number: 89709 10km

Start: Refectory Terrace

Event City: Meridian State Park

Host Club: Star Trekkers of Irving

Event Website: www.StarTrekks.org

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

2828 Game Lake Drive

Irving, Tx 75060

Contact: Gunhilt Money, (972) 986 - 5086

E-Mail: www.StarTrekks.org

Club Website: www.startrekkers.org

3/26/2011 - 3/26/2011 - Walk

Event Number: 89615 11km/6km

Start: JAVA JACK'S COFFEE SHOP

Event City: Nacogdoches -

Nacogdoches Azalea Festival

Host Club: East Texas Trekkers

Event Website:

www.walktx.org/easttexasrekkers

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

2334 Saharah Drive

Garland, TX 75044

Contact: Helen Hull, (972) 530 - 1026

E-Mail: helenhull@yahoo.com

Club Website:

www.Walktx.org/EastTexasTrekks/

3/26/2011 - 3/26/2011 - Walk

Event Number: 89721 10km/5km

Start: Under the bridge on TX-173 @ intersection with Camp Verde Road
Event City: Camp Verde - Camp Verde
Host Club: Kerrville Trailblazers
Event Website:
www.walktx.org/kerrville_trailblazers
More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

106 Bent Oak Lane
Kerrville, TX 78028
Contact: Nancy R. Brown, (830) 890 - 5364
E-Mail: nrbrown60@yahoo.com
Club Website:
www.walktx.org/KerrvilleTrailblazers/

3/26/2011 - 3/26/2011 - Walk
Event Number: 89723 10km/5km
Start: Somerville Lake State Park- Nails Creek Pavilion
Event City: Ledbetter - Somerville Lake State Park
Host Club: Houston Happy Hikers
Event Website: **Error! Hyperlink reference not valid.**
More Details: [Click here for directions, ratings, etc.](#)
Write for more information to:
P. O. Box 101
Orchard, TX 77464
Contact: Catherine Kellner, (979) 478 - 6203

E-Mail:
hphpresident@houstonhappyhikers.org
Club Website:
www.houstonhappyhikers.org/

RANDOLPH ROADRUNNERS
PO Box 2744
Universal City TX 78148-174

RANDOLPH ROADRUNNERS APPLICATION
PO Box 2744, Universal City TX 78148-1744

Please check applicable box (es):

Renewal New Member Family member(s) included (see instructions below) DATE _____

Name _____

NEW MEMBER FEE: \$4.00 for 1 year
\$10.00 for three years

This fee applies to the primary member. Additional family members require a \$2.00 fee per individual.

Address _____

Apt No. _____

RENEWAL FEE: \$4.00 for one year
\$10.00 for three years

this renewal fee includes each family member who paid \$2.00 with the original application. If the \$2.00 fee was not paid with the original application, add family members now by including \$2.00 for each person.

City _____ State _____ Zip Code _____

Telephone number _____

AVA Volkssport Associate Yes / No

E-mail address _____

Family members _____

Eager to serve as club officer _____ committee chair _____

Amount submitted \$ _____