



Volume 2018 – June 2018 No. 6  
Next Meeting – June 21, 2018  
A member of the American Volkssport Association (AVA) & the International Federation of Popular Sports (IVV)  
The Public is always welcome

**Randolph Roadrunners Volkssport Club**  
A Walking Club Established 1980  
PO Box 2744  
Universal City, TX 78148-1744  
*Elected Officers*

*President*  
Ellen Ott 210-723-8574  
*Vice President*  
John Ives 210-694-4582  
*Treasurer*  
Pat Gunter 210-479-0805  
*Secretary*  
Pat Roberts 210-846-1801  
*Committee Chairs*

*Membership:*  
Caryl Swann 210-842-4128  
*Publicity:*  
Susan Alton 503-789-9166

*Sales: -----OPEN-----*

*Webmaster & Event Flyers:*  
Randy Baker 260-225-3766  
*Newsletter:*  
Audrey Vertucci – AudreyVe@aol.com  
210-496-2197

*Year-round Events: Boerne & Gonzales*  
Pat Gunter 210-479-0805

*Year-round Events: DeZavala Daily Bread & Broadway Daily Bread, Leon Creek*  
Ellen Ott 210-723-8574

*Year-round Events: Crownridge, Friedrich Park, Eisenhower Park*  
Susan Medlin 210-325-3523

*Year-round Events: Schertz*  
Pat Roberts 210-846-1801  
*Club Website*  
[www.randolphroadrunners.info](http://www.randolphroadrunners.info)  
*AVA Website*  
[www.ava.org](http://www.ava.org)  
*TVA Website*  
[www.walktexas.org](http://www.walktexas.org)

*SW Regional Director*  
Susan Medlin 210-325-3523  
[sw\\_rd@ava.org](mailto:sw_rd@ava.org)

**Renewal Time**

The following membership renewals are currently due:  
**Betty & John Dupre, Angela Joyce, James & Jackie Lytle, Dorothy & John Creswell, Susan & Raul Soto, Bill Hamilton & Charlene Hooker, Joan Lyman, Sam Klein, Judi Hunt, Linda Canas, Michelle Noonan, Laurie Stiteler, Jerry & Melissa Ozunega, Cindy Hildner and Sabine Ward.**

To renew your RR membership, fill out the application attached or print it off our website:  
[www.RandolphRoadrunners.info](http://www.RandolphRoadrunners.info) and send it with \$4 for 1 year or \$10 for 3 years, to Caryl Swann c/o RR, PO Box 2744, Universal City, TX 78148.  
**Remember:** Lifetime Memberships are available for \$30 per person.



**Welcome New Members!**

Sandra Bliss Cibolo  
Bruce Jordan San Antonio

**New Walker Column - Information for new walkers**

**F.Y.I. -- Did You Know?**

**NEC:** National Executive Committee is made up of 4 officers - president, vice president, secretary and treasurer PLUS the regional directors of each of the 10 regions. These positions are served for 2 years with the opportunity to run for a second term.

These 4 officers are elected at the AVA convention which is held in the odd years. The Regional Directors are also elected in the odd years in their region.

**Appointed Officials:**

IVV - Americas Organizing Committee Representative, IVV Liaison, Historian, and Parliamentarian.

**RR SALES \$**

The Roadrunners still need a person or persons for the sales position...

**RR Club Meetings: We meet the 3rd Thursday of every month at:**

Universal City Library, 100 Northview Drive, Universal City, TX 78148

The RRs will host a summer program with a speaker, Mr. Matt Iverson, featuring the history of San Pedro Park (which will include a new archaeological find) on June 21<sup>st</sup> with a potluck dinner starting 6:00 p.m. Bring your favorite food (with enough to share!) and bring your own drink. The RR's will provide paper goods, rolls and water.



San Pedro Park is the oldest park in Texas. The land surrounding San Pedro Springs was originally set aside as a public square in 1729. In 1851, the San Antonio city council took action to reserve a clearly defined area, for what would become the city's first park. Come learn the long history of one of San Antonio's oldest treasures.

**Attention RRs – Newsletter news**

There will NOT be a RR newsletter published for the month of July. We are *always* looking for input from the RR club members who want to make *The Roadrunner* truly a “club newsletter.” Please feel free to submit an article or any information that might be of interest to our club readership for publication in the RR newsletter.

## From the Desk of the Pres--

Please mark your calendars for the following RR walk events in 2018:  
July 21 – Nacogdoches Taco Cabana  
Aug. 11 – Blanco Rd. Taco Cabana  
Oct. 20 – Land Heritage Institute  
Dec. 8 – Boerne Christmas walk

The next RR walk event is the Taco Cabana July 21st Sunrise Event at 6826 N. Loop 1604 E. (1604 and Nacogdoches Rd.) in San Antonio. The event start is 6:15 – 8:15 am and finish by 11:15 am. Volunteers are needed to work the walk. Contact Ellen at [ellenott@sbcglobal.net](mailto:ellenott@sbcglobal.net) or 210-723-8574 if you can help.

Ellen



## Kudos to the following Walkers -

*From the latest issue of the TAW*

### Events:

10	Angie Huxel
100	Robert Markgraf
200	Kathy Schwencke
225	Andrew Thomas
275	Mike Schwencke
400	Reuben Knappe
400	Marta Knappe
550	John Ives
600	Caryl Swann
800	Susan Medlin
1,050	Suzanne Markgraf
2,300	John White
2,700	Rick White
3,000	Carlen Forinash

### Distance:

*The following are the corrected distance awards according to the TAW which published the incorrect information from October, 2017 to March, 2018.*

*Everyone's' accomplishments need to be corrected and recognized.*

500km	Diana Adelman
500km	Robert Adelman
2,000km	Deanna Repp
2,000km	Mike Schwencke
3,500km	Darren Medlin
4,500km	Susan Alton
4,500km	John Ives
5,000km	Caryl Swann
7,000km	Susan Medlin
13,000km	Bart Marlar
16,000km	Ted Cieslak



Experts everywhere are touting the health benefits of regular exercise. But, regular is the operative word. At AVA we believe this means consistently participating in Volkssport walks and other events. The Centurion Achievement Challenge was created to encourage and recognize those who make a special, serious commitment to the "Fitness" aspect of our Fun Fitness Friendship slogan.

The rules may seem a little daunting at first, but it is really very simple: participate in 100 events in a single calendar year. AVA will recognize your accomplishment with a distinctive patch that demonstrates to the world that you are a Volkssport Centurion. A lifetime of fitness begins with a single stride. Come on, you can do this! Follow the instructions to sign up at: <http://ava.org/Centurion.php>

Congratulations to the following RR members who have met the 2017 Centurion Achievement Challenge:

Martin Callahan  
Doug Eide  
John Ives  
Darren Medlin  
Susan Medlin  
Ellen Ott



## Group Walk – Saturday June 2, 2018 – Andy Thomas

June 2 has no walks or featured YREs in the San Antonio area because many people are going to the Ruidoso, New Mexico, walks. I wanted to go to that myself but it fell through for me.

Therefore, for anyone else who could not or did not want to go to the Land of Enchantment, I want to offer to meet up

on June 2 at about 7:30-7:45 a.m. to do the Riverwalk South YRE. Actually if you prefer to do the north one, it's up to you, but I will do the south one. Note that some of the parking on Lexington by the start point, the El Tropicana Hotel, has gone away because of a new high-rise condo being built across the street.

I do plan to do a detour in HemisFair Park because I have not been to the Yanaguana Gardens part of the park so I would like to go check that out, then we will return to the route and do some photos at the new "Wings of Mexico" sculpture by the tower. If anyone has any questions, let me know. Call or email:

Andy Thomas  
[athomas70@gmail.com](mailto:athomas70@gmail.com)  
210-219-0853



## Beethoven/King William Walk 5/18/18

"Many Thanks" to all who volunteered to work at the Beethoven/King William walk on Friday 18 May. It was a toasty, sunny (but breezy) afternoon! And "Thank you" to John Ives for stepping up to co-ordinate this walk. Other willing workers were: Darlene Oner, Pat Roberts, Tony Paulson, Mike Hermes, Rick White & Chelsea, Mike and Kathy Schwencke, Andy Thomas, Suzanne Markgraf and Audrey Vertucci.

## News from SWRD-Susan Medlin-Trail markers needed

San Antonio has been approved as an IML Candidate as of last week. The IML President and Vice President will be inspecting our walk next year, 22 -24 Feb 2019. IML events normally do not use printed maps and directions. This is because of all the different languages that the IML members speak. Instead, the routes are clearly marked at every possible turn.

While we will continue to provide maps and directions because of our American

participants, we must have all nine routes professionally marked (and cleared). In 2017 I tried to mark/clear everything by myself and failed miserably. In 2018 I got 9 volunteers to help me, most of who were not Trailmaster qualified. The results were much better, although I still had to mark and clear trails on all 3 days.

We need more help in 2019. I will be escorting our IML inspectors, so I doubt I will have time to mark and clear anything. I will put together a trail marking guide specific to this event, and I plan to hold training sessions with the local volunteers.

Please ask all your Trailmasters who are still actively marking trails to consider coming to San Antonio to mark and clear trails. In return, I will pay their \$3 registration fee for each event they mark/clear. The events are as follows:

Friday: 10km and 5km (downtown San Antonio)

Saturday: 42 km, 21km, 13km, 5km (the 42km, 21 km and 13 km can all be marked using a bike as they head south to the Missions using the Mission Reach)

Sunday: 21km, 13km, 5km (heading north to Alamo, the Pearl Farmers Market, Breckenridge Park, Trinity University and Monte Visa Historic neighborhood)

**Susan A. Medlin**

Southwest Regional Director  
AVA: America's Walking Club  
210-325-3523  
[sueammed@aol.com](mailto:sueammed@aol.com)



Photo 1

## A Tale from the Trails – April in Wisconsin

By Andy Thomas

I traveled to Wisconsin in the middle of April for the wedding of a cousin. This took place in Green Bay on April 14, in the middle of a historic snowstorm amounting to almost 2 feet of snow

within 3 days, including blizzard conditions on the 15th. Photo 1 shows an unplowed road near my aunt's apartment; photo 2 shows snowdrifts at my hotel. Photo 3 shows a collapsed roof at the hotel next door to my hotel and photo 4 shows accumulated snow on the back patio at my aunt's apartment.



Photo 2



Photo 3



I flew to Milwaukee on April 12 and my cousin and her mother (a different aunt) met me at the airport and we went to do the YRE in downtown Milwaukee. This was the nicest weather of the trip with temperatures in the low 60s to upper 40s. My cousin and aunt were able to do the 6K with me and then went shopping at the downtown mall while I finished the 10K.



Riverwalk between Kilbourn & Wells St.

The route features many beautiful historic and modern buildings and when you reach Lake Michigan you get views of the Milwaukee Art Museum. I tried to do a selfie of the 3 of us at that location but my phone would not cooperate.



The route goes along the Lake Michigan shoreline for awhile, and then runs along the Milwaukee River and through the Historic Third Ward, a trendy fashion and arts district. We met some friendly mounted police who let us pet their horses.



Pabst Theater – Wells & Water Streets.

After the 6K and 10K splits apart, the 10K crosses the Milwaukee River and continues past the convention center and sports arenas, then goes for a stroll along the river walk. This includes a lot of public art including a statue of The Fonz from Happy Days.



The Fonz

I also have posted the following photo albums on Facebook from this walk:

Part 1

<https://www.facebook.com/media/set/?set=a.10100175233163967.1073741903.83601734&type=1&l=873806e784>

Part 2

<https://www.facebook.com/media/set/?set=a.10100175233163967.1073741904.83601734&type=1&l=0cb22a6d26>



**Fun, Fitness, Friendship**

**June 2018 NEC Meeting**

The next NEC meeting will be June 8-10, 2018 in Albany, NY. The meeting will start at 5:00 p.m. on Friday, June 8th and 8:00 a.m. on Saturday and Sunday. The meeting will be held in the Stonehenge A room. Everyone is welcome and encouraged to attend. All meetings will be at the: Red Lion Hotel Albany 205 Wolf Road Albany, NY 12205 (518) 458-7264

**NEC 2018-2019 Meeting Calendar (In Person Meetings)**

June 8-10, 2018, Albany, NY  
January 11-13, 2019, Tucson, Arizona  
June 9-16, 2019, Albany, NY

**Reminder:** The AVA office still has 2018 Starting Point Books for sale at a price of \$27.00 plus \$7.00 for Shipping and Handling. Associate Members receive a 10% discount and Lifetime Members receive a 15% discount.

**What Have We Accomplished?**

*By Henry Rosales, AVA Executive Director*

The following is a listing of *new initiatives* that have either been completed or are in progress in accordance with our strategic plan.

1. Mission Impact
2. Financial stability
3. Internal Operations
4. Governance & Leadership

The work is categorized under the four Key Focus Areas of the plan. This listing is not inclusive of all the work of all committees, only those I am aware of at this time. It is important to point out that new Chairs have been appointed to all AVA committees and all committees are working on either existing or new initiatives which are aligned with the strategic plan. Please refer to the AVA web-site to review committees and the strategic plan.

**Key Focus Area 2: Financial stability**  
*Ensure long-term sustainability through financial integrity and revenue diversification.*

A. Develop and implement a fund development plan to diversify revenues.

- 1) Donor/Sponsor Relationship Mgmt. Plan
- 2) Grants /Corporate Sponsorship Revenues.
- 3) Maximize convention and special event capacity/exposure/revenue
  - B. Streamline financial systems, policies, and practices.
  - C. Establish national partnerships the benefit member and generate unrestricted revenue.
  - D. Meet standard nonprofit financial ratios.

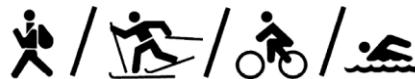


**Sun Country**

**Striders Events**

June 1-3, 2018 – There will be four traditional walks featured in the Ruidoso, NM area. There are also three year-round events in the area, for a total of 7 possible walks see brochure: [Ruidoso June 2018](#)

Registration table will be open 6am-5pm daily May 30-June 3. Registration for all walks will be available anytime registration table is open, so walkers can register any day for any walk. For traditional event walks on June 1-3, walkers can go directly to the start point if they previously registered. Stamps will be at start point for June 1-3 walks on day of walk. There will be no checkpoints.



**Texas Traditional & Featured YRE Events- JUNE:**

6/9/2018 - 6/9/2018 - Walk  
**Event Number:** 110977  
10km/5km – Founders Day Walk  
**Start:** Markt Platz Pavilion  
**Event City:** Fredericksburg - TVA  
2018 Vereinskirche Volksmarch  
**Host Club:** Texas Volkssport Assn.  
**Event Website:** [www.walktexas.org](http://www.walktexas.org)  
**More Details:** [Click here for directions, ratings, etc.](#)  
**Write for more information to:**  
215 Mineola ST  
Ingram, Tx 78025  
**Contact:** Brian Fisher, (830) 377 - 4239  
**E-Mail:** [guadalupesigns@omniglobal.net](mailto:guadalupesigns@omniglobal.net)  
**Club Website:** [walktexas.org](http://walktexas.org)

6/9/2018 - 6/9/2018 - Walk  
**Event Number:** 110976  
10km/5km – Founders Day Walk  
**Start:** Markt Platz Pavilion  
**Event City:** Fredericksburg - TVA  
2018 Footsteps of the Founders Walk  
**Host Club:** Texas Volkssport Assn.  
**Event Website:** [www.walktexas.org](http://www.walktexas.org)  
**More Details:** [Click here for directions, ratings, etc.](#)  
**Write for more information to:**  
215 Mineola ST  
Ingram, Tx 78025  
**Contact:** Brian Fisher, (830) 377 - 4239  
**E-Mail:** [guadalupesigns@omniglobal.net](mailto:guadalupesigns@omniglobal.net)  
**Club Website:** [walktexas.org](http://walktexas.org)

6/16/18 - walk - 10km/5km  
Event: Featured YRE - 108615  
Salado Creek Greenway – McAllister Park.  
6/16/18 – walk – 15km/10km/5km  
Event: Featured YRE – 108614  
Salado Creek Greenway/Tobin Park  
Manned from 7-10 a.m.  
Registration will be at:  
LADY BIRD JOHNSON PARK  
trailhead, 10331 Nacogdoches, San Antonio, 78217 (not Dollar General)  
Host Club: Texas Wanderers  
Website: [walktx.org/TexasWanderers/GeraldK726@aol.com](http://walktx.org/TexasWanderers/GeraldK726@aol.com)  
[lgwalkingfool@yahoo.com](mailto:lgwalkingfool@yahoo.com)  
210-658-2160



6/23/18 - walk - YRE #109971  
Featured YRE – Shiner - 10km/6km  
NB-Marsch-und Wandergruppe  
Website: [www.muw.walktexas.org](http://www.muw.walktexas.org)  
e-mail: [hwag@gvtc.com](mailto:hwag@gvtc.com)

6/30/18 – walk –YRE #108168  
Featured YRE – Brook Hollow  
Neighborhood Walk -10km/5km  
Start: La Taza Coffee House  
15060 San Pedro  
LoneStar Walkers-Heinz Johnson  
e-mail: [lonestarwalkers@gvtc.com](mailto:lonestarwalkers@gvtc.com)



# New Braunfels Spring Walk- 4/28/18



Susan & Bob Alton at the walk start



Kathy Schwencke, Doug Eide with Rudy, Mike Schwencke & Gayle Weinraub on the Guadalupe River trail in River Acres park.



View from the Faust Street Bridge along the walk route.

*\*Photos courtesy of Martin Callahan*

## RANDOLPH ROADRUNNERS

PO Box 2744

Universal City TX 78148-1744

### RANDOLPH ROADRUNNERS APPLICATION

PO Box 2744, Universal City TX 78148-1744

Please check applicable box (es):

Renewal       New Member       Family member(s) included (see instructions below)      DATE \_\_\_\_\_

Name \_\_\_\_\_

**NEW MEMBER FEE:** \$4.00 for 1 year  
\$10.00 for three years

Address \_\_\_\_\_

This fee applies to the primary member. Additional family members require a \$2.00 fee per individual.

Apt No. \_\_\_\_\_

**RENEWAL FEE:** \$4.00 for one year  
\$10.00 for three years

City \_\_\_\_\_ State \_\_\_\_\_ Zip code \_\_\_\_\_

This renewal fee includes each family member who paid \$2.00 with the original application.

Telephone number \_\_\_\_\_

If the \$2.00 fee was not paid with the original application, add family members now by including \$2.00 for each person.

E-mail address \_\_\_\_\_

**Lifetime membership for (1) one person is available for a \$30 fee.**

Family members \_\_\_\_\_

AVA Volkssport Associate       Yes       No

Amount submitted \$ \_\_\_\_\_

Eager to serve as club officer \_\_\_\_\_ or committee chair \_\_\_\_\_