



Official Newsletter of the RANDOLPH ROADRUNNERS (AVA44)

Volume 2019 – November 2019 No. 11
Next Meeting – 11/21/19

A member of the American Volkssport Association (AVA) & the International Federation of Popular Sports (IVV)
The Public is always welcome

Randolph Roadrunners Volkssport Club
A Walking Club Established 1980
PO Box 2744
Universal City, TX 78148-1744
Elected Officers

President

Ellen Ott 210-723-8574

Vice President

John Ives 210-694-4582

Treasurer

Pat Gunter 210-479-0805

Secretary – NEEDED!

Committee Chairs

Membership:

Caryl Swann 210-842-4128

Publicity:

Donnie King dwking1@gmail.com

Sales:

David Prewitt 210-215-4388

Webmaster & Event Flyers:

Randy Baker 260-225-3766

Newsletter:

Audrey Vertucci – AudreyVe@aol.com
210-496-2197

Year-round Events: Boerne & Gonzales

Pat Gunter 210-479-0805

Year-round Events: DeZavala Daily Bread,

Broadway Daily Bread & Leon Creek

Ellen Ott 210-723-8574

Year-round Events: Crownridge, Friedrich

Park, Eisenhower Park

Susan Medlin 210-325-3523

Year-round Events: Schertz

Caryl Swann 210-842-4128

Club Website

www.randolphroadrunners.info

AVA Website

www.ava.org

TVA Website

www.walktexas.org

SW Regional Director & TVA President

Susan Medlin 210-325-3523

sw_rd@ava.org

Renewal Time

The following membership renewals are currently due: **Melissa Thomson, Bette & Jim Mayfield, Jane Radigan, Patricia Lagleder and Mary Quandt.** To renew your RR membership, fill out the application attached or print it off our website:

www.RandolphRoadrunners.info and send it with \$4 for 1 year or \$10 for 3 years, to Caryl Swann c/o RR, PO Box 2744, Universal City, TX 78148.

Remember: Lifetime Memberships are available for \$30 per person.

Welcome New Members!

Rebecca Rozmus Garden Ridge
Heather Hedquist San Antonio

RR Club Meetings:

We meet at 6:30 P.M. on the 3rd Thursday of every month at: Universal City Library, 100 Northview Drive, Universal City, TX 78148. The next meeting is November 21, 2019.

From the Desk of the Pres-- RR SECRETARY NEEDED ASAP!

Thank you to whoever volunteers to step up and fill this position!

RR Club Walk Schedule:

- 16 Nov. OST downtown in conjunction With OST 100 Centennial
- 29 Nov. Southside Lions Park featured YRE
- 14 Dec. Boerne Christmas walk
- 11 Jan. Corner Bakery-Lincoln Heights and Alamo Heights
- 8 Feb. Del Webb Chocolate walk

Christmas Party 2019

The Roadrunners and Selma Pathfinders are sponsoring the Christmas party for 2019 at Stone Werks, Big Rock Grille, The Vineyard, 1201 Loop 1604, S.A.T. 78258.

The party starts at 6 p.m. and finish no later than 9 p.m. A buffet dinner with Mongolian BBQ, salmon, beef

tenderloin, garlic mashed potatoes, green beans and a great salad bar with dessert and coffee, tea or soda will be available.

We have space for 95 guests so register early to make sure you have a seat! Call or email Ellen Ott 210-723-8574 - ellenott@sbcglobal.net; Or Pat Gunter 210-885-3440 - patgunter@yahoo.com.

All attending are asked to bring new children's socks, unwrapped for children from infants to age 15. No holiday themes – please give them something they can wear all year around.



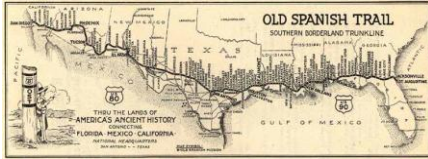
*The Old Spanish Trail
100th Anniversary,
El Tropicano
Riverwalk Hotel
November
14, 15, 16 2019*



The historic Old Spanish Trail (OST) was named for the early Spanish explorers and missionaries who landed in Florida and along the Gulf of Mexico

centuries ago. On November 1919, the Gunter Hotel became the headquarters for helping connect some of the oldest routes into a highway that spanned the nation from St. Augustine, Florida to San Diego, California. The highway was completed in 1929.

The OST will celebrate its 100th anniversary at the El Tropicano Hotel with a three day event with an AVA walk event on November 16.



Tales from the Trails - Michigan/Illinois/Indiana

By: John Ives

A number of years ago, Susan and I started to walk the AVA 50 State/51 State Capitol's special program. We have now completed almost 40 states/state capitols as of mid-August 2019.

This trip included more sight seeing than walking, although I was able to walk four to five miles every day. For this trip we left early Monday morning and flew Southwest to Midway Airport in south Chicago then picked up the rental car and headed east.

One of our first stops were the Indiana Dunes National and State Parks which stretch roughly twenty miles around the south shore of Lake Michigan. These dunes have existed since the retreat of the glaciers some fifteen thousand years ago and are well worth visiting when you are in the area.

Then on to Battle Creek to visit some of the sights associated with the Kellogg and Post cereal companies and the now famous cereal wars. We arrived in Lansing later in the evening and on Tuesday and walked the State Capitol. An excellent walk, the start box and starting point are located in the Michigan Library and History Center complex with ample parking. There is a minor league baseball team and many other historical places to visit. On Wednesday we headed to Detroit and

did some walking -- but the high point was a two hour guided tour of facilities and places associated with the early years of the automotive industry. This included the first Ford Model T factory, the Packard complex, Studebaker's plant and his ties to Ford along with seeing the Ford and other automotive icons stately homes. Two hours in a 1929 model-A convertible was a hoot; then off to the Mo-Town Museum and complex which was well worth this side trip to Detroit.

We left Thursday and returned to Chicago and visited the former site of Fort Sheraton which has been repurposed as a large residential community,

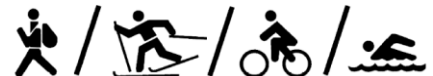
Then to Evanston and visited our former condo/residence where we had an opportunity to visit with the board president. Dinner with an old college friend of Susan's rounded off the day. Friday, more sight seeing in Chicago, then we took a later flight back to San Antonio.



David Bonewitz, Ph.D.— AVA National President CHANGE

This is a short note about a topic that we have discussed previously—change. There are times when change is essential. Recall Blockbuster—they failed to change and from a peak in 2004 of 9,094 stores there is now only one physical Blockbuster in the entire world (located in Bend, OR). While there are other examples of businesses that failed to change as the world changed around them, I think you get the point. The curves that I showed in the “State of the AVA Nation” clearly show that AVA has been on a downward trajectory for some time. It is obvious that we must make significant changes if we are going to survive. We started making changes with the move to do business as AVA: America’s Walking Club. While we are proud of

our Volksmarching tradition and history, it was not resonating with our potential customers. We haven’t thrown away our tradition and history, but we recognized that we needed to put the America’s Walking Club out in front if we were going to attract new folks. Now, we have invested some of our resources to hire a public relations company (Mass Media) to guide us to the changes that will give us a fighting chance to turn things around. They have the expertise and have been working hard to help us find the areas that need to change for the best results. We are not changing who we are or what we do. What we are trying to change is how we are seen by the public so we can attract new walkers and donors and ultimately grow! Keep watching for those changes to roll out from the Board. In closing, changes for AVA: America’s Walking Club will not likely be comfortable for some, but truthfully, we have two choices. We can change, or we can die a slow death. Which will you choose?



Texas Traditional Events November, 2019:

11/2/2019 - 11/3/2019 - Walk
Event Number: 114915 10/5km
Start: Schlitterbahn Employee Cafe;
corner of Liberty Street and North
Street

Event City: New Braunfels - Wurstfest
Host Club : NB-Marsch-und
Wandergruppe

Event Website:

www.muw.walktexas.org

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

P.O. Box 310778

New Braunfels, TX 78131

Contact: Jan Engel, (830) 660-4935

E-Mail: jsengel@earthlink.net

Club Website:

www.muw.walktexas.org

11/9/2019 - 11/9/2019 - Walk

Event Number: 115230 5k & 10K

Start: Miramar Park and Pool Pavilion

Event City: Seabrook - Trails & Bay

Host Club : Houston Happy Hikers

Event Website:

HoustonHappyHikers.com

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

PO Box 101

ORCHARD, Tx 77464

Contact: Catherine Kellner, (979) 478-6203

E-Mail:

hbbpresident@houstonhappyhikers.com

Club Website:

www.houstonhappyhikers.com

11/9/2019 - 11/9/2019 - Walk

Event Number: 115151 10 km/5 km

Start: Yarrabee Bend Pavilion, Onion Creek Metropolitan Park, Shady Cedar Dr. off Onion Creek Dr. Austin, Tx. 78744

Event City: Austin - Yarrabee Park at Onion Creek

Host Club : Colorado River Walkers

Event Website:

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

3109 Rogge Ln

Austin, Tx 78723

Contact: Carol Obianwu, (512) 771-9566

E-Mail:cobianwu@utexas.edu

Club Website:

www.coloradoriverwalkers.org/

11/9/2019 - 11/9/2019 - Walk

Event Number: 116049 10km/5km

Start: Yates Park

Event City: Henderson - Henderson Syrup Festival

Host Club : East Texas Trekkers, Inc.

Event Website:

www.WalkTx.org/EastTexasTrekkers

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

2334 Saharah Dr

Garland, Tx 75044

Contact: Helen Hull, (972) 530-1026

E-Mail:helenthun@yahoo.com

Club Website:

www.Walktx.org/EastTexasTrekkers/

11/16/2019 - 11/16/2019 - Walk

Event Number: 115323 10k / 5k

Start: Samuell Grand Park

Event City: Dallas - Hollywood / Santa Monica

Host Club : Dallas Trekkers, Inc.

Event Website:

www.dallastrekkers.org

More Details: [Click here for directions, ratings, etc.](#)

Contact: Deborah Carter, (214) 549-0851

E-Mail:debwalk@earthlink.net

Club Website: www.dallastrekkers.org

11/23/2019 - 11/23/2019 - Walk

Event Number: 115169 10/5km

Start: Japanese Tea Garden

Event City: San Antonio - Japanese Tea Garden Walk

Host Club : Texas Trail Roundup

Event Website: texastrailroundup.org

More Details: [Click here for directions, ratings, etc.](#)

Contact: Susan, (210) 325-3523

E-Mail:sueammed@aol.com

Club Website: texastrailroundup.org

11/29/2019 - 11/29/2019 - Walk

Event Number: 115812 10k, 5k

Start: Walgreens, 1015 Town East Blvd

Event City: Mesquite - Mesquite

Heritage Trail

Host Club : Dallas Trekkers, Inc.

Event Website:

www.dallastrekkers.org

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

1635 Windmill Ln

Mesquite, TX 75149

Contact: Dianne Duke, (214) 368-9730

E-Mail:d.w.duke@live.com

Club Website: www.dallastrekkers.org

11/30/2019 - 11/30/2019 - Walk

Event Number: 113926 5K/10K

Start: High Street Guesthouse

Event City: Comfort - Christmas in Comfort

Host Club : Hill Country

Volkssportverein

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

102 Edgewood Drive

Comfort, TX 78013

Contact: John Bohnert, (830) 496-1746

E-Mail:tinabohnert@gmail.com

Garden Ridge Walk 10/5/19



Start/finish Point pavilion at Paul Davis Park –Garden Ridge



David Prewitt & Joanne Forinash working the Sales Table



Martin Callahan & Rudy at entrance to Forest Waters



Dee Repp and Ellen Ott working the event.



Local participants at the event.



2nd Checkpoint with John Ives punching cards.

***All photos courtesy of Martin Callahan**

RANDOLPH ROADRUNNERS
PO Box 2744
Universal City TX 78148-1744

RANDOLPH ROADRUNNERS APPLICATION
PO Box 2744, Universal City TX 78148-1744

Please check applicable box (es):

Renewal New Member Family member(s) included (see instructions below) DATE _____

Name _____

NEW MEMBER FEE: \$4.00 for 1 year
\$10.00 for three years

Address _____

This fee applies to the primary member. Additional family members require a \$2.00 fee per individual.

_____ Apt No. _____

RENEWAL FEE: \$4.00 for one year
\$10.00 for three years

City _____ State _____ Zip code _____

This renewal fee includes each family member who paid \$2.00 with the original application.

Telephone number _____

If the \$2.00 fee was not paid with the original application, add family members now by including \$2.00 for each person.

E-mail address _____

Lifetime membership for (1) one person is available for a \$30 fee.

Family members _____

AVA Volkssport Associate Yes No

Amount submitted \$ _____

Eager to serve as club officer _____ or committee chair _____