



**Official Newsletter of the RANDOLPH ROADRUNNERS (AVA44)**

Volume 2004 No. 11  
Next Meeting—November 2, 2004  
7:00 p.m. at the Golden Corral  
Restaurant, Universal City  
A member of the American Volkssport  
Association (AVA) & the International  
Federation of Popular Sports (IVV)  
The Public is always welcome

**Randolph Roadrunners  
Volkssport Club**  
A Walking Club Established 1980  
PO Box 2744  
Universal City, TX 78148-1744  
*Elected Officers*

*President*

Suzanne Markgraf 210-651-9378

*Vice President*

Totsy Miller 210-648-0637

*Treasurer*

Tony Paulson 210-658-8324

*Secretary*

Suzy Krisak 210-646-7849

*Committee Chairs*

*Membership*

Nancy Paulson 210-658-8324

*Programs*

Ellen Ott 210-525-8574

*Publicity*

Alan & Gloria Mick 210-659-5402

*Sales*

Joanne Forinash 210-493-8543

*Webmaster*

Stella Morado-Cahue  
830-620-5616

*Newsletter*

Audrey Vertucci – AudreyVe@aol.com  
210-496-2197

*Year-round Events, Boerne*

Bilita VanCleave 210-695-2235

*Year-round Events, Universal City*

Carlen Forinash 210-493-8543

*Year-round Events, San Antonio*

Ellen Ott 210-525-8574

*E-mail*

[RandolphRoadrunners@satx.rr.com](mailto:RandolphRoadrunners@satx.rr.com)

*Website*

[www.geocities.com/  
randolphroadrunners/](http://www.geocities.com/randolphroadrunners/)

*Event Information*

1-800-830-WALK

*TVA Website*

<http://walktexas.org/>

*European AVA Liaison*

Hans-Dieter Fuhr

Wiesbaden, Germany

Tel. & Fax 0611 / 66894

[Hans-D.Fuhr@t-online.de](mailto:Hans-D.Fuhr@t-online.de)

**Renewal Time**

The following membership renewals are currently due:

**Sue Corona, Ann Humphrey, Mario Cepeda, Elma Guterrez-Aguila, Marina Johnson, Becky Kreiling, Jet Krisak, Elaine Talarski, Lionel Dry, Helen Gitchell, Virginia Griffith, Mary Quandt, and Donald & Bilita VanCleave.**

Please send in your renewal fees now. We value your membership. To renew your membership, fill out a renewal application attached or print one from the following website address:

[www.geocities.com/RandolphRoadrunners/membership.html](http://www.geocities.com/RandolphRoadrunners/membership.html)

and send it with your fees to Nancy Paulson c/o the club address.

**Congratulations!**

Congratulations are in order to the following Randolph Roadrunners for their

achievements as reported in *The American Wanderer*

October/November issue:

Pat Gunter	2,000 events
Bernard Weiner	1,600 events
Marcia Weiner	1,500 events
John Thomas	1,450 events
Ellen Ott	950 events
Helen Gitchell	650 events
Carol Shaner	500 events
Mike Hermes	100 events
John Thomas	19,000 K
Marcia Weiner	18,000 K
Helen Gitchell	7,000 K
Carol Shaner	5,000 K
Stella Morado-Cahue	1,500 K
Mike Hermes	1,000 K

**AVA and GNC Partnership**

The AVA is proud to announce a new partnership with General Nutrition Centers (GNC). They are offering their stores as start/finish points for both regular and Year Round/Seasonal Events. There will

be give-away items for a limited time and discount coupons for walkers. In addition, GNC will encourage their four million plus gold card members to participate in the AVA.

AVA Clubs wishing to host an event at their local store should not contact the store directly at this time. Please notify Jackie at [jackie@ava.org](mailto:jackie@ava.org) with the desired event date, anticipated number of participants, store location and store number. GNC will contact the store to make sure they understand the program and are willing to participate. Once approval is received, clubs will be able to work directly with the store. The Texas Wanderers along with New Balance and GNC are sponsoring a 10k walk on November 27<sup>th</sup> at the GNC Store in the Forum Shopping Center in Selma. The event starts at 8 a.m.

**Government Canyon 10K Walk**

– The weather certainly contributed to a great walk October 16<sup>th</sup> at Government Canyon State Natural Area. The event was co-sponsored by the Texas Wanderers of Ft. Sam.



RR Members Pat Gunter and Darlene Oner at checkpoint with walker, Al Hale.

The Government Canyon Event Start Table reflected the high turnout of walkers at this event.



Lyn Ward (left) watches volunteer club members sign up walkers at the registration table.



RR member, John Thomas, worked the finish table.

**RR Meeting Notes:** Elections will be held at the November meeting. The annual Christmas party will be held in December in lieu of the monthly club meeting.

### Coming Events:

11/6/2004 - 11/7/2004 - Walk  
**Event Number:** 59519 5K, 10K  
**Start:** The Village of Lakeway City Hall

**Event City:** Lakeway  
**Host Club:** Colorado River Walkers

**Event Website:**

[www.io.com/~zenteer/crw](http://www.io.com/~zenteer/crw)

**More Details:** [Click here for directions, ratings, etc.](#)

**Write for more information to:**

11215 Applewood Drive  
Austin, TX 78758

**Contact:** Stephanie Menteer,  
(512) 832 - 8546

**E-Mail:** [zenteer@io.com](mailto:zenteer@io.com)

**Club Website:**

[www.io.com/~zenteer/crw](http://www.io.com/~zenteer/crw)

11/13/2004 - 11/13/2004 - Walk  
**Event Number:** 68580 10 km  
**Start:** Rick's Painted Pelican Cafe  
**Event City:** Seabrook  
**Host Club:** Houston Happy Hikers

### Event Website:

<http://www.houstonhappyhikers.org>

**More Details:** [Click here for directions, ratings, etc.](#)

**Write for more information to:**

2017 Briar Ln.

Richmond, TX 77469

**Contact:** Catherine Kellner, (979) 478 - 6203

**email:** [hhhpresidenthoustonhappyhikers.org](mailto:hhhpresidenthoustonhappyhikers.org)

**Club Website:**

[www.houstonhappyhikers.org/](http://www.houstonhappyhikers.org/)

11/13/2004 - 11/13/2004 - Walk

**Event Number:** 68191 5K & 11K

**Start:** Mission Tejas State Park

**Event City:** Grapeland

**Host Club:** East Texas Trekkers

**Event Website:**

[www.dallastrekkers.org](http://www.dallastrekkers.org) for brochure

**More Details:** [Click here for directions, ratings, etc.](#)

**Write for more information to:**

4722 Comanche Trail

Tyler, TX 75707

**Contact:** Jan Wood, (903) 534 - 9301

**E-Mail:** [jpw6391@msn.com](mailto:jpw6391@msn.com)

**Club Website:**

[www.easttexasrekkers.com/](http://www.easttexasrekkers.com/)

11/13/2004 - 11/14/2004 - Walk

**Event Number:** 70151 10 km

**Start:** Gazebo at the Seguin

Convention Center

**Event City:** Seguin

**Host Club:** Trinity Trekkers

**Event Website:**

**More Details:** [Click here for directions, ratings, etc.](#)

**Write for more information to:**

8463 Romney

San Antonio, TX 782542467

**Contact:** David N. Toth, (210) 521 - 8684

**E-Mail:** [dnt@stic.net](mailto:dnt@stic.net)

11/13/2004 - 11/14/2004 - Walk

**Event Number:** 69659 11 km

**Start:** Kimble County Courthouse

**Event City:** Junction

**Host Club:** Selma Pathfinders

11/13/2004 - 11/14/2004 - Walk

**Event Number:** 67256 10 Km

**Start:** South Llano River State Park

**Event City:** Junction

**Host Club:** Selma Pathfinders

**Event Website:**

[www.geocities.com/Yosemite/Gorge/8195/](http://www.geocities.com/Yosemite/Gorge/8195/)

**More Details:** [Click here for directions, ratings, etc.](#)

**Write for more information to:**

17314 Springhill Dr

San Antonio, TX 78232

**Contact:** Phyllis Eagan, (210) 496 - 1402

**E-Mail:** [milchene@juno.com](mailto:milchene@juno.com) or

[papre1947@yahoo.com](mailto:papre1947@yahoo.com)

[www.geocities.com/Yosemite/Gorge/8195/](http://www.geocities.com/Yosemite/Gorge/8195/)

11/20/2004 - 11/20/2004 - Walk

**Event Number:** 68484 10 K

**Start:** Rodeway Inn At Six Flags

Fiesta Park

**Event City:** San Antonio

**Host Club:** Randolph Roadrunners

**Event Website:**

**More Details:** [Click here for directions, ratings, etc.](#)

**Write for more information to:**

11906 Pepperidge Cove

San Antonio, TX 78213

**Contact:** Ellen Ott, (210) 525 - 8574

**E-Mail:** [ellenotter@cs.com](mailto:ellenotter@cs.com)

**Club Website:**

[www.geocities.com/randolphroadrunners/](http://www.geocities.com/randolphroadrunners/)

11/20/2004 - 11/20/2004 - Walk

**Event Number:** 67461 5/10km

**Start:** George Bush Presidential Library & Museum

**Event City:** College Station

**Host Club:** Bushwalkers

**Event Website:** none

**More Details:** [Click here for directions, ratings, etc.](#)

**Write for more information to:**

2806 Manassas

College Station, TX 77845

**Contact:** Glenda Baker, (979) 764 - 8570

**E-Mail:** [bgglenda@hotmail.com](mailto:bgglenda@hotmail.com)

**Club Website:**

11/27/2004 - 11/27/2004 - Walk

**Event Number:** 68474 10 KM

**Start:** GNC Store, Forum Shopping Center

**Event City:** Selma

**Host Club:** Texas Wanderers

**Event Website:**

[www.walktx.org/Wanderers.html](http://www.walktx.org/Wanderers.html)

**More Details:** [Click here for directions, ratings, etc.](#)

**Write for more information to:**

9355 Blazing Star Trail

San Antonio, TX 78266

**Contact:** Lynwood Ward, (210) 651 - 6536

**E-Mail:** [LWard10KM@aol.com](mailto:LWard10KM@aol.com)

**Club Website:**

[www.walktx.org/Wanderers.html](http://www.walktx.org/Wanderers.html)

11/27/2004 - 11/27/2004 - Walk

**Event Number:** 68829 10

**Start:** Samuell Farm

**Event City:** Mesquite

**Host Club:** Dallas Trekkers, Inc.

**Event Website:**

[www.dallastrekkers.org](http://www.dallastrekkers.org)

**More Details:** [Click here for directions, ratings, etc.](#)

**Write for more information to:**

5706 Maidstone

Richardson, TX 75082

**Contact:** Bruce Fitch, (972) 235 - 9086

**E-Mail:** [bfitch@ix.netcom.com](mailto:bfitch@ix.netcom.com)

**Club Website:**

[www.dallastrekkers.org/](http://www.dallastrekkers.org/)

