



**Official Newsletter of the RANDOLPH ROADRUNNERS (AVA44)**

Volume 2016 – June 2016 No. 06  
 Next Meeting – June 20, 2016  
 SEE BELOW FOR JUNE DETAILS  
 A member of the American Volkssport  
 Association (AVA) & the International  
 Federation of Popular Sports (IVV)  
 The Public is always welcome

**Randolph Roadrunners  
 Volkssport Club**  
 A Walking Club Established 1980  
 PO Box 2744  
 Universal City, TX 78148-1744  
*Elected Officers*

*President*  
 Ellen Ott 210-723-8574

*Vice President*  
 John Ives 210-694-4582

*Treasurer*  
 Pat Gunter 210-479-0805

*Secretary*  
 Pat Roberts 210-846-1801

*Committee Chairs*

*Membership*  
 Caryl Swann 210-842-4128

*Publicity*  
 Susan Alton 503-789-9166

*Sales*  
 Joanne Forinash 210-493-8543

*Webmaster & Event Flyers*  
 Randy Baker 210-369-9538

*Newsletter*  
 Audrey Vertucci – AudreyVe@aol.com  
 210-496-2197

*Year-round Events: Boerne, Gonzales,  
 Palmetto State Park*  
 Pat Gunter 210-479-0805

*Year-round Events: DeZavala Daily Bread  
 & Broadway Daily Bread, Leon Creek*  
 Ellen Ott 210-723-8574

*Year-round Events: Crownridge, Friedrich  
 Park, Eisenhower Park*  
 Susan Medlin 210-325-3523

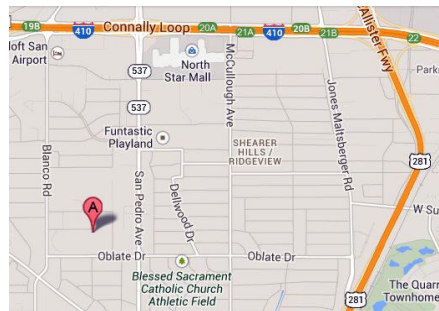
*Year-round Events: Schertz*  
 Herb Laing 210-414-0954  
*Club Website*  
[www.randolphroadrunners.info](http://www.randolphroadrunners.info)  
 AVA Website  
[www.ava.org](http://www.ava.org)  
 TVA Website  
[www.walktexas.org](http://www.walktexas.org)

*SW Regional Director*  
 Susan Medlin 210-325-3523  
[sw\\_rd@ava.org](mailto:sw_rd@ava.org)

**Renewal Time**

The following membership renewals are currently due: :  
**Louis & Amy Amici, Douglas Eide, Frank Gresham, Norman & Pam Haines, The Magness Family, Louise Underwood, Ann & Jennifer Angell, Gloria Castillo, Steve & Kathy Feinstein, Olga Flores, Young H. Forst, Russell Leigon, Lidia Martinez, Ariana Ramirez, Charlie & Nancy Redd, Anthony & Marcelle Schneider, Peggy Seifert, Regina Smith, Norma VonKriegenbergh, Cary Weldy, Marisa Alvarez, The DeAnda Family, Chris & Ellen King, Janine Osterberg, Janice Connor, Neil Bute, Nelson Karaklis and Bert Pickell**

To renew your RR membership, fill out the application attached or print off of our website: [www.RandolphRoadrunners.info](http://www.RandolphRoadrunners.info) and send it with \$4 for 1 year or \$10 for 3 years, to Caryl Swann c/o RR, PO Box 2744, Universal City, TX 78148.  
**Remember:** Lifetime Memberships are available for \$30 per person.



**CHANGE FOR JUNE  
 RR MEETING  
 LOCATION---**

The **June** club meeting will be held on Monday, June 20 starting at 6 pm. at the Rock House on the Oblate School of Theology campus, 285 Oblate Drive. There is a map at: [sanantoniopeace.center/where-we-are](http://sanantoniopeace.center/where-we-are). It will be dinner and a meeting. The club will provide dinner and members can bring their own desserts and drinks.

Our speaker is Jenny Hay, the Preservation Outreach Coordinator for the City of San Antonio. She will be speaking about our local historic districts.  
 Call Ellen, if you have questions.

**From the Desk of the Pres-40<sup>th</sup> Anniversary Celebration:**  
 Fredericksburg – June 10-12, mugs, patches and medals for sale.

**Taco Cabana Summer SunRise Walks:**  
 July 9 – Nacogdoches & 1604  
 Aug. 13 – Blanco & 1604

The Baker's Dozen will continue through 2016. There's a beautiful patch or pin waiting for those who finish the program. Pat Roberts is the contact for this program.



**20th Biennial Convention**  
 “Stepping Out of Bounds”

It's not too soon to be planning for the 20<sup>th</sup> AVA Biennial Convention at the Billings Hotel and Convention Center. Billings is known as an oil and gas center but it has a surprising green streak too. Billings has established miles of bike paths and has used recycling proceeds from the “Trash Into Trees” program to plant more than 2,000 trees around town.

Happy wandering,  
 Ellen

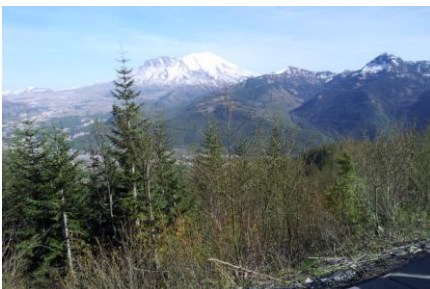
**Tales from the Trails**  
*Columbia and Snake River Cruise - By: Caryl Swann*  
 My husband and I went on an American Cruise Line cruise on the Columbia and Snake Rivers in Oregon and Washington for 7 days starting April 16. Just for fun, I decided to see if any of the ports had AVA walks with starting

points within walking distance of the ship. As it turned out, there were 4 locations that had walks, and after getting docking addresses, I saw that all of the walk start points were close to the ship (blew me away). And I would be able to do at least 3 of the walks and still participate in some shore excursions, as well as enjoy 3 gourmet meals each day, watch the amazing scenery go by while relaxing in my stateroom, and take advantage of the normal American Cruise Line pampering! Such a deal!



Day 1 we boarded the ship in Portland, OR at 10:30 AM. The ship was docked at the Red Lion Inn, the start point for Hayden Island walk which followed a path along the Columbia River bank lined with condos and a yacht dock. The ship left for Astoria, OR as we enjoyed lunch and docked in Astoria that night. During the day we were treated to the first of many stories by Todd Weber, our on-board river area and Lewis & Clark expert.

Day 2 - I started the day with the Astoria Riverwalk to Alderbrook walk. Most of the walk was along a scenic trail that bordered the river and passed an area that was loaded with sea lions barking like crazy. That afternoon we took a bus trip to Cape Disappointment, the point where the Columbia River and Pacific Ocean meet each other. They both jockey for dominance in a relationship of constant turbulence.



Day 3 - we headed for Kalama, WA, which also had a walk available, but I opted to do the Mt. St. Helens tour instead. We spent some time at Silver

Lake Visitor Center which had a trail around the lake loaded with wildflowers and birds. We then went to a bluff with a great view of the snow-capped crater. The crew pulled out coolers and boxes. How many times have you been served beer, wine, or cocktails and a variety of yummy snacks while standing in a park overview?



Day 4 - we pulled into Stevenson, WA. No AVA walk but armed with a town map, I created my own, following a path through a riverside park and past a historical museum. The offered tour was to Multnomah Falls which I had visited a couple of years ago on a Tater Tours trip.

Day 5 we spent the morning relaxing on the ship deck cruising through mountain river banks loaded with lush foliage and numerous waterfalls. At Dalles, OR, we toured the Columbia Gorge Discovery Center. I also used the town map to do a walk along the river which I cut short due to the heat. None of us planned for highs in the 80's.



Day 6 - we arrived at Richland, OR, which played a key role in developing the atomic bomb during WW2. We toured the Reach Museum, and I walked along the riverside park trail.

Day 7- the last day of our voyage, we spent the morning cruising the Snake River, a total change of scenery. Gone were the lush mountains, replaced by sparse vegetation and rocky shores. This area produces a huge amount of

wheat. We docked in Clarkston, WA, where I disembarked for my 3<sup>rd</sup> AVA walk. The walk included a segment in Lewiston, Idaho, so I walked across the bridge and picked up an additional state. I heartily recommend this American Cruise Line trip for anyone who wants to walk in 3 states, have a "hotel" room floating by amazing scenery, not worry about dieting, and have numerous history-laden side trips.



### NEC Meeting Updates

The next NEC meeting will be held June 10-12, 2016 in Fredericksburg, Texas. The meeting location will be the Sunday House Inn and Suites, 501 East Main Street, Fredericksburg, Texas 78624. (830) 997-4484 Fredericksburg, Texas.



### National Special Programs - Susan Medlin, Chair

**Come and meet the Mayor of Fredericksburg, your NEC Members, and the Headquarters Team!**

We are finalizing our plans for celebrating the 40th Anniversary of Volkssporting in Fredericksburg, June 10 - 12. For more information on the events scheduled click here for an event brochure. We have a beautiful medal (A Award) for the Footsteps of the Founders walk on Saturday morning. It is an updated replica of the original medal awarded in 1976. We will be selling the patch and a beautiful commemorative stein during the weekend. Quantities of both the Medal and the Stein are limited and pre-registration information for the Medal, the Stein and the Saturday night dinner at Andy's will be available soon

Go to:

[http://www.ava.org/checkpoint/2016/MAR/Flyer\\_for\\_40th\\_Anniversary.pdf](http://www.ava.org/checkpoint/2016/MAR/Flyer_for_40th_Anniversary.pdf) for the Flyer for the 40th anniversary weekend, which lists all of the weekend events; including the 4 events on

Saturday, the YRE walks on Friday night and Sunday morning, the other numerous Year Round Events that are available within an hour's drive, the NEC meetings, and specific Start times and locations for the events.

Please join us in celebrating this joyous event.

So far, HEB, SAS and SORE No More are stepping up as sponsors for this celebration.

### **Communications—Samanta Sanchez, Intern**

## **A Big Thank You from AVA!**

American Volkssport Association would like to give a big thanks to those who came out on May 3rd and gave big during our annual fundraising campaign, The Big Give SA. This was another successful year for the AVA and we could not have done it without your support. This was my first fundraising campaign and I have to say that it was such a great experience witnessing individuals from all over the country come together to support AVA's mission. THANK YOU!

Look for a full report in the AVA June Checkpoint as well as the AVA website for confirmation on the final amount raised. Special thanks to Charlotte Phillips, Dennis Michele, Susan Medlin, Nancy Wittenberg, Hector Hernandez, Samanta Sanchez, Debra Kruep, John and Sheila McClellan, Bob and Suzanne Wright, and Jeanne Miller and the Nebraska Wanderfreunde Trailblazers for their support on the planning and publicity team!

### **AVA Executive Director-Henry Rosales--**

## **AVA National Office Still Looking for Volunteers!**

The AVA National Office is still seeking volunteers who would like to support us in the following areas:

**Data Analysts** to write queries to mine the AVA's database for information to learn about and understand our members and programs. Also will gather related data to facilitate decision-making. Experience analyzing data, presenting results graphically, and SQL certification are all pluses. Hector Hernandez, the national office IT professional, leads this team.

**Fund Developers** to create and implement AVA fund development programs. Need good communication and interpersonal skills. Experience with nonprofit fund development, including legacy giving, major gifts, and recurring donations, donor engagement and communication, Donor Management Systems, and CFRE are all pluses. Samantha Sanchez, the national office intern, leads this team.

**Convention Planners** to help plan and support AVA biennial conventions. Need to be detail oriented and well organized. Experience with meeting and convention planning, willingness to travel-el for site visits and convention conduct and CMP are pluses. The team lead is TBD.

If you are eager to get involved and volunteer your time with AVA in some capacity, request an Interest Form now from Samanta at [intern@ava.org](mailto:intern@ava.org) and tell us about how you'd like to help. We will contact everyone who contacts us because this program won't succeed without a team effort.



### **Traditional Events:**

6/11/2016 - 6/11/2016 - **Walk**  
**Event Number:** 104664 10km/5km  
**Start:** Markt Platz Pavilion  
**Event City:** Fredericksburg - 40th Anniversary Vereinskirche Volksmarch  
**Host Club:** Texas Volkssport Assn.  
**Event Website:** [walktexas.org](http://walktexas.org)  
**More Details:** [Click here for directions, ratings, etc.](#)

**Write for more information to:**  
215 Mineola ST  
Ingram, Tx 78025  
**Contact:** Brian Fisher, (830) 377 - 4239  
**E-Mail:** [guadalupesigns@omniglobal.net](mailto:guadalupesigns@omniglobal.net)  
**Club Website:** [walktexas.org](http://walktexas.org)

6/11/2016 - 6/11/2016 - **Swim**  
**Event Number:** 104665 300m  
**Start:** Markt Platz Pavilion  
**Event City:** Fredericksburg - 40th Anniversary Swim  
**Host Club:** Texas Volkssport Assn.  
**Event Website:** [walktexas.org](http://walktexas.org)  
**More Details:** [Click here for directions, ratings, etc.](#)

**Write for more information to:**

215 Mineola ST  
Ingram, Tx 78025  
**Contact:** Brian Fisher, (830) 377-4239  
**E-Mail:** [guadalupesigns@omniglobal.net](mailto:guadalupesigns@omniglobal.net)  
**Club Website:** [walktexas.org](http://walktexas.org)

6/11/2016 - 6/11/2016 - **Bike**  
**Event Number:** 104666 25km  
**Start:** Markt Platz Pavilion  
**Event City:** Fredericksburg - 40th Anniversary Bike  
**Host Club:** Texas Volkssport Assn.  
**Event Website:** [walktexas.org](http://walktexas.org)  
**More Details:** [Click here for directions, ratings, etc.](#)

**Write for more information to:**  
215 Mineola ST  
Ingram, Tx 78025  
**Contact:** Brian Fisher, (830) 377-4239  
**E-Mail:** [guadalupesigns@omniglobal.net](mailto:guadalupesigns@omniglobal.net)  
**Club Website:** [walktexas.org](http://walktexas.org)

6/11/2016 - 6/11/2016 - **Walk**  
**Event Number:** 104663  
20km/10km/5km  
**Start:** Markt Platz Pavilion  
**Event City:** Fredericksburg - 40th Anniversary Footsteps of the Founders Walk  
**Host Club:** Texas Volkssport Assn.  
**Event Website:** [walktexas.org](http://walktexas.org)  
**More Details:** [Click here for directions, ratings, etc.](#)

**Write for more information to:**  
215 Mineola ST  
Ingram, Tx 78025  
**Contact:** Brian Fisher, (830) 377-4239  
**E-Mail:** [guadalupesigns@omniglobal.net](mailto:guadalupesigns@omniglobal.net)  
**Club Website:** [walktexas.org](http://walktexas.org)



6/18/2016 - 6/18/2016 - **Guided Bike**  
**Event Number:** 105005  
13km/25km/50km  
**Start:** Bohls Park parking lot  
**Event City:** Pflugerville - SoTex '16 Traveling Bike #5  
**Host Club:** Whatever of Texas Sporting Club  
**Event Website:** [faculty.sulross.edu/cbaulch/index\\_files/Page615.htm](http://faculty.sulross.edu/cbaulch/index_files/Page615.htm)  
**More Details:** [Click here for directions, ratings, etc.](#)

**Write for more information to:**

21 Lowe, Quemado, TX 78877  
**Contact:** Clay Baulch, (210) 204 - 9301  
**E-Mail:** [btcotx@gmail.com](mailto:btcotx@gmail.com)

6/25/2016 - 6/25/2016 - Guided Bike  
**Event Number:** 105006 13km/25km  
**Start:** Howard's Convenience Store  
**Event City:** Shiner - SoTex '16  
Traveling Bike #6  
**Host Club:** Whatever of Texas  
Sporting Club  
**More Details:** [Click here for directions, ratings, etc.](#)  
**Write for more information to:**  
21 Lowe, Quemado, TX 78877  
**Contact:** Clay Baulch, (210) 204 - 9301  
**E-Mail:** [btcotx@gmail.com](mailto:btcotx@gmail.com)

**Event Number:** 104989 10km/5km  
**Start:** Taco Cabana at 1604 and  
Nacogdoches Road  
**Event City:** San Antonio  
**Host Club:** Randolph Roadrunners  
**Event Website:**  
[randolphroadrunners.info](http://randolphroadrunners.info)  
**More Details:** [Click here for directions, ratings, etc.](#)  
**Write for more information to:**  
11906 Pepperidge Cove  
San Antonio, Tx 78213  
**Contact:** Ellen Ott, (210) 723 - 8574  
**E-Mail:** [ellenott@sbcglobal.net](mailto:ellenott@sbcglobal.net)  
**Club Website:**  
[www.randolphroadrunners.info](http://www.randolphroadrunners.info)



**NO RR NEWSLETTER WILL  
BE PUBLISHED IN THE  
MONTH OF JULY. THE RR  
NEWSLETTER IS ON  
VACATION UNTIL AUGUST!**

**RANDOLPH ROADRUNNERS**  
PO Box 2744  
Universal City TX 78148-1744

**RANDOLPH ROADRUNNERS APPLICATION**  
PO Box 2744, Universal City TX 78148-1744

Please check applicable box (es):

Renewal                       New Member                       Family member(s) included (see instructions below) DATE \_\_\_\_\_

Name \_\_\_\_\_

**NEW MEMBER FEE:** \$4.00 for 1 year  
\$10.00 for three years

Address \_\_\_\_\_

This fee applies to the primary member. Additional family members require a \$2.00 fee per individual.

Apt No. \_\_\_\_\_

**RENEWAL FEE:** \$4.00 for one year  
\$10.00 for three years

City \_\_\_\_\_ State \_\_\_\_\_ Zip code \_\_\_\_\_

This renewal fee includes each family member who paid \$2.00 with the original application.

Telephone number \_\_\_\_\_

If the \$2.00 fee was not paid with the original application, add family members now by including \$2.00 for each person.

E-mail address \_\_\_\_\_

**Lifetime membership for (1) one person is available for a \$30 fee.**

Family members \_\_\_\_\_

AVA Volkssport Associate     Yes     No

Amount submitted \$ \_\_\_\_\_

Eager to serve as club officer \_\_\_\_\_ or committee chair \_\_\_\_\_