



Volume 2018 – August 2018 No. 8
Next Meeting – 9/20/18

A member of the American Volkssport
Association (AVA) & the International
Federation of Popular Sports (IVV)
The Public is always welcome

Randolph Roadrunners
Volkssport Club
A Walking Club Established 1980
PO Box 2744
Universal City, TX 78148-1744
Elected Officers

President

Ellen Ott 210-723-8574

Vice President

John Ives 210-694-4582

Treasurer

Pat Gunter 210-479-0805

Secretary

Pat Roberts 210-846-1801

Committee Chairs

Membership:

Caryl Swann 210-842-4128

Publicity:

Susan Alton 503-789-9166

Sales: -----OPEN-----

Webmaster & Event Flyers:

Randy Baker 260-225-3766

Newsletter:

Audrey Vertucci – AudreyVe@aol.com
210-496-2197

Year-round Events: Boerne & Gonzales

Pat Gunter 210-479-0805

*Year-round Events: DeZavala Daily Bread
& Broadway Daily Bread, Leon Creek*

Ellen Ott 210-723-8574

*Year-round Events: Crownridge, Friedrich
Park, Eisenhower Park*

Susan Medlin 210-325-3523

Year-round Events: Schertz

Pat Roberts 210-846-1801

Club Website

www.randolphroadrunners.info

AVA Website

www.ava.org

TVA Website

www.walktexas.org

SW Regional Director

Susan Medlin 210-325-3523

sw_rd@ava.org

Renewal Time

The following membership renewals are currently due:

Angela Joyce, James & Jackie Lytle, Joan Lyman, Sam Klein, Judi Hunt, Michelle Nooner, Jerry & Melissa Ozunega, Cindy Hildner, Sabine Ward, Frank Dieck, Nathalie Swisher, Beth Billnitzer, Melissa Thomson, Darlene Oner, Margret Carswell, Cheryl Lardy, Pamela Voith and Sylvia Chaffin.

To renew your RR membership, fill out the application attached or print it off our website:

www.RandolphRoadrunners.info and send it with \$4 for 1 year or \$10 for 3 years, to Caryl Swann c/o RR, PO Box 2744, Universal City, TX 78148.

Remember: Lifetime Memberships are available for \$30 per person.

RR SALES POSITION

The Roadrunners still need a person or persons for the sales position...

RR Club Meetings:

We meet the 3rd Thursday of every month at: Universal City Library, 100 Northview Drive, Universal City, TX 78148.

The next RR meeting is September 20, 2018. **There will be NO meeting in August.**

From the Desk of the Pres--

The next RR walk event is the Taco Cabana August SunRise walk at 1130 N Loop 1604 E (1604 and Blanco Rd.) in San Antonio. The event start is 6:30 a.m. to 8:30 a.m. and finish by 11:30 a.m. Workers are needed for the walk.

Pat Gunter and Darlene Oner will cover the registration from 0630 until 0830 and Suzanne Markgraf will cover the second shift at the finish table. The check points and the first shift on finish still need to be staffed. Contact Ellen at ellenott@sbcglobal.net or 210-723-8574 if you can help.



Taco Cabana Sunrise walk 7/21/18

Forty eight "crazy" folks braved the heat and humidity on 21 July to walk the first of the Roadrunner's SunRise walks. A special thank you to all the workers:

Pat Gunter and Darlene Oner on registration; Pat Roberts at the start table and check point; Susan Alton and Caryl Swann at the finish table and Victor and Carole Hernandez at the check point. John Ives was in charge of the trail in Comanche Park and he and Mike Hermes set up the check point; Wayne Henry helped pack up the EZ up at the check point.

You all know the drill for what you are suppose to do on these exceptionally hot days: hydrate with water or a sports drink, limit caffeine and alcohol, wear a hat outdoors, use sun block, and don't forget to put it on your ears. And did I mention hydrate?

Once it cools off a little don't forget the many wonderful year around events there are to walk (and bike) in our area. And hydrate.

Ellen

The RR June Potluck Presentation Was Enlightening

By Bob Alton

In preparation for the city's tri-centennial, officials, including the Office of Historical Preservation, were tasked with pinpointing the location of significant local historical sites. One such site mentioned in several early documents was the Spanish Powder House located approximately a mile

east of the Alamo just off Commerce Street.

On Thursday, June 28, Matthew Elverson, Assistant City Archeologist, spoke to the Randolph Roadrunners and shared the inside story of how his office proved the exact location of the Powder House. His presentation unfolded like a detective story, including archaic references which served as clues to unravel the mystery, and the use of high tech devices to direct the search.

The Powder House was a building used by the military to store gunpowder. It was built of plastered limestone with two-and-a-half-foot thick walls. It was critical to store the explosives away from the other buildings on a military post. There was a three-story watchtower adjacent to the Powder House and the two buildings were situated on a slight rise on the main road heading out of town, far from the Alamo and other structures. The original purpose of the Watchtower and Powder House, built between 1807 and 1810, was for protection of the village of Bexar. When Americans began populating the territory acquired in the Louisiana Purchase, just east of Texas, there was a fear they would continue their expansion west into Spanish lands.

Mr. Elverson began by showing references to the Powder House starting with Spanish colonial construction, use by Mexican troops, the Republic of Texas, the US Army, and the Confederate Army.

From contemporary narratives, road maps, and plot maps from property deeds, there are plenty of references to the approximate location of the Powder House. By overlaying many of these documents and comparing results to topographical maps, the archeologists were able to narrow the search to a block of land that is currently City Cemetery No. 2.

Through the use of aerial photography and ground thermal imaging, they found several areas that were potentially man made (straight lines and a 90-degree corner). Since they were working in a cemetery, they choose specific sites in roadways away from graves to begin digging for confirmation.

It did not take long to get to the original limestone foundation stone work and confirm with certainty the exact location of the Powder House. By exposing the stonework, they determined the age of the construction by the techniques used, and the types of fill surrounding the wall. It was interesting to note several houses in the neighborhood are built from limestone block which most likely came from the ruins of the Watchtower and Powder House. Workers also found ceramic samples and gunflints used by Mexican forces in the early 1800s.

Mr. Elverson even showed us an advertisement from the early 1880s soliciting bids to prepare the site for use as a cemetery. After excavation, the site was returned to its original condition. No gravesites were disturbed during the work. The Office of Historical Preservation for the city is working on other historical sites and has an extensive map of all the acequia systems in the city which was very interesting.

Thanks to Ellen Ott for arranging a wonderful speaker and educational evening. The potluck was also well received and heartily eaten!

Roadrunner 2nd Quarter Reports on YREs: 2018

Old Schertz: April 2; May 4; June 5
TOTAL: 11 {year to date total 22}
Pat Roberts, POC
Schertz/Cibolo: April 5; May 2; June 1
TOTAL: 8 {year to date total 10}
Pat Roberts, POC

Crownridge: 2nd Quarter = 7, 2018 so far = 11 (will start walking this more to get the numbers up)
Susan Medlin, POC
Friedrich: 2nd Quarter = 15, 2018 so far = 25 (profitable for 2018!!)
Susan Medlin, POC

Quarterly totals for the RR YREs:

Schertz	11
Cibolo	8
Boerne Town	15
Boerne Cemetery	9
Boerne Nature Ctr	20
Crownridge	11
Friedrich Park	15
De Zavala	14
Leon Creek	13

Bike	9
Eisenhower Park	6
Broadway	12
Southside Lions	6



Kudos to the following RR Walkers - From the latest issue of the TAW

Events:	
150 events	Ed Roberson
375 events	Patricia Roberts
425 events	Darren Medlin
1,000 events	Bart Marlar
1,500 events	Ted Cieslak

BIKE:
1,000 km Ed Roberson (way to pedal!!)

Distance:	
6,500 km	Susan Medlin
35,000km	Patricia Heller



401 kilometers - Invest in Your Health

Congratulations to the following RR's who have completed the program:
Susan Fine
Patricia Gunter
Susan Medlin
Darren Medlin
Perry Rawson
A New virtual online program, Tour of Italy, began 1 May 2018.



Participate in 100 events in a single calendar year and AVA will recognize your accomplishment with a distinctive patch that demonstrates to the world that you are a Volkssport Centurion. A lifetime of fitness begins with a single stride. Follow the instructions to sign up at: <http://ava.org/Centurion.php>
Congratulations to the following RR members who have met the 2017 Centurion Achievement Challenge:
Martin Callahan
Doug Eide

John Ives
Darren Medlin
Susan Medlin
Ellen Ott
Susan Alton



**TVA Meeting
Weekend – San Angelo, Aug.
3, 4, 5**

8/3/2018 – YRE 1871 Concho River
Walk – 10km/5km – 1A
Host club: San Angelo Volkswalkers
Event City: San Angelo – **TVA
meeting featured walk**

8/4/2018 – **TVA meeting** - feature five
2018 only County Walks.

8/5/2018 – YRE 1869 Fort
Concho/Water Lily Collection Walk
10km/5km – 1A
Host club: San Angelo Volkswalkers
Event City: San Angelo – **TVA meeting
featured walk**

**National Special
Programs - Susan Medlin,
Chair & SWRD**



AVA Sanctioned Walk
September 8, 2018 8:00am
Mission Park Pavilions
6030 Padre Drive, San Antonio,
Facilitated by the Selma Pathfinders
AVA Club
Event #111122 AVA 0088

Tour de Las Misiones is a one of a
kind opportunity to visit and learn about
San Antonio's World Heritage Site
Historic Missions. The Bike, Run and
10/5km Walk will all start at Mission
Park Pavilion. The first 500 participants
who register before August 31 will
receive a Finisher Commemorative
Medal, Collectable T-shirt, and Goodie
Bag. Hope to see all of you there!

San Antonio has been approved as an
IML Candidate. The IML President and
Vice President will be inspecting our
walk next year, 22 -24 Feb 2019. IML
events normally do not use printed
maps and directions. This is because of
all the different languages that the IML
members speak. Instead, the routes are
clearly marked at every possible turn.

**A Tale from the Trails –
Tater Tours' Great Lakes Trip**
By Caryl Swann

From June 19 – July 2, I joined Tater
Tours for a 2 week trip to walk around
the Great Lakes and Niagara Falls,
Ontario, Canada.

Day 1 - 2 walks in Cleveland Ohio –
downtown in the A.M. and the
Lakeview Cemetery in the P.M.
Downtown featured historical buildings,
Browns' stadium, and the Rock & Roll
Hall of Fame. The Lakeview Cemetery
was on an extensive plot of wooded
land with monuments and grave sites of
historical persons.

Day 2 - walks were in Conneaut, Ohio
and Erie, PA. Conneaut took us to a
Lake Erie beach and the harbor area.
Our Erie walk was in Presque Isle State
Park, which featured several
lighthouses.

Day 3 -city walk in Buffalo, NY. From
there, we drove to the Canadian border
and passed easily through customs to
spend 3 days in Ontario.



Day 4 - walk through Niagara-on-the-
Lake, and along the Niagara River,
overlooking the American Falls, Bridal
Falls, and Horseshoe Falls.

Day 5 - capital walk through downtown
Toronto. The weather decided to
change from pleasant to downpours, but
of course, that didn't stop us from
walking. Even with all kinds of rain

gear we couldn't keep our shoes from
becoming drenched.



Day 6 - back to the U.S. (yes, they did
allow us back in) with a walk in Port
Huron, MI along the Clair River and
through 2 parks and downtown. Viewed
Lake Huron, our 2nd lake.



Day 7 - no sanctioned walks. Spent a
good part of the day in Frankenmuth,
MI, home of a gigantic Christmas store
and a downtown full of Bavarian food,
horse-drawn carriages, and a
glockenspiel (clock tower) Pied Piper
show outside the Bavarian Inn.



Day 8 - Mackinac Island on Lake Huron
for a stunning 13k walk along the
island's perimeter. To reach the island,
we boarded a ferry and landed in what
felt like a fairy tale – no motorized
vehicles allowed. Transportation
options were by foot, bicycle, or horse-
drawn carriage. The lack of car noise
was awesome. On Day 8 we also did an
afternoon walk in the tourist town of

Mackinaw City, where we spent 3 nights.

Day 9 - Sault Ste. Marie (at the tip of Lake Superior) for morning walk along a river, passing the Soo Locks and a museum ship, the Valley Camp.



Day 10 – Traverse City, MI – the heat really started getting intense – in 90’s for all our remaining days. Walked along rivers, park trails, and beaches.

Day 11 - St. Joseph and South Haven, MI – walks along downtowns and historic homes, and along Lake Michigan beaches & lighthouses.

Final Day – Walks in Grand Haven and Grand Rapids, MI in parks and along rivers and museums. Due to the heat, I opted out of these walks and relaxed and packed instead.



Fun, Fitness, Friendship

Big Give, Big Impact Samanta Sanchez-AVA Communications

The Big Give 2018 has been one of our most successful fundraisers yet, raising a total of \$74,536. As you all know, the AVA has participated during the Big Give for four consecutive years now and thanks to our generous donors we have raised a grand total of \$254,829.25! Now that’s something to celebrate!

This year we were able to leverage additional money by winning 2nd place in the Health and Wellness category (\$1,500). We were also able to raise additional funds through our Peer to Peer fundraisers. Thank you to all who participated and thank you to our Top 3 Peer to Peer Fundraisers: Nancy Wittenberg, Erin Grosso, and Henry Rosales.

We also want to give a special thanks to our Match donors: Nancy Wittenberg,

AVA National Executive Committee, Susan Medlin, SWRD, American Family Insurance Dreams Foundations, Boeing Company, The Robert & Diana Adelman Charitable Foundation, Eagle Print, Mary Ptacek (Tater Tours), Terra Investments, Walking Adventures International, Bobbi Bilnoski (Concinnity Network), and Frazier Insurance Agency, Inc. Thank you all from the bottom of our hearts!

Starting Point Photo Contest

What is the essence of Volkssporting in the USA? Is it the “People”, “Places” or “Things” you encounter! Can you capture the essence of Volkssporting? Let’s try! Please submit your entries for this year’s photo contest, capturing the People, Places and Things you encounter while walking.

The first and second place winners will get their photo printed on the front side (1st place) and backside (2nd place) cover of the 2019 Starting Point book. Winners will also get a complimentary copy of the Starting Point! Entries are due to AVA National office no later than August 31, 2018. Check the AVA website for rules, guidelines and the official entry form. Participation in the nationwide contest is open to AVA members, clubs and state organizations. All entries must have been created or occurred during the time period from July 1, 2017 – August 31, 2018. For more information contact Hector@ava.org.



Texas Traditional & Featured Summer YRE Events - August, 2018:

TVA Meeting walks 8/3/18, 8/4/18, 8/5/18:
8/3/18– YRE 1871 Concho River Walk 10km/5km
8/4/2018 – TVA meeting in San Angelo - feature five 2018 only County Walks.
8/5/2018 – YRE 1869 Fort Concho/Water Lily Collection Walk 10km/5km

8/11/2018 - 8/11/2018 - Walk
Event Number: 111093 10 km/5 km

Start: Taco Cabana 1130 N Loop 1604 E (1604 and Blanco)

Event City: San Antonio - August Summer Sunrise Event

Host Club: Randolph Roadrunners

Event Website:
randolphroadrunners.info

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

11906 Pepperidge Cove
San Antonio, Tx 78213

Contact: Ellen Ott, (210) 723 - 8574

E-Mail:ellenott@sbcglobal.net

Club Website:

www.randolphroadrunners.info

8/18/2018 – YRE 0149 Medical Center

Featured walk - 13km/10km/8km/5km

Staffed from: 7 a.m. to 10 am

Host club: Selma Pathfinders

Event City: San Antonio

Start: Martha’s Mexican Restaurant

Event Website: www.ava.org

– walking events

8/25/2018 – YRE 0614 Don Flick

featured walk – 11km/5km – rated 1B

Start: Faust Hotel

Event City: New Braunfels

Host club: NB-Marsch-und

Wandergruppe

Staffed from: 7 a.m. to 10 a.m.

Event Website: www.ava.org

– walking events

9/1/2018 - 9/1/2018 - Walk

Event Number: 111732 10km/5km

Start: Japanese Tea Garden, 3853 North St. Mary's

Event City: San Antonio - Japanese Tea Garden

Host Club: Texas Trail Roundup

Event Website:

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

12527 Fern Creek

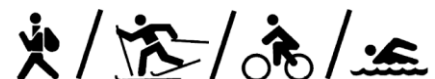
San Antonio, TX 78253

Contact: Susan A. Medlin, (210) 325 - 3523

E-Mail:sueammed@aol.com

Club Website: texastrailroundup.org

And don't forget the YRE at North Star Mall where it's cool!





IT'S OFFICIAL;
the 2019 Convention website is OPEN.
Please go to AVA.org, scroll down to
the Convention Logo and click on it, or
"click here" to open it up. It is a
beginning and as things get firmed up
we will add to the site.

We are very excited to be at the less
than one year mark till you arrive in the
Northeast to experience all the
wonderful sights and history of our
region.

RANDOLPH ROADRUNNERS
PO Box 2744
Universal City TX 78148-1744

Our regional history begins in the
1600's with the Dutch landing in New
Amsterdam and takes us through many
centuries of population explosion,
industrial superiority, independence
from foreign rule to the national
pastime of baseball and SO MUCH
MORE!

Walk through the convention site to get
a feel for some of the history of the
areas you will be walking. Plan some
side walks and visit other sites of
personal interest while in our neck of
the country.

A block of rooms for the 2019 AVA
Convention has been reserved with the
Red Lion Hotel Albany. We have
blocked room nights for June 11-15 at a
discounted group rate of \$109 + tax per
night. Complimentary continental
breakfast is included per guest in each
room per day.
The hotel will begin taking reservations
starting July 20, 2018. To make your
reservations: please dial (518) 458-7250
ext. 440. Please make sure to ask for the
American Volkssport Association Block
to get the discounted rate. Stay tuned
for Convention updates on Facebook
and our AVA website.
Red Lion Hotel Albany, 205 Wolf Rd,
Albany, NY 12205

RANDOLPH ROADRUNNERS APPLICATION

PO Box 2744, Universal City TX 78148-1744

Please check applicable box (es):

Renewal New Member Family member(s) included (see instructions below) DATE _____

Name _____

NEW MEMBER FEE: \$4.00 for 1 year
\$10.00 for three years

Address _____

This fee applies to the primary member. Additional family members require a \$2.00 fee per individual.

_____ Apt No. _____

RENEWAL FEE: \$4.00 for one year
\$10.00 for three years

City _____ State _____ Zip code _____

This renewal fee includes each family member who paid \$2.00 with the original application.

Telephone number _____

If the \$2.00 fee was not paid with the original application, add family members now by including \$2.00 for each person.

E-mail address _____

Lifetime membership for (1) one person is available for a \$30 fee.

Family members _____

AVA Volkssport Associate Yes No

Amount submitted \$ _____

Eager to serve as club officer _____ or committee chair _____