



Official Newsletter of the RANDOLPH ROADRUNNERS (AVA44)

Volume 2020 – February 2020 No. 2
Next Meeting – 2/20/2020

A member of the American Volkssport
Association (AVA) & the International
Federation of Popular Sports (IVV)
The Public is always welcome

Randolph Roadrunners
Volkssport Club
A Walking Club Established 1980
PO Box 2744
Universal City, TX 78148-1744
Elected Officers

President

Ellen Ott 210-723-8574

Vice President

John Ives 210-694-4582

Treasurer

Pat Gunter 210-479-0805

Secretary – NEEDED!

Committee Chairs

Membership:

Caryl Swann 210-842-4128

Publicity:

Donnie King dwking1@gmail.com

Sales:

David Prewitt 210-215-4388

Webmaster & Event Flyers:

Randy Baker 260-225-3766

Newsletter:

Audrey Vertucci – AudreyVe@aol.com
210-496-2197

Year-round Events: Boerne & Gonzales

Pat Gunter 210-479-0805

*Year-round Events: DeZavala Daily Bread,
Broadway Daily Bread & Leon Creek*

Ellen Ott 210-723-8574

*Year-round Events: Crownridge, Friedrich
Park, Eisenhower Park*

Susan Medlin 210-325-3523

Year-round Events: Schertz

Caryl Swann 210-842-4128

Club Website

www.randolphroadrunners.info

AVA Website

www.ava.org

TVA Website

www.walktexas.org

SW Regional Director & TVA President

Susan Medlin 210-325-3523

sw_rd@ava.org

Renewal Time

The following membership renewals are currently due:

Reuben & Marta Knappe, Anne White, Mike & Ginny Jones, Andy Thomas, Mary DeLaGarza, Rose Mueller, Norman & Antje Klaunig, and Elias & Kathleen Abdulhad. To renew your RR membership, fill out the application attached or print it off our website:

www.RandolphRoadrunners.info and send it with \$4 for 1 year or \$10 for 3 years, to Caryl Swann c/o RR, PO Box 2744, Universal City, TX 78148.

Remember: Lifetime Memberships are available for \$30 per person.

Welcome New Members!

Betty J. Walters	San Antonio
Sandra Wilkinson	San Antonio
Ian A. McCollum	San Antonio
Clare Vail	San Antonio
Sandra Machuca	San Antonio

RR Club Meetings:

We meet at 6:30 P.M. on the 3rd Thursday of every month at: Universal City Library, 100 Northview Drive, Universal City, TX 78148. The next meeting is February 20, 2020.

From the Desk of the Pres-- RR Club Walk Schedule:

8 Feb. Del Webb Chocolate walk-some of the route will be a new trail for the 10km.

Workers are needed to staff this walk.

Call or email Ellen: 210-723-8574 or ellenott@sbcglobal.net

The Del Webb community is also having a pet food drive and Fiesta Medal sale Saturday 8 February from 9 a.m to 2 p.m in the HCR Resort Atrium so bring pet food and supplies to donate for DaisyCares.org which provides pet food and help with vet bills for people who qualify. DaisyCares works with the Food Bank to keep pets at home with their families and out of shelters.

RR CLUB SECRETARY STILL NEEDED – Please support your club. “Thank you” to whoever volunteers to step up and fill this position!

Ellen



The Texas Trail Roundup is very pleased to offer you the chance to explore San Antonio and their wonderful Missions and Gardens with several walks over a **3-day INTERNATIONAL** weekend event.

This is an IML event – one of only two to occur in the United States and our first as a fully sanctioned IML Member.

Walk distances and routes vary depending on your choices with the longest being a 42k (26 miles) full Marathon and a 21k (13 mile) half-marathon that will visit 4 of the 5 Spanish Missions in San Antonio. Shorter distances are also offered for those not quite so adventurous.

Friday, February 21: Hannibal Pianta Art Walk – 10k/5k – Enjoy an art walk in downtown San Antonio. You will see the **Bexar County Courthouse, Majestic Theater, Aztec Theater, El Mercado, the Riverwalk,** and much more. **Start 7 – 10 a.m. finish by 1 p.m.**

Saturday, February 22: World Heritage Spanish Missions – 42k/21k/13k/5k – Marathoners (42k) head out early to walk by all five Spanish Missions. Half-Marathoners

(21k) are bused to **Mission Espada** and walk back through 4 Missions. 13km walkers visit **Mission Concepcion**. 5km walkers visit the **King William District**, and the **Blue Star Art Complex**. **42/21 km walkers start 6:45 – 7:15 am, all others start 7:30 – 10 am. Finish table closes at 5 pm.**

Sunday February 23: San Antonio's Parks and Gardens – 21k/13k/5k – 21 km walkers head up the River Walk to **Brackenridge Park and the **Japanese Tea Gardens**. 13 and 5 km walkers visit the **Alamo** and **La Villita Historic Arts Village**. 13 km walkers also visit the **Pearl**, and everyone walks through **El Mercado**. **21km walkers start 7:30 – 8:30 am, all others 8:30 – 10 am. Finish table closes at 4 pm.****



This is the first year of the new San Antonio IML. **We've designed a beautiful medal of the San Antonio skyline for all first year walkers.** Next year there will be a smaller medal highlighting one of the attractions in San Antonio. It will attach to the sturdy ribbon of the first year medal, building a treasure for years to come.

Details:

Start: February 21, 2020 @ 6:30 am

End: February 23, 2020 @ 4:00 pm

Event Categories:

10k Walk, 21k half marathon, 42k full marathon, 5k Walk, All Day Event, Dinner, Historical, IML Event, Longer Walk, Missions, Multi-day, Social, Volksmarch, Walk, World Heritage

Website: <http://texastrailroundup.org/>

Venue:

Holiday Inn – San Antonio Downtown
318 West César E. Chávez Blvd
San Antonio, TX 78204 United States
Phone: 210-225-3211

Website:

<https://www.ihg.com/holidayinn/hotels/us/en/san-antonio/satal/hoteldetail>

Organizer: Texas Trail Roundup

Email: sueammed@aol.com

Website: www.texastrailroundup.org



The Randolph Roadrunners Present the 2020 March TVA Meeting in Boerne - March 6 – 8

SW20/Y1858, SW20/Y1879, SW20/Y1857

STARTING POINT: Comfort Inn & Suites, 35000 I-10 Boerne, TX 78006. Parking is available at the hotel. Book your room at the Comfort Inn & Suites by calling (830) 249-6800 for reservations. Rates are King bed at \$120 + 13% tax or 2 Queen beds at \$125 + 13% tax. For these rates, rooms must be booked by February 6, 2020.

EVENT Schedule:

Friday, March 6

Noon – 3: register for any of the 3 Boerne YREs at the Comfort Inn. Finish by 6 pm (sunset at 6:38).

6:30 – 8 pm: Dinner at the Dodging Duck Brewhaus, 402 River Rd. Their burgers are divine, and they were voted best burger in Boerne in 2019. Register for the dinner by 15 February.

Saturday, March 7

7 – 9 am: register for Boerne Library 10km/6km walk at Comfort Inn, then drive to Boerne Visitors Center, 282 N. Main St. Park behind the Visitors Center.

Noon: all walker finish. Lunch on your own.

11 – 12:30: VCSWTX 2021 Calendar Meeting (\$10 lunch available) Register for working lunch by 30 Feb.

12 – 12:45: Credentialing at Comfort Inn

1 – 4 pm: TVA General Membership Meeting at Comfort Inn

5:30 – 8 pm: Dinner at Little Gretel, 518 River Road. Register for the dinner by 15 February.

Sunday, March 8 - Spring Forward one Hour

3 YRE walks available, sign in at Comfort Inn.

DISCLAIMER: The sponsors are not liable for accidents, thefts, and/or material damage. Reasonable effort has been made by the sponsors to make this a safe, enjoyable and memorable event.

POC: Susan A. Medlin, (210) 325-3523; email: sueammed@aol.com
For dinner reservations, email Ellen Ott, ellenott@sbcglobal.net by February 15.



Executive Director's Update— Henry Rosales

Questions and Answers on the new logo:

Q. Will the host city receive a new AVA banner or two for the 2021 Biennial Convention?

A. All clubs will receive a free new AVA banner once they have been designed and printed.

Q. Will Local Clubs be receiving new AVA bumper stickers to replace those sent out a couple of years ago to appear on walk boxes?

A. Yes, all clubs will receive new stickers for walk boxes by the end of December.

Q. Similar goes for the trail marking ribbons and trail marking arrows that have the old AVA logo? Will clubs be able to order a new version? And will the convention host club get a supply to put our new foot forward in July 2020, and in 2021?

A. Clubs will receive stickers they can put on trail marking arrows and small banners to cover the old logo. The AVA will not order trail marking materials until we have exhausted **most** of the current stock. We encourage clubs to continue using the old trail marking materials until further notice. Yes, the goal is to have all new branding materials implemented by the 2021 convention.

Q. Will the current AVA logo be gone forever?

A. Unfortunately, yes unless at some point in the future the AVA goes retro.
Q. Will our official name be changed from "The American Volkssport Association" to "America's Walking Club"?

A. Currently there are no plans to change our official name "American Volkssport Association". Our Doing Business As (DBA) name is America's Walking Club. It is important clubs continue to use our official name on all **legal documents and contracts**. The DBA can be used on brochures, flyers, marketing materials and social media outlets.

NEW AVA WEBSITE AS OF DECEMBER 15th, 2019!

Thank you all for your comments and input on our new Landing Page. Keep in mind this is a work in progress and an ongoing effort as we transition information from the old site to the new one. Additional pages/tabs will be created within the next few months and eventually all the old will be replaced with new exciting information and features! Clubs can access all existing club information from the legacy website by clicking on the Clubs Only tab.

Please email website comments to Hector@ava.org.

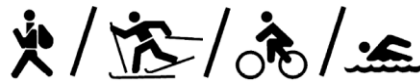
Programs & Special Programs Committee-Tim Miner, Chair AMERICA'S WALKING CLUB LEADS THE WAY FOR "NATIONAL WALKING WEEK"

On January 5th, 2020, the Board of Directors voted to make a bold statement to the world and declared that the first seven days of April will be called "National Walking Week." This activity will coincide with "National Walking Day" as sponsored by the American Heart Association for the last twelve years and takes place on the first Wednesday of April. This year, National Walking Day occurs on Wednesday, April 1, and National Walking Week includes the days of the first through the seventh. The creation of National Walking Week allows the focus to be on all the reasons we walk in AVA and in the country, and it will give greater flexibility for everyone to be included in activities since there will always be weekend days to participate.

The first National Walking Week gives AVA and its member clubs and individuals the ability to do several things. First, it will create a "critical mass" of activity leading to visibility and publicity for our work in the areas of fitness, fellowship and fun. Second, it gives the AVA and its clubs the ability to create alliances and coalitions to promote walking together for all the reasons mentioned in the declaration. Partnerships will be the key to AVA exposure and growth in the future.

Every club is encouraged to hold a walking activity sometime during the first seven days in April. Traditional events are great. Coming together to do a year-round in a group walk is great. Please look at the benefits of owning and using a "Traveling Guided Walk" stamp. This stamp allows the club to hold multiple events during the seven days that are not already sanctioned. It gives greater flexibility to reach out to new communities and activities that would be ripe to co-host a walking event with you.

Because this week is the AVA's opportunity to show the benefits of walking to a wide range of activities and causes, there will be "neutral" sites created on the internet and in social media to allow collaborations. These links will be on the AVA's new website and shared throughout the internet world and in our traditional media. During the seven days, please ask yourself the question,



Texas Traditional Events February, 2020:

2/8/2020 - 2/8/2020 - Walk

Event Number: 116244 5k & 10K

Start: BakerRipley Leonel Castillo Community Center

Event City: Houston - White Oak Bayou

Host Club: Houston Happy Hikers

Event Website:

www.houstonhappyhikers.com

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

P O Box 101

Orchard, TX 77464

Contact: Catherine Kellner, (979) 478-6203

E-Mail:

hhhpresident@houstonhappyhikers.com

Club Website:

www.houstonhappyhikers.com

2/8/2020 - 2/8/2020 - Walk

Event Number: 116068 10km/5km

Start: Del Webb Hill Country Resort Center

Event City: San Antonio - Del Webb Chocolate Walk

Host Club: Randolph Roadrunners

Event Website:

randolphroadrunners.info

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

11906 Pepperidge Cove

San Antonio, Tx 78213

Contact: Ellen Ott, (210) 723-8574

E-Mail:ellenott@sbcglobal.net

Club Website:

www.randolphroadrunners.info

2/15/2020 - 2/15/2020 - Walk

Event Number: 116189 5/10 k

Start: Bartholomew Park, 5201

Berkman Dr. Austin Tx. 78723

Event City: Austin - Rathgeber Village

Host Club: Colorado River Walkers

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

3109 Rogge Ln

Austin, TX 78723

Contact: Carol Obianwu, (512) 771-9566

E-Mail:cobianwu@utexas.edu

Club Website:

www.coloradoriverwalkers.org/

2/21/2020 - 2/21/2020 - Walk

Event Number: 113955 10km/5km

Start: Holiday Inn, 318 W, Cesar Chavez Blvd, San Antonio TX

Event City: San Antonio - Hannibal

Pianta Art Walk

Host Club: Texas Trail Roundup

Event Website: texastrailroundup.org

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

12527 Fern Creek

San Antonio, Tx 78253

Contact: Susan A. Medlin, (210) 325-3523

E-Mail:sueammed@aol.com

Club Website: texastrailroundup.org

2/22/2020 - 2/22/2020 - Walk

Event Number: 113956 42/21/13/5km

Start: Holiday Inn, 318 W. Cesar Chavez Blvd
Event City: San Antonio - World Heritage Spanish Missions
Host Club: Texas Trail Roundup
Event Website: texastrailroundup.org
More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:
 12527 Fern Creek
 San Antonio, Tx 78253
Contact: Susan A. Medlin, (210) 325-3523
E-Mail: sueammed@aol.com
Club Website: texastrailroundup.org

2/23/2020 - 2/23/2020 - Walk
Event Number: 113957 21/13/5 km
Start: Holiday Inn, 318 W. Cesar Chavez Blvd.
Event City: San Antonio - San Antonio's Parks and Gardens
Host Club: Texas Trail Roundup
Event Website: texastrailroundup.org
More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:
 12527 Fern Creek
 San Antonio, Tx 78253
Contact: Susan A. Medlin, (210) 325-3523
E-Mail: sueammed@aol.com
Club Website: texastrailroundup.org

RANDOLPH ROADRUNNERS
 PO Box 2744
 Universal City TX 78148-1744

2/29/2020 - 2/29/2020 - Walk
Event Number: 116243 5/10k
Start: Mrs. Lee's Daffodil Garden farm barn
Event City: Gladewater - Mrs. Lee's Daffodil Garden
Host Club: East Texas Trekkers, Inc.
Event Website: www.walktx.org/EastTexasTrekkers
More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:
 2334 Saharah, Garland, TX 75044
Contact: Helen Hull, (972) 530-1026
E-Mail: HelenTheHun@yahoo.com
Club Website: www.Walktx.org/EastTexasTrekkers/

Corner Bakery Café-Lincoln Heights Walk – 1-11-20



Martin Callahan with Dolly and Rudy.



Reuben and Marta Knapp along the trail.



Donny King at the start/finish.



Mike and Ginny Jones on the trail

RANDOLPH ROADRUNNERS APPLICATION
 PO Box 2744, Universal City TX 78148-1744

Please check applicable box (es):

Renewal New Member Family member(s) included (see instructions below) DATE _____

Name _____

NEW MEMBER FEE: \$4.00 for 1 year
 \$10.00 for three years

Address _____
 Apt No. _____

This fee applies to the primary member. Additional family members require a \$2.00 fee per individual.

City _____ State _____ Zip code _____

RENEWAL FEE: \$4.00 for one year
 \$10.00 for three years

Telephone number _____

This renewal fee includes each family member who paid \$2.00 with the original application.

E-mail address _____

If the \$2.00 fee was not paid with the original application, add family members now by including \$2.00 for each person.

Family members _____

Lifetime membership for (1) one person is available for a \$30 fee.

Amount submitted \$ _____

AVA Volkssport Associate Yes No

Eager to serve as club officer _____ or committee chair _____