



Volume 2009 No. 4
 Next Meeting – April 21, 2009
 7:00 p.m. at the Universal City Library,
 100 Northview Dr., Universal City
 A member of the American Volkssport
 Association (AVA) & the International
 Federation of Popular Sports (IVV)
 The Public is always welcome

**Randolph Roadrunners
 Volkssport Club**
A Walking Club Established 1980
PO Box 2744
Universal City, TX 78148-1744
Elected Officers

President
Ellen Ott 210-525-8574
Vice President
Totsy Miller 210-648-0637
Treasurer
Pat Gunter 210-479-0805
Secretary
Suzanne Markgraf 210-651-9378

Committee Chairs

Membership
Nancy Paulson 210-658-8324
Programs
Ellen Ott 210-525-8574
Publicity
Alan & Gloria Mick 210-659-5402
Sales
Joanne Forinash 210-493-8543
Webmaster
Randy Baker 210-369-9538
Newsletter
Audrey Vertucci – AudreyVe@aol.com
210-496-2197
Year-round Events, Boerne
Larry Cook 210-566-5603
Year-round Events, Universal City
Tony Paulson 210-658-8324
Year-round Events, San Antonio
Carlen Forinash 210-493-8543

rrvc44@yahoo.com
Club Website
[www.geocities.com/
 randolphroadrunners/](http://www.geocities.com/randolphroadrunners/)

Event Information
1-800-830-WALK

TVA Website
<http://walktexas.org/>
SW Regional Director
Heinz Johnson 830-980-5723
 San Antonio, TX
swrd@gytc.com

Renewal Time

The following membership renewals are currently due: ,
Oralia Smith, Glenda Wall, Susan Davis, Wanda Ortiz, Lulle & James Gough, Sue Andriola, Jesse Hayden, Ellen Ott, Randy Baker, Jack Morgan, Linda Lindsey, Helga Anderson and Janice Connor.
 Please send in your renewal fees now. We value your membership. To renew your membership, fill out a renewal application attached or print one from the following website address: www.geocities.com/RandolphRoadrunners/membership.html and send it with your fees to Nancy Paulson c/o the club address.

WELCOME New Members!

Krista Avalon San Antonio
 Stephen Shields
 Richard Phillips
 Laura Tull San Antonio
 Noemi & Max Rodriguez San Antonio
 Peggy & Tim Weiss San Antonio
 Chris & Darby Riley Leon Valley



Martin Callahan & Indie-Leon Valley



Ellen Ott & Leon Valley Mayor, Chris Riley-Leon Valley Walk



Joanne & Carlen Forinash-Leon Valley Walk



Heinz Johnson & David Toth-Leon Valley Walk



Leon Valley Walk Start Point



Totsy Miller - Leon Valley Walk

***All Event Photos are provided courtesy of Martin Callahan**



Ellen, Nancy & Tony at Leon Valley Registration

Leon Valley Event & Other F.Y.I. ----

Many thanks to our volunteers at the Leon Valley walk: Nancy & Tony Paulson, Totsy Miller, Heinz Johnson, David Toth, Joanne & Carlen Forinash, Larry Cook, Rick White, Jeff Lanpher & Christina Jessen, Pat Gunter, Darlene Oner, Pat Walters, Herb Laing, Larry Cook, Pat Roberts, Mike Hermes and Ellen Ott.

And also to our volunteers at the CROP walk: David Toth, Pat Gunter, Suzanne Markgraf, Darlene Oner, Pat Walters, Herb Laing, Mike Hermes and Ellen Ott, just to name a few.

Don't forget to check in with Joanne Forinash to buy the new green RR shirts and the 2009 *Starting Point* books.

MEETING PLACE & DATE:

The RR club meetings held at the Universal City Library, 100 Northview Drive which is one block west of the AVA with the side of the library on Pat Booker Rd. Our next meeting is 4/21/09. We will meet on the third (3rd) Tuesday of each month until further notice.

F.Y.I.....

The Active Insider--- Is a monthly newsletter from Active.com, the world's most comprehensive portal for athletes of all levels. Each edition highlights some of the best content from the Active website. Get the latest fitness, nutrition and event information you need to stay active. Log-on the Active website and select the eNews editions of your choice, enter your email and click the "Sign me up" button at the bottom of the page.

Submitted by David Toth



David Toth & Pat Gunter CROP walk registration



Pat Walters & Herb Laing -at the banana checkpoint CROP walk



Don & Bilita VanCleave- CROP walk

Coming Texas Events:

4/4/2009 - 4/4/2009 - Walk

Event Number: 83629 10km

Start: Old Tunnel Wildlife Management Area

Event City: Fredericksburg

Host Club: Kerrville Trailblazers

Event Website:

www.walktx.org/KerrvilleTrailblazers

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

1223 Jack Dr.

Kerrville, TX 78028

Contact: Rick Parkhurst, (830) 896 - 6260

E-Mail: fparkhurst@stx.rr.com

Club Website:

www.walktx.org/KerrvilleTrailblazers

4/11/2009 - 4/11/2009 - Walk

Event Number: 83608 10km/5km

Start: Comfort Community Park

Event City: Comfort, Texas -

Comfort Easter Walk

Host Club: Hill Country

Volkssportverein

Event Website:

web.me.com/txtrailhead

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

102 Edgewood Drive

Comfort, TX 78013

Contact: Tina Bohnert, (830) 995 - 2421

email: tina.bohnert@comfort.txed.net

Club Website:

web.me.com/txtrailhead

4/18/2009 - 4/18/2009 - Walk

Event Number: 83526 11km/5km

Start: U. S. Army Medical

Department Museum@Ft. Sam Houston

Event City: San Antonio - Caminada de Fiesta

Host Club: HQ U.S. Army Medical Command

Event Website:

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

102 Wildridge Trail

Universal City, TX 78148

Contact: Gerald Kamicka, (210) 658 - 2160

E-Mail: GeraldK726@aol.com

Club Website:

www.walktx.org/TexasWanderers

4/18/2009 - 4/18/2009 - Walk

Event Number: 83662 10km/5km

Start: Washington-on-the-Brazos State Historic Site

Event City: Washington -

Washington-on-the-Brazos

Host Club: Houston Happy Hikers

Event Website:

houstonhappyhikers.org

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

P. O. Box 101

Orchard, TX 77464

Contact: Catherine Kellner, (979) 478- 6203

email:

hvhpresident@houstonhappyhikers.org

Club Website:

www.houstonhappyhikers.org/

4/25/2009 - 4/25/2009 - Walk

Event Number: 83663 10km/5km

Start: Cool Acres Ranch
Event City: Orchard - Pamela's Walk
Host Club: Houston Happy Hikers
Event Website:
houstonhappyhikers.org
More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

P. O. Box 101
Orchard, TX 77464
Contact: Catherine Kellner, (979) 478 - 6203
email:
hkhpresident@houstonhappyhikers.org
Club Website:
www.houstonhappyhikers.org/

4/25/2009 - 4/25/2009 - Walk

Event Number: 83596 10km
Start: Bethlehem Lutheran Church
Event City: Quihi
Host Club: Selma Pathfinders
Event Website:
<http://www.geocities.com/Yosemite/Gorge/8195>
More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

PO Box 700946
San Antonio, TX 782700946
Contact: Phyllis Eagan, (210) 496 - 1402
E-Mail:milchene@juno.com;
papre1947@yahoo.com
Club Website:
www.geocities.com/Yosemite/Gorge/8195

5/2/2009 - 5/3/2009 - Walk

Event Number: 83386 10km/5km
Start: Bastrop State Park Refectory
Event City: Bastrop - Bastrop State Park Lost Pines XVIII
Host Club: Colorado River Walkers
Event Website:
www.coloradoriverwalkers.org
More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

1215 Inks Avenue
Austin, TX 78702
Contact: Jo Ann Fries, (512) 480 - 0291
E-Mail:joannwoolf@aol.com
Club Website:
www.coloradoriverwalkers.org/

2009 NATIONAL PHYSICAL FITNESS & SPORTS MONTH

Patch design courtesy of Dorm Batson, Northwest Region
May is National Physical Fitness & Sports Month.



Carpooling to Events-

If anyone is interested in carpooling to any of the walks or meetings, please contact David Toth, 521-8684, or E-mail dntoth@scbglobal.net. It's never too early to start planning for the Dallas AVA convention in June, 2009!

AVA News

TAW Deadline

The deadline for the June, 2009 issue of The American Wanderer is April 25. All articles and photographs should be submitted directly to: The American Wanderer, Laurel Parrott, Editor, 3526 Humboldt Ave. N., Minneapolis, MN 55412, email TAW@bhi.com Be sure to include "TAW" in the subject line of the email. Some folks continue to send these to AVA Headquarters and this causes delays in your information getting in.

In Memory

If you know of any fellow volkssporters who have passed away since the last convention, please send their name, city, state and club to jackie@ava.org so that we may add them to the list for remembrance at the Convention.

AVA Convention Silent Auction

A silent auction will be held at the AVA Convention to complement the many volkssport events and activities. You can make a difference to the Volkssport Community by making a donation to the silent auction. The funds raised will help support national volkssporting so more families will be able to benefit from our events. Click to [Silent Auction Schedule Details](#).

The form must be received by 15June2009 at:

Ellen Ott, 11906 Pepperidge Cove, San Antonio, Texas 78213
For a donor on-line form to email directly:

Click on

[SilentAuctionDonorEmailForm](#).

For a donor form to print-out and mail:

Click on [SilentAuctionDonorForm](#).

Any questions, email Ellen Ott or call (210)-723-8574 or (210)-525-8574(h).

