



Official Newsletter of the RANDOLPH ROADRUNNERS (AVA44)

Volume 2020 – September 2020 No. 9
Next Meeting – 9/17/2020

A member of the American Volkssport
Association (AVA) & the International
Federation of Popular Sports (IVV)
The Public is always welcome

**Randolph Roadrunners
Volkssport Club
A Walking Club Established 1980
PO Box 2744
Universal City, TX 78148-1744
Elected Officers**

President:

Ellen Ott 210-723-8574

Vice President:

John Ives

Treasurer:

Pat Gunter 210-479-0805

Secretary:

Jill Troyer 830-237-6230

Committee Chairs

Membership:

Caryl Swann 210-842-4128

Publicity:

Donnie King dwking1@gmail.com

Sales:

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Webmaster & Event Flyers:

Randy Baker 260-225-3766

Newsletter:

**Audrey Vertucci – AudreyVe@aol.com
210-496-2197**

Year-round Events: Boerne & Gonzales

Pat Gunter 210-479-0805

**Year-round Events: DeZavala Daily Bread,
Broadway Daily Bread & Leon Creek**

Ellen Ott 210-723-8574

**Year-round Events: Crownridge, Friedrich
Park, Eisenhower Park**

Susan Medlin 210-325-3523

Year-round Events: Schertz

Caryl Swann 210-842-4128

Club Website

www.randolphroadrunners.info

AVA Website

www.ava.org

TVA Website

www.walktexas.org

TVA President-Deputy SW Region

Susan Medlin 210-325-3523

sueammed@aol.com

Renewal Time

The following membership renewals are currently due:

Rose Mueller, Nancy Fix Anderson, Susan Chandler, Linda & Sean Cook, Denise Wanke, Kelly Peek, Susie Agiorre, Jim Martin, Lorraine Adams, Rite Wheeler, Rick & Jane Wilson, Robert Basaldua, Eva Bueno, Elizabeth Prike, Sylvia Reyna, Donna, Leonard & Rachael Watson.

To renew your RR membership, fill out the application attached or print it off our website:

www.RandolphRoadrunners.info and send it with \$4 for 1 year or \$10 for 3 years, to Caryl Swann c/o RR, PO Box 2744, Universal City, TX 78148.

Remember: Lifetime Memberships are available for \$30 per person.

RR Club Meetings:

We meet at 6:30 P.M. on the 3rd Thursday of every month at: Universal City Library, 100 Northview Drive, Universal City, TX 78148. The next RR meeting is tentatively scheduled for September 17, 2020 (on Zoom).

From the Desk of the Pres--

RR September Meeting: Will be on Zoom. The password info will be e-mailed out closer to the meeting date. "Thank you" to Herb Laing for setting up Zoom for us.



Up-coming RR walk events planned:

Leon Creek Walk – September 5
the Leon Creek YRE starting at the Drury Inn at 1604 and I-10; manned from 7 to 10 am. Covid precautions will be enforced. Look for us in the parking lot of the Drury Inn.

We have the following start locations for Roadrunner YRE's open:

1. Comfort Inn - for the 3 Boerne yre's
2. Rodeway Inn (now LaCantera Inn) - for Crownridge Natural Area and Friedrich Park.
3. Drury Inn 1604 and I-10 - for Leon

Creek walk, bike and Eisenhower Park
4. Broadway Daily Bread - on Broadway and DeZavala both stores.
5. Southside Lions Park - is on the remote start box.

6. The Schertz YMCA

The walk box is in a small room on the left before the main desk to avoid any crowding in the hallway.

As of Saturday, July 18, 2020

The Schertz YMCA is open as follows:
Saturday 8AM - 2PM

Sunday - closed

Mon - Fri: Open 6AM - 1PM and 3PM-8 PM

The YMCA building will be closed every day from 1 - 3 PM for extensive cleaning. Face masks are required to enter the gym.

Any questions can be directed to me.

Ellen at: ellenott@sbcglobal.net



Land Bridge News

Phil Hardberger Park's Robin L.B. Tobin Land Bridge is approaching its final stages of construction. The 150 foot wide bridge will connect east - west areas of Phil Hardberger Park. It will include an elevated walkway that will extend to the tree tops. Construction is on schedule.

Linear Trails

The Linear Trails meeting was held on Tuesday 11 August via Zoom. It was their first meeting since February. Five eco counters will be placed on various trails. Two have been recently looked at. There has been a marked increase in trail use from 2019 and a bigger increase from March to May 2020.

The trail from Southside Lions Park to SE Military will start late 2020.

There will be items on the November ballot related to linear park funding. You may have to read the whole proposition to find it. It's mixed in with VIA and water issues.

Everyone is invited to this meeting. I will forward the minutes to the RR membership once I receive them.

Kudos to the following walkers for their VM Achievements:

325 events	Andrew Thomas
450 events	Mike Schwencke
500 events	Mike Hermes
500 events	Darren Medlin
1150 events	Susan Medlin
2600 events	Martin Callahan

4500km	Darren Medlin
11,000km	Susan Medlin



Texas Volkssport Association

The next TVA meeting is scheduled for 13 - 15 November in Georgetown. Due to the ongoing pandemic, we will not have a face to face meeting during that time. Instead, we will email the documents to you NLT 22 August, so you will have time to review them, discuss them with your club members, and vote when necessary. If you prefer to receive these documents by mail, please respond with a mailing address.

As I reviewed the TVA minutes from our last meeting in Boerne; it looks like we have three votes we need to accomplish. The first is to approve the minutes of the last meeting (in Boerne), which will be sent to you in the packet. The second is to approve the budget, which will also be in the packet. The third is to approve the location of the next meeting, which will be February 5 - 7, 2021. Does any club wish to put in a bid for the February 2021 meeting site? If so, please contact me before mid August so I can put your bid in the packet.

If we vote by mail/email, then we can avoid an in person group meeting in November and focus on the walks. Since the Colorado River Walkers are sponsoring this event, we should support their walks. Here's the plan:

Friday, 13 November: heading south to Georgetown, please walk the Historic Belton or Salado YREs. Heading north to Georgetown, please walk one of the Austin, Cedar Park, or Round Rock YREs.

Saturday, 14 November: Carol Obianwu is hosting a new Traditional event in Georgetown that morning. More details to follow. In the afternoon, if you want a second walk, consider the Georgetown YRE or the Round Rock YRE.

Sunday, 15 November: Heading home, stop and do another one of the Colorado Riverwalker YRE's.

There will be no event hotel or planned meals in Georgetown. Stay where you please, eat where you please, join us for a Saturday morning traditional event, and enjoy walking some great YREs in the cool weather.

Stay healthy and we'll see you on the trail,

Susan A. Medlin

Deputy, Southwest Region
Texas Volkssport Association President
Texas Trail Roundup President
AVA: America's Walking Club
210-325-3523
sueammed@aol.com



Our Texas Trail Roundup group met Saturday morning and after discussing the local situation, we voted to cancel our February 2021 event and immediately begin work on 2022.

Bexar County currently limits groups to 10 or less, and many new COVID cases appear every day. Our event hotels are closed, and our parks are not renting out their pavilions. We do not want anyone to come to the events and get sick.

Hopefully, we can look forward to welcoming all of you in 2022.

Susan A. Medlin

Deputy, Southwest Region

Texas Volkssport Association President
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C-19 VOP Program

Join our new exercise program! The C-19 Activities Program is a special version of the Virtual Online Program, The Appalachian Trail, based solely on activities converted to steps. Now you can spring clean, do some gardening, yoga or dance around the house and convert your movements into steps from the safety of your home. Join our new program for only \$30 (C-19 t-shirt is included). Current Appalachian Trail members can register for \$15. To view a full list of C-19 Activities [click here](#) or to see more details about the program [click here](#)

**GIVE \$10 ON
SEPTEMBER 10**

No gift is too small.

On September 10, 2020, visit thebiggiveusa.org and donate during the minutes below to have your donation matched dollar for dollar (up to \$100):

Match Minutes

Pacific Time: 7:15am, 10:15am, 1:15pm, 4:15pm & 9:15pm
Mountain Time: 8:15am, 11:15am, 2:15pm, 5:15pm & 10:15pm
Central Time: 9:15am, 12:15pm, 3:15pm, 6:15pm & 11:15pm
Eastern Time: 10:15am, 1:15pm, 4:15pm, 7:15pm & 12:15pm (Sept. 11)



Communications— Samanta Sanchez

Give \$10 on September 10!

Our mission, as America's Walking Club, is to continue to keep you physically active and healthy despite the current challenges. More and more people are taking up walking during this current pandemic. Why? Because walking is a safe and fun activity to engage in! Walking can be done around your neighborhood or on one of our sanctioned trails. Walking gives you the opportunity to explore and be one with nature. It helps relieve stress and can

help reduce anxiety and depression. There are many health benefits to walking! Now more than ever, it is important to exercise regularly to maintain a healthy body and mind. That is why we are dedicated to bringing you the best walking experience. You can count on us to provide beautiful, historic trails that are safe to walk and safe to socially engage with others, while adhering to social distancing recommendations. Your health and wellness drive our mission. Can we count on you to continue it?

This September 10, we ask you to please spare a minute of your time and consider donating \$10 or more to our Big Give campaign. Your generosity is needed to continue our mission. We feel humbled and grateful that many of our supporters have already given to our Big Give campaign to help relief some of the financial burdens that COVID-19 has brought us. But our fundraiser is not over yet! That is why we come to you, to help us spread the word of our work and invite your family and friends to give \$10 on September 10. Ten dollars is the minimum amount to donate online, but a small gift of \$10 can make a BIG impact!

In fact, if you donate on this day, the Big Give will match any donation dollar for dollar up to \$100 during five Match Minutes taking place at 9:15am, 12:15pm, 3:15pm, 6:15pm & 11:15pm Central Time (transactions must be completed within the 1-minute to be matched). Double your impact and give \$10 or more on September 10 (through the thebiggivesa.org) to help us reach our \$80,000 goal or donate online now through the end of the campaign by visiting ava.org. You may also mail your donations to the American Volkssport Association, 1001 Pat Booker Rd, Ste. 101, Universal City, TX 78148, now through September 10, 2020. No gift is too small. Every gift helps continue our mission.

Calling All Fundraiser Champions! Join us and become a fundraiser champion for our cause during the Big Give 2020. Last year, the majority of our new donors were gained from participating Peer-to-Peer campaigns. These small fundraising campaigns are a great way to introduce our organization and mission to new

individuals. One Peer to Peer campaign can bring up to four new donors! Donations received through your personal campaign during the five Match Minutes will be matched dollar for dollar!



Tales from the Trails

Taken from Susan Alton's "Travel Bug" blog

Longhorns, Bison, Peaches - We Must Be in Texas - Saturday, July 18, 2020 – LBJ Ranch Walk On July 18th, Susan Medlin and I did a Texas Summer Volksmarch.

If you want to Volksmarch in Texas in the summertime, you need to start when the sun comes up. I left our place at 4:30 a.m. to meet Susan Medlin at her place at 5:00 a.m. We drove 1-1/2 hours northwest to Fredericksburg, Texas, to walk at LBJ Ranch.

Traffic was light and we arrived at LBJ Ranch National Historic Site at 6:30 am where we signed in for the walk and stamped our books. We were given walk directions and started out going past statue plaza, and then headed toward the fenced pasture, Sauer-Beckmann Living History Farm, and the bison enclosure.



We went through the Sauer-Beckmann Living History Farm enclosure twice. The second time, we went past the sheep. It was all I could do not to rub

the wool on them; but no petting allowed.



Once out the gate of the Living History Farm, we went through the woods again on our way to another fenced area. This time, longhorns came into view. We encircled their enclosure and passed through the Danz Homestead.

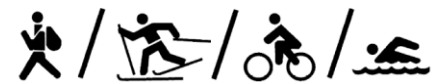
After leaving the Danz Homestead, we walked on the side of Ranch Road 1 along the Pedernales River for a couple of miles. I made a detour back to the Visitor Center and told Susan I would catch up with her.



Walking along the Pedernales River is so peaceful. I can understand why LBJ loved staying out here. When LBJ was here there was a grand entrance to the ranch. Guests would drive along the river and then cross the river just below a small dam.

I caught up with Susan and we headed back to the parking lot. The bison had just been fed in the bison enclosure, so I snapped a couple of shots.

From this historic site, we traveled about ten miles west to Jenschke Orchards to buy fresh peaches and peach salsa. Not only that, we saw they had peach cobbler and peach ice cream. We each take one cobbler, warm, with peach ice cream. Yum!



Texas Traditional Events and Summer Sunrise

Events: (check the AVA website for any changes or cancellations)

9/5/20 – 9/5/20 – YRE Walk

RR Leon Creek Walk – September 5
The Leon Creek YRE starting at the Drury Inn at 1604 and I-10; will be manned from 7 to 10 am. Covid precautions will be enforced. Look for us in the parking lot of the Drury Inn. ellenott@sbcglobal.net

9/19/2020 - 9/19/2020 - Walk
Event Number: 116385 5 km & 10km
Start: Washington-on-the Brazos State Visitor Center
Event City: Washington - Historic
Host Club: Houston Happy Hikers
Event Website:
www.houstonhappyhikers.com
More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:
P O Box 101
ORCHARD, TX 77464
Contact: Catherine Kellner, (000) 000-0000
E-Mail:
hkhpresident@houstonhappyhikers.com
Club Website:
www.houstonhappyhikers.com

RANDOLPH ROADRUNNERS
PO Box 2744
Universal City TX 78148-1744

Event Website:
www.houstonhappyhikers.com

9/19/2020 - 9/19/2020 - Walk
Event Number: 116235 10k/5k
Start: 816 Alsace Street, Castroville, Tx.
Event City: Castroville - Tour de Castroville
Host Club: San Antonio Pathfinders
Event Website:
More Details: [Click here for directions, ratings, etc.](#)
Write for more information to:
12235 White Ash St.
San Antonio, Tx 78245
Contact: Mike Schwencke, (210) 382-0367
E-Mail:mike.schwencke@outlook.com

9/26/2020 - 9/26/2020 - Walk
Event Number: 116469 6/11 k
Start: Ernie Roberts Park
Event City: DeSoto - Roy Orr Trail

Host Club: Dallas Trekkers, Inc.
Event Website: www.dallastrekkers.org
More Details:
[Click here for directions, ratings, etc.](#)
Write for more information to:
2334 Saharah, Garland, Tx 75044
Contact: Helen Hull, (972) 530-1026
E-Mail:HelenTheHun@yahoo.com
Club Website: www.dallastrekkers.org

9/26/2020 - 9/26/2020 - Walk
Event Number: 116360 6k/10k
Start: Richard Moya Park, Shelter #2, 10001 Burleson Rd, Austin, TX 78719
Event City: Austin - Richard Moya Park
Host Club: Colorado River Walkers
More Details: [Click here for directions, ratings, etc.](#) **Write for more information to:**
10910 Ballybunion Pl., Austin, Tx 78747
Contact: Stephanie Knight, (512) 423-6680
E-Mail:stephanieknight.sjk@yahoo.com
Club Website:
www.coloradoriverwalkers.org/

RANDOLPH ROADRUNNERS APPLICATION
PO Box 2744, Universal City TX 78148-1744

Please check applicable box (es):

Renewal New Member

Family member(s) included (see instructions below) DATE _____

Name _____

NEW MEMBER FEE: \$4.00 for 1 \$10.00 for three years

Address _____

This fee applies to the primary member. Additional family members require a \$2.00 fee per individual.

City _____ State _____ Zip code _____

RENEWAL FEE: \$4.00 for one year
\$10.00 for three years

Telephone number _____

This renewal fee includes each family member who paid \$2.00 with the original application.

E-mail address _____

If the \$2.00 fee was not paid with the original application, add family members now by including \$2.00 for each person.

Family members _____

Lifetime membership for (1) one person is available for a \$30 fee.

Amount submitted \$ _____

AVA Volkssport Associate Yes No

Eager to serve as club officer _____ or committee chair _____