



Volume 2006 No. 4
Next Meeting April 4, 2006
7:00 p.m. at the Golden Corral
Restaurant, Universal City
A member of the American Volkssport
Association (AVA) & the International
Federation of Popular Sports (IVV)
The Public is always welcome

**Randolph Roadrunners
Volkssport Club**
A Walking Club Established 1980
PO Box 2744
Universal City, TX 78148-1744
Elected Officers

President
Ellen Ott 210-525-8574
Vice President
Totsy Miller 210-648-0637
Treasurer
Tony Paulson 210-658-8324
Secretary
Pat Gunter 210-479-0805

Committee Chairs

Membership
Nancy Paulson 210-658-8324
Programs
Ellen Ott 210-525-8574
Publicity
Alan & Gloria Mick 210-659-5402
Sales
Joanne Forinash 210-493-8543
Webmaster
Stella Morado-Cahue
830-620-5616

Newsletter
Audrey Vertucci – AudreyVe@aol.com
210-496-2197

Year-round Events, Boerne
Bilita VanCleave 210-695-2235
Year-round Events, Universal City
Carlen Forinash 210-493-8543
Year-round Events, San Antonio
Ellen Ott 210-525-8574

E-mail

RandolphRoadrunners@satx.rr.com

Website

[www.geocities.com/
randolphroadrunners/](http://www.geocities.com/randolphroadrunners/)

Event Information

1-800-830-WALK

TVA Website

<http://walktexas.org/>

European AVA Liaison

Hans-Dieter Fuhr
Wiesbaden, Germany
Tel. & Fax 0611 / 66894
Hans-D.Fuhr@t-online.de

Renewal Time

The following membership renewals are currently due:
Adele & Robert Meggers, Florence Tymrak, George Whitehorse, David Geary, Camille Fiorillo, Gary & Sue Blair, Lindsey family, Bart Marlar, Christine & Maggie Saalbach, Dr. Richard Todd, Carmen Caro, Ellen Ott, Bonnie Rice, Tom & Linda Elms, Judith Fichter, Marianne Fletcher and Ed Gluckman. Please send in your renewal fees now. We value your membership. To renew your membership, fill out a renewal application attached or print one from the following website address: www.geocities.com/RandolphRoadrunners/membership.html and send it with your fees to Nancy Paulson c/o the club address.

Harmony Hills/Walker Ranch Event:

It was a mild spring day in south Texas, just 4 days shy of the Ides of March. In the Harmony Hills/Walker Ranch section of San Antonio, 177 people showed up to do 10 kilometers of walking through the neighborhood and on the old Walker Ranch Saturday, March 11, 2006. 154 of them walked for credit, with only 23 free walkers. It looks like the efforts of Nancy Paulson and Joanne Forinash to publicize New Walker Packets may be bearing fruit as we had 14 coupons used at the event.

The walk started at Panchito's Mexican Restaurant and they were terrific hosts for us. It seems that a lot of our walkers enjoyed breakfast before walking or lunch afterwards. The food was good and the prices were fair. The weather was great and it turned out to be a festive day. The walk definitely looks like a keeper. Many thanks to our President, Ellen Ott, who seems to come up with these great places time after time.

And many thanks to the following wonderful volunteers for donating their time and efforts at this event: Joanne and Carlen Forinash, Joan Whealen, John Mathis, Totsy Miller, Heinz Johnson, David Toth, Pat Gunter, Darlene Oner, Nancy and Tony Paulson, Alan and Gloria Mick, Ellen Ott, Leilani Nunley, Karen Marsh, Larry Cook, Audrey and Taylor Vertucci and anyone else who has been inadvertently left off this list.
Tony Paulson, Treasure, RR

Welcome New Members!

Randy Baker, San Antonio
Bertha Shepherd, Spring Branch
Ramona Cain-Parent, San Antonio
Barbara Fitzgerald, Live Oak
Gerda Van Impelen, San Antonio

From the Desk of the Pres.

Remember to check out the notebooks for TVA/AVA information, Roadrunner minutes, reports, etc., available at all Roadrunner events and meetings. Next month, May, is National Physical Fitness & Sports Month.

The NW-YMCA building has been sold. The closing will be sometime in the first two weeks of April. I have approached the folks at Trinity Methodist for a start/finish point for the Peacock walk event.

F.Y.I. - Sponsorship means agreements with for-profit companies which provides financial support to the AVA.

Partnership means agreements with other non-profit organizations for a common purpose, usually publicity. AVA sponsors are:
Fuel Belt Inc. - makers of personal hydration systems and
Yamax - which makes both the digi-walker and Yamax pedometers.

Ellen Ott, President, RR

Coming Texas Events:

4/1/2006 - 4/1/2006 - Walk
Event Number: 74216 10 km

Start: Bear Creek Pioneers Park,
Pavilion #1

Event City: Houston

Host Club: Houston Happy Hikers

Event Website:

houstonhappyhikers.org

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

2017 Briar Ln.

Richmond, TX 77469

Contact: Catherine Kellner,
(979) 478-6203

Email: hkhcontact@houstonhappyhikers.org

Club Website:

www.houstonhappyhikers.org/

4/1/2006 - 4/1/2006 - Walk

Event Number: 74276 10K

Start: Canyon Lake Resource and
Recreation Center

Event City: Satler

Host Club: NB Marsch-und

Wandergruppe

Event Website:

www.muw.walktexas.org

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

8 Mission Drive

New Braunfels, TX 78130

Contact: Helgard Suhr-Hollis,
(830) 625-6330

E-Mail: helgard@satx.rr.com

Club Website:

www.muw.walktexas.org

4/8/2006 - 4/8/2006 - Walk

Event Number: 71583 5K & 10K

Start: Lake Bob Sandlin

Event City: Pittsburg

Host Club: East Texas Trekkers

Event Website:

www.Walktx.org/EastTexasTrekkers/

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

4722 Comanche Trail

Tyler, TX 75707

Contact: Jan Wood (903)534 - 9301

E-Mail: jpw6391@msn.com

Club Website:

www.Walktx.org/EastTexasTrekkers/

4/8/2006 - 4/9/2006 - Walk

Event Number: 73975 10 K

Start: City Park Recreation Hall

Event City: San Marcos

Host Club: San Marcos River
Walkers

Event Website:

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

100 E. Laurel Lane

San Marcos, TX 78666

Contact: Barbara Piersol (512)396 -
4463

E-Mail: bpiersol@grandecom.net

Club Website:

4/15/2006 - 4/15/2006 - Walk

Event Number : 74264 5K, 10K

Start : Comfort Community Park

Event City: Comfort

Host Club: Hill Country

Volkssportverein

Event Website:

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

P.O. Box 822

Comfort, TX 78013

Contact: John Bohnert, (830) 995 -
2421

Email: tina.bohnert@comfort.txd.net

4/15/2006 - 4/15/2006 - Walk

Event Number: 74394 10K

Start: Bob Eden Park

Event City: Eules

Host Club: Star Trekkers of Irving

Event Website: startrekkers.org

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

639 Cimarron Trail

Irving, TX 75063

Contact: Terry Jensen, (972) 251-
1532

E-Mail: now@dfwnetmall.net

Club Website: www.startrekkers.org

4/22/2006 - 4/22/2006 - Walk

Event Number: 74280 10km

Start: Russell Creek Park & Trail

Event City: Plano

Host Club: Plano Walking Club

Event Website:

www.walktx.org/PlanoWalkingClub

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

4221 Whistler Dr

Plano, TX 75093

Contact: Maggie Cole, (972) 612 -
8129

E-Mail: maggiec@airmail.net

Club Website:

www.walktx.org/Plodders.html

4/22/2006 - 4/22/2006 - Walk

Event Number: 73790 10K

Start: Elgin Memorial Park

Event City: Elgin

Host Club: Colorado River Walkers

Event Website:

www.io.com/~zenteer/crw/index.html

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

115 Juniper Trail

Elgin, TX 78621

Contact: Bunker Ehlert, (512)281-
0741

E-Mail: bunktx@juno.com

Club Website:

www.io.com/~zenteer/crw/

4/22/2006 - 4/22/2006 - Walk

Event Number: 74126 10 KM

Start: U.S. Army Medical

Department Museum

Event City: Fort Sam Houston, San
Antonio

Host Club: HQ U.S. Army Medical
Command

Event Website:

www.walktx.org/TexasWanderers

More Details: [Click here for directions, ratings, etc.](#)

Club Website:

www.walktx.org/TexasWanderers

4/29/2006 - 4/30/2006 - Walk

Event Number: 74049 10K - 15K

Start: Muenster High School's
Hornet Stadium

Event City: Muenster

Host Club: Star Trekkers of Irving

Event Website: www.startrekkers.org

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

639 Cimarron Trail

Irving, TX 75063

Contact: Connie Clark (972) 506 -
0199

E-Mail: walkn4life@flash.net

Club Website: www.startrekkers.org

4/29/2006 - 4/30/2006 - Walk

Event Number: 74050 10K

Start: Muenster High School Hornet
Stadium

Event City: Muenster

Host Club: Dallas Trekkers, Inc.

Event Website:

www.dallastrekkers.org

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

3321 Dartmoor Dr.

Dallas, TX 75229

Contact: Helen Bateman, (214) 732 -
3419

E-Mail: helenbateman@earthlink.net

Club Website:

www.dallastrekkers.org/

4/29/2006 - 4/30/2006 - Walk

Event Number: 72895 10 Km/ 14

Km opt

Event Number: 72894 10 Km

Start: Picnic Area Lost Maples State Natural Area

Event City: Vanderpool

Host Club: Selma Pathfinders

Event Website:

<http://www.geocities.com/selmapathfinders/walk-maples06b.pdf>

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

17314 Springhill Dr

San Antonio, TX 78232

Contact: Phyllis Eagan, (210) 496 - 1402

E-Mail: papre1947@yahoo.com

Club Website:

www.geocities.com/Yosemite/Gorge/8195/

Volkssport online

Sign up on line and get on the Volkssport (discussion) list at:

Volkssport@yahoogroups.com list

Columbia River Biennial

The Columbia River Biennial Gorge Event is gathering a lot of registrations for the Dinner Cruise and the Larch Mountain Descent. We are notifying everyone that we have 35 spots left for Larch Mountain and 65 spots left for the Dinner Cruise. If you want to be assured of a spot for either of these events, please get your registrations in before we run out of space.

Lodging is getting extremely scarce in the area. Troutdale and Hood River Oregon, and Stevenson Washington will be able to accommodate you. They are within a few minutes to 45 minutes away from Cascade Locks.

We look forward to seeing all of you at this great event.

Karen Kelly, Registrar

Columbia River Volkssport club



Volkssporters are invited to take part in the Ten In Texas Award Program. You may now purchase both the circular Ten in Texas patch along with the yearly petal as the first year award.

If you have been walking for several years and wish to now obtain this award, you will be able to purchase petals for any of the previous years. Petals from the year 1983 to 1995 will now be free.

This is another way to keep track of the year you began Volkssporting in Texas. You will be required to complete your ten events during a calendar year and in subsequent years to earn your petals. The majority of walkers interested in this award are mainly Texas walkers and have completed more than ten events.

The award is available to anyone that walks in Texas, providing they complete ten events.

Due to the fact we have no way of verifying your Texas events, unless you have marked your book, it is no longer necessary for you to send a copy of your event book. Texas has no special marking for their events. This entire program is an honor system. You and only you will know that you have accomplished the number of events required to earn the petals.

When the Ten In Texas Award is complete, you may move up to the Twenty In Texas Award. The 11th year that you Volkssport in Texas you must complete twenty events before you can collect your rectangular patch. Each year thereafter that you do twenty events in Texas you can collect a year-petal to put around this patch. Year-petals may be added to this award indefinitely. Ten In Texas

patches are \$4.00. All yearly petals from 1996 are \$1.50 each.

These awards are available for purchase at the yearly TVA events.

There is a Reunion event each spring, and a Memorial Event/Midnight Walk held every Dec. 31st. The Reunion event location changes from year to year, but each Dec. 31 the TVA event is held in Fredericksburg, Texas, where Volkssporting started in the USA. If you have any questions you may either e-mail me at ellenott@sbcglobal.net, call 210-525-8574 or write to me at: Ellen Ott 11906 Pepperidge Cove, San Antonio, TX 78213

SALES --- VOLUNTEER(s) NEEDED

The club Sales Committee position is open for a volunteer (one person or two or more people working together) to help at events promoting sales of club logo T-shirts, polo shirts, AVA logo walking socks, Starting Point books, etc. If any member would like to help relieve Joanne Forinash and serve their club on the Sales Committee, please contact Ellen Ott.



Discovery Walk Festival

April 28-30, 2006

Vancouver, Washington State, USA

International Walk Fest
City of Vancouver, USA

International Marching League
American Volkssport Association
Southwest Washington Medical Center
International Walk Fest

