



Official Newsletter of the RANDOLPH ROADRUNNERS (AVA44)

Volume 2014 – May, 2014 No. 5
 Next Meeting – May 20, 2014
 U.C. Public Library - Universal City
 A member of the American Volkssport
 Association (AVA) & the International
 Federation of Popular Sports (IVV)
 The Public is always welcome

**Randolph Roadrunners
 Volkssport Club**
 A Walking Club Established 1980
 PO Box 2744
 Universal City, TX 78148-1744
Elected Officers

President
 Ellen Ott 210-723-8574
Vice President
 Susan Medlin 210-325-3523
Treasurer
 Pat Gunter 210-479-0805
Secretary
 Pat Roberts 210-657-5814

Committee Chairs

Membership
 Nancy Paulson 210-658-8324
Programs & Publicity
 Ellen Ott 210-525-8574
Sales
 Joanne Forinash 210-493-8543
Webmaster & Event Flyers
 Randy Baker 210-369-9538
Newsletter
 Audrey Vertucci – AudreyVe@aol.com
 210-496-2197

Year-round Events, Boerne
 Pat Gunter 210-479-0805
Year-round Event, DeZavala Daily Bread
 Jackie Morris 210-558-7231
Year-round Event, Junction
 Ellen Ott 210-723-8574
Year-round Event, Leon Creek
 Bill Radigan 210-882-8527
Year-round Events, San Antonio
 Ellen Ott 210-723-8574
Year-round Events, Schertz
 Tony Paulson 210-658-8324

Club Website

www.randolphroadrunners.info

AVA Website

www.ava.org

TVA Website

www.walktexas.org

SW Regional Director

Joanne Forinash 210-493-8543
sw_rd@ava.org

Renewal Time

The following membership renewals are currently due:
Elaine Adams, Pari Dean, Terry Forinash & Judy Dalmolin, Jack & Susan Jeter, Suzy Krisak, Cheryl Lardy, Minnie Regalado, Narendra & B.P. Agrawal, the Aguayo family, James Andermann, Diane & Wesley Bair, Anna Barton, Tiger Davila, Colleen Freeman, Frank Gresham, Edna Kitchen, Chris & Julie Koval/Caleb, Don & Geri Kraft, James Lytle, John Mason, Shauna McGoon, Mario & Barbara Medina, the Morgan family, John & Helen Murphy, Lucy Poludniak, Lesley Rubin, Melinda Travis, Virginia Valenzuela and Teresa Ybarra Please send in your renewal fees now. We value your membership. To renew your membership, fill out the renewal application attached or print one from the following website address: www.RandolphRoadrunners.info and send it with your fees to Nancy Paulson c/o the club address.

Welcome new members!

Irene Garcia San Antonio
 Marlene Garcia Bulverde
 Marisa Alvarez San Antonio

From the Desk of the RR Pres-

The next RR club meeting will be held at the Universal City Public Library, Universal City with a meet and greet at 6:30 and meeting at 7 pm on Tuesday, May 20, 2014.

Still save those SHOES. Shoes can be given to Ellen or call 210-723-8475 for a shoe pick up.

The Universal City Library doubled their goal for collecting shoes. Their goal was a 1,000 pairs and they Collected 2,123 pairs with over 100 individual shoes. Stay tuned for next year's SHOE collection.

The next monthly Friendship walk is scheduled for Thursday, May 1 at 7:30 a.m.—meet at the YRE, Schertz/Cibolo YMCA with Susan Medlin. Contact Susan with any questions at sueammed@aol.com or 325-3523.

Upcoming RR walks:

16 May – King William/Beethoven Halle.

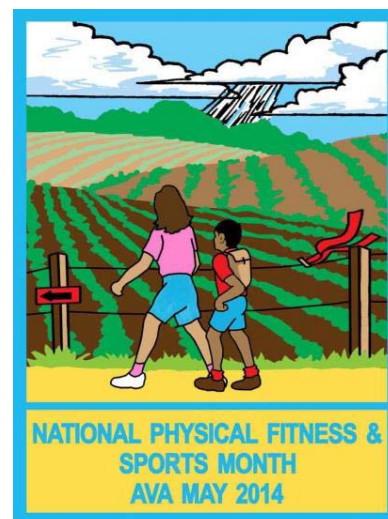
Mark your calendars for the following RR Sunrise walks:

June 15 – to be determined

July 12 – Taco Cabana Bluff View

August 9 – Taco Cabana Stone Oak (new route)

Call Ellen 210-723-8574 or email ellenott@sbcglobal.net if you can volunteer to work at an event.



Patch design courtesy of Dorm Batson Northwest Region

May is National Physical Fitness and Sport Month.

International World Walking Week schedule:

3 May (Saturday) AVA walk with start at Holiday Inn Market Square – 8 am.

4 May (Sunday) River Walk yre - start 8am

5 May (Monday) a Mission yre - start 9am

6 May (Tuesday) receive Proclamation at Commissions Court (old courthouse)

105 Dolorosa at 10 am. Everyone is invited
 7 May (Wednesday) Leon Creek Greenbelt - 8am
 8 May (Thursday) Broadway yre - start 8am-*International World Walking Day*
 9 May (Friday) Maury Maverick yre - start 8am
 10 May (Saturday) Austin, Colorado River Walkers traditional event.

Ellen



On the Brooklyn Bridge

Tales from the Trails

Walking the Streets of New York City –
Susan & Darren Medlin

Darren and I flew to NYC on 1 April to spend a week in Manhattan. We were determined to do all four walks, despite the unpredictable weather. We bought 7 day Metro passes which helped us navigate the city easily, and 5 Day New York City Passes, which gave us free entry into most of the attractions mentioned in this article. The four walks use the same walk box at the Asics Shoe Store at 51 W 42nd St, which opens at 10:00. Because not all the walks started there and because we didn't want to wait till 10:00 to start every morning, we collected the maps and stamped our books for all four walks the first day.

Our first walk was the 10 km walk in Central Park. We walked to the starting point from the Asics store, which made it an 11 km walk. This is a gorgeous walk which should be done on a warm, sunny day when the park is green and full of flowers. We started by walking through the Central Park Zoo. A highlight was the Delacorte Clock which features six different animals

playing musical instruments. The park is full of statues; including Hans Christian Anderson and Alice in Wonderland. We took the opportunity to visit some of the wonderful museums we passed on the walk, including the Metropolitan Museum of Art, the Guggenheim Museum, and the Museum of Natural History (with its Tiffany Stained Glass exhibit). We also walked by the ice skating rink, the Boathouse where people sail model ships, and the Reservoir.

The next day we did the Midtown Manhattan 11 km. We started by the NY Public Library (free tour available) and walked into Grand Central Station. Then it was out past the Chrysler Building and down through the UN Complex. The next stop was Rockefeller Center, with its famous golden statue of Prometheus. We took the elevator to the Top of the Rock, which provides the best high-rise view of the city. Next up was 52nd Street, the site of the illicit speakeasies during Prohibition. We passed the black Trump Tower and the house of Tiffany & Co., the location of the movie "Breakfast at Tiffany's." The walk circled Columbus Circle, then headed to Lincoln Plaza, home of the Metropolitan Opera House. My favorite part was the stroll down Broadway to Times Square where we toured Madam Tussauds Wax Museum, and stopped in one of the largest Toys R Us stores; which featured a two story Ferris wheel and an animated T-Rex. We finished the walk by strolling through Penn Station.



Susan & Hans Christian Anderson

The Greenwich Village 10 km started with a Metro ride to the 14th Street subway station. We walked to the

Waterfront, and on through the Chelsea Pier Sports and Entertainment Center at the Hudson River. This is the dock where the surviving Titanic passengers landed. There are huge photographs lining the building detailing the history of the area. Then we enjoyed a short stroll on the High Line (an elevated park built on an old rail line). We'll have to go back again when everything is blooming. Next we walked through Chinatown and Little Italy. We finished up on Park Ave, home to millionaires and celebrities.

Our last walk was the Lower Manhattan 11 km. This walk included a large portion of the Esplanade, running along the Hudson River. We got good views of Ellis Island and the Statue of Liberty. As we headed toward the Marina, we got our first view of the new World Trade Center and the area of the 9/11 attack. Our seawall walk ended at Pier A, which is the last Victorian pier in Manhattan. It is being restored to its former glory and should be something to see in a few years. If you want to take a ferry to Ellis Island and the Statue of Liberty this is the place to go. Next we headed downtown to Wall Street. We rubbed the Wall Street Bull, hoping for good investment luck. As we walked on Broadway, we read the brass plaques in the sidewalk, which list all the tickertape parades that have traveled down Broadway. We visited the Titanic Memorial at Water St. then entered the South Street Seaport Museum and Marketplace along the East River. We got a good view of the Brooklyn Bridge, which we ended up walking across 15 minutes later.

For those who like patches, there is a "Big Apple" patch for each walk.



Darren Meets the Wall Street Bull



1st Annual AVA National Headquarters World Walk Day Volksmarch

Sanctioned by: The American Volkssport Association (AVA) and the International Federation of Popular Sports (IVV)

Date: Saturday, May 3, 2014

Start/Finish: Holiday Inn San Antonio-Downtown, 318 W Cesar E. Chavez Blvd, San Antonio, TX 78204. Free parking provided by the hotel.

Hours: Register between 8:00 AM and 12:00 PM. Finish trail by 3:00 PM.

The AVA National Headquarters Invites you to celebrate IVV World Walking Day 2014 in beautiful downtown San Antonio, Texas, Saturday, May 3, 2014. Meet AVA National Executive Director Stephanie S. Sinclair, National President Dennis Michele, Southwest Region Director Joanne Forinash and meet the HQ staff.

Next NEC Meeting: June 13-15, Plainfield, IN

The next NEC meeting is set for Friday and Saturday, **June 13-15, 2014**. Meeting begins Friday at 7 p.m. at the La Quinta Inn & Suites, 2251 Manchester Drive, Plainfield, IN 46168, phone. 317-279-2650.

Save the Date 12-13-14

Regional Directors are seeking buy-in from their respective clubs to conduct an AVA National Day of Volkssporting at 10:11 a.m. on December 13, 2014. Events that day would take advantage of a special date configuration that won't happen again for another five decades (10, 11, 12, 13, and 14). The NEC is asking clubs to check their event schedules for December 13. There has been discussion about creating a national participation patch and a special event slug. More information to follow.

Coming Texas Events:

5/3/2014 - 5/3/2014 - Walk

Event Number: 98604

15km/10km/5km

Start: Eagle Mountain Park

Event City: Fort Worth - WALK

EAGLE MOUNTAIN PARK

Host Club: Tarrant County Walkers

Event Website: www.walktx.org/TarrantCountyWalkers

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

1049 Creek Hollow Lane

Ft. Worth, Tx 761313816

Contact: Bill Wigton, (817) 847 - 5185

E-Mail: billwigton@gmail.com

Club Website: www.walktx.org/TarrantCountyWalkers

5/3/2014 - 5/3/2014 - Walk

Event Number: 98407 10km/6km

Start: Holiday Inn

Event City: San Antonio - Meet the

AVA Staff and the AVA President

Host Club: AVA Headquarters

Event Website: <http://www.eventbrite.com/e/world-walk-day-2014-avaivv-tickets-11012912919>

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

1001 Pat Booker Rd. Ste 101

Universal City, TX 78148

Contact: AVA Headquarters, (210) 659 - 2112

E-Mail: avahq@ava.org

5/10/2014 - 5/10/2014 - Walk

Event Number: 98537 10km/5km

Start: Lakeway Activity Center

Event City: Lakeway - Hamilton

Greenbelt at Lakeway

Host Club: Colorado River Walkers

Event Website: coloradoriverwalkers.org

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

7900 Tealwood Trail

Austin, TX 78731

Contact: Mary Zeitler, (512) 345 - 5337

E-Mail: mzeitler@austin.rr.com

Club Website: www.coloradoriverwalkers.org/



5/16/2014 - 5/16/2014 - Walk

Event Number: 98523 10km/6km

Start: Beethoven Mannerchor Halle und Garten

Event City: San Antonio - King

William Historical District

Host Club: Randolph Roadrunners

Event Website: www.randolphroadrunners.info

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

120 Thomas Edison Drive

Schertz, TX 78154

Contact: Tony and Nancy Paulson, (210) 658 - 8324

E-Mail: nantony6@hotmail.com

Club Website: www.randolphroadrunners.info

5/17/2014 - 5/17/2014 - Walk

Event Number: 98587 5km/10km

Start: Bay Area Park

Event City: Houston - Bay Area Park

Host Club: Houston Happy Hikers

Event Website: www.houstonhappyhikers.com

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

P. O. Box 101, Orchard, Texas 77464

Contact: Catherine Kellner, (979) 478 - 6203

EMail: hphpresident@houstonhappyhikers.com

Club Website: www.houstonhappyhikers.com

6/7/2014 - 6/7/2014 - Walk

Event Number: 98676 10km/5km

Start: Kendall County Park

Event City: Comfort

Host Club: Hill Country

Volkssportverein

More Details: [Click here for directions, ratings, etc.](#)

Write for more information to:

P O Box 822, Comfort, TX 78013

Contact: John Bohnert, (830) 995 - 2421

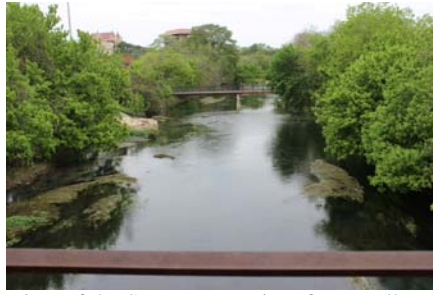
E-Mail: tinabohnert@gmail.com



4/5/14 - Start point for Walk San Marcos, Shop for Books event on the patio of the San Marcos Recreation Hall building.



Joanne Forinash SWRD, working at the finish table San Marcos Walk 4/5/14.



View of the San Marcos River from walk bridge, 4/5/14.



Rio Vista Falls in Rio Vista Park visible along the San Marcos walk trail.



Grace Pedroza & Doug Eide inside the AMEDD Museum at the Ft. Sam Houston Fiesta Walk. 4/12/14



Martin Callahan and Doug Eide with Dolly pose for a picture next to the Birthplace of Military Aviation monument, 4/12/14



Rick White, Michael Marke, Joanne Forinash, Ellen Ott and Linda Goodman pose in front of some of the different Volksmarch club T-shirts from the collection of Martin Callahan on display inside the Fort Sam Houston Museum, 4/12/14

**Event Photos courtesy of Martin Callahan*

RANDOLPH ROADRUNNERS
PO Box 2744
Universal City TX 78148-1744

RANDOLPH ROADRUNNERS APPLICATION
PO Box 2744, Universal City TX 78148-1744

Please check applicable box (es):

Renewal New Member Family member(s) included (see instructions below) DATE _____

Name _____

NEW MEMBER FEE: \$4.00 for 1 year
\$10.00 for three years

Address _____

This fee applies to the primary member. Additional family members require a \$2.00 fee per individual.

Apt No. _____

RENEWAL FEE: \$4.00 for one year
\$10.00 for three years

City _____ State _____ Zip code _____

This renewal fee includes each family member who paid \$2.00 with the original application. If the \$2.00 fee was not paid with the original application, add family members including \$2.00 for each person.

application. Telephone number _____

now by _____

E-mail address _____

Lifetime membership for (1) one person is available for a \$30 fee.

Family members _____

AVA Volkssport Associate Yes No

Amount submitted \$ _____

Eager to serve as club officer _____ or committee chair _____