



Official Newsletter of the RANDOLPH ROADRUNNERS (AVA44)

Volume 2018 – October 2018 No. 10
Next Meeting – 10/18/18

A member of the American Volkssport Association (AVA) & the International Federation of Popular Sports (IVV)
The Public is always welcome

**Randolph Roadrunners
Volkssport Club
A Walking Club Established 1980
PO Box 2744
Universal City, TX 78148-1744
Elected Officers**

President

Ellen Ott 210-723-8574

Vice President

John Ives 210-694-4582

Treasurer

Pat Gunter 210-479-0805

Secretary

Pat Roberts 210-846-1801

Committee Chairs

Membership:

Caryl Swann 210-842-4128

Publicity:

Susan Alton 503-789-9166

Sales: -----OPEN-----

Webmaster & Event Flyers:

Randy Baker 260-225-3766

Newsletter:

**Audrey Vertucci – AudreyVe@aol.com
210-496-2197**

Year-round Events: Boerne & Gonzales

Pat Gunter 210-479-0805

*Year-round Events: DeZavala Daily Bread
& Broadway Daily Bread, Leon Creek*

Ellen Ott 210-723-8574

*Year-round Events: Crownridge, Friedrich
Park, Eisenhower Park*

Susan Medlin 210-325-3523

Year-round Events: Schertz

Pat Roberts 210-846-1801

Club Website

www.randolphroadrunners.info

AVA Website

www.ava.org

TVA Website

www.walktexas.org

SW Regional Director

Susan Medlin 210-325-3523

sw_rd@ava.org

Renewal Time

The following membership renewals are currently due:
Beth Billnitzer, Frank Dieck, Sylvia Chaffin, Darlene Oner, Cheryl Lardy, Pamela Voith, Ann Menchaca, Betsy Kernahan and Shelta & Bob Reese.

To renew your RR membership, fill out the application attached or print it off our website:

www.RandolphRoadrunners.info and send it with \$4 for 1 year or \$10 for 3 years, to Caryl Swann c/o RR, PO Box 2744, Universal City, TX 78148.

Remember: Lifetime Memberships are available for \$30 per person.

RR SALES POSITION

The Roadrunners still need a person or persons for the sales position. Please contact Ellen, 210-723-8574, if you can help.

RR Club Meetings:

We meet at 6:30 P.M. on the 3rd Thursday of every month at: Universal City Library, 100 Northview Drive, Universal City, TX 78148.

The next RR meeting is October 18, 2018.



**From the Desk
of the Pres--**



On 6 October the Roadrunner's will feature the Broadway Daily Bread YRE starting at 5001 Broadway. No workers are needed for this one!! It will be staffed from 8 am to at least 10 am.

The Land Heritage walk is 20 October and we need workers for all shifts

except 2nd shift on registration and finish. There will be 2 check points and a need for a parking person or 2. If enough folks sign up to work, the shift times can be shortened and everyone will have a chance to walk. I'm hoping they will allow us to mark the route on Friday 19 October. That will give some folks a chance to do a worker's walk. Please let me know where you'd like to help out! Contact me at ellenott@sbcglobal.net or 210-723-8574 if you can help.

Our Boerne Christmas walk is scheduled for 8 December, 2018, from 8 am to noon and finish no later than 3 pm. Start at Luther Hall at St. John's Lutheran Church, 315 E. Rosewood Avenue, Boerne. Happy trails ya'll,



Ellen



"the Alamo"

**Tales from the Trails
Can Do a Walk in CAN
Antonio!**

Sat., Sept. 15, 2018

By Susan Alton

Forecast: hot and humid with an 80% chance of rain. It's a good thing that today's Volksmarch is inside North Star Mall. Bob and I walked 10k.

Because our walk was in a mall and it would be cool, we didn't start until about 10:30 a.m. We enjoyed window shopping and the exhibits. As the day wore on, the mall became more and more crowded. I felt like we were Dodge-'em cars as we wove our way through the maze of people.

Until September 22, you can see the result of a design/build competition called "CANstruction" which is taking place inside the mall. Local businesses compete to build the best/cleverest can sculptures (as in cans of food). The sculptures are judged and, when the competition is over, all the cans of food are donated to the San Antonio Food Bank to help end hunger.

This is the 13th annual competition which raises funds and awareness for the San Antonio Food Bank. Ten teams representing the San Antonio chapters of The American Institute of Architects and the Society for Design Administration take part. On Sunday, September 9, the teams were given 12 hours to build their structures using approximately 30,000 cans of food.

What do the teams "win?" They win awards for most original design, the best use of labels, structural ingenuity of the sculpture, and for the number of cans used. But the prize most teams want is Best Original Design. Best Original Design earns a blue ribbon, AND their CANstruction can be re-built in the lobby of the San Antonio Food Bank for all to see.

You will see that the builders carefully chose the cans of food with the right colors on the labels. By rotating the cans, they could expose different colors. Some even removed the labels completely to expose the silver color of the cans to make the San Antonio Spurs logo.

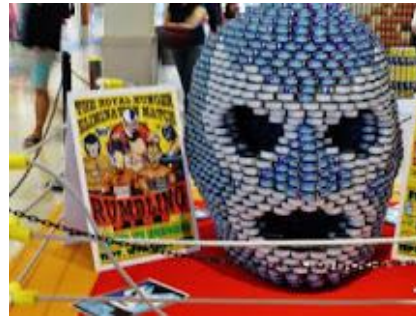


Spurs Logo

The first entry we spotted was called, "Walk Around CAN Antonio." It won a blue ribbon and it was easy to see why.

The firms who created this clever masterpiece are Marmon Mok Architecture, Metro, Jones/Carter, and Datum Engineering. A total of 5,389 cans of food were used. You can view this sculpture from three different angles and see a different part of San Antonio on each side.

What we found fascinating was that it was hard to see the designs with the naked eye, but as soon as you put your camera up to take a photo, the image was much easier to make out. Here are other photos from today's walk...



"El Luchador Mask...It's Rumbling Time." (5,003 cans)

The next photo depicts Hemisfair Park's Tower of the Americas, the San Antonio River, and the Workers Project Administration Bridge (now known as the Selena Bridge).



Thank you to Taco Cabana for hosting our walk and to our volunteers who made us feel welcome. Great job!



Fun, Fitness, Friendship

AVA Programs—Debra Kruep, Chair

#Optoutside November 23 (Year #3)

This year we would like to continue the #Optoutside tradition for a third year. Last year we had 53 clubs host an #Optoutside event. This is an increase of over 30% of club participation from 2016. The total number of recorded participation was 1,156 walkers with approximately 24 people new to the AVA.

Congratulations to the #Optoutside Traditional event hosted in conjunction with an REI warehouse and its employees in Seattle. I understand we may have an additional collaborative effort in another area of the country for 2018.

The more clubs we have participating the more publicity it drives for the entire AVA. How can your club be part of the #Optoutside experience? It's very easy. Conduct a traditional event or a group walk at your favorite YRE. A group walk only takes one person willing to lead a group. Send your information to AVA by October 8th to be included on the #Optoutside section of the AVA website, advertise your event in your local area, fill out a participation form after the event (available in the December Checkpoint.).

All the participating clubs will be listed in one area on the AVA website. They will also be featured on the AVA Facebook page. Anyone searching Facebook looking for #Optoutside events will find the AVA Facebook page and learn about our events. It's that easy to contribute!

For #Optoutside Event form:

http://www.ava.org/OptOutside/2018/Optoutside_Event_Information.pdf



AVA Convention Co-Chair—*Lea Darling*

DON'T EXPECT THE USUAL AT THE 2019 AVA WALKING THRU HISTORY CONVENTION!

We have the normal 3 convention walks, but we have added a new caveat

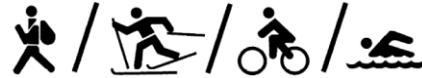
with bussing all walkers to the Starting Points and returning all walkers back to the hotel each day of convention walks. Simple reason being, very limited parking in the areas of each of our walks. Not to worry, even if you are driving a car or renting one, please leave the drive to and from the walks up to us.

Our premier walk at the Saratoga National Historical Park, where the Saratoga Battles led to the "Turning Point of the American Revolution," will be a linear walk. Yes, we have done these before, but not as we will be presenting ours. The bus will drop you off at the start point and you will walk to where the bus is, get back on the bus and driven to the next point of interest, walk to the next stop and get back on the bus to head to the next walking point, etc. to the end. This will be a little longer than usual walk with much to see, experience, contemplate, and hopefully come to realize the sacrifice our Revolutionary men, women and children of the day endured to bring us to our present day freedoms.

Not your typical workshops will emphasize interesting AVA subjects to help clubs learn how to keep our clubs strong and vibrant in this day and age and, other fun (yes I did say FUN) and important topics. The convention selections will deal primarily with some of the amazing historical happenings in New York State.

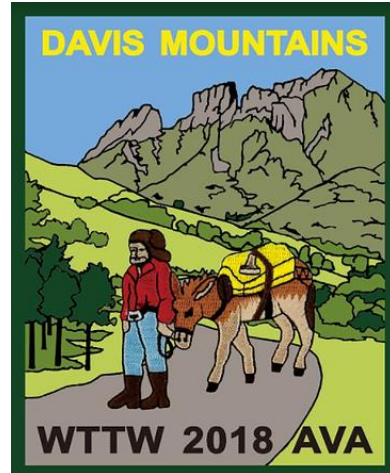
Some unexpected social happenings beginning on Tuesday evening after dinner on your own, we will be having a fun 5k walk in a beautiful park just a short walk from the hotel for those walkers who want a stretch after being on a plane, train, bus, or car. You will also be able to help (if you want) our convention pick for our not-for-profit fundraiser. More to come on this subject as things get firmed up. It has been the AVA custom for most of the convention clubs to show appreciation to their host city by making a donation to a local not-for-profit and we will continue this nice gesture. After the walk you will be able to buy, for a small fee, Ice Cream Cones and visit with some of your walking friends before the hectic days of convention commence!
In another article as we get closer to convention, I will share some of the

other surprises we have for socials and the closing banquet.



Texas Traditional Events and Featured YREs - October, 2018:

On 6 October the Roadrunner's will feature the Broadway Daily Bread YRE at 5001 Broadway and the walk will be staffed from 8 am to at least 10 am.



10/5/2018 - 10/5/2018 - Walk
Event Number: 111017
 12km/10km/8km/5km
Start: McIvor Visitor Center, Davis Mountains Preserve
Event City: Fort Davis - Nature Conservancy
Host Club: West Texas Trail Walkers
Event Website: www.westtexastrailwalkers.org
More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:
 8819 London Heights
 San Antonio, Tx 78254
Contact: Susan Noonan, (210) 286 - 8897
E-Mail: susan.noonan@gmail.com
Club Website: www.westtexastrailwalkers.org/Home.html

10/6/2018 - 10/6/2018 - Walk
Event Number: 111018
 20km/10km/5 km
Start: Visitor Center, Fort Davis National Historic Site
Event City: Fort Davis
Host Club: West Texas Trail Walkers
Event Website: www.westtexastrailwalkers.org

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:
 8819 London Heights
 San Antonio, Tx 78254
Contact: Susan Noonan, (210) 286 - 8897

E-Mail: susan.noonan@gmail.com
Club Website: www.westtexastrailwalkers.org/Home.html

10/7/2018 - 10/7/2018 - Walk
Event Number: 111019 10 km/5 km
Start: The Lodge, Prude Ranch
Event City: Fort Davis - Prude Ranch
Host Club: West Texas Trail Walkers
Event Website: www.westtexastrailwalkers.org

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:
 8819 London Heights
 San Antonio, Tx 78254
Contact: Susan Noonan, (210) 286 - 8897

E-Mail: susan.noonan@gmail.com
Club Website: www.westtexastrailwalkers.org/Home.html



10/13/2018 - 10/13/2018 - Walk
Event Number: 111076 10km & 5km
Start: Art Cowsen Trailhead
Event City: Benbrook
Host Club: Hood County Hummers
Event Website: www.hoodcountyhumeurs.org

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:
 1408 East Apache Trail
 Granbury, TX 76048
Contact: Sonny Byington, (817) 437 - 2882
E-Mail: sonnyraeb@gmail.com
Club Website: www.walktx.org/HoodCountyHummers/

10/13/2018 - 10/13/2018 - Walk
Event Number: 112454 10 KM/5 KM
Start: AVA Headquarters
Event City: Universal City - Cibolo Creek Primitive Trail

Host Club: Texas Wanderers
Event Website: walktx.org/TexasWanderers
More Details: [Click here for directions, ratings, etc.](#)
Write for more information to:
102 Wildridge Trail
Universal City, Tx 78148
Contact: Gerald Kamicka, (210) 658 - 2160
E-Mail: GeraldK726@aol.com
Club Website:
www.walktx.org/TexasWanderers

10/13/2018 - 10/13/2018 - Walk
Event Number: 112099 10km/5km
Start: Neosha House on Sam Houston Memorial Museum Complex (between Steamboat House and Wigwam on 19th St)
Event City: Huntsville - Sam Houston Campus
Host Club: Houston Happy Hikers
Event Website:
HoustonHappyHikers.com
More Details: [Click here for directions, ratings, etc.](#)
Write for more information to:
P O Box 101, Orchard, Tx 77464
Contact: Catherine Kellner, (979) 478 - 6203
E-Mail:
hkhcontact@houstonhappyhikers.com
Club Website:
www.houstonhappyhikers.com

10/20/2018 - 10/20/2018 - Walk
Event Number: 110990 10 km/5 km
Start: Land Heritage Institute 1349 Neal Road
Event City: San Antonio 78264 - Land Heritage
Host Club: Randolph Roadrunners
Event Website:
randolphroadrunners.info
More Details: [Click here for directions, ratings, etc.](#)
Write for more information to:
11906 Pepperidge Cove
San Antonio, Tx 78213
Contact: Ellen Ott, (210) 723 - 8574
E-Mail: ellenott@sbcglobal.net
Club Website:
www.randolphroadrunners.info

10/20/2018 - 10/20/2018 - Walk
Event Number: 112313 5k/10k
Start: Brady's Coffee Shop
Event City: Tyler - Tyler Rose Festival
Host Club: East Texas Trekkers, Inc.
Event Website: www.WalkTx.org/EastTexasTrekkers

More Details: [Click here for directions, ratings, etc.](#)
Write for more information to:
2334 Saharah Dr
Garland, TX 75044
Contact: Helen Hull, (972) 530 - 1026
E-Mail: helenthehun@yahoo.com
Club Website:
www.Walktx.org/EastTexasTrekkers/

10/27/2018 - 10/27/2018 - Walk
Event Number: 111393 10k / 6k
Start: Kidd Spring Park
Event City: Dallas - Kings Highway
Host Club: Dallas Trekkers, Inc.
Event Website: dallastrekkers.org
More Details: [Click here for directions, ratings, etc.](#)
Write for more information to:
1134 Thistle Dr., Mesquite, Tx 75149
Contact: Deborah Carter, (214) 549 - 0851
E-Mail: debwalk@earthlink.net
Club Website: www.dallastrekkers.org

10/27/2018 - 10/28/2018 - Walk
Event Number: 111114 10km/5km
Start: Waring VFD Hall
Event City: Waring - Halloween Walk
10/27/2018 - 10/28/2018 - Walk
Event Number: 110988 10 km/5 km
Start: Waring VFW Hall
Event City: Waring - Halloween Walk
Host Club: Hill Country Volkssportverein
More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:
PO Box 822
Comfort, TX 78013
Contact: John Bohnert, (830) 496 - 1746
E-Mail: tinabohnert@gmail.com



Indie Memorial Walk – South Texas Medical Center, 8/18/18

This walk is dedicated to the memory of "Indie" Martin Callahan's canine walking partner and Best Friend for many years, who passed away in July 2015. Most of you have seen Indie on the trails or his pictures published with many of Martin's articles in The American Wanderer over the years.



Joanne Forinash, Robin Fennell and Kathy Schwencke, the Selma Pathfinders' working at the walk 8/18/18.



Doug Eide with Rudy, Gayle Weinraub, Mike Schwencke with Dolly and John Ives at the trailhead on the 2.2 mile-long Medical Foundation Trail loop.



Martin Callahan next to the Indie Memorial plaque at walk registration table inside Martha's Mexican Restaurant at 5822 Babcock Road.

***Photos courtesy of Martin Callahan**

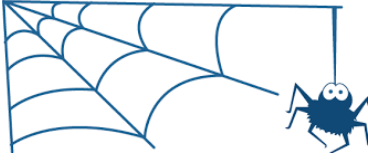


Doug Eide, Audrey Vertucci, Suzanne Markgraf next to the Indie Memorial plaque at the start point 8/18/18.



Sandra Bliss and Dee Repp with Hogarth on the trail along Medical Drive 8/18/18

RANDOLPH ROADRUNNERS
 PO Box 2744
 Universal City TX 78148-1744



RANDOLPH ROADRUNNERS APPLICATION
 PO Box 2744, Universal City TX 78148-1744

Please check applicable box (es):

Renewal New Member Family member(s) included (see instructions below) DATE _____

Name _____

NEW MEMBER FEE: \$4.00 for 1 year
 \$10.00 for three years

Address _____

This fee applies to the primary member. Additional family members require a \$2.00 fee per individual.

RENEWAL FEE: \$4.00 for one year
 \$10.00 for three years

Apt No. _____

City _____ State _____ Zip code _____

This renewal fee includes each family member who paid \$2.00 with the original application.

Telephone number _____

If the \$2.00 fee was not paid with the original application, add family members now by including \$2.00 for each person.

E-mail address _____

Lifetime membership for (1) one person is available for a \$30 fee.

Family members _____

AVA Volkssport Associate Yes No

Amount submitted \$ _____

Eager to serve as club officer _____ or committee chair _____