



Official Newsletter of the RANDOLPH ROADRUNNERS (AVA44)

Volume 2020 – December 2020 No. 12
Next Meeting – To be Announced

A member of the American Volkssport
Association (AVA) & the International
Federation of Popular Sports (IVV)
The Public is always welcome

**Randolph Roadrunners
Volkssport Club
A Walking Club Established 1980
PO Box 2744
Universal City, TX 78148-1744
Elected Officers**

President:

Ellen Ott 210-723-8574

Vice President:

John Ives

Treasurer:

Pat Gunter 210-479-0805

Secretary:

Jill Troyer 830-237-6230

Committee Chairs

Membership:

Caryl Swann 210-842-4128

Publicity:

Donnie King dwking1@gmail.com

Sales:

David Prewitt 210-215-4388

Webmaster & Event Flyers:

Randy Baker 260-225-3766

Newsletter:

Audrey Vertucci – AudreyVe@aol.com
210-496-2197

Year-round Events: Boerne & Gonzales

Pat Gunter 210-479-0805

**Year-round Events: DeZavala Daily Bread,
Broadway Daily Bread & Leon Creek**

Ellen Ott 210-723-8574

**Year-round Events: Crownridge, Friedrich
Park, Eisenhower Park**

Susan Medlin 210-325-3523

Year-round Events: Schertz

Caryl Swann 210-842-4128

Club Website

www.randolphroadrunners.info

AVA Website

www.ava.org

TVA Website

www.walktexas.org

TVA President-Deputy SW Region

Susan Medlin 210-325-3523

sueammed@aol.com

Renewal Time

The following membership renewals are currently due:

Susan Fine, Samantha Goldstein, Glenda Parra, Heather Hedquist, Bart Marlal, Rebecca Rozmus, Debbie Lindsey, Jerry Rehmar and Andy & Cindy Welch.
To renew your RR membership, fill out the application attached or print it off our website:

www.RandolphRoadrunners.info and send it with \$4 for 1 year or \$10 for 3 years, to Caryl Swann c/o RR, PO Box 2744, Universal City, TX 78148.

Remember: Lifetime Memberships are available for \$30 per person.



RR Club Meetings:

We meet at 6:30 P.M. on the 3rd Thursday of every month at: Universal City Library, 100 Northview Drive, Universal City, TX 78148. **We may resume live meetings in January if all is better with Covid.**



From the Desk of the Pres--

There will not be a Christmas party this year. With restrictions still in place, many folks have expressed reservations about attending a social gathering.

12 December - Boerne Christmas walk - Luther Hall at St. John's Lutheran Church - start time 8 am

Reported by Diane Duesterhoeft; RR Face book page currently has 204 likes with 225 followers.

Where do we want walk events in 2021?

We cannot go to Del Webb for the usual February walk in 2021. And the Parks Dept is not taking any reservations for trail head or pavilion usage.

Incarname Word and Our Lady of the Lake do not want the general public on their property. I have had requests to do Our Lady of the Lake again....but we cannot at this time! So that doesn't leave much. A new walk route was made this last week starting from the Marquis Trail Head off I-10 before the Rim. However, we cannot reserve the trail head at this time.

If I can find a start point would you walkers like to go back to Gonzales in February 2021? Gonzales is a very historic town with nice old homes. I'm at a lost for event places to start until this Covid issue is resolved.

Please call (210-723 -8574) or email me (ellenott@sbcglobal.net) with any questions or suggestions. All ideas are welcome. I need thoughts from everyone. I cannot do this by myself! Help!
Thanks everyone!

Ellen 🐾

The following RR events are scheduled for 2021:

9 January	Corner Bakery/Alamo Hts
14 May	Beethoven/King William
17 July	Taco Cabana
14 August	Taco Cabana
9 October	a featured YRE
11 Dec.	Boerne

Any questions can be directed to me.
Ellen at: ellenott@sbcglobal.net



Pearsall Park Walk 11/21/20

74 walkers enjoyed the beautiful Chamber of Commerce weather. A thank you is extended to John Ives for the awesome route and manning the check point with Mike Hermes. Thank

you also to Pat Gunter at registration, Jill Troyer at the finish table and David Prewitt for sales. Did anyone try the zip line that was at the exercise court at the beginning of the route? For anyone who inquired about the missing tootsie rolls, they will appear at the next event!!

Ellen

2020 VOLKSSPORTING CLUBS OF SOUTHWEST TEXAS CALENDAR - Check before you walk due to COVID-19

December 2020:

SAT/05 – VVF Johnson City Christmas Lights Walk IV

SUN/06 – TTR SA Christmas Lights Walk VI

SAT/12 – RRR Boerne Christmas Walk

SAT/19 – OPEN

SAT/26 – OPEN

THU/31 – VVF Memorial Walk and evening walk Fredericksburg

To find information on the events listed here; go to ava.org, click on Events, click on Search Events, select the State (Texas), either a YRE or Traditional walk, the time period and hit Enter. Walks within the next 90 days should have additional information on the website. If not, please call the POC for more details.



Susan A. Medlin

Deputy, Southwest Region
Texas Volkssport Association President
Texas Trail Roundup President
210-325-3523 sueammed@aol.com



AMERICA'S WALKING CLUB

ESTABLISHED 1976

AVA NATIONAL OFFICE IS RELOCATING IN 2021

As you may know, the National Office is relocating in 2021 to a community that better reflects who we are and what we do. The ideal location would be a walking community with high visibility and complementary businesses in the area. Our plan is to be in new office space no later than December 31, 2020.

While we will have regular USPS forwarding services of our mail, we are suggesting that you hold off mailing any of your Event or Distance Books beginning December 10, 2020 and through January 10, 2021. There is so much mail traffic during the holiday season and we find that mail service becomes a bit slower and less reliable. We surely do not want anyone's books/records to get lost in the move. We will get our new address out to the AVA clubs and members as quickly as possible. The new location will also be posted on the AVA website. Thank you for your cooperation.

SPECIAL PROGRAM



Washtenaw Wanderers Volkssporting (Walking) Club - WWVC

Great Lakes, Great Fun, Great Fitness, Great Friendships

This special program runs from January 1, 2021 – December 31, 2023. Redeem completed books by Dec 31, 2024.

To successfully complete this program, participants must accomplish 12 AVA-sanctioned popular sport events in the USA of any type -- which includes YRE, seasonal, traditional, guided walk, or any other AVA program using the IVV/AVA stamp -- which travels along a Great Lake; or on, beside or inside a street, building, city, school, or any other "physical thing" with a Great Lake name associated with it. Great Lakes are Huron, Erie, Superior, Ontario, and Michigan.

Just being in the state of Michigan does not qualify. Examples of qualifiers

would be Huron Street, Ontario City, Erie Canal, or anything else that uses one of the five names. The logbook will require three separate Great Lake names to be included in the twelve events. The special program collects the "qualifiers" so each qualifier (specific street, building, or other thing, or any sanctioned trail along a great lake) can only be used once in an event logbook or once in a year, whichever comes first. An event with multiple qualifiers can be done again for the additional "finds." This means that once a walker fills up a logbook with 12 different qualifiers, they can use the same ones over in another purchased logbook. If a logbook is used over multiple years, the new IVV/AVA stamp with a different year allows the use of the same qualifier in the same book. For each qualifying name record the IVV stamp (OSB stamps and insert cards will be accepted) and write the date, name of the walk or walk number and the Great Lake name.

Upon completion of a logbook, participants are eligible to receive a string backpack with the program's logo. There will also be an option to purchase an event patch. The book cost is \$12 that includes a book and a string backpack award upon receipt of a completed book. A legacy patch is available for an additional \$2.

Make checks out to the Sponsor: Washtenaw Wanderers Volkssporting Club and send checks to the POC: Roxie Weaver, 126 S Reese St, South Lyon, MI 48178. Contact POC if you wish to pay by credit card. Additional POC contact information: geiserweaver@gmail.com, Phone - 616-745-9624



Pearsall Park Skate Park

Tales from the Trails

Pearsall Park 10k in San Antonio, Texas, and a Shed - Saturday, November 21, 2020 -

Reprinted from Susan Alton's *Travel Bug Blog*

All the stars aligned correctly for the walk, the weather cooperated nicely, and this was the first time I've walked Pearsall Park. When you do a Volksmarch, you never walk completely alone. Along the way, you run into long-time friends and exchange hellos. That was the case today.

This walk is a mix of open hillsides, Texas scrub forest, Lackland Air Force Base/ JBSA and park views, and hilly and flat terrain--more of the former than the latter.



A portion of the Leon Creek Greenway Trail passes through the park. The park has an adventure course (think American-Ninja-Warrior style), basketball courts, soccer fields, skateboard park, a disk golf course, miles of trails, multiple playgrounds, a dog park, and a splash pad play area for kids that is amazing. (However, the splash pad is closed indefinitely due to COVID-19.



View of Lackland Air Force Base
The Pearsall Park 10k walk was a combination of two 5ks. First, you walk the trail in one direction for 5k. Then you reverse course and do the 5k in the opposite direction. That way we got to see all the walkers more than once as we passed each other on the trail. There

were lots of open areas with no shade at all. The trail went up and up and up at one point. Overall, though, the whole walk was up and down the hills through the park.



One of the many hills!

This walk was a pleasant surprise. I enjoyed the ups and downs and felt at the end of it that I really got my exercise in for the day. Thank you, Randolph Roadrunners, for keeping the walks interesting.



Louisiana Explorers - MLK weekend

And now the long awaited message about our 2021 kickoff weekend. I hope you read our article in the Sept TAW, and if you did, there has been a change. Due to the hurricanes which have hit Louisiana and the Gulf coast, particularly Cameron Parish, we have had to make a couple of changes. Plus the registration point for Lake Charles has changed. I had spoken to the Lake Charles Quality Inn manager back in the spring and he had indicated that I should call back closer to 2021. Unfortunately, all attempts to contact him have failed, so I have found a new registration point, the Waffle House at 804 N Lakeshore Drive in Lake Charles. It is on the north side of I-10 across from the historic downtown area.

Due to the hurricanes, hotel prices have gone up in the Lake Charles area due to demand from construction workers in the area. I was there a week ago and drove around Cameron Parish on a Sunday. There were utility workers still installing new poles and stringing miles

of power lines everywhere. So they are working 7-days a week.

I have changed the Cameron Parish walk from Peveto Woods Bird & Butterfly Sanctuary to Holly Beach. I had walked the sanctuary back in June and it was starting to get overgrown due to lack of use (Covid-19 virus effect). Then in Oct, it was really overgrown plus hurricane damage. Holly Beach is not a whole lot better, but it is a bit closer to Lake Charles. It is/was considered to be the 'Galveston of Louisiana' though smaller, but still a very nice quiet beach town. We will walk the streets and beach for as much as you wish. Although Cameron is Louisiana's largest parish, it is also the second least populated parish and consists of marshland and many levies to control the water. It is also considered to be one of the best winter birding places in the US. I looked into various National Refuges, but they either did not have very many accessible trails or were closed so that I could not even check them out.

So here are the plans for MLK weekend and suggested accommodations:

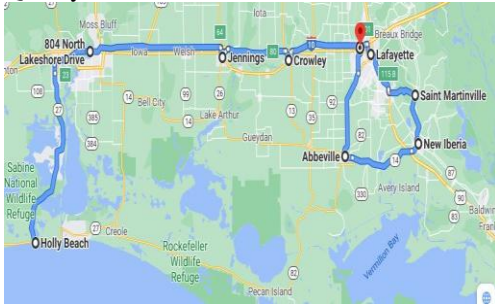
Thurs, Jan 14, 2021 - 2:00 (or so)
Lafayette walk
Fri, Jan 15 - St Martinville and New Iberia walks
Sat, Jan 16 - Abbeville and Crowley walks
Sun, Jan 17 - (heading west toward Lake Charles) - Jennings and Lake Charles
Mon, Jan 18 - Holly Beach

Registration at the Microtel at 301 Ambassador Caffey Pkwy, Scott, La (4 miles north of Lafayette and just off of I-10) - I've booked a room with 2 queen beds for 3 nights for about \$60 a night - discount for 3 nights). Don't know if they will have breakfast due to the virus.

Sun, Jan 17 - Super 8 at 1004 MLK Hwy (US-171) in Lake Charles. This is a couple of miles east and north of downtown Lake Charles. Again I made a reservation for about \$70.

I know a few people have already booked Microtel and Quality Inn (which I had hoped would be the start point),

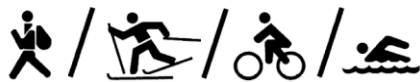
but you might want to reconfirm the Quality Inn.



I have the map showing the walk locations and basic information. You can register with me in Lafayette and get all directions and 6 of the stamps on Jan 14. The Lake Charles and Holly Beach stamps will only be available at the Waffle House in Lake Charles. The Jennings and Crowley stamps will be available at both Lafayette and Lake Charles. If you are traveling a different route and need some of the directions before Jan 14, let me know which ones you need and I will send them to you.

And for those of you who did not get an opportunity to do the 2020 walks due to the virus, let me know and we can make arrangements for getting the directions and stamps.

I think I have covered everything, but if not, it's in my head somewhere. Just let me know what I have omitted. See you in January,
Helen Hull – helenthehun@yahoo.com
972-530-1026
<https://www.walktx.org/EastTexasTrek>
kers/



Texas Traditional Events and Featured Events:

(check the AVA website for any changes or cancellations)

12/5/2020 - 12/5/2020 - Walk
Event Number: 116722 5/10

Start: LBJ Park Headquarters
Event City: Johnson City - Johnson City "Lights Spectacular" Event
Host Club: Volkssportverein Friedrichsburg

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

320 Morning Glory Lane
Fredericksburg, TX 78624
Contact: David Roberts, (830) 992-7584
E-Mail: dloberts34@hotmail.com

Club Website: www.walktx.org/AVA1

12/6/2020 - 12/6/2020 - Walk

Event Number: 118567

10km/7km/3km

Start: VFW Post 76 is located at 10 Tenth Street and Avenue B off Broadway, San Antonio, Texas 78215. Parking is available in the neighborhood

Event City: San Antonio - VI Christmas Lights Walk

Host Club: Texas Trail Roundup

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

12527 Fern Creek, San Antonio, Tx 78253

Contact: Susan Medlin, (210) 325-3523

E-Mail: sueammed@aol.com

Club Website: texastrailroundup.org

12/12/2020 - 12/12/2020 - Walk

Event Number: 116508 5/10km

Start: Luther Hall at St. John's Lutheran Church

Event City: Boerne

Host Club: Randolph Roadrunners

Event Website:

randolphroadrunners.info

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

11906 Pepperidge Cove
San Antonio, Tx 78213

Contact: Ellen Ott, (210) 723-8574

E-Mail: ellenott@sbcglobal.net

Club Website:

www.randolphroadrunners.info



1/9/2021 - 1/9/2021 - Walk

Event Number: 118626 10km/5km

Start: Corner Bakery in the Quarry

Event City: San Antonio - The best of the Heights

Host Club: Randolph Roadrunners

Event Website:

randolphroadrunners.info

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

11906 Pepperidge Cove
San Antonio, Tx 78213

Contact: Ellen Ott, (210) 723-8574

E-Mail: ellenott@sbcglobal.net

Club Website:

www.randolphroadrunners.info



22ND AVA BIENNIAL CONVENTION
MADISON, WI | JUNE 26 - JULY 3, 2021

AVA CONVENTION JUNE 29-JULY 2, 2021- REGISTRATION

Come to the 2021 AVA Biennial Convention in Madison Wisconsin. Convention dates June 29 (Tuesday) – July 2 (Friday). Pre-convention events are being planned for June 26 (Saturday) – June 29 (Tuesday), and a post convention event on July 3 (Saturday).

A block of rooms for our upcoming convention has been reserved at the beautiful Madison Concourse Hotel, located in the heart of downtown Madison. The AVA has blocked room nights for June 29 – July 3 at a discounted group rate of \$129 + tax per night (limit 2 people per room). Rates increase to \$139 for three guests per room night and \$149 for four guests per room night. Breakfast will be complimentary for AVA guests staying at this hotel Wednesday through Saturday only (limit of two complimentary breakfast per room). Additional breakfast can be purchased for \$8.00 per person. Parking for overnight guests is discounted at \$8 per night. Complimentary airport shuttle is included with your stay, along with a spectacular view of downtown Madison. To make your reservations please dial (800) 356-8293 and ask for the AVA 2021 Biennial Convention block to get the discounted rate or make your reservations online.

We are excited to report the convention center we will be utilizing for our meetings and events has been accredited by the Global Biorisk Advisory Council (GBAC). This means the facility has implemented the most stringent protocols for cleaning, disinfection and infectious disease prevention and demonstrates the center has strict safety protocols in place and is prepared to operate safely for all our conventioners. See you in Madison!

CAMP VERDE WALK - 10/31/20



Reuben Knapp on the 5K walk trail.



Diane Duesterhoeft with Molly & Cory and Mike Phillips with Buddy on the trail.



Jill Troyer along the walk trail.



Gayle Weinraub, Tina & John Bohnert with Rudy and Pat Heller at the entrance to the site of Camp Verde



David Prewitt at the Camp Verde TX Centennial marker.



Martin Callahan with Rudy at the TX Centennial market.

***Photos Courtesy of Martin Callahan**

RANDOLPH ROADRUNNERS

PO Box 2744
Universal City TX 78148-1744

RANDOLPH ROADRUNNERS APPLICATION
PO Box 2744, Universal City TX 78148-1744

Please check applicable box (es):

Renewal New Member

Family member(s) included (see instructions below) DATE _____

Name _____

NEW MEMBER FEE: \$4.00 for 1 \$10.00 for three years

Address _____

This fee applies to the primary member. Additional family members require a \$2.00 fee per individual.

City _____ State _____ Zip code _____

RENEWAL FEE: \$4.00 for one year
\$10.00 for three years

Telephone number _____

This renewal fee includes each family member who paid \$2.00 with the original application.

E-mail address _____

If the \$2.00 fee was not paid with the original application, add family members now by including \$2.00 for each person.

Family members _____

Lifetime membership for (1) one person is available for a \$30 fee.

Amount submitted \$ _____

AVA Volkssport Associate Yes No

Eager to serve as club officer _____ or committee chair _____