



Volume 2015 – April, 2015 No. 4
 Next Meeting – April 21, 2015
 Esplanade Gardens, Converse, TX
 A member of the American Volkssport
 Association (AVA) & the International
 Federation of Popular Sports (IVV)
 The Public is always welcome

**Randolph Roadrunners
 Volkssport Club**
 A Walking Club Established 1980
 PO Box 2744
 Universal City, TX 78148-1744
Elected Officers

President

Ellen Ott 210-723-8574

Vice President

Susan Medlin 210-325-3523

Treasurer

Pat Gunter 210-479-0805

Secretary

Pat Roberts 210-846-1801

Committee Chairs

Membership

Caryl Swann 210-842-4128

Publicity

Susan Alton 503-789-9166

Sales

Joanne Forinash 210-493-8543

Webmaster & Event Flyers

Randy Baker 210-369-9538

Newsletter

Audrey Vertucci – AudreyVe@aol.com
 210-496-2197

Year-round Events, Boerne

Year-round Event, Gonzales

Year-round Event, Palmetto State Park

Pat Gunter 210-479-0805

Year-round Event, DeZavala Daily Bread

& Broadway Daily Bread

Year-round Event, Junction

Year-round Event, Leon Creek

Ellen Ott 210-723-8574

*Year-round Event, Crownridge & Friedrich
 Park*

Susan Medlin 210-325-3523

Year-round Events, Schertz

Herb Laing 210-414-0954

Club Website

www.randolphroadrunners.info

AVA Website

www.ava.org

TVA Website

www.walktexas.org

SW Regional Director

Joanne Forinash 210-493-8543

sw_rd@ava.org

Renewal Time

The following membership renewals are currently due:
Ofelia Garcia, The Roberts

Family, James Hull, The Rocha Family, Howard & Lynn Tidwell, Louise & Stephen Botts, John & Betty Dupre, Douglas Eide, Steve & Rita Anderson, The Genung Family, Mike Hughes, Gloria & Julia Hurtado, Sonja Montgomery, Christopher Sanchez, Nadine Sinclair, Randy Baker, The Ellison Family, The Kent Family, The San Miguel Family, Frankie & Robert Sorrell, Sharon & Michael Tinnon, Marisa Alvarez, Marlene Garcia & Irene Garcia. To renew your RR membership, fill out the application attached or print off of our website:

www.RandolphRoadrunners.info and send it with \$4 for 1 year or \$10 for 3 years, to Caryl Swann c/o RR, PO Box 2744, Universal City, TX 78148.

Remember: Lifetime Memberships are available for \$30 per person.

Welcome, New Members

Russell Leigon	San Antonio
Norma VonKriegenbergh	San Antonio
Jessie Cardinal	San Antonio
Anthony & Marcelle Schneider	U.City
Gloria Castillo	San Antonio
Olga Flores	San Antonio
Lidia Martinez	El Paso
Ariana Ramirez	Converse
Charlie & Nancy Redd	San Antonio
Cary Weldy	New Braunfels
Young H. Forst	San Antonio
Regina Smith	New Braunfels
Marguerite Stockford	Bulverde

RR MEETING LOCATION

Our new RR meeting Place is:
 Esplanade Gardens
 10790 Toepperwein Road
 Converse, TX 78109

www.esplanadeseniorcampus.com

The Roadrunners meet the third Tuesday of each month. The next RR meeting is April 21, 2015 with a “meet and greet” at 6:30 and general meeting at 6:45 p.m.

F.Y.I.-SHOES donated! 28 pairs of used shoes were collected and taken to the temporary U.C. Library, Byrd St.



Walker Ranch - 3/14/15

The Chamber of Commerce weather on Saturday brought out 133 walkers to enjoy a trail that most walkers didn't know was there.

First, I would like to thank the workers who stayed to the bitter end to ensure all walkers were back and had their books stamped: Pat Roberts, Diana Battan, Audrey Vertucci, John Ives and Mike Hermes. Other workers who deserve a big "thank you" are Pat Gunter, Darlene Oner, Suzanne Markgraf, Carol Shaner, Leon LeVan, Tony and Nancy Paulson, Betsy Kernahan, Susan Medlin, Jerry Rehmar and Carole and Victor Hernandez. And thanks to Larry Cook who always helps me pick up and restock the supplies and equipment at the RR storage unit in Cibolo. It's nice to have the door open and not have to struggle with the lock when I get there. “Thanks, Larry!”

When folks who sign up to work then have to go out of town, and when untoward events happen, our volunteers switching around to fill in are gratefully appreciated! On that note, if more RR's volunteered the shifts would be shorter and working could be a great experience.

Thanks to all... and enjoy this gorgeous weather especially while working on your Baker's Dozen book!

Ellen Ott, President, RR - AVA 144

From April / May 2105 TAW

Kudos to all...Congratulations for your achievements!

Events:

10 events	Beth Ellison
	Marshall Ellison
	Betsy Kernahan
150 events	Darren Medlin
200 events	John Ives
275 events	Susan Medlin
375 events	Caryl Swann
425 events	Mike Hermes
1400 events	Patricia Heller

Distance:

2500km	Susan Medlin
3500km	Caryl Swann
18,000km	Patricia Heller

AND... Patricia Heller has completed her 2nd RR Baker's Dozen Book for a pin and a patch!!

Vol. 1, No. 6 Newsletter of the Texas Volkssport Assoc



Ellen Ott, presents gifts to Jiri Hrabec, president of the new Czechoslovakian club. Left to right: Gunter Reindl, president German club; David Toth, president Trinity Trekkers; the interpreter from the German club; Jiri Hrabec, president Czechoslovakian club; a Czech Volksmarcher; and Ellen Ott, president Randolph Roadrunners.

Tales From the Trails

And what a tale it was!

By: Ellen Ott

Going to Europe? Want a fun walking experience? Check out the IVV website link which can be found on the AVA website. Participating in Czechoslovakia's first walk (now known as the Czech Republic) in 1991 has been one of my most memorable Volkssport experiences. Following is the article about this walk that was published in *Trail Talk* in November 1991. There are several walks scheduled for 2015 in the Czech Republic. Enjoy!

Down in the Bohemia forest, in the village of Storec, Czechoslovakia held

its first IVV sanctioned event on October 19th and 20th. The 10 and 20 kilometer walks were coordinated by a German club with the assistance of the local Czech club.

Once across the Czechoslovakian border at Philippsreut, IVV signs directed us to Storec along with the numerous cows that meandered back and forth across the narrow road. From what I could tell, this village consisted of a bus stop, a variety store, a small train station, and a new building where the start/finish was located.

The 10 kilometer event took walkers along a road lined with decaying pine trees, through a wooded area, and down a street consisting of a dozen or so houses. At the edge of the wooded area there was a sign pointing to a large house that indicated it was a café and lodge, perhaps for skiers or government officials; I will never know.

Many of the houses were in various stages of construction or repair. A half dozen of the houses looked brand new, along with a café and a glass business. I was told that five to six thousand more inhabitants lived in this area before the war. Being so close to the border, they were displaced and their homes were destroyed.

I was greeted at the finish by the familiar face of David Toth. He did the difficult task of locating an official for the event and an interpreter. The president of the Czech club, Jiri Hrabec, dressed in a suit and tie, seemed in a daze.

The president of the German club, Gunter Reindl, said Mr. Hrabec could not believe so many people would come to his village to walk. Mr. Hrabec was nearly in tears, not knowing what to make of the situation, when Dave presented him some items with the AVA logo and I presented to him several items from (SAS) San Antonio Shoes. Mr. Reindl was also presented an AVA T-shirt; a small token for all his efforts.

Then there was the usual picture taking with everyone shaking hands and standing under the flags; IVV, Czech and German. The biggest laugh came when a German brought out a huge Texas flag. Unfortunately, there wasn't room to hang this along side the others. As Dave and I departed, we wished everyone the best and reinforced to anyone who understood that the Texas Volkssport Association was willing to

help the Czech club. Czechoslovakia's first walk is not an event I will soon forget.



From Helen Hull - TVA

I wanted to thank all of you who contributed to the success of the reunion walks in Brady and San Saba. We had a good group to show up for the workers walks on Fri and then plenty of help on Sat. For the record, we had 70 walkers in Brady and 79 in San Saba. I think I have forgotten some people, so if you know of someone not included in this message, please pass it along with my apologies for forgetting them.

I want to thank Heinz, Pricilla, Ellen, Darlene, John and Pat for setting up the start point in San Saba and for manning it. I didn't have to do anything there.

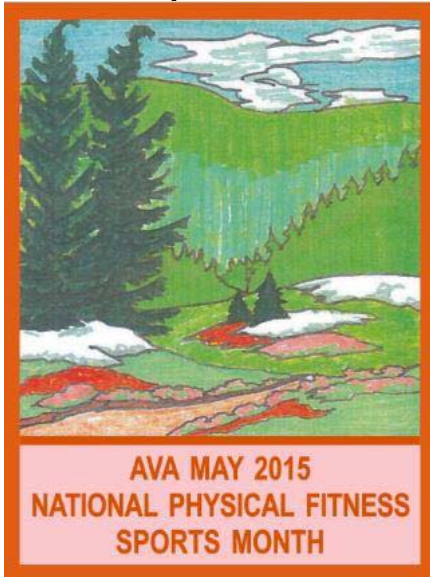
Thanks to John and Tina for sweeping and stripping the trail in Brady. Thanks to Clay for adding more ribbons in the park in San Saba. And extra kudos to those who volunteered in Brady and then again in San Saba.

Also, thanks to the Karl & Beverly Kittinger (Trotting Turtles) for passing along their routes from previous walks in Brady and San Saba. These routes formed the basis for the walks and provided me with great info about the areas. Things have changed some, especially in San Saba, but they cut my work in half for creating the routes.

And don't forget the TVA meeting in North Texas scheduled for July 31 thru Aug 2. We are planning a group walk in Fort Worth on Fri, July 31 for those arriving early. Saturday, Irving will be hosting a walk starting early that morning and then the TVA meeting that afternoon. Sat. early evening, Plano will be hosting a group walk at one of their YREs along with hot dogs and fixings (for a nominal cost). We can visit and walk or walk and visit. Finally Sunday morning, Dallas will be hosting their first Sunday of the month group walk at Cedar Ridge Preserve in the southwest part of the city. The group walks starts at 7 AM. So join us for a "Hotter than Hell" weekend this summer.

Helen Hull, TVA – 1st Vice President

2015 May - National Physical Fitness & Sports Month



Patch design courtesy of Dorm Batson
Northwest Region

From the SW Regional Director-

Taken from the March Southwest Trail Talk Newsletter by Joanne Forinash

WORLD WALK DAY MAY 8TH — CELEBRATING MAY 2ND THRU MAY 16TH

The IVV has declared May 8th as World Walk Day and volkssporters all over the world will be celebrating our sport by sponsoring special events. The AVA's, NEC (National Executive Council) has declared any event sponsored by one of its clubs in the US on any date from May 2nd through May 16th will qualify as a World Walk Day event and the participants will be eligible to receive a special a WWD certificate and earn an A Award.

HEADQUARTERS 2ND ANNUAL WORLD WALK DAY—MAY 9TH, 2015

The AVA Headquarters, along with the four local clubs in the San Antonio Area will be hosting the 2nd Annual World Walk Day on May 9th. The starting point will be at the AVA Headquarters in Universal City. Henry, the new Executive Director, wants to make this a "Traditional Event" in every aspect, bringing back memories to many of us of the beginning days of Volkssporting in Germany, with Bratwurst, beverages, music and lots of fun, fitness and friendship. This also gives opportunity for our Volkssporters to meet the Headquarters staff, visit the Volkssport

Museum at the headquarters and enjoy a walk around the Universal City Park and neighborhoods in Universal City.

AVA 19TH BIENNIAL CONVENTION, SALEM, OREGON— JUNE 13-21, 2015

If you have not marked your calendar for the AVA convention in Salem, Oregon, June 13 thru 21, then it is time to do so. The committee has designed, mapped out and planned 9 walks (including pre and post events), a swim and a bike for our enjoyment. In addition to the events (walks, swim & bike) there is a week of activities, workshops, and socials that are sure to meet your desire for "Fun, Fitness and Friendship."

You may read the descriptions of each event, the schedule of activities and register by going to:

<http://www.nationalavaconvention2015.com/information>

EVENT SCHEDULING AND "SUNRISE EVENTS"

It is time for the club representatives to meet and plan the event schedules for the remainder of 2015, the summer "Sunrise Events" and the year 2016 events. Be sure to check your local area schedules for Featured YRES or Group walks and keep walking!

Thanks for all you do for Volkssporting and may all your trails in 2015 be happy ones.

Joanne Forinash

Director, Southwest Region



National Events Information:

The great success of "Time to Walk" as a national event has prompted the NEC to begin looking at other opportunities to provide support and encouragement to local clubs with other national events. The first suggested opportunity for an event like "Time to Walk" is Pi Day, March 14. As those who are more mathematically inclined will point out, the term Pi is the ratio of a circle's circumference to its diameter. This number is a constant and is equal to 3.141592653. . . and the digits go on forever without repeating. As you may have noticed, this year was particularly unique for Pi Day (which falls on a

Saturday) as we will have 3/14/15 and at 9:26:53 we have Pi to 9 decimal points. That is enough to get even the most couch-bound nerd up and walking. Unfortunately, we were too wrapped up in "Time to Walk" and lost the lead-time needed to prepare patches, special stamp slug, t-shirts, and such for this event.

We still have two long standing opportunities for national events. These events are in May (National Physical Fitness and Sports Month) and October (National Volkssport Month). There is a bit more flexibility with these events as clubs do not have to hold a Traditional Event on a particular day in either month. In both cases, clubs can order special patches from AVA. Please check Café Press for National Physical Fitness and Sports Month T-shirts, which will be on the store shortly.

World Walking Day occurs on May 8 every year. Walks are held by IVV clubs around the world with a special stamp slug and certificates for walkers. AVA Headquarters with the support of local clubs will be hosting its 2nd annual IVV World Walk Day Event. A Traditional Event or a group walk of a YRE both qualify as World Walking Day events if they are held on May 8th or between the weekends on either side of May 8th. This would mean that this year an event held between May 2nd and May 16th would qualify. T-shirts will also be available for purchase through Café Press. Additional information on this event will follow.

Another opportunity for a national event is National Trails Day held on the first Saturday in June. This year National Trails Day will be on June 6th. This idea for a national event first came to our attention with a Facebook posting by Missy McBride who counted 12 clubs with Traditional Events on June 6th. More may have been added as her posting began to generate interest. If you have other ideas for a national event that we might be able to use to generate more interest, excitement, and fun, please send the idea along to SERD4AVA@gmail.com.

Finally, watch for more information on the next really big national event—AVA's 40th Anniversary in 2016. We have plenty of lead-time to make this the next "Time to Walk."

New Walker Column - Information for new walkers

F.Y.I. -- Did You Know?

NEC:

National Executive Committee is made up of 4 officers - president, vice president, secretary and treasurer PLUS the regional directors of each of the 10 regions. These positions are served for 2 years with the opportunity to run for a second term.

These 4 officers are elected at the AVA convention which is held in the odd years. The Regional Directors are also elected in the odd years in their region.

Appointed Officials:

IVV - Americas Organizing Committee Representative, IVV Liaison, Historian, and Parliamentarian. Currently, the historian position is open.



Coming Texas Events:

4/4/2015 - 4/4/2015 - Walk

Event Number: 101616 5K/10K/18K

Start: Comfort Community Park Pavilion

Event City: Comfort - Easter Walk

Host Club: Hill Country

Volkssportverein

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

102 Edgewood Drive

Comfort, TX 78013

Contact: John Bohnert, (830) 496 - 1746

E-Mail: tinabohnert@gmail.com



4/11/2015 - 4/11/2015 - Walk

Event Number: 101486 10km/5km

Start: Fairfield State Park Boat Launch Parking Lot

Event City: Fairfield - Fairfield State Park - Freestone County

Host Club: East Texas Trekkers

Event Website: www.WalkTx.org/EastTexasTrekkers

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

2334 Saharah, Garland, Tx 75044

Contact: Helen Hull, (972) 530 - 1026

E-Mail: helenthehun@yahoo.com

Club Website:

www.Walktx.org/EastTexasTrekkers/

4/11/2015 - 4/11/2015 - Walk

Event Number: 101690 10km/5km

Start: TBD

Event City: Blanco - Blanco State Park

Host Club: Selma Pathfinders

Event Website:

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

17314 Springhill Drive

San Antonio, TX 78232

Contact: Phyllis Eagan, (210) 496 - 1402

E-Mail: papre1947@yahoo.com

4/11/2015 - 4/11/2015 - Walk

Event Number: 101487 10km/5km

Start: Fort Parker State Park Day Use Pavilion

Event City: Mexia - Fort Parker State Park - Limestone County

Host Club: Dallas Trekkers, Inc.

Event Website: www.DallasTrekkers.org

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

2334 Saharah, Garland, Tx 75044

Contact: Helen Hull, (972) 530 - 1026

E-Mail: helenthehun@yahoo.com

Club Website: www.dallastrekkers.org

4/18/2015 - 4/18/2015 - Walk

Event Number: 101481 10km/5km

Start: Mitchell Lake Audubon Center pavilion

Event City: San Antonio - Caminada de Fiesta

Host Club: Texas Wanderers

Event Website: www.walktx.org/TexasWanderers

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

102 Wildridge Trail

Universal City, TX 78148

Contact: Gerald Kamicka, (210) 658 - 2160

E-Mail: GeraldK726@aol.com

Club

Website: www.walktx.org/TexasWanderers

4/18/2015 - 4/18/2015 - Walk

Event Number: 101584 10km/5km

Start: Pavilion-Village Creek State Park

Event City: Lumberton

Host Club: Houston Happy Hikers

Event Website:

houstonhappyhikers.com

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

P. O. Box 101, Orchard, Tx 77464

Contact: Catherine Kellner, (979) 478 - 6203

E-Mail:

hvhpresident@houstonhappyhikers.com

Club Website: www.houstonhappyhikers.com

4/25/2015 - 4/26/2015 - Walk

Event Number: 101483 10km/5km

Start: Gruene Dance Hall

Event City: New Braunfels - Spring in Gruene

Host Club: NB-Marsch-und Wandergruppe

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

746 Shady Hollow

New Braunfels, TX 78132

Contact: Marlin Brendsel, (830) 226 - 7035

E-Mail: mbrendsel@hotmail.com

Club Website:

www.muw.walktexas.org

Del Webb Walk Event 2/21/15



Some of the Del Webb volunteers working the event at the DW community center : Pat Roberts, Pat Gunter, Pat Heller, Carlen Forinash, Joanne Forinash, Ellen Ott & Diane Battan.



Walkers on the Del Webb trail route
2/21/15



Martin Callahan and pups at Del Webb walk 2/21/15.



Carlen & Joanne Forinash working the San Marcos 2/28/15 Prospect Park & Purgatory Creek Walk.



Leon & Liz LeVan at San Marcos walk 2/28/15.

**All event photos, courtesy of Martin Callahan*



Doug Eide walking Purgatory Creek in San Marcos 2/28/15.

RANDOLPH ROADRUNNERS
 PO Box 2744
 Universal City TX 78148-1744

RANDOLPH ROADRUNNERS APPLICATION
 PO Box 2744, Universal City TX 78148-1744

Please check applicable box (es):

Renewal New Member Family member(s) included (see instructions below) DATE _____

Name _____

NEW MEMBER FEE: \$4.00 for 1 year
 \$10.00 for three years

Address _____
 Apt No. _____

This fee applies to the primary member. Additional family members require a \$2.00 fee per individual.

City _____ State _____ Zip code _____

RENEWAL FEE: \$4.00 for one year
 \$10.00 for three years

Telephone number _____

This renewal fee includes each family member who paid \$2.00 with the original application.
 If the \$2.00 fee was not paid with the original application, add family members now by including \$2.00 for each person.

E-mail address _____

Lifetime membership for (1) one person is available for a \$30 fee.

Family members _____

AVA Volkssport Associate Yes No

Amount submitted \$ _____

Eager to serve as club officer _____ or committee chair _____