



**Official Newsletter of the RANDOLPH ROADRUNNERS (AVA44)**

Volume 2016 – March 2016 No. 03  
Next Meeting – March 15, 2016  
Esplanade Gardens, Converse, TX  
A member of the American Volkssport  
Association (AVA) & the International  
Federation of Popular Sports (IVV)  
The Public is always welcome

**Randolph Roadrunners  
Volkssport Club**  
A Walking Club Established 1980  
PO Box 2744  
Universal City, TX 78148-1744  
*Elected Officers*

*President*

Ellen Ott 210-723-8574

*Vice President*

John Ives 210-694-4582

*Treasurer*

Pat Gunter 210-479-0805

*Secretary*

Pat Roberts 210-846-1801

*Committee Chairs*

*Membership*

Caryl Swann 210-842-4128

*Publicity*

Susan Alton 503-789-9166

*Sales*

Joanne Forinash 210-493-8543

*Webmaster & Event Flyers*

Randy Baker 210-369-9538

*Newsletter*

Audrey Vertucci – AudreyVe@aol.com  
210-496-2197

*Year-round Events: Boerne, Gonzales,  
Palmetto State Park*

Pat Gunter 210-479-0805

*Year-round Events: DeZavala Daily Bread  
& Broadway Daily Bread, Leon Creek*

Ellen Ott 210-723-8574

*Year-round Events: Crownridge, Friedrich  
Park, Eisenhower Park*

Susan Medlin 210-325-3523

*Year-round Events: Schertz*

Herb Laing 210-414-0954

*Club Website*

[www.randolphroadrunners.info](http://www.randolphroadrunners.info)

*AVA Website*

[www.ava.org](http://www.ava.org)

*TVA Website*

[www.walktexas.org](http://www.walktexas.org)

*SW Regional Director*

Susan Medlin 210-325-3523

[sw\\_rd@ava.org](mailto:sw_rd@ava.org)

**Renewal Time**

The following membership renewals are currently due: Sara Garcia, Gloria Scott, The

Wolfshohl family, Patti Paulson, Jeff & Bridget Magness, Norman & Pamela Haines, George Hext & Dorothy Contreras, Doug Eide, John & MaryAnn Dorlon, Frank Gresham, Louise Underwood, Louis & Amy Amici, Lisa DeLuna & Glenda Parra, Leon & Liz LeVan, Ann & Jennifer Angell, Peggy Seifert, Steve & Kathy Feinstein, Russell Legion, Norma VonKriegenbergh, Anthony & Marcelle Schneider, Gloria Castillo, Olga Flores, Lidia Martinez, Ariana Ramierz, Charlie & Nancy Redd, Cary Weldy, Young H. Forst, Regina Smith and Margueritte Stockford.

To renew your RR membership, fill out the application attached or print off of our website:

[www.RandolphRoadrunners.info](http://www.RandolphRoadrunners.info) and send it with \$4 for 1 year or \$10 for 3 years, to Caryl Swann c/o RR, PO Box 2744, Universal City, TX 78148.

**Remember:** Lifetime Memberships are available for \$30 per person.

**Welcome, New Members!**

Susan Barnes	San Antonio
Miriam Solis	San Antonio
Glenn Brucks	San Antonio
Bob & Sharon Burhorn	Hillsboro MO
Sarah & Devon Reveira	San Antonio

**Kudos to the following walkers:**

Taken from the Feb/Mar TAW. EVENTS:

- 10 John Dorlon
- 10 Mary Ann Dorlon
- 10 Marianne Fletcher
- 10 Rose Mueller
- 75 Maggie Carswell
- 250 Mary DeLaGarza
- 950 Douglas Eide
- 2500 Mary Quandt
- 3300 Darlene Oner

**DISTANCE:**

8,000km Douglas Eide

**BIKE:**

5,000km Douglas Eide

**RR MEETING LOCATION**

Esplanade Gardens  
10790 Toepperwein Road  
Converse, TX 78109

The Roadrunners meet the third Tuesday of each month. The next meeting is March 15, 2016.

**From the Desk of the Pres-Start Points & Shirts!**

Make sure you look up Joanne Forinash at the RR sales table at our walks and at the club meetings. Joanne has the 2016 Start Point books and the new RR/AVA white sweatshirts for sale plus our club T-shirts. Get 'em while they're hot (or it's hot) before the cold weather!

**April is "Fit Boerne Month"**

and the RR's will feature the Boerne YRE's on the following Sundays in April:

4/3/16 – Cibolo Wilderness YRE-1879

4/10/16 – Downtown YRE-1857

4/17/16 – Cemetery YRE-1858

Start time for each YRE is 8 a.m. at the Comfort Inn & Suites. Questions?, contact Ellen 723-8574.

[ellenott@sbcglobal.net](mailto:ellenott@sbcglobal.net)



Workers and Walkers at the Start Point for the Del Webb Hill Country Resort Walk event 2/13/16

**Del Webb Walk Event**

A BIG "thank you" to all the volunteers who made this walk a success again this year: Randy & Margie Baker, Pat Gunter, Pat Roberts, Joanne & Carlen Forniasch, Rick White, Kathy & Mike

Schwenke, Tony & Nancy Paulson,  
Susan & John Ives, Herb Laing, Wiley  
Smith, Diana Battan, Susan Medlin, Jim  
Tree, Audrey & Suzanne, Rose Mueller,  
Darlene Oner and Mike Hermes.  
Happy wandering,  
Ellen



### **TVA meeting – Weekend on-the-border – McAllen, TX**

This is a reminder about the TVA  
Weekend On-the-Border, 3-6 March,  
2016. This weekend is open to ALL  
volkssporters and not just club officials.  
This is an excellent opportunity for  
walkers to get several YREs that are  
“off the beaten track” as well as a new  
Traditional Walk.

Thursday/3 March:

YRE #Y0142, Mission – Bentsen Rio  
Grande State Park. 11km/5km.

Details: AVA Starting Point 2016, page  
595.

Starting Point: Visitors Center, 2800 S.  
Bentsen Palm. Mission, TX 78572-4848  
Registration: ON YOUR OWN.

Distance from hotel: 12.11mi/16min.

YRE #Y0204, Mission – Bentsen Rio  
Grande State Park. 10km/5km.

Details: AVA Starting Point 2016, page  
596.

Starting Point: Visitors Center, 2800 S.  
Bentsen Palm. Mission, TX 78572-  
4848.

Registration: ON YOUR OWN.

Distance from hotel – (Drury Inn &  
Suites): 12.11mi/16min.

Friday/4 March:

YRE #Y1118, Weslaco – Valley Nature  
Center. 10km/5km.

Details: AVA Starting Point 2016, See  
page 618.

Starting Point: Visitors Center, 301 S.  
Border AVE, Weslaco, TX 78596-5813.  
Registration: ON YOUR OWN.

Distance from hotel: 16.69mi/17mins.

Featured YRE #Y0204, Mc Allen –  
Quinta Mazatlan World Birding  
Center. 11km/5km.

Details: AVA Starting Point 2016, See  
page 594.

Starting Point: Center Parking Lot, 600  
Sunset DR, McAllen, TX 78503-3146.  
Registration: 1:00pm to 1:30pm.

Distance from hotel: 1.52mi/3mins.

**Saturday/5 March:**

**Traditional Walk** SW16/104538.  
McAllen, TX. Walkin’ the Greenway.  
10km/6km.

Details at [www.ava.org](http://www.ava.org): Events/Search  
Events/Texas/Traditional Events Only.  
Starting Point: The Old Pump House,  
201 N. 1st ST, McAllen, TX 78501.  
Registration: 7:00am – 10:00am. Finish  
by 1:00pm. Distance from hotel:  
2.8mi/5mins. Sunrise at 6:50am.

Sunday/6 March:

Featured YRE #Y2027, Mc Allen –  
Historic Casa De Palmas. 11km/5km.  
Details: AVA Starting Point 2016, See  
page 594.

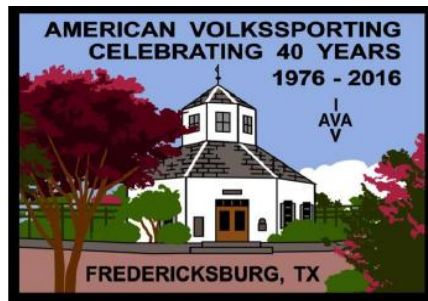
Starting Point: Casa De Palmas Hotel.  
101 N. Main ST. McAllen, TX 78501.

Registration: 8:00am to 8:30am.

Distance from hotel: 1.59mi/3mins.

Sunrise 6:49am

*Heinz Johnson, President, TVA*



### **40 years of Volksmarching – Susan Medlin, Chair 40<sup>th</sup> Anniversary Committee**

Mark your calendar. Come to  
Fredericksburg, Texas on June 10 -12,  
2016 and join us in celebrating the 40th  
anniversary of Volkssporting in  
America. The very first walking event  
was held in Fredericksburg June 12-13,  
1976.

In the spin up to the anniversary  
celebration, we are still looking for  
human interest stories, humorous  
antidotes, lessons learned, and other  
interesting events that would encourage  
folks to become volksmarchers. Please  
forward your memories to John  
McClellan, President of the Happy  
Wanderers, [johnmc82@cfl.rr.com](mailto:johnmc82@cfl.rr.com) by  
**April 1, 2016**. We hope to include your  
memories in articles for Reader's  
Digest, AARP magazine, TAW and  
other publications.

**Celebrating 40-Years of  
American Volkssporting  
ADVANCE EVENTS SCHEDULE:**  
(Detailed event information to be  
published shortly)  
**Friday/10 June 2016**

Volkssportverein Friedrichsburg, AVA-  
1. AVA Pilgrimage YRE Y0001  
(Evening Walk)

**Saturday/11 June 2016**

Start: Markt Plaza Pavilion

100 W. Main St, Fredericksburg, TX

**Footsteps of the Founders**

**Walk**, 20km/10km/5km. Start  
window: 6:00am to 9:00am. Finish by  
NOON. Awards: A Award, a medal  
patterned after the one awarded in 1976.

**Vereinskirche Volksmarch**,  
10km/5km. Start window: 8:00am to  
11:00am. Finish by 2:00pm. Awards:  
TBD.

**Founders Day Bike**, 25km. Start  
window: 6:00am to 10:00am. Finish by  
1:00pm. Awards: IVV Credit Only.

**Founders Day Swim**, 300  
meters. Start window: 11:00am to  
1:00pm. Finish by 1:30pm. Awards:  
IVV Credit Only.

**40th Anniversary Dinner:**

6:00pm at Andy's Steak & Seafood  
Grille, 413 South Washington St,  
Fredericksburg, TX 78624. The room  
seats 64 people and the meal costs \$20.  
Details on pre-registering will be  
announced shortly.

**Sunday/12 June 2016**

Volkssportverein Friedrichsburg, AVA-  
1. Cross Mountain YRE Y1114  
(Morning Walk)

**Additional YREs**

Fredericksburg Cemeteries

Fredericksburg Town & Country

Enchanted Rock: 18 miles

LBJ State Park: 19 miles

Llano, TX: 38 miles

Mason, TX: 42 miles



**AVA Executive Director's**

**Updates – Henry Rosales**

During the January NEC meeting, the  
Council approved a DBA (Doing  
Business As) name for the AVA and  
now we would like to know what you  
think about this DBA. The DBA is:  
America's Walking Club. Send us your  
thoughts on what you think about our  
new DBA. Do you like it, not like it or  
do you think we should modify it and if  
so how? Send you comments to:

[execdir@ava.org](mailto:execdir@ava.org).

Please put “AVA DBA” on the subject  
line. Your comments and  
recommendations will be presented to



the NEC at the June 2016 meeting in Fredericksburg, Texas.

### ***The Checkpoint***

The AVA Headquarters is still exploring ways to reformat our monthly newsletter, the Checkpoint, in an effort to send out information to clubs that is timely, relevant and qualitative. Please send us your ideas regarding the type of information you think is pertinent to your clubs so that we can refine the information in the Checkpoint to better meet your needs. Email your ideas to Executive Director at: [execdir@ava.org](mailto:execdir@ava.org). Please note on the subject line "checkpoint ideas."

### ***The Checkpoint is Available Via Email to All Club Members Who Request It.***

In the past the checkpoint has gone out via email to all Club Officers and POC's in the AVA database. Effective March 2016 the checkpoint will be sent via email to any club member who requests it. Simply send us an email to the attention of Melinda requesting that you be put on our distribution list for the Checkpoint. Please note on the subject line: "Request for Checkpoint." Send your request to: [intern@ava.org](mailto:intern@ava.org).



**Texas**

### ***Traditional Events in March:***

3/5/2016 - 3/5/2016 - Walk  
**Event Number:** 104538 10km/6km  
**Start:** The Old Pump House @Fireman's Park  
**Event City:** McAllen - Walkin' the Greenway  
**Host Club:** City of McAllen Parks and Rec. Dept.  
**More Details:** [Click here for directions, ratings, etc.](#)  
**Write for more information to:**  
1000 S.Ware Rd., McAllen, Tx 78501  
**Contact:** Rick Krauss, (956) 681 - 3333  
**E-Mail:** [rkrauss@mcallen.net](mailto:rkrauss@mcallen.net)

3/12/2016 - 3/12/2016 - Walk  
**Event Number:** 104658 10km/5km  
**Start:** Ransom's Restaurant  
**Event City:** Montgomery - Historical  
**Host Club:** Houston Happy Hikers  
**Event Website:**  
[houstonhappyhikers.com](http://houstonhappyhikers.com)  
**More Details:** [Click here for directions, ratings, etc.](#)  
**Write for more information to:**

P. O. Box 101, Orchard, TX 77464  
**Contact:** Catherine Kellner, (979) 478 - 6203  
**E-Mail:**  
[hhhpresident@houstonhappyhikers.com](mailto:hhhpresident@houstonhappyhikers.com)  
**Club Website:**  
[www.houstonhappyhikers.com](http://www.houstonhappyhikers.com)

3/12/2016 - 3/12/2016 - Guided Bike  
**Event Number:** 104413 13km/25km  
**Start:** Kerrville-Schreiner Park Trailhead  
**Event City:** Kerrville - SoTex '16 Traveling Bike #3  
**Host Club:** Whatever of Texas Sporting Club  
**Event Website:** [http://faculty.sulross.edu/cbaulch/index\\_files/Page615.htm](http://faculty.sulross.edu/cbaulch/index_files/Page615.htm)  
**More Details:** [Click here for directions, ratings, etc.](#)

**Write for more information to:**  
21 Lowe, Quemado, TX 78877  
**Contact:** Clay Baulch, (210) 204 - 9301  
**E-Mail:** [btcotx@gmail.com](mailto:btcotx@gmail.com)

3/12/2016 - 3/12/2016 - Walk  
**Event Number:** 104655 10km/5km  
**Start:** Spring Creek Forest Preserve  
**Event City:** Garland - Spring Creek Trout Lily Walk  
**Host Club:** Dallas Trekkers, Inc.  
**Event Website:**  
[www.dallastrekkers.org](http://www.dallastrekkers.org)  
**More Details:** [Click here for directions, ratings, etc.](#)

**Write for more information to:**  
1635 Windmill Ln  
Mesquite, Tx 75149  
**Contact:** Donna Hall, (214) 226 - 4867  
**E-Mail:**  
[donnawimberlyhall@gmail.com](mailto:donnawimberlyhall@gmail.com)  
**Club Website:** [www.dallastrekkers.org](http://www.dallastrekkers.org)



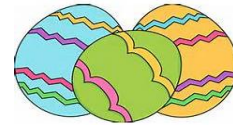
**happy st. patrick's day!**

3/19/2016 - 3/19/2016 - Walk  
**Event Number:** 104383 5/10 km  
**Start:** Dunbar Center, 801 Martin Luther King St., San Marcos, TX 78666  
**Event City:** San Marcos - Historic Dunbar District, Downtown and San Marcos City Cemetery  
**Host Club:** San Marcos River Walkers  
**More Details:** [Click here for directions, ratings, etc.](#)

**Write for more information to:**  
100 E. Laurel Lane  
San Marcos, TX 78666  
**Contact:** Barbara Piersol, (512) 396 - 4463  
**E-Mail:** [bpiersol@grandecom.net](mailto:bpiersol@grandecom.net)

3/26/2016 - 3/26/2016 - Walk  
**Event Number:** 104616 10km/5km  
**Start:** Lowe's  
**Event City:** Murphy - Spring Fever  
**Host Club:** Plano Walking Club  
**Event Website:** [walktx.org/planowalkingclub/2016SpringFever\\_Murphy.pdf](http://walktx.org/planowalkingclub/2016SpringFever_Murphy.pdf)  
**More Details:** [Click here for directions, ratings, etc.](#)

**Write for more information to:**  
4221 Whistler Dr, Plano, TX 75093  
**Contact:** Margaret "Maggie" Cole, (469) 233 - 0161  
**E-Mail:** [maggiec01@verizon.net](mailto:maggiec01@verizon.net)  
**Club Website:**  
[www.walktx.org/planowalkingclub](http://www.walktx.org/planowalkingclub)



3/26/2016 - 3/26/2016 - Walk  
**Event Number:** 104707 10km/5km  
**Start:** Comfort Community Park  
**Event City:** Comfort - Easter Walk  
**Host Club:** Hill Country Volkssportverein  
**More Details:** [Click here for directions, ratings, etc.](#)

**Write for more information to:**  
102 Edgewood Dr. Comfort, TX 78013  
**Contact:** John Bohnert, (830) 995 - 2421  
**E-Mail:** [tinabohnert@gmail.com](mailto:tinabohnert@gmail.com)

**\*All photos courtesy of Martin Callahan**



Quarry Market/Museum Walk 1/9/16





Medals donated from Jane & Bill Radigan's collection to the Toilet Seat Lid Museum 1/9/16.



Barney Smith's Toilet Seat Lid Museum 1/9/16.



Eisenhower Park – Yucca Trail 1/30/16



Start Point Eisenhower Park – Ellen Ott, Pat Gunter, Michael Marke, Rick White & Priscilla Johnson 1/30/16.



Martin Callahan with Rudy and Dolly at Del Webb walk 2/13/16.



Rose Foerster, Herb Laing, Ellen Ott, Sandy and Bobbi Ligocky at the finish table 2/13/16

**RANDOLPH ROADRUNNERS**  
 PO Box 2744  
 Universal City TX 78148-1744

**RANDOLPH ROADRUNNERS APPLICATION**  
 PO Box 2744, Universal City TX 78148-1744

Please check applicable box (es):

Renewal       New Member       Family member(s) included (see instructions below) DATE \_\_\_\_\_

Name \_\_\_\_\_

**NEW MEMBER FEE:** \$4.00 for 1 year  
 \$10.00 for three years

Address \_\_\_\_\_

This fee applies to the primary member. Additional family members require a \$2.00 fee per individual.

Apt No. \_\_\_\_\_

**RENEWAL FEE:** \$4.00 for one year  
 \$10.00 for three years

City \_\_\_\_\_ State \_\_\_\_\_ Zip code \_\_\_\_\_

This renewal fee includes each family member who paid \$2.00 with the original application.

Telephone number \_\_\_\_\_

If the \$2.00 fee was not paid with the original application, add family members now by including \$2.00 for each person.

E-mail address \_\_\_\_\_

**Lifetime membership for (1) one person is available for a \$30 fee.**

Family members \_\_\_\_\_

AVA Volkssport Associate       Yes       No

Amount submitted \$ \_\_\_\_\_

Eager to serve as club officer \_\_\_\_\_ or committee chair \_\_\_\_\_