



Official Newsletter of the RANDOLPH ROADRUNNERS (AVA44)

Volume 2010 No. 3
Next Meeting – March 16, 2010
7:00 p.m. at the Universal City Library, 100
Northview Dr., Universal City
A member of the American Volkssport
Association (AVA) & the International
Federation of Popular Sports (IVV)
The Public is always welcome

Randolph Roadrunners
Volkssport Club
A Walking Club Established 1980
PO Box 2744
Universal City, TX 78148-1744
Elected Officers

President

Ellen Ott 210-525-8574

Vice President

Pat Roberts 210-657-5814

Treasurer

Pat Gunter 210-479-0805

Secretary

YOUR NAME HERE!!!!

Committee Chairs

Membership

Nancy Paulson 210-658-8324

Programs

Ellen Ott 210-525-8574

Publicity

Alan & Gloria Mick 210-659-5402

Sales

Joanne Forinash 210-493-8543

Webmaster

Randy Baker 210-369-9538

Newsletter

Audrey Vertucci – AudreyVe@aol.com
210-496-2197

Year-round Events, Boerne

Pat Gunter 210-479-0805

Year-round Events, Universal City

Tony Paulson 210-658-8324

Year-round Events, San Antonio

Carlen Forinash 210-493-8543

Club Website

www.randolphroadrunners.info

Event Information

1-800-830-WALK

TVA Website

www.walktexas.org

SW Regional Director

Heinz Johnson 830-980-5723

San Antonio, TX

swrd@gvtc.com

Renewal Time

The following membership renewals are currently due: **Maria Alvarado, Don & Isabelle Burke, Mario Cepeda, Carlen & Joanne Forinash, Victor & Carlo Hernandez, Josephine Hernandez, E.J. & Cindy Livingston, Patti Paulson, John & Tania Walshe, Frankie Chacon, Susan Fowler-Nice, Anita Freestone, Pat Frost, Norman & Pamela Haines, Carolyn Livesay, Kwadwo Offei-Nnoma, Marcey & Jesus Perez, Carol Sedillo, Don & Linda Simmons, Carolyn Simpson, Cindy & Forest Taylor, John & Ann White, Mervin Buss, Jack Morgan, Chris Riley, Noemi & Max Rodriguez, Laura Tull and Peggy & Tim Weiss.** Please send in your renewal fees now. We value your membership. To renew your membership, fill out the renewal application attached or print one from the following website address: www.RandolphRoadrunners.info and send it with your fees to Nancy Paulson c/o the club address.

Welcome New Members:

Gerda van Impelen San Antonio
Elaine Adams San Antonio
Gale Haradon San Antonio
Jonathan Gaddy San Antonio

Del Webb Event

A grateful thank you to all the Del Webb volunteers: Priscilla and Heinz Johnson, Totsy Miller, Herb Laing, Audrey Vertucci, Suzanne Markgraf, David Toth, Joanne & Carlen Forinash, Pat Roberts, Tony and Nancy Paulson, Alan and Gloria Mick, Don and Bilita VanCleave, Rick White, Diane Duesterhoeft, Carol Shaner, Bill Radigan and Larry Cook.

There were 182 participants on a cool, but beautiful, sun shiny day.

Ellen

MEETING PLACE & DATE:

The RR club meetings are held at the Universal City Library, 100

Northview Drive which is one block west of the AVA with the side of the library on Pat Booker Rd. Our next meeting is 3/16/10. We meet on the third (3rd) Tuesday of each month.

RR Club News:

Attention RR members!

Please consider volunteering as our club secretary. We need someone to fill this position A.S.A.P.!

Thank you to Totsy Miller for the wonderful professional scrap book she has completed for 2008/2009. One may even find their picture! The book should be at the next walk, weather permitting!

Our February Speaker, Karen Kimball, the Development Coordinator on River Enhancements along the Mission Reach presented an informative program which explained the art work on the newly developed river walk extension.

March Meeting – Curt Myron, AVA, President will visit at our March 16th meeting. Please make it a point to come to the meeting wearing your RR club colors!

2010 Dates to remember:

3/13/10 Leon Valley walk in conjunction with Leon Valley market days.

35 on 35 for the AVA's 35th anniversary Program - don't miss out on a stamp - books still available for \$10 with the net profit going to the AVA.

Ellen Ott, Pres.

TVA Meeting

TVA meeting was held on February 6, 2010 and hosted by the Tarrant county Walkers in Ft. Worth. 24 out of 25 members were present. The following is new information that has not previously been reported to the RRs:

1. Seasonal walk in McAllen on June.
2. The National Weight Watchers Organization will not have walks with various AVA clubs across the country.
3. There were 147 YREs in the SW region in 2009.
4. The TVA has 79 members on www.Facebook.com/texasvolkssportassociation.
5. The Reunion walk will be held March 6 & 7 in Norse, 40 miles west of Waco.
6. The Memorial Event, 2009 had 175 walkers for credit and 27 free and the Midnight Event had 77 walkers for credit and 30 free.
7. August 7th is the next TVA meeting which will be hosted by BTC Oddsports in Uvalde. A possible swim on Saturday and a walk on Sunday at the bird sanctuary south of town.
8. Jackie Wilson, our AVA Executive Director is very sick with an auto immune disease and has had a bone marrow transplant. She cannot receive plants or fresh fruit and visitors are discouraged but you can send a card to:
Jackie Wilson
161 Sage Drive
Universal City, TX 78148

AVA News TAW Deadline

The deadline for the April, 2010 issue of *The American Wanderer* is February 25. All articles and photographs should be submitted directly to: The American Wanderer, Laurel Parrott, Editor, 3526 Humboldt Ave. N., Minneapolis, MN 55412, email TAW@bhi.com Be sure to include "TAW" in the subject line of the email. Some folks continue to send these to AVA Headquarters and this causes delays in your information getting in.

Awards

It is not too early to be thinking about individual and club recognition awards. Too few clubs enter nominations for the Publicity and Trailblazer awards. Remember your volunteers and nominate them for Certificates of Service, Meritorious Service, Distinguished Service and even recommend them for the President's Award. Nominate the businesses that allow you to place your walk boxes for Year Round Events; a framed certificate

in their place of business may just attract a new walker.

St. Mary's University Walk

Greetings to the Start & Finish Event Staff...

It could have been raining!
It could have been sleeting!
It could have been snowing!

But...other than cold weather, last Saturday turned out to be a beautiful sunny day with clear blue skies. It was a wee bit on the cool side at the start when the thermometer read 37 degrees. However, by the time the Start Window closed at one o'clock the temperature had risen 11 degrees. Two hundred participants were not deterred by the cold weather and all of those that turned-out certainly had some **Fun**; got some exercise (**Fitness**); and were exposed to some **Friendship**. **Yes, we had exactly 200 participants!**

My belated **THANKS** to some **VERY SPECIAL PEOPLE** who were instrumental in setting-up and re-supplying the checkpoints; welcoming the walkers; handling registration; properly sending the walkers on their way with walk directions; and giving them international incentive awards credit, if they wanted it, when they finished. Also, everyone had the opportunity to purchase a variety of volkssport paraphernalia and publications.

The University Center Atrium was well suited for our walk Start & Finish. It was indoors, warm and comfortable. An excellent food services operation with a variety of food and beverages was in an adjacent room and restrooms were nearby. **Excellent! Excellent!! Excellent!!!**

Your time, expertise and assistance were absolutely the essential elements that made the St. Mary's Neighborhood Walk successful. The myriad tasks that are required to conduct an event could not have been done without your help. Everyone played an important role and you are very special people that can always be counted on to do an outstanding job.

Particular recognition needs to be given to Diane Duesterhoeft for her role as the interface with St. Mary's University and the neighborhood association as well as getting the key things that we needed on-site to perform the mission. Additionally, Diane took on the responsibility for the Parking Crew and the Checkpoint's Staff. **Well done and THANK YOU DIANE!**

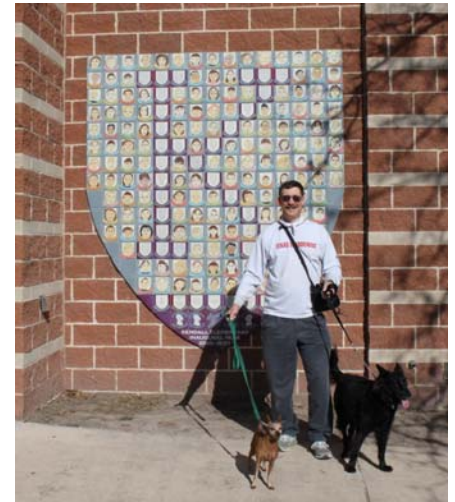
Again, my personal THANKS to each and everyone for your help and continued support.

You are a VERY SPECIAL PEOPLE!

*Heinz Johnson, President
LoneSt*r Walkers*



**Marta & Ruben Nape at BTC
Oddsports Boerne Walk**



**Martin Callahan holding Indie and
one of the VanCleave's pups in front
of the mural on the BTC Oddsports
Boerne Walk**



Don & Bilita VanCleave with pups at the BTC Oddsports Boerne Walk

***All Event Photos are provided courtesy of Martin Callahan**



Carpooling to Events-

If anyone is interested in carpooling to any of the walks or meetings, please contact David Toth, 521-8684, or E-mail dntoth@scbglobal.net.

Coming Texas Events:

3/6/2010 - 3/7/2010 - Walk
Event Number: 86667 10km/5km
Event Number: 86668 10km/5km
Start: Our Savior's Lutheran Church
Event City: Norse - Norse, Texas, walk
Host Club: Texas Volkssport Assn.
Event Website: walktexas.org
More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

17314 Spring Hill Drive
 San Antonio, TX 78232
Contact : Phyllis Eagan, (210) -49 -1402
Email: papre1947@yahoo.com
Club Website: walktexas.org

3/13/2010 - 3/13/2010 - Walk
Event Number: 84927 10km/5km
Start: Leon Valley Library

Event City: Leon Valley (San Antonio) - Leon Valley Trade & Market Days

Host Club : Randolph Roadrunners

Event Website:

www.randolphroadrunners.info

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

11906 Pepperidge Cove
 San Antonio, TX 78213
Contact : Ellen Ott, (210) 723 - 8574
Email: ellenott@sbcglobal.net
Club Website:
www.randolphroadrunners.info

3/13/2010 - 3/13/2010 - Walk
Event Number : 86602 10km/5km

Start : Bob Woodruff Park

Event City: Plano - St. Patrick's Day & Ides of March

Host Club : Plano Walking Club

Event Website:

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

4221 Whistler Dr, Plano, TX 75093
Contact : Maggie Cole, (469) 233 - 0161
Email: maggiec01@verizon.net
Club Website:
www.walktx.org/planowalkingclub

3/20/2010 - 3/20/2010 - Walk
Event Number: 86517 10km/5km

Start: West Community Center

Event City: West - Czech Capital of Texas

Host Club: Trotting Texas Turtles

Event Website:

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

712 Ridge Street
 Copperas Cove, TX 765223137
Contact: Karl/Beverly Kittinger, (254) 547 - 1403
E-Mail: walkabout@hot.rr.com
Club Website:
www.walktx.org/ttt2.html

3/20/2010 - 3/21/2010 - Walk
Event Number: 86395 10km/5km

Start: Wimberley Community Center

Event City: Wimberley - Spring Walk

Host Club: NB Marsch-und Wandergruppe

Event Website:

www.muw.walktexas.org
More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

P. O. Box 310778

New Braunfels, Tx 78131-0778

Contact: Helgard Suhr-Hollis, (830) 625 - 6330

E-Mail: Helgard@satx.rr.com

Club Website:

www.muw.walktexas.org

3/27/2010 - 3/27/2010 - Walk

Event Number: 84313 11km/5km

Start: First Presbyterian Church Scout Hut

Event City: Tyler - Tyler Azalea Walk

Host Club: East Texas Trekkers

Event Website:

www.walktx.org/easttexasrekkers

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

901 Edgewood Dr.
 Jacksonville, TX 75766
Contact: David C. Porter, (903) 534 - 9301
Email: d.c.porter56@suddenlink.net or jpw6391@msn.com
Club Website:
www.Walktx.org/EastTexasTrekkers/

3/27/2010 - 3/27/2010 - Walk
Event Number: 86573 10km/5km

Start: Nature Center @ Huntsville State Park

Event City: Huntsville - Huntsville State Park Walk

Host Club: Houston Happy Hikers

Event Website:

houstonhappyhikers.org
More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

P. O. Box 101
 Orchard, TX 77464
Contact: Catherine Kellner, (979) 478 - 6203
Email: hvhpresident@houstonhappyhikers.org
Club Website:
www.houstonhappyhikers.org/

3/27/2010 - 3/27/2010 - Walk
Event Number: 86545 10km/5km

Start: Small County Park located at the intersection of Hwy 173 & Camp Verde Road.

Event City: Camp Verde - Camp Verde, Texas

Host Club: Kerrville Trailblazers

Event Website:

www.walktx.org/KerrvilleTrailblazers
More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

1350 Bandera Hwy #311
 Kerrville, TX 78028

