# ROADRUNNER

# Official Newsletter of the RANDOLPH ROADRUNNERS (AVA44)

Volume 2004 No. 5 Next Meeting - May 4, 2004 7:30 p.m. at the Golden Corral Restaurant, Universal City A member of the American Volkssport Association (AVA) & the International Federation of Popular Sports (IVV) The Public is always welcome

Randolph Roadrunners Volkssport Club A Walking Club Established 1980 PO Box 2744 Universal City, TX 78148-1744

#### Elected Officers

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President	
Suzanne Markgraf	210-651-9378
Vice President	
Totsy Miller	210-648-0637
Treasurer	
Tony Paulson	210-658-8324
Secretary	
Suzy Krisak	210-646-7849
Committee Chairs	
Membership	
Nancy Paulson	210-658-8324
Programs	
Ellen Ott	210-525-8574
Publicity	
Sales	
Joanne Forinash	210-493-8543
Webmaster	
Stella Morado-Cahue	
	830-620-5616
Newsletter	
Audrey Vertucci – A	
	210-496-2197
Year-round Events, Boerne	
Bilita VanCleave	
Year-round Events, I	
<b>Carlen Forinash</b>	210-493-8543
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RandolphRoadrunn	ers@satx.rr.com
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Website	
www.geocities.com/	
randolphroadrunners/	
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Event Information	
1-800-830-WALK	
TVA Website	
http://walkteyas.org/	

http://walktexas.org/ European AVA Liaison Hans-Dieter Fuhr Wiesbaden, Germany Tel. & Fax 0611 / 66894 Hans-D.Fuhr@t-online.de

#### **Renewal Time**

The following membership renewals are currently due: Ken & Pat Bradley, Lauren Ulbrich, Helen Montgomery, James & Lucy Sampson, Charles Wortz, Richard & Henrietta Harrison, Jim Linehan, Patsy & Dale Meyers, and Marcie Granzin, Diana Carroll, Malcolm Carter, Patricia Ermel, Fred P. Cailan, Jr., Ron Rundberg, and Mary Ellen Watters.

Please send in your renewal fees now. We value your membership. To renew your membership, fill out a renewal application attached at the following website address:

www.geocities.com/RandolphRoadrun ners/membership.html and send it with your fees to Nancy Paulson c/o the club address.

#### New Memberships:



lease welcome the following new member to our club: Hilda Rudisill.

#### YRE Kick-Off Info -----

The DeZavala Broadway Daily Bread kick-off will be held on June 5<sup>th</sup> to open the new YRE. Start time for the kick-off is 7 a.m. to 10 a.m., with manned start and finish tables for this event. The DeZavala Broadway Daily Bread store is on 5011 DeZavala Road. Look for it on the corner of Brandeis and DeZavala down the street from Clark High School, on the opposite side of the street. Call Ellen Ott if more information is needed.

## Congratulations!!

This past Easter Sunday was the 30<sup>th</sup> Anniversary of David Toth's introduction to the wonderful world of Volkssporting. David celebrated this occasion while working a table at the Comfort walk. Congratulations, David. We all profit from your participation. (And 30 years is a long time!)

# MAY - HIKE AND BIKE MONTH IN S.A.

Better transportation, physical fitness and cleaner air are three important reasons why San Antonio and Bexar Co. celebrate Hike and Bike for Health Month every May. The San Antonio-Bexar County Metropolitan Planning Organization (MPO) with the City of San Antonio, Bexar County, the Baptist Health System, Bexar County, Alamo Area Council of Governments (AACOG), VIA Metropolitan Transit, South Texas Off-Road Mountain-Bikers (STORM), San Antonio Wheelmen (SAW), City Public Service, San Antonio Water System, the Health Collaborative and a rapidly growing number of public and private sponsors are offering a full schedule of exciting events to celebrate cycling, walking and wheeling. For more information on all the events offered, access the website at: http://www.hikeandbikesa.com.

## Saturday, May 8, 2004

Attend the Hike and Bike Fest at Travis Park, 8 a.m.-noon Two Group bike rides (Quarry Market and Mission San Jose) converging on Travis Park (Navarro and Travis) downtown at 9 a.m. Registration -\$10 per person/\$20 per family. Assembly, sign-in, briefing time for rides-7:15 a.m. Do the 5/10 km Walks courtesy of the Texas Wanderers. Families and people of all ages will enjoy free refreshments, music, health screening opportunities, bike tune-ups, and many educational exhibits.



### Coming Events:

5/1/2004 - 5/2/2004 - Walk Event Number: 67254 10 Km Start: Campbell Ranch, Site of Indian Petroglyphs Event City: Paint Rock Host Club: Selma Pathfinders **Event Website:** http://www.geocities.com/Yosemite/Go rge/8195 More Details: Click here for directions, ratings, etc. Write for more information to: P.O. Box 700946 San Antonio, TX 78270-0946 Contact: Phyllis Eagan, 210 496-1402 E-Mail:milchene@juno.com **Club Website:** www.geocities.com/Yosemite/Gorge/8 <u>195/</u>

5/1/2004 - 5/2/2004 - Walk Event Number: 67255 10 Km Start: Concho County Courthouse, Paint Rock, TX Event City: Paint Rock Host Club: Selma Pathfinders **Event Website:** http://www.geocities.com/Yosemite/Go rge/8195 More Details: Click here for directions, ratings, etc. Write for more information to: P.O. Box 700946 San Antonio, TX 78270-0946 Contact: Phyllis Eagan, (210) 496 -1402 E-Mail:milchene@juno.com Club Website:

www.geocities.com/Yosemite/Gorge/8 195/

5/8/2004 - 5/8/2004 - Walk Event Number: 67698 10 KM Start: Travis Park Event City: San Antonio Host Club: Texas Wanderers Event Website: www.walktx.org/Wanderers.html More Details: Click here for directions, ratings, etc. Write for more information to: 9355 Blazing Star Trail San Antonio, TX 78266 Contact: Lyn Ward 210,651,6536

Contact: Lyn Ward, 210-651-6536 E-Mail:<u>lward10km@aol.com</u> Club Website: www.walktx.org/Wanderers.html

5/15/2004 - 5/15/2004 - Walk Event Number: 67459 10K, 5K option Start: Kidd Springs Recreation Center, 711 W. Canty Street Event City: Dallas Host Club: Dallas Trekkers, Inc. Event Website: www.dallastrekkers.org More Details: Click here for directions, ratings, etc. Write for more information to: 7102 Abrams Rd Dallas, TX 75231 Contact: Lesley Bowen, (214) 732 -6725 E-Mail:<u>lesleybowen@aol.com</u> Club Website: www.dallastrekkers.org/

5/15/2004 - 5/15/2004 - Walk Event Number: 67915 10 Km Start: Brazos Bend State Park Event City: Needville Host Club: Houston Happy Hikers **Event Website:** houstonhappyhikers.org More Details: Click here for directions, ratings, etc. Write for more information to: 2017 Briar Ln. Richmond, TX 77469 Contact: Catherine Kellner, (979) 478-6203 EMail: hhhpresident@houstonhappyhikers.or q Club Website: www.houstonhappyhikers.org/

5/15/2004 - 5/15/2004 - Walk Event Number: 68073 10 Km Start: O.P. Schnabel Park, 9600 Bandera Rd, San Antonio, Texas Event City: San Antonio Host Club: Trinity Trekkers **Event Website:** More Details: Click here for directions, ratings, etc. Write for more information to: 8463 Romney San Antonio, TX 78254-2467 Contact: David N. Toth, (210) 521 -8684 E-Mail:dnt@stic.net Club Website:

5/15/2004 - 5/16/2004 - Walk Event Number: 59517 5K, 10K Start: Historic Clarksville Event City: Austin, Texas Host Club: Colorado River Walkers Event Website: www.io.com/~zenteer/crw/ More Details: <u>Click here for directions,</u> ratings, etc. Write for more information to: 11500January Drive Austin, TX 78753 Contact: Kathy Daly, (512) 837 - 8966 E-Mail:KassieD544@aol.com Club Website:

www.io.com/~zenteer/crw/

5/22/2004 - 5/22/2004 - Walk Event Number: 68086 10 Km Start: San Fernando Cathedral in Downtown San Antonio, Texas Event City: San Antonio Host Club: Trinity Trekkers Event Website: More Details: <u>Click here for directions,</u> ratings, etc. Write for more information to: 8463 Romney San Antonio, TX 782542467 Contact: David N. Toth, (210) 521 -8684 E-Mail:dntoth@sbcglobal.net Club Website:

5/22/2004 - 5/22/2004 - Walk Event Number: 68074 10 Km Start: San Fernando Cathedral, 115 Main Plaza, San Antonio, TX Event City: San Antonio Host Club: Trinity Trekkers Event Website: More Details: <u>Click here for directions,</u> ratings, etc. Write for more information to: 8463 Romney Son Antonio TX \_ 782542467

San Antonio, TX 782542467 **Contact:** David N. Toth, (210) 521 -8684 **E-Mail:**<u>dnt@stic.net</u>

Club Website:

5/22/2004 - 5/22/2004 - Walk Event Number: 57887 5K & 10K Start: Lake Tawakoni State Park, Willis Point, Texas Event City: Willis Point Host Club: East Texas Trekkers **Event Website:** www.dallastrekkers.org for brochure More Details: Click here for directions, ratings, etc. Write for more information to: 1825 Suanne Tyler, Texas 75701 Contact: Pat & Clayton Turner, (903) 597-0102 E-Mail:capturn2@yahoo.com **Club Website:** www.easttexastrekkers.com/

5/28/2004 - 5/28/2004 - Walk Event Number: 59912 10km Start: Adam's Mark Hotel 111 E. Pecan St. Event City: San Antonio Host Club: Randolph Roadrunners **Event Website:** More Details: Click here for directions, ratings, etc. Write for more information to: 11906 Pepperidge Cove San Antonio, TX 78213 Contact: Ellen Ott, (210) 525 - 8574 E-Mail:ellenotter@cs.com Club Website: www.geocities.com/randolphroadrunne <u>rs/</u>