



Official Newsletter of the RANDOLPH ROADRUNNERS (AVA44)

Volume 2006 No. 3
Next Meeting March 7, 2006
7:00 p.m. at the Golden Corral
Restaurant, Universal City
A member of the American Volkssport
Association (AVA) & the International
Federation of Popular Sports (IVV)
The Public is always welcome

**Randolph Roadrunners
Volkssport Club
A Walking Club Established 1980
PO Box 2744
Universal City, TX 78148-1744
Elected Officers**

President
Ellen Ott 210-525-8574
Vice President
Totsy Miller 210-648-0637
Treasurer
Tony Paulson 210-658-8324
Secretary
Pat Gunter 210-479-0805

Committee Chairs

Membership
Nancy Paulson 210-658-8324
Programs
Ellen Ott 210-525-8574
Publicity
Alan & Gloria Mick 210-659-5402
Sales
Joanne Forinash 210-493-8543
Webmaster
Stella Morado-Cahue
830-620-5616

Newsletter
Audrey Vertucci – AudreyVe@aol.com
210-496-2197

Year-round Events, Boerne
Bilita VanCleave 210-695-2235
Year-round Events, Universal City
Carlen Forinash 210-493-8543
Year-round Events, San Antonio
Ellen Ott 210-525-8574

E-mail

RandolphRoadrunners@satx.rr.com

Website

[www.geocities.com/
randolphroadrunners/](http://www.geocities.com/randolphroadrunners/)

Event Information

1-800-830-WALK
TVA Website
<http://walktexas.org/>
European AVA Liaison
Hans-Dieter Fuhr
Wiesbaden, Germany
Tel. & Fax 0611 / 66894
Hans-D.Fuhr@t-online.de

Renewal Time

The following membership renewals are currently due:
David Geary, Camille Fiorillo, Rick Baysinger, Gary & Sue Blair, Lindsey family, Bart Marlar, Christine & Maggie Saalbach, Dr. Richard Todd, Carmen Caro, Ellen Ott and Bonnie Rice. Please send in your renewal fees now. We value your membership. To renew your membership, fill out a renewal application attached or print one from the following website address: www.geocities.com/RandolphRoadrunners/membership.html and send it with your fees to Nancy Paulson c/o the club address.

In Memorium

We extend our condolences and deepest sympathy to the family of Lyn Ward who passed from this life on February 7, 2006. He will be sorely missed.

From the desk of the Pres:

The speaker for this month's meeting will be Gus Glaser presenting the "African Experience."

Many thanks to Hector Cardenas who presented a slide show and spoke at length at our February 7th meeting on the history and continuing evolution of San Pedro Springs Park.

The Crown Ridge event drew 123 walkers on a nippy, rainy, windy morning. Many thanks to our great volunteers: Joan Whealen, Travis Perez, Totsy Miller, Pat Gunter, Darlene Oner, David Toth, John Mathis, Sherry Scheurich, Alan & Gloria Mick, Larry Cook, Heinz Johnson, and Joanne & Carlen Forinash. The Fuelbelt winners were Carol Talpey, Kerrville and Rose Foerester, San Antonio.

Everyone is encouraged to attend a night of Food, Friendship and Fundraising at Zio's Italian Kitchen to

help raise money for Volkssport Clubs of SW Texas. Zio's is offering to donate to our group 20% of the money we bring into the restaurants on Tuesday, March 28, 2006 between 11 am and 8 pm. The locations participating are: 12858 IH-10 W. at DeZavala and 18030 Hwy. 281 at 1604. Bring your friends and neighbors to support our Volkssport clubs.

Kudos to the following Volkssport Achievers:

(from the Feb/March issue of TAW for events & distance)

Bilita VanCleave	12,000 km 1,050 events
Joanne Forinash	3,500 km 350 & 400 events
Augustus Glaser	2,500 km 175 events
Bernard Weiner	1,700 events
Carlen Forinash	1,300 events
Joan Lyman	1,050 events
Mike Hermes	150 events
Kathleen Halka	50 events

AVA News:

The deadline for the June 2006 issue of TAW is April 25. All articles and photographs should be submitted directly to: The American Wanderer, Laurel Parrott, Editor, 3526 Humboldt Ave. N., Minneapolis, MN 55412, email Laurel@home-media.com. Be sure to include "TAW" in the subject line of the email.

World Walking Day Clubs hosting an event on May 8th or the weekend of May 13th and 14th will qualify for the special World Walking Day stamp. These stamps will contain a special insert in place of the normal center slug. They are sent automatically and you do not have to do anything except sanction an event for one of those days.

Enhanced Customer Service

The staff of the AVA has been conducting meetings to come up with ways to enhance customer service. With such a small staff, all felt it was

important for anyone in the office to be able to answer questions for other areas. Staff also felt that there should be some sort of method of feedback so those that are going beyond the norm to provide excellent customer service could be recognized.

With this in mind, we have begun cross-training for all staff every Wednesday morning. This will be an on-going process so that all staff can become familiar with all duties within the office. We are also tracking comments to staff for excellent service. Staff members will be eligible for prizes and incentives based on accumulated service comments from customers, Regional Directors, clubs and others. We are asking that you help with this program by sending your comments (both good and bad) concerning any staff member to Candace Purcell. Email her at Candy@ava.org or write to her at our normal mailing address.

New Staff Member

The AVA Headquarters is please to welcome Eric Moench to our staff. Eric is replacing Kim who left to accept another position. Please delete Kim from your email address book and add eric@ava.org Mail sent to Kim will automatically forward to Eric for a few months. Please join us in making Eric feel part of the Volkssporting family.

IRS Q&A by Bob Wright:

Can we Donate to a non-501(c)(3)?

Simply stated, no. You are granted exemption from certain taxes so that your funds may be used for a purpose that supports the public welfare. The IRC limits donations from your funds to other 501(c)(3) and governmental organizations because they, too, share that exemption. Giving an item with a monetary value is the same as giving cash. Paying rent for the use of space for an event or meeting is not a donation.

Should you be involved with a non 501(c)(3) organization and wish to make a donation, it may have a 501(c)(3) sub-organization, like a foundation. Making a donation to that 501(c)(3) sub-organization would be permissible.

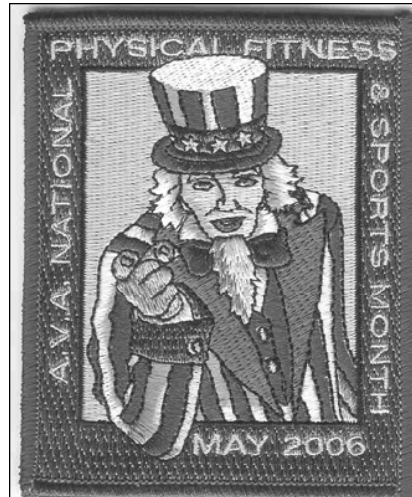
Remember, the US Government is allowing you to have money tax free so you may do what it is not providing funds to do. The purpose in your by-laws spells out what the Government

is permitting you to spend money on, tax free. Keep your donations in line with that and you are safe. Thinking about doing otherwise? Please don't.

You would be jeopardizing the 501(c)(3) status of the entire AVA.

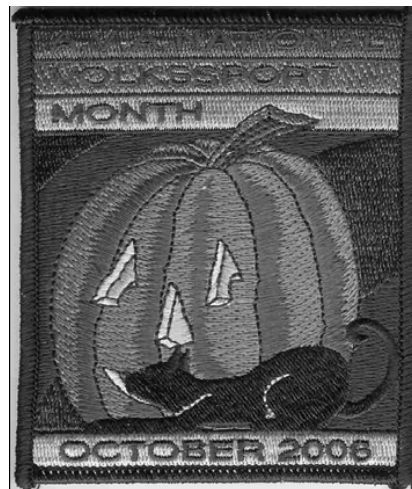
National Physical Fitness and Sports Month

May is National Physical Fitness and Sports Month. As in previous years, the AVA has had a patch designed that is available for your club to purchase to use at your events held during the month of May.



National Volkssporting Month

Mark your calendars and host an event during the month of October to qualify to use the National Volkssporting Month patch. This patch is designed by Dorm Batson from the Northwest Region.



National Executive Council Meeting Highlights

1/28/06 Las Vegas, Nevada

The AVA museum in Fredericksburg, Texas has closed and all historical data/artifacts have been moved to

AVA HQ in Universal City. The staff at AVA HQ is hopeful to have space to view this memorabilia.

2007 Convention: Don Ratliff and Wayne Holloway

All dates have been set for events – all events are in California

June 23 – Folsom

June 24 – Sugar Pine Point (Tahoe) and Squaw Valley

June 25 – Benica (a.m.) and Old Sacramento (p.m.)

June 26 - Sonoma

June 27 - Coloma

June 28 - Sacramento University

June 29 - Auburn

June 30 - Angel Island

July 1 - Golden Gate Bridge

A swim event will be held in conjunction with the Thursday evening social. A bike event will be a seasonal starting from the host hotel. The Calaveras Big Trees walk will be held as a seasonal.

The Committee's web site is:

www.sacramentowalkingsticks.org/2007Convention/ConventionEvents

History Committee–David Toth

This committee has been newly established at the October 2005 meeting. The committee is in need of volunteers. If interested, contact your Regional Director

The committee is preparing an Events Registry and is expected to have a sample for review by NEC at next NEC meeting.

AVA Bibliography grows slowly. An article will be submitted to TAW requesting information from all AVA members. The committee recommends a History Workshop be added to the schedule for the AVA Convention in Sacramento and a local “scrap booking” club or firm be asked to conduct a workshop on how to create and get help in creating a club historical scrapbook.

The committee recommends that an article be published in TAW outlining the history of and current status of materials from the Museum and seek comments from AVA Members.

Coming Texas Events:

3/4/2006 - 3/5/2006 - Walk

Event Number: 74145 & 74146
10Km

Start: Old Armstrong School

Event City: Belton

Host Club: Texas Volkssport Assn.

Event Website: walktx.org

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:
17314 Springhill

San Antonio, TX 78232

Contact: Phyllis Eagan, (210) 496-1402

E-Mail: papre1947@yahoo.com

Club Website: walktexas.org

3/11/2006 - 3/11/2006 - Walk

Event Number: 71582 5K & 10K

Start: Purts Creek State Park

Event City: Eustace

Host Club: East Texas Trekkers

Event Website:

www.Walktx.org/EastTexasTrekkers/

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

4722 Comanche Trail

Tyler, TX 75707

Contact: Jan Wood, (903)534-9301

E-Mail: jpw6391@msn.com

Club Website:

www.Walktx.org/EastTexasTrekkers/

3/11/2006 - 3/11/2006 - Walk

Event Number: 72557 10km

Start: Panchito's Mexican Restaurant

Event City: San Antonio

Host Club: Randolph Roadrunners

Event Website:

www.geocities.com/randolphroadrunners/

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

11906 Pepperidge Cove

San Antonio, TX 78213

Contact: Ellen Ott, (210)525 - 8574

E-Mail: ellenotter@cs.com

Club Website:

www.geocities.com/randolphroadrunners/

3/18/2006 - 3/18/2006 - Walk

Event Number: 72893 10 Km

Start: Poteet Country Winery

Event City: Poteet

Host Club: Selma Pathfinders

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

17314 Springhill Dr

San Antonio, TX 78232

Contact: Phyllis Eagan, (210)496 - 1402

E-Mail: papre1947@yahoo.com

Club Website:

www.geocities.com/Yosemite/Gorge/8195/

3/18/2006 - 3/18/2006 - Walk

Event Number: 74071 10Km

Start: High Island Bird Sanctuaries

Event City: High Island

Host Club: Houston Happy Hikers

Event Website:

houstonhappyhikers.org

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

2017 Briar Ln.

Richmond, TX 77469

Contact: Catherine Kellner, (979)

478-6203

E-Mail: hvhpresident@houstonhappyhikers.org

Club Website:

www.houstonhappyhikers.org/

3/25/2006 - 3/25/2006 - Walk

Event Number: 74178 11km

Start: Ray Roberts Lake State Park

Event City: Sanger

Host Club: Dallas Trekkers, Inc.

Event Website:

www.dallastrekkers.org

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

3321 Dartmoor Dr.

Dallas, TX 75229

Contact: Helen Bateman, (214) 732 - 3419

E-Mail: helenbateman@earthlink.net

Club Website:

www.dallastrekkers.org/

3/25/2006 - 3/25/2006 - Walk

Event Number: 74023 10 K

Start: Old Tunnel Wildlife

Management Area

Event City: Comfort

Host Club: Kerrville Trailblazers

Event Website: none

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

310 Circle Avenue

Kerrville, TX 78028

Contact: Edna Platte, (830)257-2185

E-Mail: platte@kctc.com

April 1- 25, 2006 African Walking/Safari

Our trip is a 25-Day Volkssporting adventure and includes a 21-day "luxury" safari hosted by BushBaby Safaris (www.bushbaby.co.za). This is your chance to walk with a new club, in a new country and on a new continent. You will also have the opportunity to visit the countries of Swaziland and Lesotho, with walks into each country. There are 15 sanctioned

walks offered by the African Amblers. All walks are 10k unless otherwise noted.

How would you like to experience South Africa, home of the great Zulu nation, lions, leopards, rhinoceros, elephants, cape buffalo, zebras, giraffes, and hundreds of bird species, combined with Volkssporting? And, be one of the first to accomplish this once in a lifetime experience. Your chance is coming in April 2006. If you are not able to participate in all the walks, or need to walk shorter distances, or are not able to walk at all, we will make every effort to accommodate you in some fashion. Please note, IVV regulations will be adhered to at all walks.

The food in South Africa is much like American food, although some may be seasoned a little differently. You may also be offered a typically South African dish, Impala pot pie, roasted Kudu, Oxtail stew or Ostrich stew, among others. One thing to note is that you will not go hungry while you are in South Africa -- they feed you about every two hours whether you need it or not.

Birmingham, Alabama YRE

The Start Point for two of our Birmingham YREs has closed. The location is Highland Coffee Company at 2255 Highland Avenue South, Birmingham, AL. These two walks are the Historic Southside and the Birmingham/University of Alabama in Birmingham walks. While we are establishing a new Start Point, you may still walk and receive credit! Please contact POLLY GOINS at wogg@mindspring.com or telephone 205.527.2529 or 205.477.7976.

The Downtown Birmingham YRE still starts at Crowne Plaza Redmont Hotel located at 2100 5th Avenue North in Birmingham. We should have a new Start Point for the other two walks within two weeks. Helen Addison Capital City Wanderers Walking Club, Inc. Website www.ava.org/clubs/ccwwc www.WalkAlabama.org

West Sumatra Walking Association--

Dear Our Walking Friends in America,

Warmest greetings from Sumatra Indonesia. From March 23 – 26, 2006 West Sumatra Walking Association (Indonesia Walk) in cooperation with Sumatra and Beyond Tour Operator and MICE Planner, Japan Walking Association (JWA), The Provincial Government of West Sumatra and the Municipal Governments of the Cities of Padang and Bukittinggi, will be organizing The 1st International Peace Walk 2006. This event is the first of its kind in Southeast Asia under the Auspices of IVV (International Federation for Popular Sports). We anticipate more than 20 member countries of IVV to send walkers to West Sumatra. Participants from other

parts of Indonesia plus local participants will make the event a Joyful Celebration of Peace. Part of the Program involves Cultural exchanges between participating nations.

We would appreciate it very much if you could encourage your walkers to participate in the event. Participants can dress in their cultural costumes if they so wish and bring attributes of the nation they represent as the Walk (20 Km for International Walkers) will be done in a leisurely manner. More details can be read through our website: www.indonesiawalk.org, www.walking.or.jp or www.ivv.org.

We will also have booths available for those wishing to display and sell cultural souvenirs and trinkets during the event.

**Ridwan Tulus, President
West Sumatra Walking Association (Indonesia Walk)
Jl. Veteran 32 D Padang 25115 Indonesia
Tel+62-751-33500 Fax+62-751-26259
Mobile Phone +62-(0) 811665754
Email: sumatra1@indosat.net.id
www.indonesiawalk.org**

RANDOLPH ROADRUNNERS
PO Box 2744
Universal City TX 78148-1744

RANDOLPH ROADRUNNERS APPLICATION			
PO Box 2744, Universal City TX 78148-1744			
Please check applicable box(es):			
<input type="checkbox"/> Renewal	<input type="checkbox"/> New Member	<input type="checkbox"/> Family member(s) included (see instructions below)	DATE _____
Name _____	NEW MEMBER FEE: \$4.00 for 1 year \$10.00 for three years		
Address _____	This fee applies to the primary member. Additional family members require a \$2.00 fee per individual.		
Apt No. _____	RENEWAL FEE: \$4.00 for one year \$10.00 for three years		
City _____ State _____ Zip Code _____	This renewal fee includes each family member who paid \$2.00 with the original application. If the \$2.00 fee was not paid with the original application, add family members now by including \$2.00 for each person.		
Telephone number _____	AVA Volkssport Associate Yes / No		
E-mail address _____	Eager to serve as club officer _____ committee chair _____		
Family members _____			
Amount submitted \$ _____			