



Volume 2009 No. 8
Next Meeting – August 18, 2009
7:00 p.m. at the Universal City Library,
100 Northview Dr., Universal City
A member of the American Volkssport
Association (AVA) & the International
Federation of Popular Sports (IVV)
The Public is always welcome

**Randolph Roadrunners
Volkssport Club**
A Walking Club Established 1980
PO Box 2744
Universal City, TX 78148-1744
Elected Officers

President
Ellen Ott 210-525-8574
Vice President
Totsy Miller 210-648-0637
Treasurer
Pat Gunter 210-479-0805
Secretary
Suzanne Markgraf 210-651-9378

Committee Chairs

Membership
Nancy Paulson 210-658-8324
Programs
Ellen Ott 210-525-8574
Publicity
Alan & Gloria Mick 210-659-5402
Sales
Joanne Forinash 210-493-8543
Webmaster
Randy Baker 210-369-9538
Newsletter
Audrey Vertucci – AudreyVe@aol.com
210-496-2197
Year-round Events, Boerne
Larry Cook 210-566-5603
Year-round Events, Universal City
Tony Paulson 210-658-8324
Year-round Events, San Antonio
Carlen Forinash 210-493-8543

Club Website

www.randolphroadrunners.info

Event Information

1-800-830-WALK

TVA Website

www.walktexas.org

SW Regional Director

Heinz Johnson 830-980-5723
San Antonio, TX
swrd@gvtc.com

Renewal Time

The following membership renewals are currently due: **Sharon Readinger and Diane Duesterhoeft**. Please send in your renewal fees now. We value your membership. To renew your membership, fill out the renewal application attached or print one from the following website address: www.RandolphRoadrunners.info and send it with your fees to Nancy Paulson c/o the club address.

WELCOME New Members!

Linda & Anna Townsend San Antonio
Alma Galan-Acevedo Live Oak
Ramon & Lori Smitherman San Antonio
Carolyn Miller San Antonio
Maria Ramirez San Antonio
Sandra Casanova San Antonio
Ann & Rick OBrien San Antonio

Kudos to the Following Volkssport Achievers:

(from Aug./Sept. TAW - Events and Distance Awards)
Sarah Kane 10 events
Gloria Mick 10 & 30 events
Patricia Lagleder 125 events
Marta Knape 150 events
Reuben Knape 150 events
Joanne Forinash 900 events
Carlen Forinash 1,800 events
Marcia Weiner 1,800 events
Pat Gunter 2,800 events
Marta Knape 1,500 KM
Reuben Knap 1,500 KM
Carlen Forinash 19,000 KM

MEETING PLACE & DATE:

The RR club meetings are held at the Universal City Library, 100 Northview Drive which is one block west of the AVA with the side of the library on Pat Booker Rd. Our next meeting is 8/18/09. We meet on the third (3rd) Tuesday of each month.

Sunrise Walk & Swim Events

Love those Sunrise Walk & Swim Event volunteers! Some of the volunteers who worked the walk and swim: Pat Gunter, Darlene Oner, David Toth, Larry Cook, Rick White, Carol. Shaner, Ellen Ott, Linda Goodman, Nancy & Tony Paulson, Carlin & Joanne Forinash. Thanks to all for donating your time and doing the work to make the RR events great!

2009 AVA Convention Recognition Awards

Hall of Fame Award

Heinz Johnson San Antonio
David Toth San Antonio

Distinguished Achievement Award

Ellen Ott San Antonio

Meritorious Service Award

Martin Callahan San Antonio
Larry Cook San Antonio
Carlen Forinash San Antonio
Joanne Forinash San Antonio
Patricia Gunter San Antonio
Suzanne Markgraf San Antonio
Nancy Paulson Schertz
Tony Paulson Schertz

Certificate of Service Award

Five Year Pin

Randy Baker San Antonio
Alan Mick Schertz
Totsy Miller San Antonio
Audrey Vertucci San Antonio

Thirty Year Pin

Heinz Johnson San Antonio
Rick White Kirby

Certificate of Service Award – AVA Committees

History Committee

David Toth

2009 Convention Committee

Ellen Ott

National Executive Council XV

Heinz Johnson, SW Regional Dir.

Appointed Officials

David Toth, Historian

RR Club News:

Our speaker for the RR September meeting is author, Eric C. Mapes. Eric Mapes has written *Streets of San Antonio*, which chronicles the history of the city through the stories of long-standing families who first settled the area and whose names were used to navigate their daily commute. Using historical records and tracing lineages back to the 1840s to the 1880s, Mapes explores the who and what that build SA from downtown roads to the elementary schools named for the city's early settlers. What began as a passing curiosity quickly escalated to fervent research about the familial tapestry of the city's nascent stage. Mapes, a promotional products consultant, believes that historical markers tell stories, like passages in a book. Come to the September 15th meeting and meet the author.

AVA News:

AVA Special Project – New Members for the Future By

President, Curt Myron

Many of you have frequently told me that AVA needs younger people. I agree. There is no reason why AVA should have only one club whose membership is the student body of a school, guided by faculty like any other extra curricular activity. That school, Ar-We-Va School of Westside, Iowa is the solution. At a time when educations and extracurricular activities are being cut on a massive scale, AVA has the solution that costs a school nothing, emphasizes physical fitness for all, teaches young people how to interact and organize community events and creates a new generation of volkssporters.

There is no reason why we cannot grow our younger participants. All it takes is presenting the Iowa success story to school business managers or administrators to show them what AVA can do for the school and its community. I ask those of you who are active or former teachers to consider approaching only one school, the one you know. AVA will provide the materials and information needed.

We also need a few volunteers to assist local points of contact by tracking and reporting local progress. Remember, we have no problems that new members can't solve. Contact me at president@ava.org to help AVA succeed.

Volunteering for AVA

In the coming term, your AVA leadership will focus its efforts on growing participation in our events. Your officers are very committed people, but they can't change AVA by themselves. You will have to help as well. One way you can help is to volunteer to work on an AVA Committee or participate in a Special Project. If you are curious about what AVA Committees do, please go to www.ava.org; click on Membership, then on Committees for a description.

I know that volunteering is sometimes a bit scary because you don't know what you are getting into. We will try to make things easier by having each of the Committee Chairs design specific tasks based on your desires so that you can know how much of your time and effort is required. But, you must start the process by expressing your interest.

Contact the Committee Chair in your area of interest or contact me at president@ava.org

Change in Rules for Event Stamps

Effective immediately, there is a change in IVV rules regarding the use of the Event Stamp. ***This change pertains to traditional events only, not year-round or seasonal events.*** From now on, participants at events which are held on more than one day may pay a fee, complete the event and receive an event stamp **ON EACH DAY OF THE EVENT.**

An example: Your club has a three-day event in which one sanctioned walk route is offered on each of the three days. A participant may pay for and complete the route each of the three days and receive an event stamp in their IVV books for each day. Of course, the appropriate distance is stamped in the Distance book as well. This slight loosening of the rules was approved at the 2009 IVV Congress of

Delegates. Your outgoing AVA officers agreed to adopt the change.

2009 NATIONAL VOLKSSPORTING MONTH *Patch design courtesy of Dorm Batson, Northwest Region*

October is National Volkssporting Month. Below is a copy of the patch. It will be a 3.5" 100% embroidered patch. If a club is hosting an event during the month of October it can order the patch, from AVA headquarters.



Foot Matters –

Brent Clark from Foot Matters is looking for distributors to sell the Foot Matters products. Brent attended the AVA convention in Dallas with his Foot Matters foot care specialty items. If you are interested call Brent at 231-740-9569 or email info@footmatters.net. Website: www.footmatters.net or write FootMatters, PO box 162, Coopersville, MI 49404.



TVA Meeting

The Texas Volkssport Association (TVA) meets twice yearly on the 1st Saturday in February and the 1st Saturday in August. In addition to local year round events, the host club will usually have a sanctioned event that is held on Sunday of that weekend. No other sanctioned volkssporting events are held in Texas on these weekends. The annual budget is voted on at the February meetings and the TVA officers are elected at the August meetings. Next TVA meeting:

San Antonio, August 1, 2009

Meeting Host:

LoneSt*r Walkers

Heinz Johnson
210/378-4080 (C)
830/980-5723 (H)

Meeting Location:

Fellowship Hall, San Pedro
Presbyterian Church
14900 San Pedro Ave. (US-281)
San Antonio, TX 78232

The church is in North Central San Antonio and located a little over 2 miles South of Loop TX-1604 and 5 miles North of the San Antonio International Airport at Loop on US 281.

Meetings Times:

The Volkssport public is invited to attend both meetings

TVA Board: 9:00am (Open meeting)
TVA Membership: 1:00pm (Open meeting)

Dinner:

Quicksand Café & Bakery
502 Embassy Oaks
San Antonio TX 78216
210/496-2233

The dinner time and directions to the restaurant will be reviewed at the meeting.



Carol Shaner manning a Sunrise walk checkpoint



David Toth, Carlen & Joanne Forinash - Sunrise Event



Nancy Paulson, Larry Cook & Tony Paulson at the Sunrise Swim Event



Reuben & Marta Knape at Sunrise Walk Event



Pat Gunter, Darlene Oner & Gerry Kamicka - Start Table at Walk n' Roll Event



Martin Callahan & Indy-Walk n' Roll on the river



Ellen Ott, Pat Roberts & Indy at Walk n' Roll on the river



Carlen & Joanne Forinash with granddaughter Faith, at Tin Star Ranch walk



Don & Bilita VanCleave at Tin Star Ranch walk event



Martin Callahan at the historic Crabapple School, Tin Star Ranch

***All Event Photos are provided courtesy of Martin Callahan**

Coming Texas Events:

8/2/2009 - 8/2/2009 - Walk
Event Number: 83872 10km/5km
Start: La Taza Coffee House@Brook Hollow Shopping Center
Event City: San Antonio - Brook Hollow Neighborhood Walk
Host Club: LoneSt*r Walkers
More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

27727 Rambleswood
 San Antonio, TX 78261
Contact: Heinz Johnson, (830) 980 - 5723
E-Mail: swrd@gvtc.com

8/22/2009 - 8/22/2009 - Bike
Event Number: 83928 25km
Start: Montell Country Club
Event City: Montell - Summer Odd Holiday
Host Club: BTC Oddsports Club
Event Website:
faculty.sulross.edu/cbaulch/index_files/Page615.htm
More Details: [Click here for directions, ratings, etc.](#)
Write for more information to:
 6438 Hill Creek Dr.
 San Antonio, TX 78256
Contact: Clay Baulch, (210) 204 - 9301

E-Mail: btco@satx.rr.com
Club Website:
faculty.sulross.edu/cbaulch/index_files/Page615.htm

8/22/2009 - 8/22/2009 - Walk
Event Number: 83927 10km/5km
Start: Montell Country Club
Event City: Montell - Summer Odd Holiday
Host Club: BTC Oddsports Club
Event Website:
faculty.sulross.edu/cbaulch/index_files/Page615.htm
More Details: [Click here for directions, ratings, etc.](#)
Write for more information to:
 6438 Hill Creek Dr
 San Antonio, TX 78256
Contact: Clay Baulch, (210) 204 - 9301

E-Mail: btco@satx.rr.com
Club Website:
faculty.sulross.edu/cbaulch/index_files/Page615.htm

8/29/2009 - 8/29/2009 - Walk
Event Number: 83682 10km/5km
Start: The Vineyard at Florence
Event City: Florence
Host Club: Trotting Texas Turtles
More Details: [Click here for directions, ratings, etc.](#)
Write for more information to:
 712 Ridge Street
 Copperas Cove, TX 765223137
Contact: Beverly/Karl Kittinger, (254) 547 - 1403
E-Mail: walkabout@hot.rr.com
Club Website:
www.walktx.org/ttt2.html

RANDOLPH ROADRUNNERS
 PO Box 2744
 Universal City TX **78148-1744**

RANDOLPH ROADRUNNERS APPLICATION
 PO Box 2744, Universal City TX 78148-1744

Please check applicable box (es):

Renewal New Member Family member(s) included (see instructions below) DATE _____

Name _____

NEW MEMBER FEE: \$4.00 for 1 year
 \$10.00 for three years
 This fee applies to the primary member. Additional family members require a \$2.00 fee per individual.

Address _____
 Apt No. _____

RENEWAL FEE: \$4.00 for one year
 \$10.00 for three years

City _____ State _____ Zip Code _____

This renewal fee includes each family member who paid \$2.00 with the original application. If the \$2.00 fee was not paid with the original application, add family members now by including \$2.00 for each person.

Telephone number _____

AVA Volkssport Associate Yes / No

E-mail address _____

Family members _____

Eager to serve as club officer _____ committee chair _____

Amount submitted \$ _____