



Volume 2017 – January 2018 No. 1
Next Meeting – January 18, 2018

A member of the American Volkssport Association (AVA) & the International Federation of Popular Sports (IVV)
The Public is always welcome

**Randolph Roadrunners
Volkssport Club**
A Walking Club Established 1980
PO Box 2744
Universal City, TX 78148-1744
Elected Officers

President

Ellen Ott 210-723-8574

Vice President

John Ives 210-694-4582

Treasurer

Pat Gunter 210-479-0805

Secretary

Pat Roberts 210-846-1801

Committee Chairs

Membership

Caryl Swann 210-842-4128

Publicity

Susan Alton 503-789-9166

Sales

Joanne Forinash 210-493-8543

Webmaster & Event Flyers

Randy Baker 210-369-9538

Newsletter

Audrey Vertucci – AudreyVe@aol.com

210-496-2197

*Year-round Events: Boerne, Gonzales,
Palmetto State Park*

Pat Gunter 210-479-0805

*Year-round Events: DeZavala Daily Bread
& Broadway Daily Bread, Leon Creek*

Ellen Ott 210-723-8574

*Year-round Events: Crownridge, Friedrich
Park, Eisenhower Park*

Susan Medlin 210-325-3523

Year-round Events: Schertz

Pat Roberts 210-846-1801

Club Website

www.randolphroadrunners.info

AVA Website

www.ava.org

TVA Website

www.walktexas.org

SW Regional Director

Susan Medlin 210-325-3523

sw_rd@ava.org

Renewal Time

The following membership renewals are currently due:

Sarah Severson, Susan Fine, Glenda Parra, Roger & Mary Brensinger, Maria Beisert, Marion Cathro, The Grabow Family, Carol Maxwell, Lisa Nixon, The VanCleave's, Martha & Matt Williams, Krystal Bean, Laura, Sopha & John Burress/Thornton, Marjorie Cantu, Lisa Carlton, Amanda Cone, Tamara Glass, Alton Holcomb, Chris Mendoza, Robert Ream, Desiree Ruiz, Howard & Lynn Tidwell .

To renew your RR membership, fill out the application attached or print it off our website:

www.RandolphRoadrunners.info and send it with \$4 for 1 year or \$10 for 3 years, to Caryl Swann c/o RR, PO Box 2744, Universal City, TX 78148.

Remember: Lifetime Memberships are available for \$30 per person.

Welcome New Members!

Angie & Bob Huxel San Antonio
Brenda Jordan San Antonio
Kat & Jaquelin Jalali San Antonio
Leslie & Miriam Ellison San Antonio

RR Club Meetings:

We meet the 3rd Thursday of every month at:

Universal City Library, 100 Northview Drive, Universal City, TX 78148
The next club meeting will be held January 18th. The meet & greet starts at 6:30 p.m – general meeting at 7 p.m.

Roadrunner Sales Position

We are still looking for a person or persons to volunteer as the Sales Person for the Roadrunners. Joanne Forinash has been our Sales person for forever and is ready and willing to pass the baton on and train a club member to take over the position. Call Joanne if you have any questions at 210-493-8543 or email her at sjforinash@yahoo.com

From the Desk of the Pres--



Kendall Inn, Boerne-photo by Andy Thomas

Boerne Christmas Walk 12/9/17

Another beautiful Saturday for the walkers in Boerne. The Christmas Market that was supposed to be held in the town square was cancelled. On Friday when they were supposed to set up the booths it was decided the ground was too soft and still wet from the snow.

To all our faithful volunteers, I am grateful. "Thank you"... Susan and John Ives, Pat Gunter, Darlene Oner, Nancy and Tony Paulson, Randy Baker, Caryl Swann , Diana Battan, Heinz and Priscilla Johnson, Diane and Robert Adelman, Rick White and Chelsea, Suzanne Markgraf, Susan Medlin, Andy Thomas, Dee Repp, Pat Roberts, Joanne and Carlen Forinash and Mike Hermes. And we must not forget our Loafer friends Leslie and Mariam Ellison.



1/6/17-- RR Alamo Quarry and Museum walks.

The Museum Trail walk takes you by large homes and estates. The walk is flat except for a few gentle rolling up and down grades. Not suitable for wheelchairs. The Trail Rating is 2A. Note: Barney Smith, the 96-year-old curator of the Toilet Seat Museum, is looking forward to greeting visitors at

the Alamo Heights route checkpoint. He has created the world's largest toilet seat, at 6 feet wide, to commemorate Bill Radigan's German Volksmarch medals.

The Quarry Market walk will go through the Quarry shopping center, around Jones Maltsberger and then into Alamo Heights on different streets than the museum walk.
STARTING POINT: Corner Bakery Café - Lincoln Heights (Quarry) 255 E. Basse Rd, San Antonio TX
START AND FINISH TIMES: 8:00 am until Noon. Finish no later than 3:00 PM.
DISTANCES: Two 10km/5km walks; routes may be walked twice on the

10 February – Del Webb. The theme will be “cake walk.” All kinds of cake...cup cakes, coffee cakes...bundt cake...you name it, it may be there. I Can't think of a better way to celebrate a Tri-centennial birthday than with cake!

The new 2018 YREs to be hosted by the Texas Trail Roundup: Frio County, Pearsall, Atascosa County, Jourdanton, Stone Oak (Drury Inn at 281 and 1604 East, off Stone Oak Parkway), and North Star Mall (online electronic registration) is now sanctioned and operational.



Three days of glorious walking from the urban core of the 7th largest city in the USA to nearby quiet trails that will make you think you have time-traveled back 300 years.

Distances from 5km to 42km
 IVV Credit
 IML 2020 candidate

See you next year!
TEXAS TRAIL ROUNDUP
 3-Day Walk Fest
 San Antonio, Texas
 February 23-25, 2018

John Ives, President, Texas Trail Roundup
 1.210.694.4592
 jives@texas.net

Susan Medlin
 AVA SW Regional Director
 1.210.325.2523
 sivanmedlin@wsl.com

texastrailroundup.org

Last February, the RR's helped the Texas Trail Roundup with the busiest check point at Roosevelt Park. For 2018 it's hoped there will be enough volunteers like in 2017 for 2 hour shifts. If you know any non walkers who would like to help they will be welcome as long as there's one club member at the check point.
 Ellen



National Executive Council (NEC) Meeting

The next NEC meeting will be held January 19 - 21, 2018 at La Quinta Inn & Suites, 7160 North Frontage Road, Orlando, Florida 32812. (407) 240-5000



In just a few months we will be holding our annual fundraiser, the Big Give! Help us continue to bring health and wellness to our local communities by donating online to the AVA: America's Walking club.

This is our only AVA annual fundraising campaign. Last year we raised almost \$68,000! We had 393 individual donors and 92 clubs donate. Our goal this year is to raise \$70,000 and we are looking for 450 individual donors and 100 clubs to help us reach it.

Mark your calendars for **March 22, 2018** and visit the Big Give at:
<https://www.thebiggivesa.org/organizations/american-volkssport-association-inc> to make your donation to your favorite organization – US!!
 Henry Rosales, AVA Exec. Director



Welcome to the 401K: Invest in Your Health Challenge.
 Invest in your health by joining the first Virtual Online Program (VOP) by walking 401K in 2018, tracking your

steps and or kilometers. Completion of the challenge will reward you in better health and a 401K t-shirt.

Click the 401K logo on the AVA website to begin your enrollment. You can enroll any time.

1. You will be transported to Paypal to make your \$18.00 payment. This payment will include any new challenges added during 2018.
2. Each walker **MUST PAY SEPARATELY**. Walkers will be creating their own unique walking account. If paying for more than one person, pay for any additional walkers in a separate payment under your name and when you receive the email from VOP@ava.org, you will be asked for the names and email addresses of those additional persons.
3. After your payment has been received you will receive a receipt via email.
4. Shortly before January 1, 2018 you will receive an email from VOP@ava.org with a link and instructions on how to create your AVA walking account. If you create your AVA walking account before January 1 you may begin tracking your kilometers or steps but they will not count towards the challenge. The Challenge does not begin until January 1.
6. The program ends December 31, 2018.

You may also register by sending a check for \$18.00 to:
 AVA, 1001 Pat Booker Road, Suite 101, Universal City, TX 78148,
 ATTN: 401K: Invest in Your Health.
 Be sure to include your email address. Once payment is received, you will receive the link to create your AVA walking account enrollment from VOP@ava.org.
 Direct any questions to VOP@ava.org.

AVA Special Programs Starting January 1, 2018
 Most programs allow the participants up to (12) twelve months starting from the official end date to complete any Special Program. Completed books are to be returned to the point of contact or club hosting the program to receive recognition.



Walk Like an Olympian

Program runs January 1, 2018 – December 31, 2020.

Redeem completed books by December 31, 2021. Walkers can achieve Bronze, Silver or Gold levels. Ten walks in cities where the Olympics have been held or in American cities with the same names as Olympic hosts will earn walkers the Bronze level, 15 for the Silver and 20 events for the Gold. The patch has places for all three “medals” so go for the gold! There have been 44 host cities around the world since the beginning of the modern Olympic Games in 1896 through the completion of this program in 2021. Examples: Athens, Innsbruck, Lake Placid, Los Angeles, Paris and St Moritz. There are plenty of opportunities in America such as Atlanta, GA, Lake Placid, NY, Los Angeles, CA, St Louis, MO and Salt Lake City, UT. Walks are also listed in AL & GA (Athens), ID (Moscow), and Vancouver, WA. Qualifiers for all levels must be on sanctioned events. An event may be used two times per year. Book cost is \$10. The patch is 3” x 4”. Checks are payable to South Bay Striders. POC is Suzi Glass, 5562 Vassar Dr, San Jose, CA 95118. (408) 592-3935 or email glass2walk@gmail.com



The Appalachian Trail

Program starts January 1, 2018 – December 31, 2028.

Redeem books by December 31, 2029. The Appalachian National Scenic Trail is the famous hiking trail in the eastern United States from Springer Mountain in Georgia to Mount Katahdin in Maine. The trail is roughly 3,500 km long and goes through 14 States. Walkers are required to hike/walk a section of the trail in each state. A qualifying AVA

walk is one that goes on the AT or a blue-blazed trail for at least 4 km. An AVA walk will count for only one state; the sponsoring club will determine which one. Complete the 14 required events; Traditional, Seasonal, or YRE as indicated in the booklet. You must pay for each event. Each AVA stamp can only appear once in the book. Use of the On Line Start Box is approved. Due to the unique nature of this program, participants have space in the program book to add a picture, notes, and other local stamps such as the Park or AT Passport stamp. Book cost is \$10. The patch is 4” x 6”. Checks are payable to AVA National Headquarters, send to: POC Susan Medlin, 12527 Fern Creek, San Antonio, Texas, 78253. Make checks payable to AVA. Please note on the check it is for “The Appalachian Trail SP”. Submit completed books to the same address. The POC can be contacted at (210) 325-3523 or email sueammed@aol.com

Shop Online and Support AVA



Shop at <https://smile.amazon.com/> and 0.5% of your eligible amazonsmile purchase will be donated to AVA directly from Amazon! Simply sign in or create an account, select American Volkssport Association Inc – Universal City as your charity of choice and begin shopping. It’s that simple!



Traditional Events:



1/1/2018 - 1/1/2018 - Night Walk
Event Number: 110206 10km/5km
Start: Social Hall @ First Methodist Church Historic Sanctuary. Take sidewalk on the RIGHT side of building to enter social hall.
Event City: Fredericksburg - TVA
Midnight Walk
Host Club: Texas Volkssport Assn.
Event Website: walktexas.org

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:
215 Mineola ST, Ingram, TX 78025
Contact: Brian Fisher, (830) 377 - 4239
E-Mail: guadalupesigns@omniglobal.net
Club Website: walktexas.org

1/6/2018 - 1/6/2018 - Walk
Event Number: 109084 10k/5k
Start: Corner Bakery in Lincoln Heights in Quarry Museum Trail
Event City: San Antonio - Museum Trail

Host Club: Randolph Roadrunners
Event Website: randolphroadrunners.info
More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:
11906 Pepperidge Cove
San Antonio, TX 78213
Contact: Ellen Ott, (210) 723 - 8574
E-Mail: ellenott@sbcglobal.net
Club Website: www.randolphroadrunners.info

1/6/2018 - 1/6/2018 - Walk
Event Number: 109085 10k/5k
Start: Corner Bakery in Quarry - Lincoln Heights Trail
Event City: San Antonio - Quarry Market Trail
Host Club: Randolph Roadrunners
Event Website: randolphroadrunners.info
More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:
11906 Pepperidge Cove
San Antonio, Tx 78213
Contact: Ellen Ott, (210) 723 - 8574
E-Mail: ellenott@sbcglobal.net
Club Website: www.randolphroadrunners.info

1/20/2018 - 1/20/2018 - Walk
Event Number: 110516 10/5 km
Start: Visitor Center, Hagerman National Wildlife Refuge
Event City: Sherman - Meadow Pond Trail-Hagerman NWR
Host Club: Dallas Trekkers, Inc.
Event Website: dallastrekkers.org
More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:
1635 Windmill Ln
Mesquite, TX 75149
Contact: Dianne Duke,
E-Mail: d.w.duke@live.com

Club Website: www.dallastrekkers.org

1/27/2018 - 1/27/2018 - Walk

Event Number: 110482 10k/5k

Start: The Southwest Museum of Clocks and Watches, 109 E. San Antonio St., Lockhart, Texas

www.swmuseumofclocks.org

Event City: Lockhart - BBQ, Clocks and Movies Walk

Host Club: Selma Pathfinders

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

7924 Santa Catelina

San Antonio, Tx 78250

Contact: Ed Roberson, (210) 317 - 8351

E-Mail: edward.roberson@satx.rr.com

1/27/2018 - 1/27/2018 - Walk

Event Number: 110616 10km/5 km

Start: Mosquito Cafe

Event City: Galveston - Historic

Host Club: Houston Happy Hikers

Event Website:

houstonhappyhikers.com

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

P. O. Box 101, Orchard, Tx 77464

Contact: Catherine Kellner, (979) 478 - 6203

E-Mail:

hphpresident@houstonhappyhikers.com

Club Website:

www.houstonhappyhikers.com

RR Annual Christmas Party 12/12/17



Dining at the River City Seafood & Grill



Gift Exchange Table



Ellen Ott presents Heinz and Priscilla Johnson with an envelope of cards from the Randolph Roadrunners expressing their admiration and best wishes for their pioneer and priceless support of Volkssporting over the years.

*Photos Courtesy of Martin Callahan



RANDOLPH ROADRUNNERS

PO Box 2744

Universal City TX 78148-1744

RANDOLPH ROADRUNNERS APPLICATION

PO Box 2744, Universal City TX 78148-1744

Please check applicable box (es):

Renewal

New Member

Family member(s) included (see instructions below) DATE _____

Name _____

NEW MEMBER FEE: \$4.00 for 1 year
\$10.00 for three years

Address _____
Apt No. _____

This fee applies to the primary member. Additional family members require a \$2.00 fee per individual.

City _____ State _____ Zip code _____

RENEWAL FEE: \$4.00 for one year
\$10.00 for three years

Telephone number _____

This renewal fee includes each family member who paid \$2.00 with the original application.

E-mail address _____

If the \$2.00 fee was not paid with the original application, add family members now by including \$2.00 for each person.

Family members _____

Lifetime membership for (1) one person is available for a \$30 fee.

Amount submitted \$ _____

AVA Volkssport Associate Yes No

Eager to serve as club officer _____ or committee chair _____