



Official Newsletter of the RANDOLPH ROADRUNNERS (AVA44)

Volume 2015 – September 2015 No. 8
 Next Meeting – September 15, 2015
 Esplanade Gardens, Converse, TX
 A member of the American Volkssport
 Association (AVA) & the International
 Federation of Popular Sports (IVV)
 The Public is always welcome

**Randolph Roadrunners
 Volkssport Club**
 A Walking Club Established 1980
 PO Box 2744
 Universal City, TX 78148-1744
Elected Officers

President

Ellen Ott 210-723-8574

Vice President

John Ives 210-694-4582

Treasurer

Pat Gunter 210-479-0805

Secretary

Pat Roberts 210-846-1801

Committee Chairs

Membership

Caryl Swann 210-842-4128

Publicity

Susan Alton 503-789-9166

Sales

Joanne Forinash 210-493-8543

Webmaster & Event Flyers

Randy Baker 210-369-9538

Newsletter

Audrey Vertucci – AudreyVe@aol.com

210-496-2197

Year-round Events, Boerne

Year-round Event, Gonzales

Year-round Event, Palmetto State Park

Pat Gunter 210-479-0805

Year-round Event, DeZavala Daily Bread

& Broadway Daily Bread

Year-round Event, Junction

Year-round Event, Leon Creek

Ellen Ott 210-723-8574

Year-round Event, Crownridge & Friedrich

Park

Susan Medlin 210-325-3523

Year-round Events, Schertz

Herb Laing 210-414-0954

Club Website

www.randolphroadrunners.info

AVA Website

www.ava.org

TVA Website

www.walktexas.org

SW Regional Director

Susan Medlin 210-325-3523

sw_rd@ava.org

Renewal Time

The following membership renewals are currently due:
Carolyn Osborn, Patricia Bailey, Glenn & Donna Hughes, Danny & Cyndee Bruen, Kim Grossett, Darlene Oner, Maggie Carswell, Pamela Voith, Jill Zimmerman, and Lucy Duncan To renew your RR membership, fill out the application attached or print off of our website:

www.RandolphRoadrunners.info and send it with \$4 for 1 year or \$10 for 3 years, to Caryl Swann c/o RR, PO Box 2744, Universal City, TX 78148.

Remember: Lifetime Memberships are available for \$30 per person.



Welcome, New Member:

Michael Cantu San Antonio

RR MEETING LOCATION

Esplanade Gardens
 10790 Toepperwein Road
 Converse, TX 78109

www.esplanadeseniorcampus.com

The Roadrunners meet the third Tuesday of each month.

The next meeting is September 15, 2015.



**From the Desk of the Pres-
 Taco Cabana Sunrise walk
 8/8/15**

Another humid morning brought out 75 walkers for the August 8 Taco

Cabana walk, mostly in the beautiful upscale neighborhood of Bluff View. Thank you to all the dedicated worker's who came out in spite of the heat: Pat Gunter, Darlene Oner, Herb Laing, Wiley Smith, Susan Medlin, Audrey Vertucci, Suzanne Markgraf, John Ives, Margie and Randy Baker, Kathy and Mike Schwencke, Nancy and Tony Paulson, Diane Duesterhoeft, Pat Roberts, Mike Hermes and Larry Cook. Thank you all again so very much for all each of you do for the Roadrunners and for Volkssporting,

Ellen

Seguin - YRE #Y1122 which is sponsored by the LoneStar Walkers re-opened in Seguin on Saturday/25 July 2015. It will be a daily walk open from sunrise to sunset.

Registration ONLY will be at the Super 8 – Seguin, 1525 N. Hwy 46, Seguin 78155 (I-10, Exit-607). You must drive to the walk Starting Point and there is a different Starting Point for each distance. Concise driving directions and information materials are available in the Walk Box. Event details are outlined on the AVA web site.

**As Published in the
 July/August 2105 TAW:**

Kudos to all...Congratulations for your achievements!

Events:

- | | |
|-------------|-----------------|
| 10 events | James Lytle |
| 10 events | Kathy Schwencke |
| 75 events | Mike Schwencke |
| 100 events | Cindy Krueger |
| 225 events | John Ives |
| 300 events | Susan Alton |
| 325 events | Susan Medlin |
| 400 events | Audrey Vertucci |
| 900 events | Doug Eide |
| 1600 events | Patricia Heller |
| 1800 events | Martin Callahan |

Distance:

- | | |
|---------|----------------|
| 500km | Mike Schwencke |
| 2,000km | John Ives |

3,000km Susan Medlin
 4,000km Audrey Vertucci
 7,500km Doug Eide
 20,000km Patricia Heller



The Namesake Fort of Fort Wayne, Indiana, circa 1815

Tales from the Trails

A Trio of Great Summer Walks in Northeast Indiana, By: Ted Cieslak*

The rapid approach of summer and a busy travel schedule finds me anxious to repeat a trio of walks that I completed last summer in Northeastern Indiana. Taken collectively, these three walks showcase magnificently the joys of Volksmarching, involving urban, rural, and forested terrain.

The first was a year-round event at Pokagon State Park. From its start at the grand Potawatomi Inn (definitely worth a stay and an ideal location from which to base a mini-Volkssport vacation), the trail winds along well-marked and groomed paths through deep woods, rolling meadows, and along the shores of Lake James. Having friends in the area, I've actually done this walk several times (during various spring and summer months) and the meadows have always been abloom with something. And while the park's campgrounds, cabins, and beaches are popular with summer vacationers, the walk has always provided a quiet respite from the crowds.



Fort Wayne's Old Power Plant, now the "Science Central" Interactive Museum

The next day, we drove the 50 miles to Fort Wayne, Indiana to partake of the urban walk through the city's downtown. While perhaps not as famous as Pittsburgh's three rivers, Fort Wayne also has a trio: the Saint Mary's

and the Saint Joseph join in the heart of town to form the Maumee, which then flows into Lake Erie at Toledo. The downtown walk traverses the confluence of the rivers, all of which have extensive trail systems along their banks. Moreover, it passes by the city's namesake frontier fort (circa 1815) and through the rose gardens of Lakeside Park.

On the following day, a Saturday, my itinerary allowed me to partake of one of the most interesting traditional events I've ever had the pleasure to walk. Sponsored by the Three Rivers Strollers, the "St Joe Pickle Walk" takes place in its namesake hamlet of St Joe, Indiana (23 miles northeast of Fort Worth) and is an integral part of St Joe's annual 'Pickle Festival' (held on the fourth weekend in July; this year's AVA walk is on 25 July). The walk starts off on the streets of the small farming village and heads out along lightly-traveled country roads to a big surprise at the 4 kilometer mark—a tour through Sechler's pickle factory! Following the fascinating tour, one heads out along more country roads and eventually onto the St Joseph River Greenway, which takes one back into the village of 460 people, where another surprise awaits—pickle flavored ice cream at the finish. Who can resist?

The Three Rivers Strollers do a fantastic job with the Pickle Walk and have added a unique twist: at each of the 5 checkpoints along the 12 kilometer route, walkers draw a playing card, ultimately forming a poker hand. Donated prizes are then awarded based on the strength of one's hand. While my own hand was awful, I nonetheless received an envelope full of free prizes, coupons, vouchers, and the like. After bidding goodbye to the Strollers, I sampled the other pickle-themed goodies available at the festival and, on my way out of town, swung back by Sechler's in order to visit their gift shop and score some necessities such as pickle-flavored dental floss and lip balm. I'm now busily engaged in trying to come up with a good excuse to return this summer.

**RR member, COL Ted Cieslak MD FAAP FIDSA, has since retired from the military (June, 2015) after 30 years of service and is taking a position at the University of Nebraska.*



Texas Volkssport Association News -

"Celebrating 40 Years"

A new AVA special committee called, "Celebrating 40 Years" has just been organized to plan activities and the like for the celebration next June, 2016 of 40 years of Volkssports in the U.S.

The 40-year celebration is unique. It is a one-time effort that is national in scope and it will have historic implications. All Texas Volkssport clubs, their members and Texas Volkssporters can take an active role in this unique effort through their thinking and ideas to help produce a quality celebration. In addition, volunteer assistance will be needed in the days ahead. Please announce to your club members that their immediate help is being solicited in the form of **"ideas and things"** that the special committee can use in its planning process for the celebration. Anyone can submit their "ideas and things" by email to Susan Medlin, Director, Southwest Region at: sw_rd@ava.org OR by snail mail to: Susan Medlin, 12527 Fern Creek, San Antonio, TX 78253. This needs to done right away because the special committee is in its final organizational stage and it wants to be proactive and get underway immediately.

Texas Volkssport clubs are in the forefront of this celebration because it will take place in Fredericksburg, site of the first Volksmarch in the United States on 12-13 June 1976. I urge all clubs and club members to be involved in this historic celebration and to put forth your best efforts, cooperation and thinking. Let's show the AVA Nation how well we can do things in Texas and put on a high quality "Celebrating 40 Years!"

Please let me know if you have any questions.

Heinz Johnson
 President
 Texas Volkssport Association

TVA Officers:

Heinz Johnson, President

Helen Hull, First Vice President

John Bohnert, Second Vice President

Susan Fine, Secretary; Patricia Gunter, Treasurer



2015 Summer Sunrise YREs & Traditional Walks for Volkssport Clubs of SW TX

September:

SAT/05 – Enjoy your Labor Day weekend

SAT/12 - RRR San Antonio, Friedrich Wilderness Park, #Y0411

SAT/19 - Begin the Traditional Walk Season with KVT Kerrville River Trail Walk

All Traditional Events have published start times and staffing.

All Summer Featured YRE Walks are scheduled to be staffed
7:00am to 10:00am (three hours only).
For details check *Starting Point 2015*
Or www.ava.org: Events/Search
Events/Texas



Coming Texas Traditional Events:

9/12/2015 - 9/12/2015 - Walk

Event Number: 101668 10km & 5km

Start: Granbury Municipal Airport, 400 Howard Clemmons Road

Event City: Granbury - I'll fly away!

Host Club: Hood County Hummers

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

1408 East Apache Trail

Granbury, Tx 76048

Contact: Sonny Byington, (817) 437 - 2882

E-Mail: sonnyraeb@gmail.com

Club Website:

www.walktx.org/HoodCountyHummers

9/19/2015 - 9/19/2015 - Walk

Event Number: 102296 10km/5km

Start: Lansdale Park -Picnic Pavilion

Event City: Houston - Lansdale Park

Host Club: Houston Happy Hikers

Event Website:

houstonhappyhikers.com

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

P. O. Box 101, Orchard, Tx 77464

Contact: Catherine Kellner, (979) 478 - 6203

E-Mail: hphpresident@houstonhappyhikers.com

Club Website:

www.houstonhappyhikers.com

9/19/2015 - 9/19/2015 - Walk

Event Number: 101936 10km/5km

Start: Murphy Central Park pavilion

Event City: Murphy - Murphy Central Park

Host Club: Plano Walking Club

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

4221 Whistler Dr.

Plano, TX 75093

Contact: Margaret "Maggie" Cole, (469) 233-0161

E-Mail: maggiec01@verizon.net

Club Website:

www.walktx.org/planowalkingclub

9/19/2015 - 9/19/2015 - Walk

Event Number: 102180

10km/5km 3km Option

Start: Lehmann Monroe Park

Event City: Kerrville - Kerrville River Trail

Host Club: Kerrville Trailblazers

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

TBD -----

Ingram, Texas 78025

Contact: Brian Fisher, (830) 895 - 4070

E-Mail: guadalupesigns@omniglobal.net

Club Website:

www.walktx.org/KerrvilleTrailblazers/

9/26/2015 - 9/26/2015 - Walk

Event Number: 101969 10 km/5 km

Start: Tom Thumb Grocery Store

Event City: Fort Worth - Fort Worth

Urban Parks and their Finest

Host Club: Tarrant County Walkers

Event Website: www.walktx.org/TarrantCountyWalkers

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

1049 Creek Hollow Lane

Fort Worth, Tx 76131

Contact: Bill Wigton, (817) 847 - 5185

E-Mail: billwigton@gmail.com

Club Website:

www.walktx.org/TarrantCountyWalkers

9/26/2015 - 9/26/2015 - Walk

Event Number: 102260 10km/6km

Start: Communities of Christ Church, 2132 Bluebonnet Ln. Austin Tx. 78704

Event City: Austin Tx. - Zilker

Neighborhood Volksmarch

Host Club: Colorado River Walkers

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

3109 Rogge Ln., Austin, Tx 78723

Contact: Carol Obianwu, (512) 928 - 9301

E-Mail: cobianwu@utexas.edu

Club Website:

www.coloradoriverwalkers.org/

10/3/2015 - 10/3/2015 - Walk

Event Number: 102263 10km/5km

Start: Castroville Chamber of Commerce Office

Event City: Castroville - Walk Back Into History

Host Club: Castroville Chamber of Commerce

Event Website: www.castroville.com

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

1115 Angelo ST

Castroville, Tx 78009

Contact: Jeanie Haby, (830) 538 - 3142

E-Mail: chamber@castroville.com

RR Taco Cabana - Summer Sunrise Walks



Ellen Ott and John Ives setting up at the TC walk event on 1604, start point 7/11/15.

**All event photos, courtesy of Martin Callahan.*



Rick White, Suzanne Markgraf & Audrey Vertucci walking Nacogdoches Rd. at TC Sunrise Walk on 1604, 7/11/15.



Suzanne Markgraf, John Ives, Susan Medlin, Audrey Vertucci & Ellen Ott at TC Sunrise Walk 281 & Bitters 8/8/15.



At 8/8/15 TC walk, Martin Callahan poses for a picture next to the beautiful memorial to his beloved canine walking partner, Indie, who passed away on 2 July. The memorial was designed for Martin by his good friend and talented artist, Elias San Miguel.

RANDOLPH ROADRUNNERS
 PO Box 2744
 Universal City TX 78148-1744



Mike Cantu, Jeff Buse, Carol Shaner, John Ives, Charlene Hooker & Bill Hamilton near 1st check point on TC Sunrise Walk at 281 & Bitters - 8/8/15.



Nancy Paulson, Kathy & Mike Schwencke working 2nd check point – 8/8/15 TC Sunrise walk.



RANDOLPH ROADRUNNERS APPLICATION
 PO Box 2744, Universal City TX 78148-1744

Please check applicable box (es):

Renewal New Member Family member(s) included (see instructions below) DATE _____

Name _____

NEW MEMBER FEE: \$4.00 for 1 year
 \$10.00 for three years

Address _____ Apt No. _____

This fee applies to the primary member. Additional family members require a \$2.00 fee per individual.

City _____ State _____ Zip code _____

RENEWAL FEE: \$4.00 for one year
 \$10.00 for three years

Telephone number _____

This renewal fee includes each family member who paid \$2.00 with the original application.

E-mail address _____

If the \$2.00 fee was not paid with the original application, add family members now by including \$2.00 for each person.

Family members _____

Lifetime membership for (1) one person is available for a \$30 fee.

Amount submitted \$ _____

AVA Volkssport Associate Yes No

Eager to serve as club officer _____ or committee chair _____