



Official Newsletter of the RANDOLPH ROADRUNNERS (AVA44)

Volume 2009 No. 11
Next Meeting – November 17, 2009
7:00 p.m. at the Universal City Library,
100 Northview Dr., Universal City
A member of the American Volkssport
Association (AVA) & the International
Federation of Popular Sports (IVV)
The Public is always welcome

**Randolph Roadrunners
Volkssport Club
A Walking Club Established 1980
PO Box 2744
Universal City, TX 78148-1744
Elected Officers**

President

Ellen Ott 210-

Vice President

Totsy Miller 210-648-0637

Treasurer

Pat Gunter 210-479-0805

Secretary

Suzanne Markgraf 210-651-9378

Committee Chairs

Membership

Nancy Paulson 210-658-8324

Programs

Ellen Ott 210-525-8574

Publicity

Alan & Gloria Mick 210-659-5402

Sales

Joanne Forinash 210-493-8543

Webmaster

Randy Baker 210-369-9538

Newsletter

Audrey Vertucci – AudreyVe@aol.com
210-496-2197

Year-round Events, Boerne

Larry Cook 210-566-5603

Year-round Events, Universal City

Tony Paulson 210-658-8324

Year-round Events, San Antonio

Carlen Forinash 210-493-8543

Club Website

www.randolphroadrunners.info

Event Information

1-800-830-WALK

TVA Website

www.walktexas.org

SW Regional Director

Heinz Johnson 830-980-5723

San Antonio, TX

swrd@gvtc.com

Renewal Time

The following membership renewals are currently due:
Clarence & Alicia Joseph, Jim & Sherry Scheurich, Rick & Monique Baysinger, Jose Reyna, Sarah Kane, Jerry & Genean Hesko, Glenn & Windy Corbett, Thomas & Betty Arbaugh and Paulette Dunlap. Please send in your renewal fees now. We value your membership. To renew your membership, fill out the renewal application attached or print one from the following website address: www.RandolphRoadrunners.info and send it with your fees to Nancy Paulson c/o the club address.

MEETING PLACE & DATE:

The RR club meetings are held at the Universal City Library, 100 Northview Drive which is one block west of the AVA with the side of the library on Pat Booker Rd. Our next meeting is 11/17/09. We meet on the third (3rd) Tuesday of each month.

RR Club News:

The Mitchell Lake Audubon Center is now an official monarch butterfly monitoring station. For more information on the Monarch Larva Monitoring Project check out the website at: www.mlmp.org

The RR holiday party is scheduled for December 15th at 6:30 – Buy your own dinner and the club will provide dessert. Optional Chinese Auction-gift exchange for those who wish to participate.

Joanne Forinash needs volunteer workers for the Boerne Christmas walk on 12/5/09 – Call Joanne at 493-8543 if you can help or Email: sjforinash@yahoo.com

2010 Dates to remember:
1/ 9/10 Olmos/Monte Vista walk
2/13/10 Del Webb walk

3/13/10 Leon Valley walk in conjunction with Leon Valley market days.

May 29, 30, 31, 2010 - Memorial Day Weekend is Universal City's 50th anniversary and the Randolph Roadrunners 30th anniversary. There will be 3 walk events scheduled: Saturday the 29th from the park; Sunday the 30th, Sunrise walk from Taco Cabana as a fundraiser for the Universal City Library; and, Monday the 31st, a walk of remembrance in conjunction with the Universal City Memorial Day program.

RR special event: 35 on 35 for the AVA's 35th anniversary in 2011 – Starts Jan 1, 2010 and ends Dec. 31, 2012.

All net proceeds will be donated to the AVA for its 35th anniversary. Walk 35 events on Interstate Highway 35 in any state to qualify.

Ellen Ott, Pres.

**WHEN IT RAINS IT
POURS...FINALLY!**

San Antonio at long last was blessed with some much needed rain even though it came in buckets on our "WALK-TOGETHER Program" honoring the Girl Scouts. It was "Rain-City" Saturday morning, 9/12/09, at the Rio Cibolo Ranch and for awhile it looked like a complete wash-out. But...lo and behold we wound up with some sunshine. Ellen and I would like to **THANK YOU** for "braving the elements" and volunteering to help with the jointly sponsored walk honoring the Girl Scouts. Believe it or not, we had 93 brave souls (plus 17 "workers") take part in the event including some Girl Scout Troops. **Great!**

Our original plan called for the walk to be entirely on Rio Cibolo Ranch property, BUT...the walking route, which uses a low water crossing at Cibolo Creek to get to the back side of

the ranch, became a torrent of water that was considered to be a safety issue to cross. Therefore, we had no choice but to re-route a major portion of the walk.

Mike Hermes and Michael Marke spend several hours in the rain directing traffic which became a nightmare after the parking lot flooded and cars had to be moved and parked on the roadway.

Bill Radigan and Rick White shouldered the major workload by setting up the checkpoint and water stop; remarking the relocated portions of the route; removing route marking ribbons and directional signs; restacking cement blocks and wooden pallets; and packing up supplies and equipment at the Start & Finish. A lot of this took part during the rainstorm and as a result they were soaking wet for most of the day! They deserve a **SPECIAL, SPECIAL THANKS** for going above and beyond to make the event a success. The rest of us were protected from the weather and went about our duties efficiently and effectively. Our faithful volunteers: Diane Duesterhoeft, Joanne Forinash, Carlen Forinash, Mike Hermes, Heinz Johnson, Priscilla Johnson, Herb Laing, Michael Marke, Suzanne Markgraf, Darlene Oner, Ellen Ott, Nancy & Tony Paulson, Bill Radigan, Pat Roberts, Carol Shaner and Rick White.

Again, we want to **THANK YOU** for your help and continued support. Each one of you is a **VERY SPECIAL PERSON!**

Heinz Johnson, SW Regional Dir.

NOTE: Because of the high water problem at the low water crossing on the original walk route, we had to make some route changes at the last minute. Many, many people told me that they had been looking forward to walking throughout the ranch and they were disappointed that they were unable to do so. Therefore, we decided to add another event to our scheduled ZZZzzzz Walk on 7 November. There will be **TWO EVENTS** on Saturday, 7 November that begin at Rio Cibolo Ranch:

- 1) **ZZZZzzz Walk** going through Zuehl.
- 2) **Ranch Walk** going through the backside of the ranch.

Heinz

FOR ALL NEW MEXICO AND TEXAS VOLKSSPORT CLUB PRESIDENTS:

The AVA Executive Director has advised me that some clubs in the Southwest Region are producing their own version of the **AVA Insert Page**, commonly referred to as an "Insert Card." These counterfeit Insert Pages or "cards" are printed on white paper, some on colored paper and some differ slightly in size from the approved AVA Insert Page. These can be easily counterfeited.

Only the Insert Page produced and distributed by the AVA National Headquarters is eligible for redemption of an IVV Achievement Award. Any bogus Insert Page/s submitted by a walker for an award is subject to disqualification and its redemption only can be approved by the Executive Director.

AVA Insert Pages are available from the NATHQ without any charge and they simply need to be ordered in advance of an event. Also, I always carry a supply of them with me to events and these are available from me for the asking.

The Insert Page is a great aid to walkers who sometimes unknowingly show up at an event without their IVV Record Books. When I was in Germany and I attended an event and found that I didn't have my record books with me [:-()] I had two choices: either buy a new set of books or forget about getting IVV Credit. Thus, the USA policy of having an Insert Page is very, very helpful.

Please tell your club members that they must not accept any Insert Page that is not an official **AVA Insert Page** printed and distributed by the NATHQ. Any bogus Insert Pages in their possession **MAY** not be eligible for redemption.

Also, while on the subject of Insert Pages. It is suggested that you tell your members that they cannot submit only Insert pages for an IVV Achievement Award. All, repeat all, Insert Pages must be submitted with an IVV Record Book: Event OR Distance.

Each line in an **Event** Record Book is critical and when I am operating the

Finish Table at an event and someone has an Insert Page, I recommend to them that each stamp number on an Insert Page be written on a line in the Event record Book and then the Insert Page be stapled to the back of the record book to substantiate the entries. **For example:** if the IVV Certification Stamp on an Insert Page is 12821, that number is then written on one line in the Event Record Book i.e., #12821. The Insert Page is then stapled onto the IVV Record Book. This procedure is not necessary in a Distance Record Book because the completeness of the book depends upon total kilometers rather than events.

Please let me know if you have any questions about this matter.

Volkssporting in the Great Southwest...Fun, Fitness and Friendship!

*Heinz Johnson
Director, Southwest Region
American Volkssport Association*

AVA News TAW Deadline

The deadline for the December, 2009 issue of *The American Wanderer* is October 25. All articles and photographs should be submitted directly to: The American Wanderer, Laurel Parrott, Editor, 3526 Humboldt Ave. N., Minneapolis, MN 55412, email TAW@bhi.com Be sure to include "TAW" in the subject line of the email. Some folks continue to send these to AVA Headquarters and this causes delays in your information getting in.

Convention 2013

Is your club or region interested in hosting the 2013 Convention? If so, please contact your Regional Director or Jackie at the National Headquarters. We can provide information to help in the decision making process. You will be required to present your proposal to the NEC at one of their meetings and if they approve, they will travel to your location before final approval to present to the entire Convention in 2011.



Ellen Ott & Indie at LJB ranch walk



Suzanne Markgraf & Audrey Vertucci LJB ranch walk



Martin Callahan & Indie at family cemetery LJB ranch walk



Guadalupe/Honey Creek walk - Rusk House Checkpoint - Clara Plizga, Darlene Oner, Pat Gunter & Carol Shaner



Martin Callahan, checkpoint Rusk House, Guadalupe/Honey Creek walk



Elaine Ward, Mabel Matsumoto, Rick White & Heinz Johnson at Guadalupe/Honey Creek Walk Finish table

***All Event Photos are provided courtesy of Martin Callahan**

Coming Texas Events:

11/7/2009 - 11/7/2009 - Walk
Event Number: 85058 10km/5km
Start: Bolin Park
Event City: Allen
Host Club: Plano Walking Club
More Details: [Click here for directions, ratings, etc.](#)
Write for more information to:
4221 Whistler Dr., Plano, TX 75093
Contact: Maggie Cole, (469) 233 - 0161
E-Mail: maggiec01@verizon.net
Club Website:
www.walktx.org/planowalkingclub

11/7/2009 - 11/7/2009 - Walk
Event Number: 85843 11km/6km
Start: Zuehl's Hall @ Rio Cibolo Ranch
Event City: Zuehl - ZZZzzzzee event
Host Club: LoneStar Walkers
More Details: [Click here for directions, ratings, etc.](#)
Write for more information to:
27727 Ramblewood
San Antonio, TX 78261
Contact: Heinz Johnson, (830) 980 - 5723
E-Mail: swrd@gvtc.com

11/7/2009 - 11/7/2009 - Walk
Event Number: 86262 10km/5km
Start: Zuehl's Hall @ Rio Cibolo Ranch
Event City: Zuehl - Ranch Walk
Host Club: LoneStar Walkers
More Details: [Click here for directions, ratings, etc.](#)
Write for more information to:
27727 Ramblewood
San Antonio, TX 78261
Contact: Heinz Johnson, (830) 980 - 5723
E-Mail: swrd@gvtc.com

11/14/2009 - 11/14/2009 - Walk
Event Number: 81478 11km/5km
Start: Henderson Hospital
Event City: Henderson - Heritage Syrup Festival
Host Club: East Texas Trekkers
Event Website:
www.walktx.org/EastTexasTrekkers/2009/Henderson_Nov_14.pdf
More Details: [Click here for directions, ratings, etc.](#)
Write for more information to:
4722 Comanche Trail
Tyler, TX 75707
Contact: Jan Wood, (903) 534 - 9301
E-Mail: jpw6391@msn.com
Club Website:
www.Walktx.org/EastTexasTrekkers/

11/14/2009 - 11/14/2009 - Walk
Event Number: 85196 10km/5km
Start: Czestochowa Hall, 180 County Road 245, Czestochowa, TX 78113
Event City: Czestochowa
Host Club: Selma Pathfinders
Event Website:
<http://www.selmapathfinders.com>
More Details: [Click here for directions, ratings, etc.](#)
Write for more information to:
PO Box 700946
San Antonio, TX 78270
Contact: Phyllis Eagan, (210) 496 - 1402
E-Mail: milchene@juno.com
Club Website:
www.geocities.com/Yosemite/Gorge/8195

11/14/2009 - 11/14/2009 - Walk
Event Number: 84467 10km/5km
Start: Miramar Park/Pool Pavilion
Event City: Seabrook - Seabrook Walk
Host Club: Houston Happy Hikers
Event Website: [P. O. Box 101](#)

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

P. O. Box 101

Orchard, TX 77464

Contact: Catherine Kellner, (979) 478 - 6203

E-Mail: hphpresident@houstonhappyhikers.org

Club Website:

www.houstonhappyhikers.org/

11/21/2009 - 11/21/2009 - Walk

Event Number: 84049 10km/5km

Start: Elks Lodge

Event City: Austin - South

Austin/Bouldin Creek Neighborhood Walk

Host Club: Colorado River Walkers

Event Website:

www.coloradoriverwalkers.org

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

2012 Krizan

Austin,, TX 78727

Contact: Sam Harris, (512) 833 - 8969

E-Mail: jaltex@sbcglobal.net

Club Website:

www.coloradoriverwalkers.org/

11/21/2009 - 11/21/2009 - Walk

Event Number: 83755 11K/13K (rated 4), 6K

Start: Fossil Rim Wildlife Center - Dallas Trekkers 30th Anniversary

Event City: Glen Rose - Fossil Rim Wildlife Center

Host Club: Dallas Trekkers, Inc.

Event Website: dallastrekkers.org

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

P. O. Box 743813

Dallas, TX 75374

Contact: Sue Wolfson, (972) 596 - 6762

E-Mail: swolfson@vzavenue.net

Club Website:

www.dallastrekkers.org/

RANDOLPH ROADRUNNERS

PO Box 2744

Universal City TX 78148-1744

RANDOLPH ROADRUNNERS APPLICATION

PO Box 2744, Universal City TX 78148-1744

Please check applicable box (es):

Renewal

New Member

Family member(s) included (see instructions below) DATE _____

Name _____

NEW MEMBER FEE: \$4.00 for 1 year
\$10.00 for three years

This fee applies to the primary member. Additional family members require a \$2.00 fee per individual.

Address _____

Apt No. _____

RENEWAL FEE: \$4.00 for one year
\$10.00 for three years

This renewal fee includes each family member who paid \$2.00 with the original application. If the \$2.00 fee was not paid with the original application, add family members now by including \$2.00 for each person.

City _____ State _____ Zip Code _____

Telephone number _____

AVA Volkssport Associate Yes / No

E-mail address _____

Family members _____

Eager to serve as club officer _____ committee chair _____

Amount submitted \$ _____