



**Official Newsletter of the RANDOLPH ROADRUNNERS (AVA44)**

Volume 2019 – December 2019 No. 12  
Next Meeting – 1/16/2020

A member of the American Volkssport  
Association (AVA) & the International  
Federation of Popular Sports (IVV)  
The Public is always welcome

**Randolph Roadrunners  
Volkssport Club**  
A Walking Club Established 1980  
PO Box 2744  
Universal City, TX 78148-1744  
*Elected Officers*

*President*

**Ellen Ott** 210-723-8574

*Vice President*

**John Ives** 210-694-4582

*Treasurer*

**Pat Gunter** 210-479-0805

*Secretary – NEEDED!*

*Committee Chairs*

*Membership:*

**Caryl Swann** 210-842-4128

*Publicity:*

**Donnie King** [dwking1@gmail.com](mailto:dwking1@gmail.com)

*Sales:*

**David Prewitt** 210-215-4388

*Webmaster & Event Flyers:*

**Randy Baker** 260-225-3766

*Newsletter:*

**Audrey Vertucci – AudreyVe@aol.com**  
210-496-2197

*Year-round Events: Boerne & Gonzales*

**Pat Gunter** 210-479-0805

*Year-round Events: DeZavala Daily Bread,  
Broadway Daily Bread & Leon Creek*

**Ellen Ott** 210-723-8574

*Year-round Events: Crownridge, Friedrich  
Park, Eisenhower Park*

**Susan Medlin** 210-325-3523

*Year-round Events: Schertz*

**Caryl Swann** 210-842-4128

*Club Website*

[www.randolphroadrunners.info](http://www.randolphroadrunners.info)

*AVA Website*

[www.ava.org](http://www.ava.org)

*TVA Website*

[www.walktexas.org](http://www.walktexas.org)

*SW Regional Director & TVA President*

**Susan Medlin** 210-325-3523

[sw\\_rd@ava.org](mailto:sw_rd@ava.org)

## Renewal Time

The following membership renewals are currently due:  
**Melissa Thomson, Bette & Jim Mayfield, and Jane Radigan.** To renew your RR membership, fill out the application attached or print it off our website:

[www.RandolphRoadrunners.info](http://www.RandolphRoadrunners.info) and send it with \$4 for 1 year or \$10 for 3 years, to Caryl Swann c/o RR, PO Box 2744, Universal City, TX 78148.

**Remember:** Lifetime Memberships are available for \$30 per person.

## Welcome New Member!

Colleen Hermes San Antonio

## RR Club Meetings:

We meet at 6:30 P.M. on the 3rd Thursday of every month at: Universal City Library, 100 Northview Drive, Universal City, TX 78148. The next meeting is January 16, 2020.

*There is no meeting in December.*



## Christmas Party 12/10/2019

The Roadrunners and Selma Pathfinders are sponsoring the Christmas party on Tuesday, December 10, 2019 at Stone Werks, Big Rock Grille, The Vineyard, 1201 Loop 1604, S.A.T. 78258.

The party starts at 6 p.m. and will finish no later than 9 p.m. A buffet dinner with Mongolian BBQ, salmon, beef tenderloin, garlic mashed potatoes, green beans and a great salad bar with dessert and coffee, tea or soda will be available. We have space for 95 guests so register early to make sure you have a seat! Call or email Ellen Ott 210-723-8574 - [ellenott@sbcglobal.net](mailto:ellenott@sbcglobal.net); Or Pat Gunter 210-885-3440 – [patgunter@yahoo.com](mailto:patgunter@yahoo.com).

All attending are asked to bring new children's socks, unwrapped for children from infants to age 15. No

holiday themes – please give them something they can wear all year.



## From the Desk of the Pres--

### RR Club Walk Schedule:

**14 Dec.** Boerne Christmas walk  
All shifts except registration are needed for the RR Christmas walk in Boerne. The Loafers will be there and there's a pancake and sausage breakfast.

**11 Jan.** Corner Bakery-Lincoln Heights and Alamo Heights

**8 Feb.** Del Webb Chocolate walk

## Roadrunners in the News:

1. AVA President David Bonewitz recognized Susan Alton for making an effort to get the word out about America's Walking Club. Susan has offered to present a seminar at the RV Convention in June 2020. Check out Susan's blog: [travelbug-susan.blogspot.com](http://travelbug-susan.blogspot.com)
2. Patricia Heller received the Blue and Gold medal for successfully accomplishing 75 international events on the IML calendar.
3. Susan Medlin "planted the Texas flag" beside the Virginia flag at the IML presentation display in October at the 18th U.S. Freedom Festival.



Also, at the RR meeting in November, the club voted in this new RR logo. It will be set on a very light green shirt.

Ellen

**RR CLUB SECRETARY STILL NEEDED** – Please support your club. “Thank you” to whoever volunteers to step up and fill this position!

**Kudos to the following RR Walkers:**



**EVENTS:**

75	Donnie King
275	Mary De La Garza
300	Deanna Repp
300	Andrew Thomas
450	Marta Knape
450	Reuben Knape
475	Darren Medlin
750	John Ives
1,000	Susan Medlin
1150	Bart Marlur
1600	Theodore Cieslak
2500	Ellen Ott
4500	Patricia Gunter

**DISTANCE:**

500km	Elias Abdulahed
3,000km	Leon LeVan
3,000km	Elizabeth LeVan
3,000km	Deanna Repp
3,000km	Andrew Thomas
15,000	Bart Marlur
17,000	Theodore Cieslak



**LOUISIANA EASTCENTRAL 2020 – 8 YREs - 8 Parishes Special Group Walks – Jan 16-20, 2020.**

Join us MLK weekend, Jan 16-20, 2020 for group walks starting in Winnsboro and then going on to Natchez. Meet others and carpool to the various walks.

- Thurs, Jan 16 - meet in Winnsboro around 2:00 for a group walk
- Fri, Jan 17 - Columbia & Gum Springs (Winn Parish, west of WinnField)
- Sat, Jan 18 - St Joseph & Natchez, MS
- Sun, Jan 19 - Vidalia & Jonesville
- Mon, Jan 20 - Jena & Pollock

Plan to stay at:  
America's Best Value Inn in Winnsboro (registration point) on Thurs & Fri nights  
Holiday Inn Express in Natchez, Ms (registration point) on Sat night  
Edwards Motel in Jonesville (318-339-8578) on Sun night

Natchez is a good walk for the 5 or 10 or 16K. The others are fine for 5K, though the Gum Springs and Pollock are good for 10K, especially if you like walking in the woods. I will have complete sets of directions for both the north section and the south section on Thurs in Winnsboro. And as always, you may do the walks in any order and at any time. Hope to see you in January.  
*Helen Hull*  
[www.walktx.org/EastTexasTrekks](http://www.walktx.org/EastTexasTrekks)



**AVA Brand Logo Design Rationale Executive Director's Update—Henry Rosales**

With the new logo, we were looking for something that would excite the next generation of walkers while also recognizing the legacy of the AVA. This logo, with its path around the mountains and energetic color, represents the future of America's Walking Club. The path also suggests the excitement of exploring new trails and paths--the joy of exploring new areas on foot.

The mountains stylize the letters AVA as a reference to our history. The reference to our founding date also acknowledges our organization's significant history in a modern way.

Finally, the prominent words on the logo--America's Walking Club--make our mission, encouraging fitness through walking, clear to those viewing the logo.

This logo checks all the boxes. It is respectful of our history and clearly representative of our future in a way that will resonate with the new walkers we want to inspire. Come walk with us. We are America's Walking Club. Clubs are required to place the new logo on all AVA sanctioned events marketing collateral. The logo can be used in color or black and white but must not be altered in any way.

Please review the brand style guidelines prior to using the new logo to ensure content distinguishes our brand from our competitors and so branding is cohesive. This cohesion is important because it helps establish a strong brand voice that resonates with our audience, which is essential for building brand awareness and ultimately trust in who we are and what we do.



**AVA Virtual Online Programs—Jan Van Vlack**

We hope you're ready for adventure. Take on the Great Appalachian National Scenic Trail (from Georgia to Maine or Maine to Georgia) and get fit along the way! Originally conceived by forester Benton in 1922, this trail stretches 2,200 miles of forest and wildlands. Don't worry; we'll pass through a few towns along the way for breaks.

Registration opens December 1, 2019. Once you have paid, you will receive an email on how to register on Walker Tracker. Any steps logged prior to January 1, 2020, will not count toward the AT Challenge. Check the AVA website in December for more information and the registration payment link.

**Holiday Shopping with a Cause!**



With the Holidays right around the corner make sure you get the best deals by shopping with Goodshop and AmazonSmile.



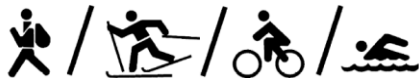
When you're shopping with Goodshop or AmazonSmile, you're not only saving money for yourself, but you are also raising crucial funds for the AVA.

**Sign up for Goodshop** by going to [https://www.goodsearch.com/login?return\\_path=%2Finvite-friends](https://www.goodsearch.com/login?return_path=%2Finvite-friends).

Your user profile will help keep track of the amount you've raised. Select American Volkssport Association-AVA from the participating organizations and begin shopping.

At no cost to you, a portion of all eligible purchases will go to your chosen cause. 100% of the donation amount displayed on merchant's Goodshop page will go to the charity or school of your choice.

**For AmazonSmile:** - Shop at <https://smile.amazon.com/ch/74-2164037> and 0.5% of your eligible AmazonSmile purchase will be donated to AVA directly from Amazon! Simply sign in or create an account, select American Volkssport Association Inc - Universal City as your charity of choice and begin shopping. It's that simple!



### Texas Traditional Events December, 2019:

12/7/2019 - 12/7/2019 - Walk  
**Event Number:** 116064 5K & 10K  
**Start:** Palmer Memorial Episcopal Church

**Event City:** Houston - Holiday  
**Host Club:** Houston Happy Hikers

**Event Website:**

[www.houstonhappyhikers.com](http://www.houstonhappyhikers.com)

**More Details:** [Click here for directions, ratings, etc.](#)

**Write for more information to:**

PO BOX 101

ORCHARD, Texas 77464

**Contact:** Catherine Kellner, (979) 478-6203

**E-Mail:**

[hvhpresident@houstonhappyhikers.com](mailto:hvhpresident@houstonhappyhikers.com)

**Club Website:**

[www.houstonhappyhikers.com](http://www.houstonhappyhikers.com)

12/7/2019 - 12/7/2019 - Walk  
**Event Number:** 115558 5k/10k  
**Start:** LBJ National Historical Park Visitor Center, 100 Ladybird Lane,

Johnson City, TX, 78636. Start point is outside the Park Headquarters.

**Event City:** Johnson City - Johnson City "Lights Spectacular" Event

**Host Club:** Volkssportverein Friedrichsburg

**More Details:** [Click here for directions, ratings, etc.](#)

**Write for more information to:**

320 Morning Glory Drive  
Fredericksburg, Tx 78624

**Contact:** David Roberts, (830) 992-7584

**E-Mail:** [dloberts34@hotmail.com](mailto:dloberts34@hotmail.com)

**Club Website:** [www.walktx.org/AVA1](http://www.walktx.org/AVA1)

12/14/2019 - 12/14/2019 - Walk  
**Event Number:** 115565 10K/ 5K

**Start:** Mama's Pizza

**Event City:** North Richland Hills - Home Town Christmas Walk

**Host Club:** Tarrant County Walkers

**Event Website:**

[www.walktx.org/TarrantCountyWalkers](http://www.walktx.org/TarrantCountyWalkers)

**More Details:** [Click here for directions, ratings, etc.](#)

**Write for more information to:**

917 Forest Oaks Lane  
Hurst, TX 76053

**Contact:** Brooke Hudson, (817) 944-5191

**E-Mail:** [brooke\\_hudson@hotmail.com](mailto:brooke_hudson@hotmail.com)

**Club Website:**

[www.walktx.org/TarrantCountyWalkers](http://www.walktx.org/TarrantCountyWalkers)

12/14/2019 - 12/14/2019 - Walk  
**Event Number:** 114088 5km/10km

**Start:** Luther Hall at St. John's Lutheran Church

**Event City:** Boerne - Boerne Christmas Walk

**Host Club:** Randolph Roadrunners

**Event Website:**

[randolphroadrunners.info](http://randolphroadrunners.info)

**More Details:** [Click here for directions, ratings, etc.](#)

**Write for more information to:**

11906 Pepperidge Cove  
San Antonio, Tx 78213

**Contact:** Ellen Ott, (210) 723-8574

**E-Mail:** [ellenott@sbcglobal.net](mailto:ellenott@sbcglobal.net)

**Club Website:**

[www.randolphroadrunners.info](http://www.randolphroadrunners.info)

12/15/2019 - 12/15/2019 - Walk  
**Event Number:** 114203 10/7/3 km

**Start:** VFW Post 76, 10 Tenth St,

**Event City:** San Antonio - 5th Annual Christmas Lights Walk

**Host Club:** Texas Trail Roundup

**More Details:** [Click here for directions, ratings, etc.](#)

**Write for more information to:**

12527 Fern Creek

San Antonio, Tx 78253

**Contact:** Susan Medlin (210) 325-3523

**E-Mail:** [sueammed@aol.com](mailto:sueammed@aol.com)

**Club Website:** [texastrailroundup.org](http://texastrailroundup.org)



**Join us at the Sunday House Inn, 501 E. Main St. Fredericksburg, TX on 12/31/19 for 2 YRE walks:**

12/31/19 - 10km - 5km YRE  
**Start 11 am - 1 pm at the Cross Mountain Memorial parking lot.**

12/31/19 - 10km - 5km YRE AVA Pilgrimage Walk. **Start 6 - 9 pm at Sunday House Inn.** This is the last walk of 2019! POC, Susan Medlin 210-325-3523, [sueammed@aol.com](mailto:sueammed@aol.com)

### CrownRidge Canyon Walk 10/12/19



John Ives and Suzanne Markgraf at the walk Start/finish Point.



David Prewitt, Dolly & Cindy Mayfield with Rudy along the walk.



The trail through the park



Martin Callahan in front of the tile mural by Oscar Alvarado at CrownRidge Canyon walk.

**\*All photos courtesy of Martin Callahan**

### Eisenhower Park featured YRE 10/19/19



At the start point: Henry Rosales with Dolly, Gayle Weinraub with Rudy and John Ives.



Rose Mueller with Dolly, Cindy Mayfield, Pat Gunter, Eva Bueno, Gayle Weinraub with Rudy, Darlene Oner and Rose Foerster near the beginning of the trail.

### RANDOLPH ROADRUNNERS

PO Box 2744  
Universal City TX 78148-1744

#### RANDOLPH ROADRUNNERS APPLICATION

PO Box 2744, Universal City TX 78148-1744

Please check applicable box (es):

Renewal       New Member       Family member(s) included (see instructions below)      DATE \_\_\_\_\_

Name \_\_\_\_\_

**NEW MEMBER FEE:** \$4.00 for 1 year  
\$10.00 for three years

Address \_\_\_\_\_  
Apt No. \_\_\_\_\_

This fee applies to the primary member. Additional family members require a \$2.00 fee per individual.

City \_\_\_\_\_ State \_\_\_\_\_ Zip code \_\_\_\_\_

**RENEWAL FEE:** \$4.00 for one year  
\$10.00 for three years

Telephone number \_\_\_\_\_

This renewal fee includes each family member who paid \$2.00 with the original application.

E-mail address \_\_\_\_\_

If the \$2.00 fee was not paid with the original application, add family members now by including \$2.00 for each person.

Family members \_\_\_\_\_

**Lifetime membership for (1) one person is available for a \$30 fee.**

Amount submitted \$ \_\_\_\_\_

AVA Volkssport Associate       Yes       No

Eager to serve as club officer \_\_\_\_\_ or committee chair \_\_\_\_\_